

## CURRICULUM VITAE

### **DR OBED O BEKOE, MB ChB, MRCPsych, CCST CONSULTANT PSYCHIATRIST**

#### **Personal Details**

<b>Surname</b>	Bekoe
<b>Forenames</b>	Obed Obeng
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<b>GMC Registration</b>	Number: 4593380; Full registration with Licence to Practise; revalidated:20/01/2024
<b>GMC Specialists Register</b>	General Adult Psychiatry & Substance Misuse Psychiatry since 12/08/2003
<b>BMA Number</b>	7869712
<b>MHA Section 12/Approved Clinician</b>	Approved since March 2000; Valid until 04/02/2025
<b>Expert Witness Accreditation</b>	Cardiff University Law School/Bond Solon (CUBS) Certificates: Civil and Criminal Expert Witness.

#### **Qualifications & Experience**

1. <i>MB ChB</i>	26 July 1991	University of Ghana Medical School
2. <i>MRCPsych</i>	1 January 2000	Royal College of Psychiatrists

3. Certificate of Completion of Specialist Training (CCST) - General Adult Psychiatry with an endorsement in Substance Misuse Psychiatry; awarded on 04/07/2003.

4. In addition to accreditations in General Adult Psychiatry and Addiction Psychiatry, I have a Special Interest in Forensic Psychiatry. I am member of the three faculties of General Adult Psychiatry, Substance Misuse Psychiatry and Forensic Psychiatry of the Royal College of Psychiatrists.

5. I am an Accredited Expert Witness, having achieved the Cardiff University Law School/Bond Solon (CUBS) Civil and Criminal Expert Witness Certificates in 2017/18.

### **Current Consultant Post:**

<b>Title</b>	Consultant Psychiatrist (part-time)
<b>Dates</b>	08/02/2023 - Present
<b>Speciality</b>	General Adult Psychiatry/Community Mental Health Team (CMHT)
<b>Employer</b>	Sussex Partnership NHS Foundation Trust

### **Previous Substantive NHS Consultant Post (Full Time)**

Southern Health NHS Foundation Trust: 20/11/2003 – 04/01/2023:

During this period, I worked in various settings: Community Mental Health Team, Crisis Resolution and Home Treatment Team (CRHTT), Psychiatric Intensive Care Team (PICU), Acute Male Wards and Acute Female Ward.

### **Other Recent Roles:**

- MRCPsych Examiner: 2011-2023
- Accredited Educational Supervisor: 2003 - 2023
- Trust Medical Appraiser: 2010 - 2023
- Advisor – Southampton CCG Mental Health Panel: 2015-2023
- Investigator for serious incidents and complaints: 2010 - 2023
- Accredited Expert Witness.

### **My Skills and Experience as a Consultant Psychiatrist**

I have worked in the NHS since 1996, and I have been a Consultant Psychiatrist in General Adult Psychiatry since November 2003. From November 2003 to December 2010, I worked as a community and inpatient psychiatrist. From January 2011 to April 2013, I worked as a consultant psychiatrist in an inpatient ward and within the Crisis Resolution and Home

Treatment Service. From 2013 to August 2021, I worked as a full-time inpatient consultant psychiatrist on a 20-bed inpatient male ward, and then 20-bed inpatient female ward. From August 2021, I worked in a psychiatric intensive care unit (PICU) until I retired from substantive NHS post in January 2023. Since February 2023, I have been working part-time as a Locum Consultant Psychiatrist in a CMHT.

Over the years, I have worked as an Approved Clinician/ Responsible Clinician for patients with serious mental illnesses in hospital as well as patients in the community who were subject to Community Treatment Order (CTO) or Section 37/41 MHA. My work involves assessment and treatment of patients who suffer from acute and severe/enduring mental disorders which are usually associated with complex conditions such as comorbid substance misuse, offending and self-harm behaviour, homelessness and also general medical conditions. My work also includes assessment and review of patients who are treated with ECT. Patients who are detained under the Mental Health Act (MHA) have always been a large proportion of patients whose care/treatment I am responsible for.

I regularly took part in emergency and out-of-hours on-call; activities include MHA assessment of patients in the community, place of safety, emergency department and police station. I am experienced in all aspects of MHA-related work, including assessment, report-writing and giving evidence at Mental Health Review Tribunals and the Courts.

My expertise covers all aspects of General Adult Psychiatry, Substance Use Disorders and Forensic Psychiatry. I have skills and experience in assessment and management of patients with various psychiatric conditions including: Schizophrenia and other psychotic conditions; Depression and Bipolar Affective Disorder; Post-Traumatic Stress Disorder (PTSD) and other trauma/stress-related disorders; Personality Disorders; Anxiety and Obsessive Compulsive Disorders (OCD); Factitious disorders (Munchausen syndrome); Drugs & Alcohol problems; Risk assessment and management, e.g. deliberate self-harm/suicide attempts, violence, self-neglect; Mental Capacity assessment. I am experienced in the assessment and treatment of adults with attention deficit hyperactivity disorder (ADHD).

## **Expert Witness: Areas of Expertise**

I have written numerous reports that are compliant with the relevant laws and procedures for the purposes of the Criminal, Civil and Coroner's Courts. I have given expert evidence under cross-examination in Courts and Tribunals. Areas of expertise include the following:

- Schizophrenia and other psychotic disorders.
- Bipolar Affective Disorder, depression and other mood disorders.
- Post Traumatic Stress Disorder (PTSD).
- OCD, anxiety and stress-related conditions.
- Personality disorders, adult personality and behaviour problems.
- Mentally disordered offenders.
- Risk assessment / management – suicide, violence, etc.
- Drugs and alcohol abuse/ addiction.
- ADHD assessment.

## **Training Posts, Skills & Experience**

**July 2000 – October 2003:** Higher Specialist Training (Specialist Registrar) within St Mary's and Charing Cross Psychiatry Training (Imperial College) rotations in London: I worked with West London Mental Health NHS Trust, and Central & North West London NHS Trust. Duties and experience involved working in various Adult Mental Health settings, Forensic Psychiatric services including Low and Medium Secure Hospitals, Broadmoor Hospital (High Secure Hospital) and prisons, and Substance Misuse Services. I acquired relevant competencies and experience in General Adult Psychiatry, Forensic Psychiatry, Substance Misuse Psychiatry (Drugs and Alcohol abuse).

**September 1996 – July 2000:** Senior House Officer (SHO)/Registrar in the Wessex Psychiatry Training Scheme in the Hampshire and Dorset areas. During this period, I worked/trained in various psychiatric specialties including General Adult, Substance Misuse, Forensic, Older Persons and Child & Adolescent Psychiatry.

**1993 –1996:** Medical Officer in the Department of Psychiatry, University of Ghana medical School, and Accra Psychiatric Hospital in Ghana.

**1992 –1993:** House Officer in General Medicine, Surgery and Paediatrics in Ghana.

## **Continuing Professional Development (CPD)**

- ◆ I have been actively involved in CPD activities since I completed formal training in 2003.
- ◆ I am registered with the Royal College of Psychiatrists for CPD, and I am in good professional standing for CPD purposes. I am a member of a Peer Review Group.
- ◆ I regularly attend conferences/seminars/courses and I actively participate in local academic programmes.
- ◆ As an expert witness, I have participated in the following training: Excellence in Written Evidence and Courtroom Skills; Criminal Law, Procedure & Best Practice; Civil Law, Procedure and Best Practice, and Bond Solon annual expert witness conference, and Mental Health Law.

## **Testimonials**

*I am pleased to say that the Prosecution have finally seen that this whole prosecution is a nonsense and that they have agreed to discontinue it [the trial]. This is based entirely upon your Report and the opinion that you expressed about Mr H mental abilities. I am therefore very grateful to you for your report as it was clearly crucial in persuading the Prosecution, even it took them longer than it should have done, to decide that Mr H should not be prosecuted.*

[Solicitor]

*I just wanted to thank you for your continued service to the Casework Team here – particularly in recent months where we have faced increasing challenges due to the Covid-related court backlog.*

*We really do appreciate the excellent service you provide us at all times, and you often go above and beyond in helping us deliver work at the highest standard.*

*A very recent example of this was highlighted by how quickly you were able to turnaround your high-quality report in the case of R v H This is just one example of how you have delivered excellence to us and I just wanted to thank you officially. [An Instructing Agency]*

*Your report was most helpful. It was a model of clarity, brevity and relevance to the statutory criteria we must apply. Most of us have seen several of your reports over the years and all reach the same high standard ... We also want to comment on your performance at the Panel hearing itself. Your response to our questions was courteous and good-humoured. You took pains to explain the complexities of the patient's condition in a digestible and informative way.*

[Barrister; Tribunal Panel Chair]