

Barbara Schaefer MA

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Profile

Rich and varied experience in Health and Social Care internationally since 1969, most recently as a Senior Social Worker in England (Locum, for Adults and Mental Health, 2007 - 2013)

Expert Witness Reports since 2007, ongoing

Project management at various levels. Personal and Academic Tutor in FE/HE. Resilient, independent worker and mentor for colleagues and clients. Unique skills in person-centred work.

High analytical skills and aptitude for creative innovation-in-practice. Pragmatism within given resources.

Theologian of contemporary inclusive spirituality with a strong interest in practical pastoral care.

Expertise and Transferable Skills

- Project Management, resilient in Crisis and assertive in Social Change
- High Empathy with clients and colleagues
- Thorough and in-depth analysis with systemic thinking
- Creative thinking in practice combined with pragmatism
- Highly reliable in-depth person-centred work with clients
- Highly organised and excellent in assessing and structuring complex processes for individuals and organisations
- Specialist skills in motivating clients to pursue improved quality of life
- Intuitive use of human system skills; resourcefulness
- Action research into the application of the existential (non-religious) core of 12-step programs in various contexts

Leadership and Communication

- International academic and artistic oral presentations
- Major philosophical postgraduate dissertations
- Substantial experience in team and project management, internationally
- Highly experienced in contributing to multidisciplinary teams
- Skilful and empathetic 1-1 guidance and mentoring with a wide variety of client groups
- Profound and caring listener; Creative and pragmatic in unique achievements improving clients' quality of life

Work Experience

- **Expert Witness Reports since 2007**
- Senior Social Worker (Locum), England, 2007 - 2013
- Community Care Worker Wales, HE-tutor WBL, Chester University, 2005 - 2006
- Independent Research Sabbatical, Wales, 2000 - 2004
- Tutor in Nursing Colleges, Germany, 1996 - 1999
- Tutor in Pioneering Project of Inclusion of Disabled in FE, Edinburgh, 1995 - 1996
- Independent Social Worker, Munich, 1986 – 1994
- Volunteer in pioneering chaplaincy, Munich, 1987 - 1992
- PA in Management of Publishing Company, 1981 - 1985
- Senior Nursing Assistant and Support Worker (various, p/t), 1970 - 2004

CPD/Training

- **Whistleblowing Law, Employment Rights, Human Rights in Mental Health, 2011 - ongoing**
- Statutory CPD in HRA, MHA, MCA, CCA, Berks and Notts, cont. updated e.g. Care Act 2014
- Nursing Studies, Inter-professional Care, postgrad., Univ. of Essex, Autumn 2006
- Manual Handling in Care, various updates, most recently Dolgellau, 2003
- Accreditation as HE Lecturer, ILT England, 2004
- Performing Arts, Coleg Harlech, Wales, Spring 2002
- Accreditation as FE lecturer, GTC Scotland, 1995
- Postgrad. Psychodrama Training, 300 hrs., Uberlingen, 1985 -1990
- Use of Media in Community Education, DIFF, Tübingen, 1977/78
- Certificate Counselling in Education (level ¾), Community College, Esslingen, 1976
- 4 weeks' residential/work-based nursing assistant training, Red Cross Stuttgart, 1970

Qualifications

- GSCC/HCPC accreditation from 2006
- MA Contemporary Theology, Birmingham/Leicester 2004
- MA Social Pedagogy with major in Adult/Community Education, Tübingen 1981
- BA (Ed), Secondary – English and German, Esslingen 1978
- Abitur, Stuttgart, 1973

Additional Information

Full UK driving licence

Languages: Fluent in German and English; phrases of Welsh; beginner's French

Hobbies: Swimming, Walking, Reading, Meditation, Painting

Volunteering: Poetry Collective Nottingham

References available on request.

Professional Social Work Assignments in more detail¹

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Jan 2007 Basildon Hospital	Hospital Discharge, complex MCA cases.
Apr 2007 – July 2007 Bracknell	Adult Long-term conditions, complex cases, incl. Mental Health issues.
Oct 2007 – Jan 2008 Newark	CMHT, Rehabilitation in the community.
Jan 2008 – Aug 2009 Bracknell	Team as above; complex cases, incl. change of service provision, short-focused therapeutic intervention for clients with personality issues and addiction; excellent success.
Sept 2009 Peterborough	CMHT OP – excellent insight into and contribution to assessment and early intervention.
Oct 2009 – Jan 2010 Shipley	CMHT – rich and varied contribution to care in the community, incl. PTSD, young stroke, addiction, self-neglect.
Feb 2010 – April 2010 Pontefract	Unsafe working environment: absence of clinician; unique successful contribution to client self-managing bipolar disorder; short-focused work with severe anorexia; severe cases of personality issues.
April 2010 – July 2010 Dartford	Rich contribution to great variety of cases in clinic and duty team, incl. pioneering introduction of safe self-management with home study material for clients on waiting list: Excellent improvement of client experience!
Aug 2010 Gainsborough	Short-term cover in low-secure male unit; praised for outstanding contribution to client pathway, incl. work with families (systemic and person-centred); contribution to MHRT.
Oct 2010 – Jan 2011 Leicester	Long-term MH unit; highly complex Safeguarding;
Feb 2013 – June 2013 Sutton on A.	Long-term Adults needs – praised for complex family intervention;
Independent roles from September 2007:	Mentor and Advocate, Expert Witness, Independent Assessor - e.g. Safeguarding, employment rights in the NHS; mental health, social care, professional and clinical negligence; family matters, immigration.

¹ Gaps represent the typical resting periods as a Locum Worker