

Dr Rowland Whale MB BS MRCP (UK) MSc. Gerontology
Consultant Physician

All correspondence: 64 Cambridge Road, Impington, Cambridge CB24 9NU
Email: sue@medicalsecretarialservices.org.uk | **Tel:** 01223 479024 | **Fax:** 01223 755125
www.drwhale.co.uk

Abbreviated Curriculum Vitae for Dr Rowland James Whale



Office Address: Medical Secretarial Services
All correspondence: Suite G2, Blenheim House, Cambridge Innovation Park,
Denny End Road Waterbeach, Cambridge CB25 9QE
Mobile: 07419812184
Telephone: 01223 479024
Fax: 01223 755125
Email: sue@medicalsecretarialservices.org.uk

Medical Education: University College Hospital, London 1971-77
Qualifications: BSc Biochemistry London 1974
MB BS London 1977
MRCP (UK) 1980
MSc. Gerontology London 1990

GMC Registration: 2386876 (licence to practice and on the specialist register)
MDDUS Indemnity: Ref. 208346
Main Consulting Room: 2 The Mill, Copley Business Park, Babraham, Cambridge
CB22 3GN

CURRENT EMPLOYMENT

March 2015 ongoing: **Consultant Physician Acute Medical Unit West Suffolk Hospital Bury St Edmunds.** I act as a consultant physician working 3-5 days most weeks with full time working during periods of escalation and other staff leave. This post involves the assessment of a wide range of serious medical emergencies in adult and elderly patients. Whilst most emergencies are medical in nature I also see cases which include trauma, surgical problems, orthopaedic and psychiatric emergencies. In addition to working in the acute medical unit, I also spend periods working in other areas of the hospital seeing general medical and geriatric patients.

OTHER MEDICAL EXPERIENCE

26-30th October 2015 **Locum Consultant Stroke Physician North Lincs and Goole NHS Trust.** This post provided experience of working in a hyper acute stroke unit and in stroke thrombolysis. This supplemented the experience gained whilst attending the Cambridge Stroke Thrombolysis Masterclass.

14-16/10/2015 **Locum Consultant Physician Solihull Hospital.** This short duration post involved supervising a 25 bed short stay ward together with post take supervision of admissions to the AMU.

26/01-06/03/2015 **Locum Consultant Physician North Devon District Hospital, Barnstaple** This post involved supervision of a rehabilitation ward in a community hospital setting, supervision of an acute elderly care ward and working on a medical assessment unit (MAU) supervising the care of newly admitted acute general medical patients.

1996-2002 **Consultant Physician, Princess Alexandra Hospital, Harlow.** My duties were in Elderly and General Medicine with full participation in the acute general medicine on-call rota. I acted as the Clinical Lead for Stroke with responsibilities which included the Acute Stroke Unit at Harlow and the Rehabilitation Unit at Bishop's Stortford giving me a broad experience of the rehabilitation of patients suffering from Stroke, other neurological problems as well as musculoskeletal problems and the consequences of trauma.

This post also involved a role in the development of the Stroke Service and teaching responsibilities at a variety of levels.

1987-1996 **Consultant Physician, King George's Hospital, Ilford.** This post provided experience in Geriatric and General Medicine and a considerable experience of the management of acute medical conditions.

1983-1987 Senior Registrar (Geriatrics & Medicine), Addenbrookes Hospital, Cambridge.

1977-83 Various training posts mainly in General Medicine.

TEACHING RESPONSIBILITIES

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|------------------|--|
| Present | Final MB Medical Degree Assessor University of Cambridge |
| 1984-7 | Clinical Tutor Cambridge University |
| 1996-2002 | Clinical Tutor Royal College of Physicians |

APPRAISAL and REVALIDATION

I am actively engaged in these processes through my employer an NHS Trust. My most recent appraisal date was December 2018. My revalidation date was 6th June 2014 with the next date being in June 2024.

My last 360 degree appraisal was completed in December 2018. The output from this is available upon request. I have been admitted to the GMC specialist register and my registration and professional indemnity are up to date.

I undertake an ongoing intensive program of continuing professional development in areas relevant to my clinical and medico-legal practice. My most recent training activities have been summarised in Appendix A.

MEDICO-LEGAL EXPERIENCE

I have been actively engaged in medico-legal work for over 25 years and I have given evidence in court on a number of occasions- including the Crown Court and the Royal Courts of Justice. I last gave evidence in Cambridge Crown Court in 2017 & 18.

I have received Bond Solon training in report writing, giving oral evidence and civil procedure (April, July & September 2019). I am due to attend further Bond Solon training in February 2020 with a view to obtaining the Bond Solon Cardiff University Expert Witness Certificate. I maintain a policy of ongoing training in areas relevant to medico-legal work.

OTHER ACTIVITIES

I am a member of the:

1. The British Geriatrics Society
2. The Independent Doctors Federation
3. The Cambridge Medico-Legal Forum
4. Collegiate member Royal College of Physicians
5. Royal Society of Medicine (Fellow)
6. The Academy of Experts
7. The Expert Witness Institute

REFEREES

These are available on request.

Appendix A

Continuing professional development Diary

- I. Cambridge Medico-Legal Conference Peterhouse Cambridge 26/09/2014 This event provided 5.5 cpd points and provided an update on various legal and medical issues particularly those relating to personal injury.
- II. British Geriatrics Society Autumn Meeting Brighton Centre 15-17/10/2014 This event provided 18 cpd points and brought me up to date with a range of issues relating to the health of the elderly.
- III. Acute General Medicine Conference, Excel Centre, London from 26-27th November 2014- 12 cpd points
- IV. Cambridge Medico-legal Forum 6th December 2014- 2 hours
- V. Cancer Update Conference, Royal Society of Medicine 14/03/2015 – 3cpd points
- VI. Clinical Skills Course, IDF Medical Milton Keynes 15/03/2015 – 5cpd points
- VII. Cambridge Medicolegal Forum Downing College Cambridge “Medico-legal consent- Montgomery case” 1 cpd point. March 2015
- VIII. National Thrombolysis summit 11/09/2015 – 5cpd points
- IX. Cambridge Medico-Legal Conference Peterhouse Cambridge 25/09/2015 This event provided 5.5 cpd points and provided an update on various legal and medical issues particularly those relating to neurological injury.
- X. Cambridge Stroke Thrombolysis Masterclass 05/11/2015- 5cpd points.
- XI. Neurology update Cavendish Centre London 11/11/2015- 5cpd points
- XII. Acute and General Medicine Conference, Excel Centre, London from 12-13th November 2015- 12 cpd points
- XIII. Elderly Care Update, Atheneum Bury St. Edmunds 20/02/2016- 5cpd points
- XIV. Ministry of Justice MedCo training and exam passed.- 15 hours
- XV. RCP Regional Medicine Update Newmarket -April 18th
- XVI. UCL & UCH Cancer research open day -April 23rd
- XVII. Acute Medicine Group , Newmarket, - May 13th
- XVIII. Cambridge Medical Seminar July 15-16th
- XIX. Acute Medicine, EXCEL, London November 22-23rd 2016
- XX. Departmental meeting- acute cord compression due to haematoma 9/01/2017
- XXI. UCH Medical Emergencies Course London May 8-9th 2017
- XXII. Royal College of Physicians Meeting Hinxton Hall 29th June 2017
- XXIII. Cambridge Medical Seminar Cambridge June 28-9th
- XXIV. Acute Medicine Group Meeting, Moller Centre, Cambridge September 8th 2017
- XXV. Cambridge Annual Medico-Legal Conference September 29th 2017
- XXVI. Acute & General Medicine Excel Centre London November 20-2nd 2017
- XXVII. British Geriatrics Society Meeting London November 23-4th 2017
- XXVIII. Royal College of Physicians Meeting Hinxton Hall, Cambridge March 22nd 2018
- XXIX. Cambridge Med Seminar July 6-7th 2018
- XXX. Acute Medicine Group meeting, Moller Centre 21st September 2018
- XXXI. Cambridge Medicolegal Conference Peterhouse College 28th September 2018
- XXXII. Cambridge Med Seminar November 23-24th 2018
- XXXIII. Bond Solon Training “Excellence in Report Writing” London 12th November 2018
- XXXIV. Bond Solon Training “ Courtroom Skills” London 11th April 2019
- XXXV. Bond Solon Training “Crosss Examination Day” 7th July 2019
- XXXVI. Bond solon “Civil Procedure” 12th September 2019

Appendix B

Medico-legal work

I have been undertaking medico-legal work since shortly after I was first appointed as a consultant physician in 1987. Whilst I mainly undertake claimant work I have also on many occasions undertaken defendant and joint reporting work.

My main consulting base is just outside Cambridge but I have access to a number of other consulting facilities around Essex and East Anglia. Additionally in suitable cases I would be prepared to travel within England in order to assess claimants. I have undertaken a number of prison visits and if required I would be prepared to visit clients in custody.

I have received training in medico-legal work from Bond Solon and I have completed the MoJ MedCo course in personal injury reporting. Additionally I have attended various meetings of the Expert witness Institute and I am a member of the Academy of Experts. I regularly attend the annual Cambridge Medico-Legal Conference and the regular meetings of the Cambridge Medico-Legal Forum.

I have experience of giving verbal evidence in

1. The Coroners Court
2. The Magistrates Court
3. The County Court
4. The Crown Court
5. The Royal Courts of Justice.

I also have experience of conferencing with barristers and opposing expert witnesses.

I undertake about 50 cases per year and recent cases have included

1. Varied personal injury
2. Medical Negligence
3. Neglect by nursing homes
4. Assessment of an elderly prisoner for a parole board application.
5. Fitness to plead.

I am happy to provide free informal advice to lawyers regarding my ability to accept a case and I will also prepare non part 35 compliant brief desk top reports. Please feel free to contact me to further discuss any matter.