

Curriculum Vitae of Mr Ravi Pandit,

FRCS (Tr&Orth), FRCS (Eng), MS (Orth)

Consultant Orthopaedic Surgeon

Specialising in Shoulder & Elbow Surgery

Luton & Dunstable Hospital, United Kingdom

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Secretary Mrs. Megan Marchant
megan6500@yahoo.co.uk

GMC Registration 4144054 **SR** **CCST**

Marital status Married

Nationality British

QUALIFICATIONS

FRCS (Orth) Intercollegiate Board, UK 1998

FRCS (Eng) Royal College of Surgeons 1993

MS (Orth) University of Bombay, India 1985

D.Orth. College of Physicians & Surgeons 1985

MBBS Seth G.S. Medical College
& KEM Hospital, Bombay 1983

PERSONAL PROFILE

- I'm a senior, experienced Orthopaedic surgeon specialising in Shoulder and Elbow surgery with over 25 years experience.
- I do knee surgery such as arthroscopies and joint replacement
- I also undertake Trauma surgery for acute bone and joint injuries
- I trained in the UK, Canada and India.

- I'm on the UK GMC Specialist Register having qualified with the FRCS in Orthopaedics and FRCS (England). I also hold the Master in Surgery in Orthopaedics from the University of Bombay.
- My experience has been varied; having trained in various countries has given me a wealth and breadth of experience as well as skills in Orthopaedics.
- I have over 19 years experience as a consultant in the UK.
- My teaching credentials are strong having been Clinical Tutor of the Royal College of Surgeons.
- I have held senior leadership positions of responsibilities on the NHS and was Clinical Director of Orthopaedics between 2007-2010
- I continuously strive towards achieving a strong and cohesive working environment within the department.
- I have personal and professional integrity with demonstrable and strong leadership skills.
- I communicate well and have good inter-personal relationship skills
- I lead by example, and provide good leadership and aim to get the best from individuals that work with me.

Current Position

Consultant Orthopaedic & Trauma surgeon, Luton & Dunstable NHS Foundation Trust Hospital, since May 2000.

I am the senior-most Consultant in Trauma and Orthopaedic surgery. My area of specialisation is Shoulder and Elbow surgery. I also do Hand surgery.

I undertake over 200 operations a year for shoulder and elbow pathologies, the large majority of which are undertaken arthroscopically.

I do Arthroscopic shoulder & elbow surgery and also Shoulder, elbow replacements.

I specialise in joint replacements in the hand.

In addition I do Knee surgeries such as arthroscopic meniscectomies and joint replacements.

PRIVATE PRACTICE

I undertake private consultations at the following independent Hospitals:

- *Spire Hospital* in Harpenden and Bushey, London.
- *BMI Bishops Wood Hospital* in Northwood

- *Cobham Clinic, Luton & Dunstable Hospital.*

I am recognised by all the major Insurance companies in the United Kingdom.

Since my appointment as a consultant I have been undertaking medicolegal reports for private firms of solicitors. The majority are for claimants and about 10% defendants.

LIST OF MEMBERSHIPS

- Fellow of the Royal College of Surgeons of London
- Fellow of the Intercollegiate Board in Trauma & Orthopaedics
- Member British Shoulder and Elbow Society
- Member British Surgery for Surgery of Hand
- International Affiliate member American Academy of Orthopaedic Surgeons
- General Medical Council on Specialist Register

Relevant Clinical Experience

- Appointed to substantive Consultant position at the Luton & Dunstable Hospital in 2000.
- Deliver a service that involves both trauma and elective Orthopaedics, predominantly in shoulder and elbow surgery.
- Specialise in arthroscopic techniques for shoulders, elbows, wrist and knee surgery.

Clinical Experience in the UK 1991-2000

- **Higher Surgical & Basic Surgical Training:**

Charing Cross and Hammersmith Hospital Orthopaedic Training Programme.
1994-1999

- **Fellowship Addenbrooke's Hospital, Cambridge & St Andrews' Centre, Broomfield 1999-2000:**

This involved specialisation in hand and wrist surgery.

Clinical Experience in Canada 1990-91

- **Fellowship in Joint Replacement Surgery, St Joseph's Hospital, London, Ontario:**

1990-1991 University of Western Ontario. Specialisation in Hip and Knee joint replacements.

Clinical Experience in Saudi Arabia 1987-89

- **Specialist Al-Rass General Hospital.**

Clinical Experience in India 1977-86

Seth G.S. Medical College & KEM Hospital, Bombay (now Mumbai):

Basic medical training and Orthopaedic surgical training

Positions of Responsibility

- Clinical Director of Orthopaedics, Luton & Dunstable Hospital 2007-2010
- Lead clinician, Trauma & Orthopaedic Surgery 2005-2007
- Clinical Tutor, Royal College of Surgeons of England 2004-2009
- Educational supervisor, 2000 – to date
- Member of Advisory Appointment Committee for consultants
- Member of training appointment committee for registrars in East Anglia 2004-2009
- Trauma lead at the Luton & Dunstable Hospital
- Member of the medical training committee
- Teach Final Year Medical Students from Cambridge and The Royal Free Hospitals
- Examiner (invited) for the Final MBBS exams
- Examiner for the MBBS OSCE courses
- Faculty for Arthroscopic surgery, Royal College of Surgeons of England
- Lead clinician for the Community Musculoskeletal Service, Luton

Educational & Training responsibilities

Clinical & Educational supervisor for Registrars, East Anglia deanery.

FY2, ST2 Orthopaedic trainees, University College London

GPVTS Trainees

PROFESSIONAL ACHIEVEMENTS

- Appointed Clinical Director in Orthopaedics – a post I held for 3 years
- Lead Clinician in Orthopaedics – served in this post for 2 years
- Clinical trauma lead
- Lectured on the training programme at the Royal National Orthopaedic Hospital and Addenbrooke's Hospital
- Member of Advisory Appointment Committees (for consultants)
- Served on appointment committees for Registrar appointments in East Anglia
- Clinical Tutor, Royal College of Surgeons
- Instructor on Arthroscopic knee surgery workshop, Royal College of Surgeons
- On panel for MTAS recruitment 2005-2007
- Clinical assessor for FY1 scoring Addenbrooke's and Royal Free Hospitals
- Member Medical Advisory Committee, for appointment of Consultants at the Luton & Dunstable Hospital
- Invited examiner Final Year MBBS
- On Faculty for Sports & Exercise Medicine programme, Cambridge

PUBLICATIONS & PRESENTATIONS

- Al-Hadithy,N; Domos,P; Sewell,M; Naleem, A; Papanna, M; **Pandit,R**: Cementless surface replacement arthroplasty of the shoulder for osteoarthritis: results of fifty Mark III Copeland prosthesis from an independent center with four-year mean follow-up. J Shoulder & Elbow Surgery, December 2012. Podium presentation at SICOT 2012, Dubai
- Domos,P; Al-Hadithy,N; **Pandit,R**: The reverse shoulder arthroplasty for cuff tear Arthropathy: mid-term review of a single surgeon series in a district general hospital. Accepted for E-poster presentation at SICOT 2012, Dubai.
- Neil Hunt, Jordi Sanchez-Ballester, **Ravi Pandit**, Rhidian Thomas, *et al*. Chondral lesions of the knee: A new localization method and correlation with associated pathology Arthroscopy: The Journal of Arthroscopic and Related Surgery Vol. 17, Issue 5, Pages 481-490

- **Pandit, R.:** Bipolar Femoral Head Replacement in Osteoarthritis. A prospective study with a minimum five year follow-up. *Journal of Arthroplasty* : Vol. 11, No 5 : 560-564, 1996.
- **Pandit, R.:** Proximal and palmar dislocation of the lunate and proximal scaphoid in a case of scaphocapitate syndrome: a 32-month follow-up. *J. Hand Surgery (Br)*, 23B:2: 266-268, 1998.
- **Pandit, R.:** Is bilateral one-stage knee replacement safe? A comparison between one and two-staged replacements. *Orthopaedic Update, October 1998*.
- Hunt N., Strachan RK, Thomas R, **Pandit R.:** Articular cartilage Functional zoning in the knee - analysis of 1554 lesions in 1000 arthroscopies. Presented at the joint British and Irish Orthopaedic Association Meeting, Dublin October 1998.
- Phillips, TW, and **Pandit, R.:** Haemoglobin threshold for transfusion in low-risk surgery. Presented at the Annual Meeting of the Royal College of Physicians and Surgeons, Toronto, Canada; 1990
- ARPE 1st CMC joint replacement – presented at the EFORT, Madrid.

Thesis for the Master of Surgery

Extra-periosteal fibular resection for un-united fractures of the tibia. A review of 30 cases

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