



Curriculum Vitae

Dylan Ellis Griffiths

February 2019

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PERSONAL DETAILS

Name Dylan Ellis Griffiths

Contact Address 25 Upland Road, Sutton, Surrey SM2 5HW
Telephone: 07855-779631
Email: dylan.griffiths@imperial.nhs.uk

Degrees FRCS(Tr & Orth) MRCS(Ed) MB BS BSc(Hons)

Nationality British

Date of Birth 2nd September 1971

Place of Birth United Kingdom

Marital status Married with one daughter and one son

GMC Registration Full registration August 2000 (4628781)

Medical Indemnity OTSIS

EDUCATION

FRCSEd (Tr & Orth)	2011
MRCSEd	2005
Royal Military Academy Sandhurst	2000
MB BS Imperial College School of Medicine	1999
BSc (Hons) Glasgow University	1994

MEMBERSHIP OF LEARNED SOCIETIES

British Elbow & Shoulder Society
Combined Services Orthopaedic Society
British Orthopaedic Association

CLINICAL APPOINTMENTS

NHS Consultant Appointment

Consultant Trauma & Orthopaedic Surgeon
(Subspecialty: Shoulder & Elbow)
Imperial College Healthcare NHS Trust

Feb 2013 onwards

Fellowship

Shoulder & Elbow Surgery & Trauma
Imperial College Healthcare NHS Trust
R. Emery, P. Reilly

April 2012- Jan 2013

Shoulder & Elbow Surgery
Royal National Orthopaedic Hospital, Stanmore
I. Bayley, M. Falworth, D. Higgs, S. Lambert

Feb 2012- April 2012

Shoulder & Elbow Surgery & Trauma
Addenbrookes Hospital, Cambridge
G Tytherleigh-Strong, L Van Rensburg

Aug 2011- Feb 2012

HIGHER SURGICAL TRAINING

Shoulder & Elbow surgery & Trauma
Barnet General Hospital
D. Rossouw

April 2011- Aug 2011

Hip & Knee surgery & Trauma
Barnet General Hospital
H Nwaboku

Oct 2010- April 2011

Hand/ Wrist Surgery & Trauma
Royal Free Hospital
N J Goddard

April 2010- Oct 2011

Foot & Ankle Surgery & Trauma
West Herts NHS Trust
R Coull

Oct 2009- April 2010

Shoulder and Elbow Surgery & Trauma
Royal Free Hospital, London
P Ahrens

April 2009- Oct 2009

Hip and General Orthopaedic Surgery and Trauma
Royal Free Hospital
N Garlick

July 2008- April 2009

Shoulder/ Upper Limb Surgery
Royal National Orthopaedic Hospital, Stanmore
I Bayley, M. Falworth, S Lambert

Jan 2008- July 2008

Complex Spinal Surgery Royal National Orthopaedic Hospital B Taylor/ J Lehovsky/ S Molloy	Aug 2007-Jan 2008
Orthopaedic Oncology/ General Orthopaedic Surgery Royal National Orthopaedic Hospital, Stanmore R Pollock	Jan 2007 – Aug 2007
General/Paediatric Orthopaedic Surgery and Trauma Frimley Park Hospital D Dempster	Apr 2006-Jan 2007
<u>BASIC SURGICAL TRAINING</u>	
Senior House Officer in Trauma & Orthopaedic Surgery Frimley Park Hospital P Hill, Mr J Hull	Aug 2005-Apr 2006
Senior House Officer in Plastic and Reconstructive Surgery Queen Victoria Hospital, East Grinstead J Davison, A Khandwala	Feb 2005-Aug 2005
Senior House Officer in Ear, Nose & Throat Surgery Frimley Park Hospital A Hosni	Aug 2004-Feb 2005
Senior House Officer in Trauma & Orthopaedic Surgery Frimley Park Hospital A Ashbrooke, J Clasper, J Pike	Feb 2004- Aug 2004
Senior House Officer in General Surgery Frimley Park Hospital R Daoud, J Laidlaw, I Paterson, S Singh	Aug 2003- Feb 2004
Senior House Officer in Accident & Emergency Medicine St Mary's Hospital, Paddington R Touquet, J Henry, I Maconochie, P Ward	Aug 2000- Feb 2001
House Officer in General Medicine Frimley Park Hospital P Fabricius, N Hoad, N Ineson	Feb 2000- Aug 2000
House Officer in General Surgery Charing Cross Hospital D Sinnett, N Theodorou	Aug 1999- Feb 2000

PUBLICATIONS

Trials based on specific fracture configuration and surgical procedures likely to be more relevant for decision making in the management of fractures of the proximal humerus: findings of a meta-analysis. S. Sabharwal, N. Patel, **D. Griffiths**, T. Athanasiou, C. Gupte, P. Reilly.
Bone Joint Res 2016; 5:470-480

Extensive gluteal haematoma after intracapsular hip fracture in a patient on warfarin
B. Al Obaidi, M.Field, N.Al Hadithy, **D.Griffiths**
BMJ Case Rep 2015

Non operative management of humeral shaft fractures revisited
E.Ali, **D.Griffiths**, N. Obi, G.Tytherleigh-Strong, L.Van Rensburg
J Shoulder Elbow Surg. 2015 Feb; 24(2):210-4.

Arthroscopic excision of the sternoclavicular joint for sternoclavicular osteoarthritis
Tytherleigh-Strong G, **Griffiths D.**
Arthroscopy. 2013 Sep;29(9):1487-91

Blood loss in arthroscopic shoulder surgery: is it clinically relevant?
D.Griffiths, J.Jagiello, S. Dheerendra, C. Macnamara, P.Ahrens
Shoulder & Elbow 2013 5; 231-234

Arthroscopic excision of the intra-articular disc of the Sternoclavicular Joint
G. Tytherleigh-Strong, A.Getgood, **D.Griffiths**
Am J Sports Med 2012; 40(5): 1172-5

Acute compartment syndrome syndrome with an atypical presentation: a useful clinical lesson
J. Wright, **D. Griffiths**, H. Nwaboku
Royal Society of Medicine Short Reports 11-009.

Proximal humeral replacement using a fixed fulcrum endoprosthesis
D.Griffiths, R.Pollock, P.Gikas et al
J Bone Joint Surg (Br) 2011; 93-B: 399-403.

Hip resurfacing with preservation of the femoral head blood supply
D. Griffiths, K. Acton, JB. Hull .
The Surgeon 2008 Vol 6 No 2: 115-120

Military limb injuries/ ballistic fractures.
D.Griffiths, J. Clasper (2006).
Current Orthopaedics 2006 Volume 20 Issue 5

Delays to the definitive surgical management of pre-tibial lacerations in the elderly
M. Lamyman, **D. Griffiths**, J. Davison
J Wound Care. 2006 15(9): 422-4.

The role of gymnastics in the Army School of Physical Training
D. Griffiths, R. Hargrove, J. Clasper
Ann Royal Coll Surg 2006 88(5): 459-61

Ruptured distal biceps in military personnel
R. Hargrove, **D. Griffiths**, J. Clasper
J RAMC 2006 152: 26-29

AUDIT

Diagnosis of posterior fracture dislocations of the shoulder. Magnussen, Watura, Amiras, Walker, **Griffiths**
Departmental presentation Imperial College Healthcare NHS Trust Sep 2017

Scanning of patients 40-60 years following shoulder dislocation for rotator cuff tear
Rao, White, **Griffiths**
Departmental presentation Imperial College Healthcare NHS Trust Sep 2016

How fast are we fixing distal radius fractures?
K. Al-Dadah, P. Mahapatra, D. Evans, **D.Griffiths**
Departmental presentation Imperial college Healthcare NHS Trust Sep 2015

An Audit of the Effect of a Pro-Forma on Documentation of Post-Operative Instructions
A.Sumption, H.lendrum, E.Burke, H.Munton, K. Al-Dadah, **D.Griffiths**
Departmental & International presentation World Congress for Clinical Safety, Vienna 29 Sep 2015

30 day re-admission audit in elective orthopaedic surgery
A.Szczap, T.Sinnott, A. Hall, **D.Griffiths**
Departmental presentation Imperial College healthcare NHS Trust July 2015

Documentation of anticoagulant measures and weight-bearing status in post-operative trauma notes
H.Lendrum, E.Burke, **D.Griffiths**
Departmental presentation Imperial College Healthcare NHS Trust 6 May 2015

Documentation of neurovascular status in polytrauma patients
A.Elbarbarry, S.Wright, H.Abdul-Jabar, **D.Griffiths**
Departmental & Regional presentation Imperial College Healthcare NHS Trust 3 Nov 2014

Three point fixation of Gamma Nail: SMH experience
A.Dosani, K.Doudoulakis, K.Mirza, K.Logishetty, **D.Griffiths**
Departmental presentation Imperial healthcare NHS Trust 2 May 2014

Retrospective review of neck-shaft angle in proximal humerus fixation
A. Rashid, S. Macmull, **D.Griffiths**
Departmental presentation Imperial College Healthcare NHS Trust 5 March 2014

Preparation of non-emergency patients for trauma theatre: the 16 step proforma.
M. Xu, S. Deborizghi, A.Baskaradas, **D. Griffiths**
Departmental presentation Imperial College Healthcare NHS Trust 3 January 2014

Changing fracture clinic referral patterns
A.Dodds, Y.Chaukaut, R.Jenabzadeh, **D.Griffiths**

Departmental presentation Imperial College Healthcare NHS Trust July 2013

Delays in surgical intervention for proximal humeral fractures

L.Holtby, T.Amir, **D.Griffiths**

Departmental presentation Imperial College Healthcare NHS Trust March 2013

Neck of femur fracture at Imperial College Healthcare NHS Trust: Are we fulfilling best practice tariff?

A.Bibby, R.Jenabzadeh, **D. Griffiths**

Departmental presentation Imperial College Healthcare NHS Trust March 2013

Tip-apex distance in hip fracture surgery (closing the loop)

T.Luff, C.Bagley, G.Sayeed, T.Rashid, **D.Griffiths**, H.Nwaboku

Departmental presentation Barnet General Hospital June 2011

The role of gymnastics at the army school of physical training

D. Griffiths, R. Hargrove, J. Clasper

Podium presentation at Tri-Service Surgical meeting (2004)

Published Ann Royal Coll Surg 2006 88(5): 459-61

Fracture prevention in nursing homes

D. Griffiths, C. Maclean, M.Thomas

Poster presentation 7th European Trauma Congress (2006)

Published as abstract in Europ J Trauma volume 2006 32 Supplement 1; Abstract 49:2

Clostridium Difficile in Orthopaedic patients

D. Griffiths, J. Clasper

Frimley Park Hospital podium presentation (2004)

Diagnosis of renal colic in Accident & Emergency

D.Griffiths

St Mary's Hospital presentation (2001)

PRESENTATIONS

Arthroscopic-assisted repair of acute acromioclavicular joint disruption using the dogbone suspensory system: Early results from two centres

Dhir, Tang, **Griffiths**, Baring

BOTA 'Best of the Best', British Orthopaedic Association Conference, Liverpool Sept 2017

Arthroscopic-assisted repair of acute acromioclavicular joint disruption using the dogbone suspensory system: Early results from two centres

Dhir, Tang, **Griffiths**, Baring

British Elbow & Shoulder Society Conference, Ricoh Arena, Coventry 22 June 2017

A-Z of rotator cuff

D.Griffiths

Spire St Anthony's Hospital April 25 2017

Interesting shoulder cases

D.Griffiths

Spire St Anthony's Hospital Jan 10 2017

Trauma centre lessons learnt from the military

D. Griffiths

Imperial College: Visit of travelling Asian Fellows Sept 28 2016

Trauma centre lessons learnt from the military

D. Griffiths

St Mary's Orthopaedic Club November 11 2016

Intra-osseous fixation of three and four part proximal humerus fractures: a Case series review and financial costing analysis.

Sinnott T, Sabharwal S, Sinha I, **Griffiths D**, Reilly P

Combined Services Orthopaedic Conference, Plymouth 13 May 2016

Synergistic working of surgeon and physiotherapist

D Griffiths

Spire St Anthony's Hospital, Chesham May 2016

Shoulder advances

D.Griffiths

Hospital of St John & St Elizabeth, London Feb 2015

Achieving best practice tariff for neck of femur fractures

I.Rankin, A.Bibby, **D.Griffiths**

Association of Surgeons in Training (POSTER)

Elbow Trauma

D. Griffiths

Hospital of St John & St Elizabeth, London April 2014

The initial management of the severely traumatised limb

D. Griffiths

Invited lecture at British Orthopaedic Association Conference, Birmingham 3 October 2013

Volume acquired CT of the shoulder pre-arthroplasty: What the surgeon wants to know.

D. Amiras, N. Obi, **D. Griffiths**, M. Khanna, M. Walker

International Skeletal Society 39th Annual Meeting & Musculoskeletal Imaging Course Rome September 2012 (POSTER)

The non-operative management of humeral shaft fractures revisited

D. Griffiths, L. Young, N. Obi, S. Nikolau, G. Tytherleigh-Strong, L. Van Rensburg

British Shoulder & Elbow Society Conference, Torquay June 2012

The management of humeral shaft fractures revisited

D. Griffiths, L. Young, N. Obi, S. Nikolau, G. Tytherleigh-Strong, L. Van Rensburg
Combined Services Orthopaedic Conference, Camberley May 2012

Arthroscopy of the sternoclavicular joint

G. Tytherleigh-Strong, A. Getgood, **D. Griffiths**
Arthroscopic Association of North America, Florida May 2012

Clinical and radiographic outcome of fixed fulcrum TSR: the value of large-pitched screw fixation of the glenoid

O.Templeton-Ward, **D.Griffiths**, D.Higgs, M.Falworth, I. Bayley, S.Lambert
BOA Combined Meeting, Dublin Sept 2011

Custom-made shoulder prostheses in salvage surgery

S.Lambert, **D.Griffiths**, O.Templeton-Ward, S.Grange, D.Higgs, C.McGarvey, M.Falworth, I. Bayley

International Conference of Shoulder and Elbow Surgeons, Edinburgh Sep 2010

Custom-made shoulder prostheses in salvage surgery

D.Griffiths , O.Templeton-Ward, , S.Grange, D.Higgs, C.McGarvey, M.Falworth, I.Bayley
BOA Combined Meeting, Glasgow Sept 2010 (POSTER)

Custom-made shoulder prostheses in salvage surgery.

D. Griffiths, O. Templeton-Ward, S. Grange, M. Falworth, I. Bayley, S. Lambert,
British Elbow & Shoulder Society Conference, London, June 2009

Custom-made shoulder prostheses in salvage surgery.

D. Griffiths, O. Templeton-Ward, S. Grange, S. Lambert, I. Bayley, M. Falworth,
Combined Services Orthopaedic Conference, Portsmouth May 2009

Massive endoprosthetic replacement for tumours of the proximal humerus.

D.Griffiths, R.Pollock, P.Gikas et al,
Combined Services Orthopaedic Conference, London May 2008

Surgical exposure for hip resurfacing: A detailed description of an anterolateral approach with preservation of the femoral neck blood supply.

D.Griffiths, K.Acton, J.Hull
EFORT, Nice, May 2008 (POSTER)

Bayley- Walker Proximal humeral replacement.

R.Pollock, **D.Griffiths**, P.Gikas et al,
ISOLS, Hamburg Sept 2007

Bayley-Walker Proximal humeral replacement: 10 year results.

D.Griffiths, R.Pollock, P.Gikas et al,
British Orthopaedic Oncology Society, Stanmore, July 2007

Anterolateral approach to hip resurfacing without trochanteric osteotomy.

D.Griffiths, K. Acton, JB Hull,
Seddon Society Annual Meeting, Stanmore June 2007

Delays in the definitive surgical management of pre-tibial lacerations in the elderly. M.Lamyman,
D.Griffiths, J.Davison
British Association of Plastic Surgeons Conference July 2006 (POSTER)

Fracture prevention in nursing homes.

D.Griffiths, C. Maclean

7th European Trauma Congress, Slovenia May 2006 (POSTER & Abstract Europ J Trauma vol
32 suppl 1; 49:21)

Role of gymnastics at the army school of physical training

D. Griffiths, R. Hargrove, J. Clasper,

Tri-Service Surgical meeting, Aldershot, UK, March 2005 (Abstract J RAMC 151:110)

TEACHING EXPERIENCE

Faculty at Royal Society of Medicine, Trauma Symposium	Royal Society of Medicine February 2019
Faculty on Royal London FRCS Revision Course	Royal London Hospital September 2017
Lecture on 'Principles of trauma management & ATLS	Charing Cross Hospital September 2017
Faculty on Imperial FRCS Revision Course	Charing Cross Hospital January 2017
Faculty on Imperial External Fixation Course	Charing cross Hospital December 2016
Faculty ATLS Provider Course	St Mary's Hospital Nov 2016
Faculty on Imperial External Fixation Course	Charing cross Hospital December 2015
Lectures on ATLS/ Military Trauma management & Upper Limb trauma	RNOH, Stanmore November 2015
Faculty ATLS Provider Course	St Mary's Hospital April 2015
Lectures on ATLS/ Military Trauma Management & Upper Limb Trauma	RNOH, Stanmore November 2014
Faculty 8 th Imperial FRCS(Orth) Revision Course	St Mary's Hospital October 2014
Faculty Imperial External Fixation Course	Charing Cross Hospital September 2014
Lecture 'Law of Armed Conflict'	Frimley Park Hospital Mil Wing May 2014
Lecture 'Key trauma lessons for FY1'	Imperial College Healthcare NHS Trust April 2014
Faculty on ATLS Provider Course	St Mary's Hospital March 2014
Faculty Medical Mission Specific Validation Role3	York October 2013

Faculty 7 th Imperial FRCS(Orth) Revision Course	Charing Cross Hospital September 2013
Mentoring surgeons for Afghan National Army	Southern Afghanistan June/ July 2013
Lecture 'Key trauma lessons for FY1'	Imperial College Healthcare NHS Trust April 2013
Educational Supervisor	Imperial College Healthcare NHS Trust Feb 2013 onwards
Clinical Supervisor	Imperial College Healthcare NHS Trust Feb 2013 onwards
Faculty Arthroscopic Shoulder Course	York October 2012
Training the Trainers Course	Royal College Surgeons May 2012
Faculty Birmingham Shoulder Arthroscopy Course:	Queen Elizabeth II Hosp Feb 2012
Training and Assessment in Practice (TAIP)	Royal College Surgeons Nov 2011
Faculty on ATLS Provider Course	Addenbrookes Hospital Nov 2011
Faculty on ATLS Provider Course	Lister Hospital Nov 2010
Orthopaedic SpR Teaching Programme	Barnet Hospital Oct 2010- Aug 2011
Orthopaedic Teaching for A&E staff	Afghanistan May/June 2010
Faculty on ATLS Provider Course	Lister Hospital Oct 2009
ATLS Instructor Course	Royal College Surgeons Dec 2008
Faculty on BOA Plaster Course	RNOH Stanmore May 2008
Medical student and HO teaching programme	Royal Free Hosp July 2008- Oct 2009
Faculty on BOA Plaster Course	RNOH Stanmore May 2007
SHO and HO Teaching Programme	Frimley Park Hosp Aug 2005- Feb 2006
Battlefield ATLS and NBC teaching	Colchester Garrison Dec 2002-Feb 2003

MANAGEMENT & LEADERSHIP EXPERIENCE

Lead Investigator for Imperial College Healthcare Trust during the PROFHER-2 National Proximal Humerus Trial	Imperial College Healthcare NHS Trust ongoing
Enabling Staff for Validation of Vanguard Military Field Hospital	Longmoor Barracks Sept 2017
Quality Improvement Project- improving the diagnosis rate of posterior fracture dislocations of the shoulder	Imperial College Healthcare NHS Trust ongoing
Consultant Orthopaedic Surgeon on call during Westminster Bridge Terror Attack	Imperial College Healthcare NHS Trust March 2017
Implementation of BESS guidelines for acute Shoulder dislocations in patients 40-60 years	Imperial College Healthcare NHS Trust Nov 2016 onwards
Coordination of LIVEX military exercise	Imperial college Healthcare NHS Trust July 2016
Coordination LIVEX military exercise	Imperial College Healthcare NHS Trust Jan 2016
Development of Acute Massive rotator cuff tear pathway	Imperial College Healthcare NHS Trust June 2015 onwards
Coordination of LIVEX military exercise	Imperial College Healthcare NHS Trust January 2015
Literature publication management of humeral shaft fractures in humeral brace	Imperial College Healthcare NHS Trust December 2013
Fracture clinic restructuring	Imperial College Healthcare NHS Trust March 2013 onwards
Audit & Clinical governance lead for Orthopaedics	Imperial College Healthcare NHS Trust March 2013 onwards
Keele Management & Leadership Course	RCS March 2012
Administrative SpR	Royal Free Hospital 2008/9
Rota coordinator	Royal Free Hospital 2008/9,
Rota coordinator	Frimley Park Hospital 2006/7
Audit meeting coordinator	Frimley Park Hospital 2005/6
Command of Medical Section on operations	Iraq 2003

Captain of Army Medical Services Rugby

2002

Command of Medical Section on operations

Bosnia 2001

POSTGRADUATE CLINICAL COURSES AND MEETINGS

RSM Trauma Symposium	London Feb 2019
British Elbow & Shoulder Society Conference	Glasgow June 2018
Combined Orthopaedic Society Conference	Birmingham May 2018
Root Cause Analysis & Quality Assurance	London December 2017
Fortius International Sports Injury Conference	London Sept 2017
British Elbow & Shoulder Society Conference	Coventry June 2017
Military Operational Surgical Training Course	London June 2016
Combined Services Orthopaedic Conference	Plymouth May 2016
Reading International Shoulder Course	Reading May 2016
British Elbow & Shoulder Society Conference	Sheffield June 2015
London Shoulder Meeting	London May 2015
Combined Services Orthopaedic Conference	Newcastle May 2015
Advanced Techniques in arthroscopic shoulder surgery	Birmingham March 2015
Arthroscopic Shoulder Masterclass	Munich Nov 2014
British Orthopaedic Association Conference	Brighton Sept 2014
British Elbow and Shoulder Society Conference	Nottingham 2014
Combined Services Orthopaedic Conference	Peterborough May 2014
Advanced Upper Limb Trauma Course	San Diego Feb 2014
Hannover Advanced Shoulder Surgery Course	Hannover Nov 2013
British Orthopaedic Association Congress	Birmingham October 2013
Combined Services Orthopaedic Society Conference	Portsmouth May 2013
Medical Mission Specific Validation Role 3	York April 2013
Military Operational Surgical Training	RCS March 2013
Wrightington Elbow Course	Wigan Oct 2012
Advanced Sports Shoulder Arthroscopy	Dublin Sept 2012
AO Advances Course	Leeds July 2012
British Elbow & Shoulder Society Conference	Torquay June 2012
Combined Services orthopaedic Conference	May 2012
Masterclass in shoulder instability surgery	Liverpool November 2011
British Elbow & Shoulder Society Conference	Gateshead June 2011
Norfolk & Norwich Clinical course	Norwich April 2011
Oswestry Clinical and Viva course	Oswestry April 2011
Wrightington Basic Science Viva course	Wigan April 2011
Wrightington Hand Course	Wigan Jan 2011
1 st Stanmore Paediatric Revision Course	Stanmore Oct 2010
Stanmore Basic Sciences Course	Stanmore Oct 2010
3 rd Sheffield Elbow Course	Sheffield October 2009
British Elbow & Shoulder Society Conference	London June 2009
Military Operational Surgical Training	London June 2009
Combined Services Orthopaedic Conference	Portsmouth May 2009
Watanabe Shoulder Arthroscopy Course	Brighton March 2009
Core Skills in Shoulder Arthroscopy	Manchester December 2008
London Upper Limb Course	London November 2008
Search for a consensus on shoulder arthroscopy	London October 2008
Combined Services Orthopaedic Conference	London May 2008
Primary Hip Arthroplasty	Stanmore March 2008
Advanced Trauma Life Support	Lister Hospital February 2008
Primary Knee Arthroplasty	Harlow November 2007

British Orthopaedic Oncology Society Meeting
Annual Seddon Society Meeting
Combined Services Orthopaedic Conference
London Hip Meeting
7th European Trauma Congress
Combined Services Orthopaedic Conference
Intermediate Knee Arthroscopy Course
AO Principles of Fracture Management
Basic arthroscopy course
Combined Services Orthopaedic Conference
Tri-Service Surgical Meeting
Care of the Critically Ill Surgical Patient
Tri-Service Surgical Meeting
Advanced Trauma Life Support
Basic Surgical Skills
Nuclear Biochemical Warfare Course
Battlefield ATLS

Stanmore July 2007
Stanmore June 2007
Bovington May 2007
London April 2007
Slovenia May 2006
Plymouth, May 2006
Bristol March 2006
Dublin February 2006
London November 2005
Birmingham, May 2005
Aldershot March 2005
Frimley Park Hospital Oct 2004
Aldershot, March 2004
Lister Hospital September 2003
Leicester Hospital June 2003
Winterbourne Gunner Jan 2003
Keogh Barracks May 2001

Extra curricular activities

Running, cycling, skiing, food & wine.

Previously Rugby: London Welsh, Army, Scottish Universities, 4x winner Hospitals' Cup with Charing Cross & Westminster & Imperial Medics in Rugby Union and Scotland and Army Rugby League

Referees

Mr P Reilly
Consultant Orthopaedic and Trauma Surgeon
Imperial College Healthcare NHS Trust
London
W2 1NY

Mr G Tytherleigh-Strong
Consultant Orthopaedic and Trauma Surgeon
Addenbrookes Hospital
Cambridge
Cambridgeshire
CB2 0QQ

Prof R Emery
Consultant Orthopaedic Surgeon
Imperial College Healthcare NHS Trust
London
W2 1NY