

CURRICULUM VITAE

PERSONAL DETAILS

Name: Dr. AnanthaPadmanabha Pillai Anil Kumar

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MEDICAL REGISTRATION

UNITED KINGDOM

Fully registered with General Medical Council as a Medical Practitioner (Principal list)

Full Registration No. 4694274

Date of full registration 15th May 2000

Date of Award of CCST 31st March 2004

Main Specialty: General Psychiatry

Subspecialty: Substance Misuse Psychiatry

Approved under Section 12 of the Mental Health 1983

ACADEMIC QUALIFICATIONS

October 2017	Cardiff University Bond Solon Expert Witness Certificate (Family)
April 2017	Cardiff University Bond Solon Expert Witness Certificate (Civil)
March 2004	Certificate of Completion of Specialist Training (CCST)
July 2000	MRCPsych Passed (1 st attempt)
August 1997	USMLE Step 2 Passed (1 st attempt)
June 1997	USMLE Step 1 Passed (1 st attempt)
July 1996	PLAB, General Medical Council Passed (1 st attempt)
April 1993	MB, BS, University of Kerala, India Passed (1 st attempt)

Current Posts:

Fee-paid Medical Member of the First-tier Tribunal Health, Education and Social Care Chamber (Mental Health), September 2018 - present

I have been appointed as a Fee-paid Medical Member of the First-tier Tribunal after a rigorous selection process by the Judicial Appointment Commission. I will be assigned to the Health, Education and Social Care Chamber, to exercise the Mental Health jurisdiction within that Chamber.

Firm Head on the Longitudinal Mental Health Placements for Medical Students at GKT School of Medical Education, September 2018-present

As the firm head, I oversee all aspects of the student's training in my firm I am also an Educational Supervisor for medical students.

Consultant Psychiatrist, Acute Male Inpatient ward, ES2, Maudsley Hospital October 2009 – present and Honorary Clinical Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience, January 2016 - present

I have extensive experience of treating patients in both inpatient and outpatient settings, with a wide range of experience in psychopharmacological intervention including treatment of substance misuse problems, dual diagnosis, treatment resistant psychosis, Bipolar Affective Disorder, Unipolar Depression, anxiety disorders, trauma-related disorders and alcohol dependence. I have been closely associated with the Traumatic Stress Disorder Service and have a wide range of experience in assessing and managing PTSD, complex PTSD and Dissociation disorders in an acute setting and also in the community.

Royal College of Psychiatry CASC examiner(2009-present) and Critical Review Panel Member(2018 October- present)

Previous Consultant Posts: I have worked as the Consultant for a Community Mental Health Team, Assertive Outreach Team, Forensic Community Team, Female Inpatient Ward, Female and mixed Intensive Care Unit and Home Treatment Team in addition to my current job as Consultant for the Acute Male Inpatient Unit. See below for details.

Consultant Psychiatrist, JBU Ward, Maudsley Hospital, *January 2009 – September 2009*

Consultant Psychiatrist, Southwark Community Outreach Team- *November 2006 – January 2009*

Forensic High Support Rehabilitation Team Cover: *28th July 2008 – 15th September 2008* - I did 3-4 sessions a week in addition to my regular NHS consultant responsibilities.

Psychiatric Intensive Care Unit /ES1 Cover: *6th August 2007 –14th September 2007* - I did 3-4 sessions a week, in addition to my regular NHS consultant work.

Consultant for Priory Grange, Ticehurst: two sessions a week: *June 2006 – May 2008* - I had consultant responsibility for a long-term rehabilitation ward for adults with severe and enduring mental health problems.

Consultant Psychiatrist, St Giles CC2, South London and Maudsley NHS Trust *September 2004 – November 2006*

Locum Consultant Psychiatrist, St Giles CC2, South London and Maudsley NHS Trust: *May 2004 – September 2004*

Locum Consultant Psychiatrist in Addictions, OAKS Resource Centre, Croydon: four sessions a week: *October 2003 – January 2004*

Training Posts:

Locum Senior House Officer in Transcultural Psychiatry to Dr H G Daudjee, at Lynfield Mount Hospital, Bradford - *August 1996 – February 1997*

Sheffield SHO Rotation:

February 1997 – September 2000 - 6 monthly rotational training posts in different specialties including forensic, old age, child and substance misuse psychiatry.

Higher Psychiatric Training:

Clinical Research Worker in Cognitive Psychopharmacology at the Institute of Psychiatry, London

October 2000 – September 2001

Maudsley Specialist Registrar Rotational Training Scheme:

October 2001 - May 2004 - yearly rotational posts, I undertook general Adult Psychiatry and Substance misuse psychiatry with special interest sessions with LEO (Lambeth Early Onset Psychosis Service) for a year and the Mood Disorder Clinic under Professor Mary Phillips for another year.

Research and Publications:

I have 27 papers published in top peer reviewed journals including *Brain*, *Schizophrenia Research*, *Schizophrenia Bulletin*, *Biological Psychiatry* and *British Journal of Psychiatry*. These are based on neuroimaging and psychopharmacological research carried out at the Institute of Psychiatry, Psychology & Neuroscience for the last 17 years. They concern clinically relevant areas such as insight, cognition, pharmacological and psychological treatment in Schizophrenia and also coping mechanisms, effect of smoking on the brain, effect of medication on emotion processing in schizophrenia and factors which lead to better responsiveness to cognitive behavioural therapy in psychosis. I have also carried out research into cerebral and autonomic responses to emotional facial expressions in depersonalisation disorder.

Teaching and Academic Work:

I have been a Royal College of Psychiatrists Examiner for 9 years, I have sat on the interview panel for CT and ST Doctors for more than 9 years, I have been an Examiner for undergraduate medical students, I have been a member of the interview panel for admission to Kings College Medical School, I have taught on various MRCPsych courses and Calman's Day as well as being an Educational Supervisor and Consultant Appraiser. I was appointed Honorary Senior Lecturer at the IoPPN in January 2016.

Expert Witness Medico Legal Work

- 1.1.1 I have a wide range of experience of medico legal work, having prepared around 220 reports. I was awarded the Cardiff University Bond Solon Expert Witness Certificate (Civil) in April 2017 after passing the assessment of my expert witness report, of my performance under cross-examination and passing multiple choice examinations on law and procedure. I was awarded Cardiff University Bond Solon Expert Witness Certificate (family) in October 2017.

Feedback on Medicolegal Work

- 1.1.2 "I have found his reports and, when required, oral evidence to be clear, concise, and to adequately address the issues requested. I have not received any complaints from other solicitors about the quality of his reports and to date, I am not aware of any of my colleagues in this area having raised objections to his being instructed".
- 1.1.3 "Interestingly, in many of the cases a psychological report is also required on the parents. I cannot recall a case wherein there has been a substantial area of disagreement between any instructed psychologist and Dr Kumar".
- 1.1.4 "I have found Dr. Kumar to be extremely professional in his approach to each case. I have found that Dr. Kumar's expert opinion has not been challenged by the other parties in the case and on occasion he has been instructed to attend expert meetings. In addition, Dr. Kumar has attended court when requested to do so, on one occasion, on very short notice. I have instructed Dr. Kumar on many cases over the last three years and his opinion has always been accepted by the other parties in the case".