

Dr Marta de Madariaga Lopez BSc (Hons), MSc, DClinPsy

Chartered Clinical Psychologist

Curriculum Vitae

AREAS OF EXPERTISE

- Assessment and Intervention of Mental Health
- Attachment
- PTSD and Complex Trauma
- Acquired Brain Injury
- Neuropsychological Assessment and Intervention
- Capacity Assessment
- Assessment of Progressive Conditions
- Personality disorder
- Substance Misuse Assessment
- Abuse and Neglect – Domestic, Physical, Emotional or Sexual
- Other - Spanish

RELEVANT EXPERIENCE

I am an Associate Fellow and Chartered with the British Psychological Society (BPS) and registered with the Health Care Professions Council. I have a special interest in PTSD and associated disorders, the effects of stress and abuse in adults and the assessment of risk to children. I have developed my expertise in developmental trauma contributing to the evolution of interpersonal difficulties, psychosomatic symptoms and dysfunctional coping mechanisms.

I have provided psychological services within the National Health Service and as an independent practitioner since 2001. I have accumulated a wide range of experience working with individuals of all ages, families and groups across a broad range of clinical settings.

As an Expert Witness, I am familiar with personal injury claims, neuropsychology and court proceedings where there are child protection concerns as well as cultural diversity enquiries. I am a member of the Expert Witnesses Directory of the British Psychological Society and have completed their Expert Witness training programme. I have also undertaken the Bond Solon Expert Witness training. I have completed specialist training in mental capacity and post-doctoral training in complex trauma. I have undertaken a specialist training in the parent-child attachment relationship.

For the last eight years I have provided consultancy and clinical supervision to other professionals; and I am a registered supervisor with the BPS (RAPPS). I have been closely involved in the planning and developing of clinical psychology training and have lectured at the University of Oxford, University of Brighton and Canterbury Christ Church University as well as a number of academic establishments in England, Mexico and Spain.

For full details of work history please refer to the attached Appendix.

EDUCATION & QUALIFICATIONS

- **The CARE – Index**, The Centre for Emotional Development (2017)
- **Attachment and Psychopathology**, The Tavistock Institute (2016)
- **Neuro-Linguistic Programming**, Association for NLP (2015-2016)
- **Expert witness training**, Bond Solon (2015 -2016)
- **Expert witness training**, BPS (2015)
- **EMDR Training Levels 1 – 4**, EMDR Works Ltd. (2015)
- **Trauma in survivors of childhood sexual abuse**, Charlie Waller Institute (2012)
- **Cognitive Stimulation Therapy**, University College London (2010 & 2012)
- **Supervision 1 – 4**, British Psychological Society (2011)
- **Supervising Systemically with John Burnham**, University of Oxford (2010)
- **Mindfulness foundations**, University of Oxford (2010)
- **Rational Emotive Behaviour Therapy (REBT)**, The Albert Ellis Institute (2005)
- **Social Behavioural Network Therapy (SBNT)**, University of Birmingham (2005)
- **Doctor of Clinical Psychology**, University of Birmingham (2002 – 2005)
- **MSc in Cognitive Neuropsychology**, Oxford Brookes University (1999 – 2000)
- **Diploma in Advanced Study of Psychology**, Oxford Brookes University (1998 – 1999)
- **BSc (Hons) Psychology & Computer Sc.**, Manchester Met. University (1993 – 1996)

PROFESSIONAL DEVELOPMENT

- **Attachment and Trauma**
ISTITUTO DI SCIENZE COGNITIVE congress (2017)
- **EMDR Updates**
EMDR Spain annual conference (2016)
- **Psychology at Work Series**
BPS (2016)
- **CogMed Training**
A cognitive strategies programme to improve working memory (Pearson, 2015)
- **How to Reduce Anxiety in Students and Young People**
Human Givens College (2015)
- **Advanced Seminar on Using EMDR to Work with Grief and Loss**
Dr Roger Solomon, EMDR UK and Ireland annual conference (2015)
- **Military Mindset Training – Module 1 & 2**
Armed Forces Network (2014)
- **Mental Capacity Act & Deprivation of Liberty Safeguards**
Brighton & Hove CCQ (2014)
- **Unlocking the Potential in Brain Injury Rehab**
British Psychological Society (2014)
- **Cognitive Behavioural Couple's Therapy**
Charlie Waller Institute (2011)
- **Cognitive Analytic Therapy (CAT)**
North East London Mental Health NHS Trust (2008)

CLINICAL TREATMENT

I provide a range of therapeutic approaches including CBT, Mindfulness, EMDR, Narrative, DBT and Systemic interventions such as SBNT (Support Behavioural Network Therapy). I have extensive experience in working with individuals, families and groups with difficulties such as trauma and bullying, cognitive decline, mental health, family disputes, grief and psychosis.

PROFESSIONAL MEMBERSHIPS

- Associate Fellow of the British Psychological Society (AFBPS - BPS membership no. 093783)
- Healthcare Professions Council (HCPC membership no. PYL04911)
- Registered Expert Witness with the BPS
- Registered Supervisor with the BPS
- EMDR UK and Ireland Association
- EMDR Spain Association
- British Association for Behavioural & Cognitive Psychotherapies

PUBLICATIONS

Publications & Presentations

- 2011:** Hartley, E., Taylor J.& de Madariaga Lopez, M. (March, 2011) CST in West Berkshire: A pilot study. PSIGE Newsletter.
- 2009:** Orford J, Hodgson R, Copello A, Krishnan M, de Madariaga M, Coulton S; UKATT Research Team (2009). What was useful about that session? Clients' and Therapists' comments after sessions in the UK Alcohol Treatment Trial (UKATT). Alcohol 44 (3); 306-313
- 2005:** De Madariaga López, M., Harrison, G., Nouwen, A. & Humphreys, G. (2005) A delayed attentional blink in low back pain. 11th World Congress of Pain, Sydney.
- 2004:** De Madariaga López, M., Seiss, E., Nouwen, A. & Humphreys, G. (2004) A Reduced Attentional Blink to Pain-Related Stimuli. 3rd WIP Congress Barcelona.
- 2003:** Thorgrimsen, L., Selwood, A., Spector, A., Royan, L., de Madariaga Lopez, M., Woods, R.T. & Orrell, M. (2003) Whose quality of life is it anyway? The validity and reliability of the Quality of Life-Alzheimer's Disease (QoL-AD) scale. Alzheimer Dis Assoc Disord 17 (4), 201-208.

2000: De Madariaga López, M., Gurd, J.M., Marshall, J.C. & Matthews, P.M. (2000) Automatic Speech and Verbal Fluency: Patterns of deactivation in the anterior cingulate. FMRIB meeting, Oxford.

Gurd, J.M. and de Madariaga, M. (2000) Depression in Dementia. Invited Lecturer to the Neuropsychology of Dementia Symposium, Universidad Complutense, Madrid, Spain

Gurd, J.M., Coleman, J., Slater, A., Lopez, M. de M., Williams, S., Simmons, A., Bullmore, E. and Matthews, P.M. (2000) Circuits of lexical retrieval: The role of the anterior cingulate in response inhibition. The European Cognitive Neuropsychology Workshop, Italy

OTHER RELEVANT INFORMATION

- I hold personal professional liability & indemnity insurance.
- I have full enhanced DBS clearance.
- I am available to travel nationally and internationally.

Appendix

CHRONOLOGICAL WORK HISTORY

- Employer:* **Self-Employed**
- Service:* ***Independent Private Practice – Sussex, Kent and London***
- Job Title:* **Consultant Clinical Psychologist**
- Time Period:* **May 2014**
- Responsibilities:* To conduct specialist psychological and neuropsychological assessments of a range of presentations. To apply specialised skills to deliver a range of therapeutic interventions (including focus, CBT, Mindfulness, CAT, Narrative, and Systemic interventions varying in length depending on clients' needs). To provide clinical supervision, consultation and psychological based training for other professionals. To develop service provision.
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- Employer:* **Kent and Medway NHS and Social Care Partnership Trust**
- Service:* ***East Kent Neuropsychiatry Service***
- Job Title:* **Chartered Clinical Psychologist**
- Time Period:* **February 2015- present**
- Responsibilities:* To carry out initial psychological and neuropsychological assessments and formulations and to provide treatments to clients referred to the Service.
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- Employer:* **Canterbury Christ Church University**
- Service:* ***Clinical Psychology Training Course***
- Job Title:* **Guest Clinical Lecturer**
- Time Period:* **2014- present**
- Responsibilities:* To offer clinical supervision and facilitate group sessions on various topics to 2nd and 3rd year clinical psychology trainees.
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- Employer:* **Priory Healthcare**
- Service:* ***Complex Care – Healthfield***
Neuro-Rehabilitation – Crowborough & Bexhill-on-Sea
- Job Title:* **Consultant Clinical Psychologist**
- Time Period:* **March 2014 until present (part-time/Permanent)**

Responsibilities: To conduct specialist psychological and neuropsychological assessments of a range of complex presentations. To identify and deliver appropriate and relevant treatments and interventions for people with enduring mental health problems and acquired brain injury including individual and group therapy. To provide clinical supervision, consultation and psychological based training for other professionals. To share responsibility for the care and operation of standard equipment. To develop service provision.

Employer: **West London NHS Trust**

Service: **Adult CMHT - Feltham**

Job Title: **Clinical Psychologist**

Time Period: **September 2013 until February 2014 (part-time/Locum)**

Responsibilities: To apply specialised skills to assess and deliver a range of therapeutic interventions (including focus, CBT, Mindfulness, CAT, Narrative, and Systemic interventions varying in length depending on clients' needs and Service provision) for people 18 + with enduring mental health problems, including psychosis, manic depression and personality disorders (essentially care clusters 11 to 17). To plan and facilitate reflective practice as well as to provide consultation and supervision to other members of staff in the CMHT experiencing high levels of stress and working with complex presentations.

Employer: **Berkshire Healthcare NHS Trust**

Service: **Older People Community Mental Health Team - Newbury**

Job Title: **Clinical Psychologist**

Time Period: **October 2007 until August 2013 (full-time/permanent)**

Responsibilities: My role included providing input to the Memory Clinic Service including the neuropsychological evaluation of dementia to assist the multi-disciplinary diagnostic process. I also provided 1:1 and group therapy for older people (age 65 +) with a range of complex mental health issues (including trauma, anxiety and depression, relationship difficulties, OCD and challenging behaviour) and their families. As part of my role, I supervised psychologists and other professionals and managed a psychology team. I also participated in research and audit exercises.

Employer: **University of Oxford**

Service: **Clinical Psychology Training Course**

Job Title: **Guest Clinical Lecturer**

Time Period: **2008 until 2012**

Responsibilities: To teach *Evidenced-based Cognitive Strategies* to 2nd year clinical psychology trainees as part of the Older People's module.

In addition, I provided support to the course admissions process at the long listing stage.

Employer: **Birmingham and Solihull Mental Health NHS Trust**

Service: ***Substance Misuse Service***

Job Title: **Clinical Psychologist**

Time Period: **October 2006 to October 2007 (Part-time/fixed-term contract)**

Responsibilities: To initiate the provision of psychological input within a Substance Misuse Service. During the two days per week that I worked in this service, my role included: disseminating psychological knowledge and methods of working within the Service; providing assessment, formulations and interventions for individual and their families; and investigating the effectiveness of Social Behavioural Network Therapy (REBT).

Employer: **South Birmingham Primary NHS Trust**

Service: ***Brain Injury Rehabilitation Service***

Job Title: **Clinical Psychologist**

Time Period: **March 2006 to October 2007 (part time/permanent)**

Responsibilities: My part-time role within an inter-disciplinary team included completing psychological and neuropsychological assessments for adults with acquired brain injury living in the community as part of an intensive rehabilitation programme. I also developed and administered individual, group and family therapy approaches. In addition, I participated in the key-worker scheme. As part of my role, I participated in training and research.

Employer: **University of Birmingham**

Service: ***School of Psychology: Addiction, Drugs, and Alcohol Research Group***

Job Title: **Honorary Research Fellow**

Time Period: **October 2006 to October 2008**

Responsibilities: To gather and analyse data, and report results to investigate the effectiveness of Social Behaviour and Network Therapy (SBNT) as treatments for alcohol problems.

Employer: **University of Birmingham**

Service: ***School of Psychology: Addiction, Drugs, and Alcohol Research Group***

Job Title: **Research Assistant**

Time Period: **February 2003 to September 2005 (part time)**

Responsibilities: I assisted in data scoring, analysis and reporting of the United Kingdom Alcohol Treatment Trial (UKATT), a large multi-centre trial comparing brief Motivational Enhancement Therapy (MET) and more intensive Social Behaviour and Network Therapy (SBNT) as treatments for alcohol problems.

Employer: **Birmingham and Solihull Mental Health NHS Trust**

Service: ***Clinical Psychology Training Course***

Job Title: **Trainee Clinical Psychologist**

Time Period: **October 2002 to September 2005 (four placements)**

Placements:

Adult: I worked with two different CMHTs providing supervised assessments, formulations and intervention to individuals presenting with complex issues. I had the opportunity to put into practice some of the Cognitive Analytical Therapy (CAT) principles, I had previously learned, under specialised supervision.

Child: I worked within a multi-disciplinary Service which provided health visiting, fostering and psychological input to children (0 -17) and their families. I was able to learn and develop my skills on using the “the Solihull Approach”. This is a family approach, which combines psychodynamic and behavioural concepts. I also carried out a service evaluation of the Solihull Approach.

Older Adult: I provided 1:1 and group therapy to adults with mental ill health over the age of 65. I also carried out neuropsychological assessments as part of the memory clinic service

ABI: I worked within an inter-disciplinary team providing neuropsychological assessment to inform holistic treatments. I also provided feedback of the results to clients. In addition, I provided 1:1 and group therapy as part of the intensive treatment programme. Furthermore, I evaluated the process of changing service delivery to improve attendance rates in the Service. As a result of the evaluation, this Service improved its attendance rates. Also, a new induction procedure was developed for clients and their families to increase awareness.

Forensic: I worked in a medium secured unit for my second elective placement. I provided individual and group facilitated therapy to adults (age 17 +) inpatient and outpatient. Other tasks included participating in staff supervision, completing risk assessments, reports and discharge summaries; and liaising with outside agencies including Police, and the Court.

Employer: **North East London Mental Health NHS Trust**

Service: **Older Adult CMHT**

Job Title: **Assistant Psychologist**

Time Period: **June 2001 to June 2002 (Full-time)**

Responsibilities: Providing supervised 1:1 and group therapy to outpatient and inpatient services. I carried out comprehensive cognitive assessments as part of the Memory Clinic Service. I helped set up a Health Clinic for older people presenting with sleep and pain related difficulties. I also retained my interest in research and used this to produce an evidence-based booklet for people with dementia on the subject of nutrition and cognition. In addition, I supported senior members in the preparation and delivery of training and seminars.

Employer: **University of Oxford**

Service: **Neurology Department**

Job Title: **Psychology Research Assistant**

Time Period: **September 1999 - June 2001 (Part-Time)**

Responsibilities: As part of my role, I carried out research on language processing. This work involved the use of functional Magnetic Resonance Imaging (fMRI) to investigate the functional and structural organisation of the brain. I was involved in reviewing literature, writing proposals, developing experimental designs, selecting, interviewing and assessing participants, collecting and analysing data using complex software tools, presenting results, preparing reports and training other members of staff.