

# Stephanie Cotterell

## Profile

Stephanie Cotterell is a Care Consultant with a professional background in clinical nursing and midwifery and 35 years' experience of providing hospital and community-based care.

## Qualifications

- Registered General Nurse
- Registered Midwife

Stephanie has a Post-graduate Diploma in profound and complex learning disability from the University of Manchester.

## NHS Career

Stephanie has clinical nursing experience in the fields of general medicine and rehabilitation.

She has clinical midwifery experience in all areas of hospital and community midwifery practice.

She has worked as a Nurse and Midwife in the fields of special care and neonatal intensive care, and as a Transitional Care Midwife working closely with the families of premature and sick babies, including those with disabilities, and their parents together with the Community Neonatal Nurse in preparation for discharge.

## Non-NHS Career

Stephanie has experience of commercial agency nursing and community care provision and has worked in a variety of roles within the community/domiciliary care sector. She has extensive knowledge and expertise in areas of risk assessment, training and supervision relating to community-based care provision and complex care packages.

She has previously been a principal trainer/risk assessor for an established domiciliary care company and a Clinical Placement Tutor for healthcare students at a local college. Stephanie is a qualified Moving and Handling Instructor and holds qualifications recognised by Oxford and Cambridge Universities and by the Royal College of Arts in people moving and handling and risk assessment.

## Current Practice

Stephanie is the Managing Director of First Person Resources (FPR) Limited and First Person Complex Care (FPCC) Limited. FPR is an independent community care and rehabilitation practice based in Staffordshire. FPR provides expert witness, consultancy and care/case management services and Stephanie oversees a team of Nursing Care Experts and Nurse Case Managers. FPCC is a specialist care provider offering tailored care packages to children and adults with neurodisability and/or learning disability and complex care needs across Staffordshire and the Midlands. FPCC is registered with the Care Quality Commission. Stephanie Cotterell is the Nominated Individual and she employs a Registered Manager and a team of Nurses and specialist care workers to provide care packages commissioned by the NHS and Local Authorities and by privately funded clients.

Stephanie has a specific interest in person centred care, user led services and issues concerning advocacy and integration for people with a disability and their families. She has completed her Sleep Practitioner training (Paediatric Sleep Training for Professionals and OCN London accredited Level 6 Advanced Paediatric Sleep Practitioner Training) and she delivers workshops for parents of children with additional needs who have sleep difficulties, and training sessions for care workers. Stephanie has active involvement in the development and delivery of in-house training programmes for care workers and Nurses, and she leads a support group focussing on active transition planning for parents of adolescents with additional needs.

## Expert Witness Career

Stephanie has been a Care Consultant and giving evidence as an Expert Witness since 1995, and she currently accepts instructions from both Claimant and Defendant representatives and on a joint basis. She accepts approximately 70 new instructions annually, advising on the care and care management needs of Claimants who have acquired disabilities as a consequence of clinical negligence, road traffic and other accidents.

She has extensive experience of giving evidence at court, attending case conferences and conducting expert meetings. She has reported on in excess of 1,500 cases. She is a full member of the Royal College of Nursing and the Expert Witness Institute and she is a 1<sup>st</sup> Tier APIL expert. Stephanie has undertaken training with Bond Solon in report writing, court room skills and the role of the Single Joint Expert.