

## **CURRICULUM VITAE**

**Dr Shanthi Paramothayan**

Consultant Physician  
Respiratory and General Medicine  
St. Helier University Hospital

Honorary Senior Lecturer  
St. George's University of London

Director of Medical Education  
St. Helier University Hospital

Expert Witness

E-mail: [shanthi.paramothayan@gmail.com](mailto:shanthi.paramothayan@gmail.com)

Mobile: 07759 703797

**Website: [www.paramothayan.com](http://www.paramothayan.com)**

February 2016

Dr N. S. Paramothayan

**CURRENT POSITION:** Consultant in Respiratory and General Medicine  
St. Helier University Hospital  
Honorary Senior Lecturer St. George's University of London  
Associate Medical Director for Medical Education

**CONTACT DETAILS:** 1<sup>st</sup> Floor, Ferguson House, St. Helier Hospital, Wrythe Lane,  
Carshalton, Surrey, SM5 1AA.  
Tel: 0208 296 3207  
Mobile: 07759 703797  
Email: shanthi.paramothayan@gmail.com

**GMC No:** 4024291

**NATIONALITY:** British

**QUALIFICATIONS:** BSc (Honours) in Medical Biochemistry

PhD, University of Cambridge

MBBS with *Distinction in Medicine*

FRCP (UK)

FCCP (USA)

Masters in Medical Education

Fellow of the Higher Education Academy (FHEA)

**Masters in Medical Law (LLM)**

**PRIZES AND AWARDS:** London Deanery Clinical Teacher Bursary

Arthritis and Rheumatism Council Prize in Rheumatology

George Burrows Prize in Pathology

Walsham Prize in Surgical Pathology

SERC Scholarship with CASE Award from May and Baker

Dr N. S. Paramothayan

### **Medico-Legal Work:**

**I have a Masters in Medical Law (Legal Aspects of Medical Practice) from the University Of Cardiff.** My dissertation was entitled “*Causation in Clinical Negligence.*” I have also attended seminars and workshops on how to be an Expert Witness and am involved with scrutinising complaints within the Trust. I am experienced with writing medical reports, including those dealing with alleged negligence and am known for completing these reports within a very short timeframe. I am a member of the Medico-legal Society.

I am qualified to be an Expert Witness on all Respiratory problems, including thromboembolic disease (pulmonary emboli and deep vein thrombosis), asthma, lung cancer, chronic obstructive pulmonary disease, interstitial lung disease, sarcoidosis, tuberculosis and obstructive sleep apnoea. I am also qualified to deal with general medical problems.

### **Educational Experience**

I have been an Educational Supervisor for all grades of junior doctors for several years, Foundation Training Programme Director (FY1) for the Trust from 2009-2012, Director of Medical Education from 2012-2015 and Associate Medical Director for Medical Education since 2015.

### **EDUCATIONAL QUALIFICATIONS**

Royal College of Physicians Educator (2006)  
Certificate in Medical Education (RCP/UCL, 2008)  
Diploma in Medical Education (RCP/UCL, 2009)  
Masters in Medical Education (RCP/UCL, 2010)  
Fellow of the Higher Education Academy (2009)

I received a London Deanery Clinical Teacher Bursary to study for my Diploma and Masters.

### **PUBLICATIONS**

Paramothayan NS. Endothelial Injury and Healing in Vitro. PhD at the Department of Pathology, University of Cambridge, 1984 – 1987.

Paramothayan NS and Jones PW. Corticosteroids for Pulmonary Sarcoidosis: A Systematic Review. Cochrane Database of Systematic Reviews, in: The Cochrane Library, Issue 4, 2000; Oxford: update software.

Paramothayan NS and Jones PW. Corticosteroid Therapy in Pulmonary Sarcoidosis: A Systematic Review. JAMA 2002, Vol 287, No 10, 1301-1307.

Paramothayan NS and Barron J. New criteria for differentiating between transudates and exudates. J Clin Pathol, 2002; 55: 69-71.

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Paramothayan NS, Lasserson TJ, Wells AU and Walters EH. Prostacyclin for Pulmonary Hypertension: A Systematic Review. Cochrane Database of Systematic Reviews, in: The Cochrane Library, Issue 2, 2003. Oxford: update software.

Paramothayan NS, Lasserson TJ, and Walters EH. Immunosuppressive and cytotoxic therapy for pulmonary sarcoidosis (Cochrane Review). In: The Cochrane Library, Issue 3, 2003. Oxford: update software.

Paramothayan NS. Treatments for Pulmonary Sarcoidosis. Respiratory Medicine January (2008) 102, 1-9

Davidson, S. J., Paramothayan, N. S. and Hodson, M. E. Adult Cystic Fibrosis in patients with and without infective exacerbations and their Factor XII levels. Blood, Coagulation and Fibrinolysis, 2009, vol 20, No 00

Paramothayan S. Management of Acute Type 2 Respiratory Failure. Patient Management. Foundation Years Journal, Volume 5, Issue 9: Respiratory (October 2011)