

## CURRICULUM VITAE

# Dr Paul McLaren MB BS MA MSc FRCPsych

### Consultant Psychiatrist

Contact: The Expert Witness Department, Expert in Mind Ltd, Astec House  
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General Medical Council number: 2923707

Approved under Section 12 of the Mental Health Act (1983) since 1989.

### Current posts

Consultant Psychiatrist the Priory Ticehurst House  
Medical Director the Priory Hospital Hayes Grove

### Current clinical interests

Psychological trauma: I am lead consultant to the trauma service at The Priory Ticehurst House. I assess and treat, both as outpatients and inpatients, sufferers of acute and chronic PTSD following single traumatic incidents or complex PTSD following prolonged abuse. I have trained in EMDR (Level II).

General adult psychiatry: I diagnose and treat as inpatients and outpatients individuals suffering from a range of disorders including mood and anxiety disorders, obsessive compulsive disorder, somatoform disorder, post-natal depression, bi-polar and psychosis.

Addictions: I am experienced in the diagnosis and treatment of substance misuse disorders.

Occupational psychiatry I regularly prepare reports as an Independent Medical Expert for insurance companies, employers and Pension Trustees and as an Expert Witness for the Employment Tribunal.

Medico-legal: I prepare 50 to 60 reports per annum as an Expert Witness on adult psychiatric aspects of personal injury, medical negligence and Family Law cases. I have been involved in a number of high profile cases, instructed on behalf of both Claimant and Defendant. I have also prepared over 50 reports for the Irish Redress Board on subjects who were subjected to physical, mental and sexual abuse in Institutional care.

### Consulting rooms

The Priory Ticehurst House, East Sussex.  
The Priory Hospital Hayes Grove, Bromley, London.  
The Priory Clinic Keats House, London Bridge.  
The Tunbridge Wells Nuffield Hospital.

## Qualifications

BA in Physiological Sciences	University of Oxford	1981
MB BS	University of London	1984
Member of the Royal College of Psychiatrists	from	1989
MA	University of Oxford	1989
MSc in Mental Health Studies (Organisational Psychiatry & Psychology)	Institute of Psychiatry, Kings College London	2005
Bond Solon Expert Witness Certificate	Cardiff University Law School	2012

## Education

Wadham College, Oxford	1979-1981
The London Hospital Medical College	1981-1984

## Professional Training

St. Thomas's Psychiatric Training Rotation	1986-1989
<i>Specialist training posts in Substance misuse, Old Age Psychiatry, Child psychiatry and Psychotherapy</i>	
Research Psychiatrist, UMDS, King's College London	1989-1993
<i>Telepsychiatry and Psychotherapy process research</i>	
South East Thames Senior Registrar Rotational Training Scheme	1993

## Consultant Experience

Consultant in General Adult Psychiatry with Canterbury & Thanet Community Healthcare Trust (6 sessions) & Senior Lecturer in Psychiatry, United Medical & Dental School of Guy's and St Thomas's Hospitals, GKT (5 sessions).	1993-1996
Consultant Psychiatrist, with Lewisham & Guy's Mental Health Trust (7 sessions) and Senior Lecturer in Psychiatry, GKT, King's College London	1997-1999
This post then became a Consultant Psychiatrist post with South London & Maudsley (SLAM) NHS Trust and part-time Senior Lecturer in Psychiatry GKT until 2003.	1999-2004
Honorary Consultant Psychiatrist SLAM	2004 -2013

## Academic Experience

Examiner of the University of London

My main research interests are in Telepsychiatry and eMental Health and I have written articles and published in the peer reviewed literature on this subject. In 2003 I co-edited the first book on this subject Telepsychiatry and EMental health, published by the Royal Society of Medicine Press.

Between 1993 and 1999 I was Postgraduate Courses Coordinator in the Department of Psychiatry GKT and ran the Regional MRCPsych training course. I also established and taught modules in Cognitive Behaviour Therapy, Research Methods and Inpatient services on the Master's Degree in Mental Health Studies at GKT.

Between 1993 and 1996 I was Clinical Tutor for Canterbury & Thanet NHS Trust.

### **Representative experience**

I was Deputy Chairman of the National Junior Doctor's Committee of the British Medical Association and a national negotiator. I had special responsibility for the campaign to reduce the working hours of junior doctors. I was a UK representative on the Permanent Working Group of European Junior Doctors.

Between 1996 and 2003 I was a South East Thames regional representative on the General Adult Psychiatry Section of the Royal College of Psychiatrists.

Between 1997 and 2000 I was Chairman of the Telemedicine and eHealth Forum of the Royal Society of Medicine.

### **Additional courses**

The Risk of Sexual Violence Protocol (RSVP) Institute of Psychiatry, London	2011
Fraud & Exaggeration in Personal Injury Claims Conference	2012
Understanding the Jackson Reforms	2013
Mock Employment Tribunal Training Day Thomson Snell & Passmore	2014
Systematic incident investigations using root cause analysis Verita	2015