

## CURRICULUM VITAE

### **DR OBED O BEKOE, *MB ChB, MRCPsych* CONSULTANT PSYCHIATRIST**

#### **Personal Details**

<b>Surname</b>	Bekoe
<b>Forenames</b>	Obed Obeng
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<b>GMC Registration</b>	Number: 4593380; Full registration with Licence to Practise;
<b>GMC Specialists Register</b>	General Adult Psychiatry & Substance Misuse Psychiatry - 12/08/2003
<b>BMA Number</b>	7869712
<b>MHA Section 12/Approved Clinician</b>	Approved since 2000; valid until 05/02/2030
<b>Expert Witness Accreditation</b>	Cardiff University Law School/Bond Solon (CUBS) Certificates - Civil and Criminal Expert Witness.

#### **Qualifications & Experience**

1. <i>MB ChB</i>	26 July 1991	University of Ghana Medical School
2. <i>MRCPsych</i>	1 January 2000	Royal College of Psychiatrists (RCPsych)

3. Certificate of Completion of Specialist Training (CCST) - General Adult Psychiatry with an endorsement in Substance Misuse Psychiatry; awarded on 04/07/2003.

4. In addition to accreditations in General Adult Psychiatry and Addiction Psychiatry, I have a Special Interest in Forensic Psychiatry. I am a RCPsych faculty member of General Adult Psychiatry, Substance Misuse Psychiatry and Forensic Psychiatry.

5. I am an Accredited Expert Witness, having attained the Cardiff University Law School & Bond Solon (CUBS) Civil and Criminal Expert Witness Certificates in 2017/18.

### **Current Consultant Post:**

<b>Title</b>	Consultant Psychiatrist (part-time)
<b>Dates</b>	08/02/2023 - Present
<b>Speciality</b>	General Adult Psychiatry/Community Mental Health Team (CMHT)
<b>Employer</b>	Sussex Partnership NHS Foundation Trust

### **Previous Substantive NHS Consultant Post (Full Time)**

20/11/2003 – 04/01/2023: Southern Health NHS Foundation Trust

During this period, I worked in various settings: Community Mental Health Teams (CMHTs), Crisis Resolution and Home Treatment Team (CRHTT), Acute Inpatient Male Ward and Female Ward, and Psychiatric Intensive Care Unit (PICU).

### **Other Recent Roles:**

- MRCPsych Examiner: 2011-2023
- Accredited Educational Supervisor: 2003 - 2023
- Trust Medical Appraiser: 2010 - 2023
- Advisor – Southampton CCG Mental Health Panel: 2015-2023
- Investigator for serious incidents and complaints: 2010 - 2023
- Expert Witness Practice since 2008

### **My Skills and Experience as a Consultant Psychiatrist**

I have worked in the NHS since 1996, and I have been a Consultant Psychiatrist in General Adult Psychiatry since November 2003. From November 2003 to December 2010, I worked as a community as well as an inpatient psychiatrist. From January 2011 to April 2013, I

worked as a consultant psychiatrist in an inpatient ward and within the Crisis Resolution and Home Treatment Service. From 2013 to August 2021, I worked as an inpatient consultant psychiatrist on a 20-bed inpatient male ward, and then 20-bed inpatient female ward. From August 2021, I worked in a psychiatric intensive care unit (PICU) until I retired from substantive NHS post in January 2023. Since February 2023, I have been working part-time as a Consultant Psychiatrist in a CMHT.

Over the years, I have worked as an Approved Clinician/ Responsible Clinician for patients with mental disorders in hospital and in the community, including patients who are subject to various sections of the Mental Health Act 1983 (MHA as amended 2007). My work involves assessment and treatment of patients who suffer from acute and severe/enduring mental disorders which are usually associated with complex conditions: comorbid substance misuse, violence and other offending behaviours, self-harm behaviour/suicide attempts, homelessness and general medical (physical) conditions. My work also includes assessment and review of patients who are treated with ECT.

I regularly take part in emergency assessments activities, MHA assessment of patients in hospital, community, place of safety, emergency departments and police station. I am experienced in all aspects of MHA-related work, including assessment, report-writing and giving evidence at Tribunals and the Courts.

My expertise covers all aspects of General Adult Psychiatry, Substance Misuse (Addiction) and Forensic Psychiatry. I have skills and experience in assessment and management of patients with various psychiatric conditions including: Schizophrenia and other psychotic conditions; Depression and Bipolar Affective Disorder; Post-Traumatic Stress Disorder (PTSD) and other trauma/stress-related disorders; Personality Disorders; Anxiety and Obsessive Compulsive Disorders (OCD); Factitious disorders (Munchausen syndrome); Drugs & Alcohol problems; Risk assessment and management, e.g. deliberate self-harm/suicide attempts, violence, self-neglect; Mental Capacity assessment. I am also experienced in the assessment and treatment of adults with attention deficit hyperactivity disorder (ADHD).

## **Expert Witness: Areas of Expertise**

I have written numerous reports that are compliant with the relevant laws and procedures for the purposes of the Criminal, Civil and Coroner's Courts. I am experienced in giving expert evidence under cross-examination in Courts and Tribunals. Areas of expertise include the following:

- Schizophrenia and other psychotic disorders;
- Bipolar Affective Disorder, depression and other mood disorders;
- Post Traumatic Stress Disorder (PTSD);
- OCD, anxiety disorder and other stress-related conditions;
- Personality disorders, adult personality and behaviour problems;
- Mentally disordered offenders;
- Risk assessment / management – suicide, violence, etc;
- Drugs and alcohol abuse/ addiction;
- Neuro-developmental disorders like ADHD.

## Training Posts, Skills & Experience

**July 2000 – October 2003:** Higher Specialist Training (Specialist Registrar) within St Mary's & Charing Cross Psychiatry Training (Imperial College) scheme in London: I worked with West London Mental Health NHS Trust and Central & North West London NHS Trust. Duties and experience involved assessment and management of individuals in various adult mental health inpatient and community settings, substance misuse services and forensic psychiatric services including Low and Medium Secure Units, Broadmoor Hospital (High Secure Hospital) and prisons.

**September 1996 – July 2000:** Registrar in the Wessex Psychiatry Training Scheme in the Hampshire and Dorset areas. During this period, I worked/trained in various psychiatric specialties, including General Adult Psychiatry, Substance Misuse Service, Forensic Psychiatry, Older Persons and Child & Adolescent Psychiatry.

**1993 –1996:** Medical Officer in the Department of Psychiatry, University of Ghana Medical School as well as Accra Psychiatric Hospital in Ghana.

**1992 –1993:** House Officer in General Medicine, Surgery and Paediatrics in Ghana.

## Continuing Professional Development (CPD)

- ◆ I have been actively involved in CPD activities since I completed formal training in 2003.
- ◆ I am registered with the Royal College of Psychiatrists for CPD, and I am in good professional standing for CPD purposes. I am a member of a CPD Peer Group.
- ◆ I regularly attend conferences/seminars/courses and local academic programmes.
- ◆ As an expert witness, I have participated in the following Bond Solon training programmes: Excellence in Written Evidence and Courtroom Skills; Criminal Law, Procedure & Best Practice; Civil Law, Procedure and Best Practice, and joint experts report-writing and discussion. I regularly attend Bond Solon annual expert witness conference and other expert witness and mental health law events.

## Testimonials

*I am pleased to say that the Prosecution have finally seen that this whole prosecution is a nonsense and that they have agreed to discontinue it [the trial]. This is based entirely upon your report and the opinion that you expressed about Mr H mental abilities. I am therefore very grateful to you for your report as it was clearly crucial in persuading the Prosecution, even it took them longer than it should have done to decide that Mr H should not be prosecuted.*

[Solicitor]

*I just wanted to thank you for your continued service to the Casework Team, particularly in recent months where we have faced increasing challenges due to the Covid-related court backlog.*

*We really do appreciate the excellent service you provide us at all times, and you often go above and beyond in helping us deliver work at the highest standard.*

*A very recent example of this was highlighted by how quickly you were able to turnaround your high-quality report in the case of R v H. This is just one example of how you have delivered excellence to us and I just wanted to thank you officially.*

[Instructing Agency]

*Your report was most helpful. It was a model of clarity, brevity and relevance to the statutory criteria we must apply. Most of us have seen several of your reports over the years and all reach the same high standard ... We also want to comment on your performance at the Panel hearing itself. Your response to our questions was courteous and good-humoured. You took pains to explain the complexities of the patient's condition in a digestible and informative way.*

[Barrister; Tribunal Panel Chair]