

CURRICULUM VITAE

PERSONAL DETAILS:

NAME: Dr Timothy Acton

QUALIFICATIONS: BSc. (Hons.) Psychology (The Hatfield Polytechnic, 1978 – 1982)
Diploma in Clinical Psychology (North West Thames Regional Health Authority & BPS: 1984 – 1987)
Certificate in Cognitive Therapy (The Warneford Hospital / Univ. Oxford, 1996)
D.Sci (Hon.), University of Hertfordshire 2022
British Isles Dialectical Behaviour Therapy, 2006 and 2009
EMDR Level III, EMDR Europe, 2013
Chartered Clinical Psychologist, Associate Fellow, British Psychological Society

EXPERIENCE:

2022 - Present Visiting Lecturer, University of Hertfordshire (Hon.)
2018 – Present Senior Lecturer, Colombo Institute of Research & Psychology
2014 – Present Founder & CEO, Therapy in Motion Ltd
2008 – 2014 Head of Hertfordshire NHS Community Personality Disorder Service
2004 – 2008 Lead Psychologist, North Essex Partnership Foundation NHS Trust
1994 – 2004 Head of Adult (Acute) Mental Health Specialism, Barnet NHS
1991 – 1994 Head of Clinical Psychology Specialty, Barnet NHS
1991 – 1991 District Department of Clinical Psychology Team Leader, E. Herts, NHS
1989 – 1990 Senior Clinical Psychologist, Barnet Health Authority, NHS
1987 – 1989 Basic Grade Clinical Psychologist, Middlesex Hospital, Academic Dept. Psych.
1984 – 1987 Trainee Clinical Psychologist
1983 – 1984 Assistant Psychologist, Turner Village, Enfield NHS
1982 – 1983 Research Assistant, Northwick Park Hospital, MRC

MEDICO-LEGAL EXPERIENCE:

Expert assessment:

Single-event and multiple trauma, and associated disorders in adults
Complex cases, e.g. for individuals with prior psychiatric history & post-accident trauma
Personality issues and disorders
Using DSM-5, ICD-10, and bespoke Case Conceptualisations
Dental negligence

Report writing:

Short-form and extended personal injury reports

Chartered Clinical Psychologist

Court experience:

*Examination in chief and cross-examination, Old Bailey
Conference in chambers (multiple 2004-2022)
Juror for 1 week, 2016*

Expert Witness Training:

*Developing Witness Skills, Behavioural Sciences and Law Network, University of Southampton, June 1997
Road Accidents and the Mind, Lyons Davidson Solicitors, September 1998
Advanced Report Writing for Experts, CPIL, July 2004
Marketing for the Expert Witness, Bond Solon, October 2005
Courtroom Skills, Bond Solon, 2007
Excellence in Written Evidence, Bond Solon, 2010
Expert Witness Training: Courtroom Evidence, British Psychological Society, 2017
Experts' Meetings, Bond Solon, 2018
Expert Witness Training: Responsibilities & Business, British Psychological Society, 2018*

SPECIALIST EXPERIENCE:

*Trauma Related Disorders
Personality Disorders
Adult Mental Health
Child Mental Health
Psychological Therapy (Cognitive Therapy; DBT; EMDR)
Medico-Legal Assessment
Courtroom skills training
Professional Leadership
HIV/AIDS / Sexual Health
Chronic Pain Reports*

MEMBERSHIP OF PROFESSIONAL BODIES:

*British Psychological Society (Mem No. 034151)
Member of the Division of Clinical Psychology
British Association of Behavioural and Cognitive Psychotherapy
Health and Care Professions Council PYL01786
ICO Registration number ZA089347*

AFFILIATIONS:

Association of Personal Injury Lawyers