

## Curriculum Vitae

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**Professional Registrations:** GMC No.: 6131208; RCPsych No.: 814160

### Qualifications:

1. Bachelor of Medicine & Bachelor of Surgery (**M.B.B.S.**), May'93, Goa University, India;
2. Postgraduate Diploma in Public Health (**D.P.H.**), July'96, Goa University, India
3. Postgraduate Diploma in Psychiatry(**D.P.M.**), Aug'98, NIMHANS, Bangalore, India
4. Diplomate of National Board of Examinations- Psychiatry (**D.N.B.- Psy**), Nov'2000, New Delhi, India
5. Sec 12 (2) Approved Clinician, Oct'08 (valid till Sept'23), NHS South of England.

### Awards: Level 2 Clinical Excellence Award (CEA)

### Languages:

Language	Understand	Speak	Read	Write
1. English	√	√	√	√
2. Hindi	√	√	√	√
3. Punjabi	√	√	---	---
4. Urdu	√	√	---	---

## **Occupational History:**

**A. Current Job- Consultant Psychiatrist, South London and Maudsley (SLaM) NHS Foundation Trust (April'19 onwards):** I work in a full time, substantive post in a community mental health team. This role includes providing psychiatric assessments and reviews, attend and chair CPA/ Sec 117 Aftercare reviews, prescribe medications, arrange referrals and investigations, attend Mental Health Assessments and perform the role of Responsible Clinician. **Additional roles: Hon' Senior Lecturer- IoPPN, KCL; Firm Head and Reflective Practice Group Facilitator-** for 3<sup>d</sup> year medical students in Kings College London including teaching and training.

## **B. Previous Jobs:**

- 1) **Consultant Psychiatrist, East CMHT, Livewell Southwest, Plymouth (May'15-March'19):** This fulltime substantive job involved working in a community mental team providing regular clinics, home visits, medical/CPA reviews, conducting Mental Health Act Assessments, performing RC role, leading the weekly MDT meetings and liaising with the referrers. I was actively involved in many quality and service improvement projects. I supervised various clinical audits done by my team, junior doctors and medical students. I liaised closely with GPs, social services and other agencies to enhance patient care.
- 2) **Consultant Psychiatrist, Home Treatment Team, NHS Plymouth (Feb'08-April'15);** I worked for seven years providing consistent and strong medical leadership to both the inpatient unit and Home Treatment Team (HTT).
- 3) **Staff Specialist & Clinical Director, Hunter New England Mental Health Services (HNEMHS), NSW, Australia (Aug'04- Jan'08):** besides role of consultant across various settings (inpatient and community) and places, I also held the roles of Clinical Director and Deputy Medical Superintendent.

- 4) **Consultant Psychiatrist and Deputy Medical Superintendent, VIMHANS, new Delhi; India (Oct'01- July'04):** I conducted ward reviews and ran outpatient clinics across all age spectrum. I was involved in planning and implementing “Expressions” (WHO approved School Mental Health Project across 140 schools) and Delhi Medical Council accredited Annual Orientation Programme for GPs over 3 years. I co-authored a Desktop Reference Manual for GPs and was the co-investigator in 3 international and 1 national multicentric drug trials. I attended monthly board meetings to present Mental Health Act related issues.

### **Educational (Teaching/Training) Roles/ Experience:**

#### **A. Post Graduate Teaching Experience:**

- 1. Educational/ Clinical Supervisor (Aug'08 onwards):** for various grades of trainees and supervised their progress and PDPs, conducted Work Place Based Assessments (WPBAs), provided Educational/ Clinical Supervisor's reports for their portfolios and also provided career counselling, coaching and guidance.
- 2. MRCPsych Teaching (2011- 2019):** I provided tutorials, lectures and conducted workshops on various topics for core trainees. I adopted more diverse techniques such as role plays, problem solving, and team exercises etc.

#### **B. Undergraduate Teaching experience:**

- 1. Firm Head & Educational Supervisor (September 2019 onwards):** For 3<sup>rd</sup> year medical students from Kings College London, I review their progress and deliver regular psychiatric teaching as per their curriculum.
- 2. Academic Tutor (2010- 2019):** For 3-4 medical students of 3<sup>rd</sup>/4<sup>th</sup> year allocated to me annually, I reviewed their progress and conducted Level 1 remediations.
- 3. Formal teaching:** I provided lectures, tutorials and plenaries to medical and dental students and also supervised my higher trainees giving lectures as well.
- 4. Others:** I provided Student Selective Units (SSUs) in Mental Health Laws to 3<sup>rd</sup> & 4<sup>th</sup> year students, was an Examiner for 2<sup>nd</sup> and 4<sup>th</sup> year students and sat in interview panels for selection of new medical students.

## **Leadership & Management Roles/ Experience:**

- 1. Member, Local Negotiating Committee (LNC), SLaM (April'19 onwards):** I represent my consultant colleagues in LNC meetings to protect the contractual terms & conditions, raise any concerns and negotiate any matters as needed.
- 2. Medical Appraiser, SLaM (October'20):** I have been appointed as medical appraiser and will be conducting at least 5 appraisals of my consultant colleagues.
- 3. Training Programme Director (TPD), Peninsula PGME (Jan'13- March'19):** I led the review of ARCP processes, established DME roles and selected College Tutors and attended quarterly Psychiatry School's Board Meetings and Training Educational Committee (TEC) meetings to approve new/ review old trainers and posts and address any concerns. Worked closely with MRCPsych Course Lead to review teaching and developed Introductory Modules for new Core trainees.
- 4. Psychiatry Lead, PCMD/ PUPSMD (June'12- July'18);** I held this role to oversee the undergraduate psychiatric teaching in Plymouth medical and dental schools. I reviewed the annual budget allocations under SLAs and held meetings with Associate Dean and School Managers to address any issues.
- 5. Chair, Local Negotiating Committee (LNC), Livewell (Oct'14- July'18);** as a BMA and LNC member, I was the Chair of LNC and reviewed and ratified policies, addressed workforce and contractual issues, held management accountable. I wrote the first ever Job Planning Policy for Consultants & SASG doctors.
- 6. Medical Appraiser, Livewell Southwest (Jan'14- March'17);** As a trained medical appraiser, I conducted appraisal for my consultant and SASG doctor colleagues and helped in their revalidation, attended quarterly appraisers' meetings and contributed in developing Medical Appraisal Policy and Training.
- 7. External Adviser, RCPsych (June'11 onwards);** I visit various deaneries to help with their ARCPs, LEP visits and sit on Appeal panels.
- 8. College Assessor, RCPsych (Nov'12 onwards):** I sit on AAC panels for appointing consultants for various trusts.

### **Professional Memberships:**

1. Royal College of Psychiatrists (RCPsych), UK; since March'09.
2. British Medical Association (BMA), UK; Since 2008.
3. Fellow member, Royal Society of Medicine (RSM), UK.
4. Member, British Association of Psychopharmacology (BAP), UK.
5. World Association of Cross Cultural Psychiatry (WACP); since 2011.

### **Medicolegal Expert Witness Experience:**

Since becoming a consultant psychiatrist in India in 2001, I have developed my skills in this area by working as an Expert Witness conducting assessments and providing medicolegal psychiatric reports for various agencies such as: Hospital Managers/ First Tier Tribunal Hearing Panels for detained patients under the MH Act 1983, Coroner's Court Hearings, Magistrate & Crown Court Reports, Reports for statutory agencies such as- City Council- for Guardianship, Financial receivership orders, Child Protection & Safeguarding Vulnerable Adults ; DWP for financial support applications; DVLA- medical reports; Home Office- for Asylum/ Immigration control cases and provided psychiatric reports on the work capabilities of employees.

Assessed and provided reports for Asylum Seeker and Refugee clients for their tribunal hearings including appeals. I have provided medico-legal expert psychiatric reports for few legal firms for their clients with immigration matters, for civil and injury compensation claims. As an Independent Expert Witness, I have conducted and provided **medicolegal reports for more than one hundred reports and have mostly acted on the behalf of Claimant.** I update my knowledge & skills by attending various courses including my special interest area of Transcultural Psychiatry.

To enhance my skills and competencies in this area, I've obtained relevant training and been a member of local peer group and of:

- 1. Expert Witness Institute (EWI)**
- 2. National Expert Witness Agency (NEWA)**
- 3. Faculty of Expert Witness (FEW).**

**Remote Consultations:**

Due to the new pandemic of Covid'19, I have adapted well in providing remote consultations and teaching activities using various audio-visual internet based medias listed below. I have learnt and adopted the guidance from GMC, MDU, RCPsych and Expert Witness Institute. It has helped me avoid unnecessary travels and reduce the risk of infection transmission for all parties and has also helped in using time efficiently. I have conducted over 30 medicolegal assessments using the following medias during the Covid'19 restrictions:

1. Zoom
2. Skype
3. Microsoft Teams
4. Google Meet/ Duo
5. Cisco WebEx
6. WhatsApp Video Call
7. Facetime Video Call

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