

BRIEF CURRICULUM VITAE FOR DR OKON FRANKSON UMOH

I. Qualifications:

- MBBS - Stavropol Medical Academy - 1994
- MRCPsych – Royal College of Psychiatrists - 2004
- Certificate of Completion of Specialist Training as General Psychiatrist – General Medical Council, United Kingdom – October 2008
- LLM Medical Law and Ethics – Anglia Ruskin University, United Kingdom - 2010
- Approved Clinician – NHS, CQC, England – since 2006
- Section 12 Approved doctor - NHS CQC, England since 2002

II. Current Post:

Consultant Psychiatrist, Goodmayes Hospital, North East London NHS Foundation Trust, March 2015 to date.

III. Previous Posts:

- Consultant Psychiatrist, Northampton Healthcare NHS Trust – July 2014 – March 2015
- Consultant Psychiatrist, South Essex Partnership NHS Trust – October 2010 – July 2014
- Consultant Psychiatrist, Hertfordshire Partnership NHS Trust – October 2008 - October 2010
- Specialist Registrar in Psychiatry – Severn Deanery – October 2005 – October 2008
- Staff Grade Psychiatrist, Low Secure Rehabilitation, Runwell Hospital, August 2003 – October 2005
- Staff Grade Psychiatrist, Addictions Services, Rochford Hospital, Essex, August 2001- October 2003
- Senior House Officer in Psychiatry, Rochford Hospital – February 2000 – August 2001
- Senior House Officer in Old Age Psychiatry, Runwell Hospital – February 1999 – February 2000
- Senior House Officer in Adult Psychiatry, Basildon Hospital – August 1998 – February 1999.
- Senior House Officer Medicine for the Elderly, Southend Hospital, August 1997 – August 1998
- Resident Medical Doctor, University of Calabar Teaching Hospital, Nigeria, July 1994 – November 1995
- 1995 – 1996 – Private studies for Professional and Linguistics Assessment Board, GMC, United Kingdom.

IV. Publications and Research:

- Effectiveness of ‘changing minds’ campaign factsheets to reduce stigmatised attitudes towards mental illness
- Jason Luty, Okon Umoh, Mohammed Sessay and Arghya Sakhel
- Psychiatric Bulletin (2007), 31, 06-12443/1
- A SHORT SELF-REPORT OUTCOME MEASURE (MAP-SC) FOR OPIATE ADDICTION TREATMENT Jason Luty, Vincent Perry, Okon Umoh, Donna Gormer, Colin O’Gara, Mohammed Sessay, Argo Psychiatric Bulletin, April 2006
- Validation of A Short Instrument To Measure Stigmatised Attitudes Towards

Mental Illness

- Jason Luty, Daniel Fekadu, Okon Umoh & John Gallagher. Psychiatric Bulletin, July 2006
- THE PROFESSIONAL STATUS OF PSYCHIATRISTS: GOOD BUT NOT GREAT Jason Luty Daniel, Fekadu, John Gallagher & Okon Umoh. Psychiatric Bulletin, August 2006.
- A Simple and Effective Methods to Reduce Stigmatised Attitudes Towards Mental Illness Jason Luty, Okon Umoh, Colin O’Gara, Argo Sarkel, Mohammed Sessay & Francis Nuamah. BJPpsych, August 2006

V. Experience in Medico-legal work:

- Attend Bond Solon courses for report writing, courtroom skills and basic law
- Hold LLM in Medial Law and Practice
- Attend conferences on medico-legal practice in psychiatry
- On the average write 20 reports a year
- Regularly take part in Mental Health Tribunals
- Regularly prepare reports on my patients for the Mental Health tribunals and Managers Meetings.
- Hold both Approved Clinician Status
- Section 12 Approval
- Have practiced psychiatry in various settings including low secure units and currently look after patients some of whom have been released into the community with Home Office restrictions.
- Areas of expertise cover all areas relating to adult mental health.

Dr Okon Frankson Umoh

4 October 2016