

# Curriculum Vitae

Dr Shane Roche MB FRCP

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**Name** Shane William ROCHE  
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**Date of Birth** 3<sup>rd</sup> October 1955  
**Nationality** Irish  
**Interests** Rugby, Golf, Bridge, Music  
**Societies** Alliance Surgical Medical indemnity  
British Geriatric Society  
British Medical Association  
Movement Disorder Society

**GMC Registration** Full – 3027671

### **General Education**

PRIMARY Patrician Brothers, Newbridge, Co.Kildare, Ireland  
SECONDARY Newbridge College, Co. Kildare, Ireland  
LEAVING CERTIFICATE Honours in English, French, Latin, History, Geography,  
Physics and Chemistry

### **Medical Career**

MEDICAL SCHOOL Royal College of Surgeons in Ireland  
DATE OF ENTRY September 1974  
GRADUATION June 1980  
DISTINCTIONS Third Year Prize in Medicine, Jervis Street Hospital, Dublin  
Fourth Year Prize in Obstetrics, Rotunda Hospital Dublin

**Qualifications** MB BCh, BAO (NUI), LRCPSI, 1980  
MRCP (UK), 1984  
FRCP 1997

## Previous Appointments

July 1980 – June 1981	<u>MEDICAL AND SURGICAL HOUSE OFFICER</u> to Professor J F Fielding, Dr E T O'Brien and Mr B Lane Jervis Street Hospital, Dublin
July 1981 – June 1982	<u>SENIOR HOUSE OFFICER IN CARDIOLOGY, GASTROENTEROLOGY AND GENERAL MEDICINE</u> to Professor J F Fielding and Dr E T O'Brien Jervis Street Hospital, Dublin
July 1982 – June 1983	<u>SENIOR HOUSE OFFICER IN NEUROLOGY</u> to Dr H Staunton and Dr S Murphy Richmond Hospital, Dublin
July 1983 – June 1984	<u>REGISTRAR IN GERIATRIC MEDICINE/GENERAL MEDICINE</u> to Dr J Noel and Dr J Lavan Richmond Hospital, Dublin
July 1984 – June 1985	<u>REGISTRAR/TUTOR IN MEDICINE</u> to Professor J F Fielding Jervis Street Hospital, Dublin and Royal College of Surgeons, Dublin
August 1985 – October 1987	<u>REGISTRAR IN NEUROLOGY</u> to Dr G D Perkin, Dr F C Rose, Dr L Lange and Dr J Wade Charing Cross Hospital, London
January 1988 – 22 September 1991	<u>SENIOR REGISTRAR IN MEDICINE FOR THE ELDERLY</u> to Dr A C D Cayley and Dr B Kaufman Central Middlesex Hospital, London Dr A Middleton and Dr S Webb, St Charles Hospital, St Mary's Hospital, London, Parkside Health Authority
23 September 1991 – February 1992	<u>LOCUM CONSULTANT PHYSICIAN IN MEDICINE FOR THE ELDERLY</u> St Charles Hospital, St Mary's Hospital, London, Parkside Health Authority

## Current Post

March 1992 – Present	<b><u>CONSULTANT PHYSICIAN IN MEDICINE and MEDICINE FOR THE ELDERLY,</u></b> <ol style="list-style-type: none"><li>1) Imperial College Healthcare NHS Trust incorporating St Mary's Hospital, The Hammersmith and Charing Cross Hospitals.</li><li>2) Central London Community Health Care NHS Trust incorporating Alexandra Rehabilitation Unit.</li></ol>
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## **Current Post/contd**

**I currently work as a Consultant Physician in Medicine for the Elderly at Imperial College NHS Trust. I have dual accreditation in General and Geriatric Medicine. I have been a consultant physician for 27 years.**

I am responsible for 2 rehabilitation units in the community. I regularly do ward rounds and chair complex multidisciplinary meetings. There is a mix of patients which includes stroke, Parkinson's disease, multiple Sclerosis and patients who are recovering after surgery and other Medical problems. I am head of the multidisciplinary team and visit the unit on a daily basis.

I also undertake regular domiciliary visits and outpatient clinics including weekly Geriatric, falls, Parkinson's disease and Movement Disorder Clinics.

I have been a consultant physician for almost 20 years and have gained a wide experience in all aspects of general and geriatric medical care. I regularly do unselected on call for 3 different hospital. I have a specialist interest in the management of acute general and geriatric medicine, rehabilitation, Movement disorders, falls and dementia.

**I have been working with the Kuwait Health Office in London for the past 10 years. I have also worked with The Embassy of the State of Qatar Medical office in London. This involves looking after outpatients and inpatients at the Clementine Churchill, Cromwell and Wellington Hospitals. I have included Entesar Balal, International liaison officer at the Clementine Churchill Hospital as one of my referees.**

**I regularly do medico-legal work, under instruction, for solicitors. This is mostly related to older people and includes assessment of mental capacity, life expectancy, Desktop screening reports, Breach of Duty/Causation, Condition and Prognosis. My work is mostly for the plaintiff and less so for defendants. I have particular interests in Dementia, stroke, depression, falls, Parkinson's and general frailty but also all general medical problems.**

**I have attended the Bond Solon courses in excellence in report writing, courtroom skills training and cross examination courses.**

## **Presentations**

1. Irish Society of Gastroenterologist, Dublin, March 1984  
Comparison between Ranitidine and Cimetidine in the treatment of reflux oesophagitis Professor J Fielding, S Roche, G Doyle.
2. Association of British Neurologists, Nottingham, April 1988  
Intravenous methylprednisolone versus intramuscular ACTH in the treatment of acute relapse in multiple sclerosis  
M S Methyl Prednisolone Study Group  
A J Thompson, M Swash, S Roche, etc
3. European Neurological Association, Nice, June 1988  
Intravenous methylprednisolone versus intramuscular ACTH in the treatment of acute relapse in multiple sclerosis  
M S Methyl Prednisolone Study Group  
A J Thompson, M Swash, S Roche, etc

4. Association of British Neuropathologists, Durham, July 1988  
Cardiogenic dementia  
L Bridges, R Lane, S Roche, A Schwartz
5. Physiological Society, Cambridge, July 1989  
Evidence that mirror movements in the Klippel Feil Syndrome in man are produced by activity in branch stem presynaptic inputs from cortico spinal neurons  
S F Farmer, D A Ingram, S Roche, J A Stephens
6. Physiological Society, Oxford, November 1989  
Mirror movements studies in the Klippel Feil Syndrome  
S F Farmer, D A Ingram, S Roche, J A Stephens
7. Association of Clinical Biochemists, Brighton, May 1990  
Serum Vitamin A, Serum Vitamin E and Carotenoids in demented patients  
Z Zamen, S Roche, P Fielder, P G Frost, D Niriella and A C D Cayley
8. Physiological Society, Cambridge, July 1990  
Cutaneous reflex responses recorded from the first dorsal interosseous muscle in a patient with mirror movements  
S F Farmer, D Ingram, S Roche, J A Stephens
9. Royal Society of Medicine, London, December, 1990  
Wildervank syndrome and MRI Findings  
P J Hughes, P T Davies, S Roche, T D Matthews, R Lane
10. Royal Society of Medicine, London, December, 1990 – Geriatric Section  
Lead poisoning in an elderly woman  
K le Ball, S Roche
11. Royal Society of Medicine, Clinical Section, March 1994  
Lead Poisoning in an elderly woman  
K le Ball, S Roche

## **Publications**

1. S Roche, M Tobin, J F Fielding  
Comparisons between two bulk agents. Celevac and Normacol granules  
*ITN Journal of Medical Research*, October 1981; **9**: 387-289
2. J Krby, S Roche, J F Fielding  
Paracetamol – Hepatic protection in N-Acetylcysteine  
*Irish Journal of Medical Science*, November 1982; **151**(11): 353-354
3. J F Fielding, S Roche, G Doyle  
Comparison between Ranitidine and Cimetidine in the treatment of reflux oesophagitis  
*Irish Medical Journal*, November 1984; **77**(11): 356-7
4. S Roche, D G Perkin  
Palatal Myoclonus in certain neck positions

*Journal of Neurology, Neurosurgery and Psychiatry*, October 1987; **50**(10) 1388-1389

5. L Bridges, S Roche, L Nashef, F C Rose  
Haemangio Pericytic Meningioma of the Sacral Canal  
*Journal of Neurology, Neurosurgery and Psychiatry*, February 1988; **51**: 288-290
6. S Roche, R Lane, J Wade  
Thalamic Haemorrhages in Wernicke-Korsakoff Syndrome demonstrated by Computed Tomography  
*Annals of Neurology*, March 1988; **23**(3): 312-313
7. R Lane, S Roche, L S Lange, A Leung, A Grecco  
Cyclosporin neurotoxicity in Cardiac Transplant Recipients  
*Journal of Neurology, Neurosurgery and Psychiatry*, November 1988; **51**: 1434-1437
8. S Roche, J F Fielding, N Loveridge  
Parathyroid Hormone-like Bioactivity measured by Cytochemical Bioassay in a patient with malignant bladder disease  
*Irish Journal of Medical Science*, December 1988; **157**(12): 387-389
9. S Roche  
Preparation for the MRCP (letter)  
*Hospital Update*, March 1989; **15**(3): 233
10. Methylprednisolone Study Group including, S Roche  
Relative Efficacy of Intravenous Methylprednisolone and ACTH in the treatment of acute relapse in multiple sclerosis  
*Neurology*, July 1989, **39**: 969-971
11. G D Perkins, S Roche, R Abraham  
Delayed Somatosensory evoked potentials in Pernicious Anaemia with intact peripheral nerves  
*Journal of Neurology, Neurosurgery and Psychiatry*, August 1989; **52**(8): 1017-1018

### **Publications (continued)**

12. S Roche, G Gayle  
More Maggots (letter)  
*Care of the Elderly*, October 1989, **1**(5): 246
13. S Roche, D Niriella, A O'Mahoney, A C D Cayley  
The Anti-Phospholipid Antibody Syndrome in a 77 year old man with digital gangrene  
*Post Graduate Medical Journal*, November 1989; **65**: 837-839
14. S Farmer, D A Ingram, S Roche, J Stephens  
Evidence that mirror movements in the Klippel-Feil Syndrome in Man are produced by activity in branched stem presynaptic impulse from corticospinal neurons  
*Journal of Physiology*, November 1989; **418**: 102
15. S Roche, S Cross, B Kaufman  
Intracranial Haemorrhages occurring in the idiopathic hypereosinophilic syndrome  
*Journal of Neurology, Neurosurgery and Psychiatry*, May 1990; **53**: 440-441

16. S Roche, R Greaves, A C D Cayley  
Hazards of automatic doors in the elderly  
*Care of the Elderly*, June 1990; **6**: 252-253
17. S Roche, S Stone, C M C Allen, L S Lange  
Diphtheritic Polyneuritis in an elderly woman with clinical and neurophysiological follow up  
*British Journal of Clinical Practice*, July 1990; **44**(7): 285-287
18. S Roche, S Cross, I Burgess, C Pines, A C D Cayley  
Cutaneous myiasis in an elderly debilitated patient caused by *Lucilia Sericata*  
*Post Graduate Medical Journal*, September 1990; **66**: 776-778
19. S Roche, R Chinn, S Webb  
Hydrex (chlorhexidine) induced gastritis  
*Post Graduate Medical Journal*, 1991; **67**: 210-211
20. P J Hughes; P T Davies, S Roche, T D Matthews, R Lane  
Wildervank or cervico-oculo-acoustic syndrome and MRI findings  
*Journal of Neurology Neurosurgery and Psychiatry*, 1991; **54**: 503-504
21. S Roche, A Schwartz, R J H Lane, L R Bridges  
Reversal of cognitive deficit by cardiac pacing in a young man with Dystrophia Myotonica  
*Journal of Royal Society of Medicine*, 1991, **84**(10): 626-627
22. Z Zaman, S Roche, P Fielder, P G Frost, D Niriella, A C D Cayley  
Plasma concentrations of Vitamins A and E, and carotenoids in Alzheimer's disease  
*Age and Ageing*, 1992; **21**:91-94
23. S Roche, C McAllister, J F Fielding  
Morquio's disease in an Irish family  
*Irish Medical Journal*, 1992; **85**: 153-154

### **Publications (continued)**

24. S Roche, S Godward, A Middleton, R Lane  
Bifrontal glioma presenting as a gross movement disorder  
*Movement Disorders*, 1993, **8**: 120-122
25. C Kelly, S Roche, M Naguib, M Roberts, B Pitt  
A prospective evaluation of the hepatotoxicity of lofepramine in the elderly  
*International Clinical Psychopharmacology*, 1993; **8**: 83-86
26. S Roche, A C D Cayley  
Wernicke's Encephalopathy – A missed diagnosis?  
*Care of the Elderly*, 1993; **5**: 76-77
27. S Roche, C Clough, A Tavabie  
Shared care in Parkinson's disease  
*Modern Prescribing*, 1994; **2**(2): 1-9

**Referees:**

- 1) Dr David James, Consultant Physician, St Mary's Hospital,  
Praed Street, London, W2 1NY**
- 2) Dr Stuart Webb, Consultant Physician, The Hospital of St John and St Elizabeth's,  
60 Grove End Road, London, NW8 9NH**
- 3) Dr Sushen Bhattacharyya, Consultant Physician, The Clementine Churchill  
Hospital, Sudbury Hill, London HA1 3RX**
- 4) Entesar Balal, International Liaison Officer, The Clementine Churchill Hospital,  
Sudbury Hill, Harrow, HA1 3RX**