

Curriculum Vitae  
of  
Dariush Nikkhah  
BM. MSc (Dist). FRCS (Plast)

Personal details:

Email: [d.nikkhah@nhs.net](mailto:d.nikkhah@nhs.net)

GMC registration : 6149896

CCT: Specialist Register for Plastic Surgery from 10/2019

Born: 19<sup>th</sup> September 1983

Nationality: British

Marital Status: Married

Indemnity : Medical Protection Society (MPS), Servca

### Education

University College London 2011-2012  
Masters of Surgical Sciences (Distinction).

University of Southampton 2002 - 2007  
Bachelor of Medicine.

Tonbridge School 1997-2002  
4A's at A level in Maths, Art, Chemistry, Biology  
GCSE 7A\* 3A

Holmewood House School 1992 - 1997

### Awards and Prizes

BAPRAS Barron Prize - 2019/20  
BSSH Global Trainee Hand Surgery Fellowship 2019  
BAAPS Poster Prize (Co-Author) 2018

University College London 2011 - 12  
Distinction in Masters of Surgical Sciences.

University of Southampton 2002 - 2007  
Distinction in BM Primaries.

Tonbridge School 1997 - 2002  
Honorary Scholarship.

### Postgraduate Examinations

Fellow of Royal College of Surgeons – FRCS (Plast) 3/2018  
Member of Royal College of Surgeons – MRCS (Eng) - 3/2010

### Background

I have trained on the Pan-Thames Rotation for Plastic Surgery in London (Great Ormond Street, Royal Free Hospital, Barts and The Royal London, Queen Victoria Hospital, East Grinstead). I completed a Hand Fellowship (Adult & Paediatric) at Queen Victoria Hospital, East Grinstead and I have also completed an International fellowship in Reconstructive Microsurgery at the Royal Perth Hospital in Western Australia.

I was appointed in 2019 as a Locum Consultant Plastic Surgeon at the Royal Free Hospital in London. I specialize in Reconstructive Microsurgery, Hand surgery (Adult & Paediatric),

Breast surgery and Chest wall reconstruction. I have peripheral clinics at Mount Vernon Hospital and Hillingdon Hospital. I hold Honorary appointments at Harefield Hospital where I cover the chest wall service for Cardiac and Transplant surgery. I also hold an Honorary appointment at The National Hospital for Neurology and Neurosurgery in Queens Square.

### Appointments

Honorary Lecturer  
University College London  
Department of Surgical Biotechnology  
12/2020 -

Consultant Plastic and Reconstructive Surgeon  
The Royal Free Hospital, Hampstead, London  
3/2021 -  
Department of Plastic, Reconstructive and Aesthetic Surgery

Locum Consultant Plastic and Reconstructive Surgeon  
The Royal Free Hospital, Hampstead, London  
7/2019 -  
Department of Plastic, Reconstructive and Aesthetic Surgery

Microsurgical Fellow  
The Royal Perth Hospital, Western Australia  
9/2018 – 7/2019  
Department of Plastic, Reconstructive and Aesthetic Surgery

Hand Fellow  
The Queen Victoria Hospital, East Grinstead  
4/2018– 9/2018  
Department of Plastic, Reconstructive and Aesthetic Surgery

Specialist Registrar  
Barts and The Royal London Hospital  
10/2016 - 4/2018  
Dept of Plastic & Reconstructive Surgery

Specialist Registrar  
Great Ormond Street Hospital  
4/2016 – 10/2016  
Dept of Plastic & Reconstructive Surgery

Specialist Registrar  
The Royal Free Hospital, London  
4/2015 – 4/2016  
Department of Plastic, Reconstructive and Aesthetic Surgery

Specialist Registrar

The Queen Victoria Hospital, East Grinstead  
10/2012 – 4/2015  
Department of Plastic, Reconstructive and Aesthetic Surgery

Research Fellow  
Great Ormond Street Hospital & UCLH  
08/2011 – 10/2012  
Department of Craniofacial Surgery

Core Surgical Training 2  
Bradford Royal Infirmary  
Plastic Surgery/Orthopaedics  
08/2010 – 08/2011

Core Surgical Training 1  
Leeds General Infirmary  
ENT/ Plastic Surgery  
08/2009 – 08/2010

Foundation Year 2  
Royal Hampshire County Hospital  
08/2008 – 08/2009

Foundation year 1  
Royal Hampshire County Hospital  
08/2007 – 08/2008

### Memberships and Subscriptions

British Association of Plastic Reconstructive Aesthetic Surgeons (BAPRAS)  
Royal Society of Medicine (RSM)  
British Surgical Society of Hand Surgery (BSSH)  
Fellow of Royal College of Surgeons, England (FRCS)  
Medical protection society (MPS)  
General Medical council (GMC)  
PLASTA

### Council Memberships

Royal Society of Medicine Plastic Surgery Council

## Books

Core Techniques in Flap Reconstructive Microsurgery: A Stepwise Guide  
Nikkhah D, Pafitanis G, Rawlins J  
2020/21 ( Lead Editor/Author) Due Publication in 2021 First Edition  
Publisher: Springer Nature. New York, London

Hand Trauma; illustrated surgical guide of core procedures  
Nikkhah D. (Lead Editor/Author)  
2018. First Edition  
Publisher: Thieme. New York. London, Stuttgart.

## Book Chapters

Operative Orthopaedics  
Chapter Surgery of the Hand  
Kang N, Miranda B , Nikkhah D 2020  
2nd edition Stanmore operative guide  
Publisher : Taylor CRC press Second Edition

Transverse and Longitudinal disorders of Formation  
Nikkhah D, Sivakumar B  
Paediatric Plastic and Reconstructive surgery 2018  
Publisher: Thieme

Brachial Plexus Palsy  
Nikkhah D, Akhtar S. 2017  
Diagnostic Clusters in Shoulder Surgery  
Publisher: Springer

Plastic and Reconstructive Surgery; Approach and Techniques  
Tissue expansion (editions 1 & 2)  
Nikkhah D Neil Bulstrode  
Second edition Elsevier 2015/2020

The Unofficial guide to Surgery  
Chapter : Split thickness skin grafts and Full thickness grafts  
Mabvuure N, Nikkhah D 2019

## Journal Reviewer and Editorial Board

Journal of Plastic Reconstructive and Aesthetic Surgery (JPRAS)  
Journal of Hand Surgery European Volume (JHS E)  
Journal of Hand and Microsurgery (JHAM)  
Editorial Board - Plastic and Aesthetic surgery Research (PAR) Journal

### Publications

I have 120 PubMed listed publications Citations: 450 H-Index = 11

Comment Re: Tackling Jersey Finger using Extraosseous Tunnels; Study of a new technique  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2021 PMID In Progress .  
Misky A, Reisses D, Nikkhah D, Toft N

Response to ' Managing Hand Trauma during the COVID-19 pandemic using a One-Stop Clinic'  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2020 PMID In Progress .  
Redgrave N, Anandkat, M, Bray J, Burr N, Nikkhah D

Lower Third Chest Wall Reconstruction in a Bilateral Lung Transplant Recipient. BMJ Case Reports  
2021 PMID In Progress  
Hever P, Singh P,  
Anikan V, Nikkhah D

The Retrograde approach to the reverse dorsal metacarpal artery flap  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2020 PMID In Progress .  
Unluer Z, Ruston J, Nikkhah D

The Neurotised Estlander Flap for Lip reconstruction  
Journal of Plastic Reconstructive and Aesthetic Surgery Open  
2020 PMID In Progress  
Duarte, M, Nikkhah D, Kang N

Cross arterial repair in digital revascularisation  
Plastic Reconstructive Surgery Global Open  
2020 PMID In Progress  
Redgrave, N, Anandkat, M, Nikkhah D

Syndactyly  
Journal of Surgical Case Reports  
2020 PMID In Progress  
Geoghan L, Knowles, B, Nikkhah D

Tackling Jersey Finger using Extraosseous Tunnels; Study of a new technique  
Journal of Plastic Reconstructive and Aesthetic Surgery

2020 PMID In Progress .  
Misky A, Reisses D, [Nikkhah D](#), Toft N

A Patient with Chronic Fingertip Pain  
Journal of Surgical Case Reports  
2020 PMID In Progress  
Geoghan L, [Nikkhah D](#)

Comment Re: Impact of MSLT-II on lymph node clearance surgery in a tertiary plastic surgery centre  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2020 PMID In Progress .  
Misky A, Sadr AH, [Nikkhah D](#)

The Management of Deep Sternal Wound Infection: Literature Review and Reconstructive Algorithm  
Journal of Plastic Reconstructive and Aesthetic Surgery OPEN  
2021 PMID In Progress .  
Hever, P, Singh P, Eiben P, Eiben E, [Nikkhah D](#)

Importance of preserving redundant pulp skin in thumb terminalization to allow subsequent reconstruction with on-top toe transfer: a clinical case (with video)  
Hand Surgery and Rehabilitation  
2020 PMID 32795518  
Berner J, [Nikkhah D](#), Teo, TC

Ten Technical considerations revisited in Tissue Expansion  
Journal of Surgical Case Reports  
2020 PMID 32904685  
Geoghan L, [Nikkhah D](#)

'Outside to Inwards' approach in the Spaghetti wrist  
Annals of Medicine and Surgery  
2020 PMID 32551106  
Geoghan L, [Nikkhah D](#)

COVID-19 The Great Disruptor  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2020 PMID In Progress .  
[Nikkhah D](#)

Impact of MSLT-II on lymph node clearance surgery in a tertiary plastic surgery centre  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2020 PMID 32522518  
Misky A, Sadr AH, [Nikkhah D](#)

Managing Hand Trauma during the COVID-19 pandemic using a One-Stop Clinic

Journal of Plastic Reconstructive and Aesthetic Surgery  
2020 PMID In Progress .  
Sadr AH, Gardiner S, Burr N, Nikkhah D, Jemec B

Dupuytren's Fasciectomy: Surgical Pearls in Planning and Dissection  
Plastic Reconstructive Surgery Global Open  
2020 PMID 32802632  
Hever P , Smith O, Nikkhah D

UK Response to the Covid-19 Pandemic: Managing Plastic Surgery Patients Safely  
Plastic Reconstructive Surgery  
2020 PMID In Progress  
Reisses D, Georgiou, A, Nikkhah D, O'Toole, G

The Effects of a Novel Global Pandemic (COVID-19) on a Plastic Surgery Department  
Aesthetic Surgery Journal  
2020 PMID 32347920  
Singh P, Ponniah A, Nikkhah D, Mosahebi A

The use of 5- Fluorouracil in the prevention of tendon adhesions  
Animal Models and Experimental Medicine  
2020 PMID 32318664  
Nazifi O, Stuart Andrew, Nikkhah D

Perioperative thromboprophylaxis in digital replantation: A systematic review  
2020 PMID In Progress .  
Plastic Reconstructive Surgery Global Open  
Geoghan L, Reisses D, Nikkhah D

The role of emotional intelligence in predicting a successful career for plastic surgeons –A  
systematic review  
2020 PMID 32537355  
Plastic Reconstructive Surgery Global Open  
Thacoor, A , Smith O, Nikkhah D

Posterior Wall First Anastomosis for Replantation (Video)  
2020 PMID 32947533  
Plastic Reconstructive Surgery  
Nikkhah D, Pafitanis G

The Dunning-Kruger Effect: Revisiting "the Valley of Despair" in the Evolution of  
Competency and Proficiency in Reconstructive Microsurgery  
2020 PMID 31879256  
Journal of Plastic Reconstructive and Aesthetic Surgery  
G Pafitanis, Nikkhah D, Myers S

Use of cannulated compression screws for skeletal stabilisation for digital revascularisation  
2020 PMID 32008942  
Journal of Plastic Reconstructive and Aesthetic Surgery



Nikkhah D, Berner J, Pickford M

The management of Ulnar Polydactyly with a telemedicine based referral system and a One-stop clinic

2019 PMID 31836262

Journal of Plastic Reconstructive and Aesthetic Surgery

Fawaz, M , Nikkhah D Pickford M

Correction of Thumb Duplication: A Systematic Review of Surgical Techniques

2019 PMID in Progress

Journal of Hand and Microsurgery

Miller, R, Moledina J, Kampfen A, Sivakumar, B, Smith, G, Nikkhah, D,

From grafts to flaps - applicability of an interactive mobile based simulator in clinical practice

2019 PMID 31772894

Plastic Reconstructive Surgery Global Open

Haley J, Khoo, R Rawlins J. Nikkhah D

WALANT Carpal Tunnel Release: Technical Considerations and Pain Outcomes

Journal of Plastic Reconstructive and Aesthetic Surgery

2019 PMID 31151909

Nikkhah D, Ruston J, Pearl R, Blair J

Training and Mentorship in Plastic Surgery

Journal of Plastic Reconstructive and Aesthetic Surgery

2019 PMID 31130515

Nikkhah D, Rawlins J

Comment Re:Re: Pan ZJ, Xu YF, Pan L, Chen J. Zone 2 flexor tendon repairs using a tensioned strong core suture, sparse peripheral stitches and early active motion: results in 60 fingers

Journal of Hand Surgery, European Volume

2019 PMID 31500530

Nikkhah D, Khanna A

Flexor tendon retrieval of multi digit flexor zone 2 injuries using the push- pull technique; video and technical considerations

Plastic Reconstructive Surgery

2019 PMID 31764704

Khoo, R, Nikkhah D

Complications with cannulated screw fixation of metacarpal and phalangeal fractures

Plastic Reconstructive Surgery

2019 PMID 31834225

Nikkhah D, Berner J, Pickford M

Complications of Cosmetic Surgery Abroad - Cost analysis and Patient perception  
Plastic Reconstructive Surgery - Global Open  
2019 PMID In Progress  
Farid, M, Nikkhah D, Edwards, D Shibu M

The versatility of the superficial circumflex iliac artery perforator (SCIP) flap: a single surgeon 16-year experience for limb reconstruction and systematic review  
Journal of Reconstructive Microsurgery  
2019 PMID In Progress  
Berner J Nikkhah D TC Teo

Techniques to enable identification and safe elevation of the Posterior interosseous artery flap: Part 2  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2019 PMID: 30871942  
Nikkhah D Pickford M

Flexor tendon retrieval in zone 2 using the push-pull technique  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2019 PMID; 30679115  
Zaman, S, Sala, M, Nikkhah, D

Microscope Assisted Surgery for Dupuytren's Disease  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2018 PMID 30472045  
Nikkhah D Blair J

An Intraoperative template technique for Hemi Hamate bone grafts for PIPJ reconstruction  
Journal of Hand and Microsurgery  
2018 PMID In progress  
Nikkhah D, Miller R, Rawlins, J, Fitzgerald O Connor E

Techniques to enable identification and safe elevation of the Posterior interosseous artery flap.  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2018 PMID 30193826  
Nikkhah D Pickford M

Filler Rhinoplasty; Evidence, Outcomes and Complications  
Aesthetic Surgery Journal  
2018 PMID30265278  
Singh, P, Vijayan, R, Nikkhah D

Five Simple Techniques to Enable Rapid Elevation and Donor Site Closure of the Anterolateral Thigh Flap  
Journal of Hand and Microsurgery  
2018 PMID 30911213  
Nikkhah D, Miller R, Paftinatis, G, Vijayan R, Sadigh P

Comment Re: Re: Wound outcomes in negative pressure dressings (WOUND) study - A randomised trial in lower limb skin cancer grafts  
Journal of Plastic Reconstructive Aesthetic Surgery  
2018 PMID 30217441  
Singh, P, Vijayan R, Walsh K, Nikkhah D, Dheansa B

The Importance of Clinical Examination in Traumatic Brachial Plexus Injuries  
Journal of Hand and Microsurgery  
2018 PMID 30483029  
Miller, R, Nikkhah D,

Rubber glove osteotomy method for soft tissue retraction in digital replantation  
International Microsurgery Journal  
Open access 2018  
Pafitanis, G, Nikkhah D, Alamouti R, Shibu M

An Extensive Volar Forearm Laceration - The Spaghetti Wrist: A Systematic Review  
Journal of Plastic Reconstructive Aesthetic Surgery  
Open Access 2018 PMID 32158832  
Koshy, K, Prakash, R, Alamouti R, Nikkhah D

Prominent Ear Otoplasty with a Scaphomastoid Sutures Technique  
Plastic Reconstructive Surgery; Global Open  
2018 PMID 30349782  
Nikkhah D, Farid M, Sadri A, Shibu M

Abdominal Reanimation' and Massive Flank Hernias: Moving Towards a More Functional Reconstruction (Video)  
Journal of Plastic Reconstructive and Aesthetic Surgery  
2018 PMID 29426810  
Sadigh P, Sammartino S Nikkhah D, Puliatti C, Sivaprakasam R, Knowles,C

Comment Re: Five steps to internal mammary vessel preparation in less than 15 minutes  
Plastic Reconstructive Surgery  
2018 PMID 29579031  
Farid M, Gilleard O, Nikkhah D

The Y to V plasty for first webspace release  
Journal of Hand Surgery, European Volume  
2017 PMID 29171331  
Nikkhah D, Reisses D, Shibu M

Targeted Muscle Reinnervation for Pain Control in an Elective Transradial Amputation  
Journal of Plastic Reconstructive Aesthetic Surgery  
2017 PMID 29153969  
Nikkhah D, Reisses D, Sadri A, Sadigh P

Optimising the sequence of extensor zone 1 tendon repair  
Journal of Hand and Microsurgery

2017 PMID In progress  
Nikkhah D, Konczalik W, Teo TC

The adipofascial nerve patch to protect the injured peripheral nerve  
Journal of Hand and Microsurgery  
2017 PMID 28867913  
Konczalik W, Sadr, A, Nikkhah D,

Letter to editor: acral necrosis induced by sodium morrhuate sclerotherapy in infantile  
haemangioma; a case report  
Journal of Hand Surgery: European Volume  
2017 PMID 28399783  
Deutsch C, Pahal, G, Nikkhah D

An efficient method of soft tissue preparation of amputated digits for replantation  
Annals of the Royal College of Surgeons  
2017 PMID 28853587  
Deutsch C, Nikkhah D

Comment Re: Extension block technique for mallet fractures: a comparison of one and two  
dorsal pins.  
Journal of Hand Surgery, European volume.  
2017 PMID 28128031  
Adami, R , Nikkhah D, Rodrigues J

Advertising on Social Media; The Plastic Surgeon's Prerogative  
Journal of Aesthetic Surgery  
2017 PMID 27771608  
Reisses D, Shiatis A, Nikkhah D

Manoeuvres to Aid Raising and Survival of the Homodigital Island Flap  
Plastic Reconstructive Surgery Global Open  
2016 PMID 27757358  
Moledina J, Reisses D, Nikkhah D

The importance of Bone shortening in Digital Replantation  
Journal of Plastic, Reconstructive Aesthetic Surgery  
2016 PMID 27506264  
Smith, A, Nikkhah D, Jones M

Medical photography in the plastic surgery team briefing  
Plastic Reconstructive Surgery Global Open  
2016 PMID 27622089  
Al-Omran Y, Nikkhah D, Vercrusse H, Bulstrode N

Percutaneous Needle Fasciotomy for Dupuytren's - Further Insights  
Journal of Plastic, Reconstructive Aesthetic Surgery  
2017 PMID 27221784  
Nikkhah D, Kang N

A Simpler Solution to Distal Digital Replantation  
Journal of Hand Surgery; American Volume  
2016 PMID 27189151  
Nikkhah D, Kang N

Applications of smartphone thermal camera imaging system in monitoring Deep Inferior  
Epigastric Artery Perforator flaps  
Microsurgery  
2016 PMID 27244265  
Konczalik W, Nikkhah D, Mosahebi A.

Safer and Precise Replant Osteosynthesis with the T-ring Digital Tourniquet  
Journal of Reconstructive Microsurgery Open  
2016  
Reisses D, Nikkhah D, Bayne D

Refinements in dynamic external fixation for optimal fracture distraction in pilon-type  
fractures of the proximal interphalangeal joint  
Journal of Plastic, Reconstructive Aesthetic Surgery  
2016 PMID 26925507  
Nikkhah D, Ruston J, Toft N

Atraumatic skin sparing mastectomy flap retraction for internal mammary vessel dissection  
in autologous breast reconstruction  
Microsurgery  
2016 In Press PMID 26901673  
Konczalik W, Nikkhah D, Sadr A, Esmaeili A, Floyd D, Ghali S

Cross clamping of bony stumps in preparation for osteosynthesis in digital replantation  
Microsurgery  
2016 PMID 26880131  
Nikkhah D, Sadr A, Konczalik W, Murgerusan L, Rodrigues J

Resurrection of an ALT flap with recombinant Tissue Plasminogen Activator and Heparin  
European Journal of Plastic Surgery  
2015  
Nikkhah D, Green B, Sapountzis S, Gilleard O, Sidnu A, Blackburn A

Using Radiological markers for Kirschner wire fixation of phalangeal fractures

Journal of Plastic, Reconstructive & Aesthetic Surgery (JPRAS)  
2016 PMID 26481924  
Nikkhah D, Sadr AH, Pickford M

Paediatric toe-to-hand transfer: An assessment of outcomes from a single unit  
The Journal of Hand Surgery: European Volume  
2016 PMID 26179866  
Nikkhah D, Martin N, Pickford M

Technical tip for proximal release during open carpal tunnel release using a subcutaneous pocket  
Journal of Hand Surgery; Asian Volume  
2016 PMID 27454649  
Nikkhah D, Sadr A, Akhavan M

Comment Re: Comparison of digital nerve sensory recovery after repair using loupe or or operating microscope magnification (Letter to editor)  
Journal of Hand Surgery; European Volume  
2015 In Press PMID 26392605  
Zarb, R, Rodrigues J, Nikkhah D

The Antia-Buch flap revisited  
Clinical Otolaryngology  
2015 PMID 26392605  
Tay S, Nikkhah D, Teo TC

The Bilobed flap as a Lifeboat flap for a forearm soft tissue defect  
Journal of Plastic Reconstructive Aesthetic Surgery (JPRAS)  
2015 PMID 25873129  
Nikkhah D, Jones, M

Improving the reliability of the Keystone flap  
European Journal of Plastic Surgery  
2015  
Nikkhah D, Vijayan R, King I, Bayne D

Avoiding compression of the DIEP pedicle at inset  
Microsurgery  
2015 PMID 25989450  
Nikkhah D, Bayne D, Drury P, Hazari A

Management of unilateral Blepharoptosis secondary to intramuscular injection of Botulinum Toxin for rejuvenation purposes  
2015 Aesthetic Journal of Nursing

Adami, R, Nikkhah D, Rodrigues J

The Medical Selfie  
British Medical Journal (BMJ)  
2015

Ray, A, Scott, A, Nikkhah D, Dheansa, B

Optimizing donor site outcomes after microsurgical proximal interphalangeal joint transfer using the bone-peg technique.

Journal of Plastic Reconstructive Aesthetic Surgery (JPRAS)

2015 PMID 25709006

Nikkhah D, Orfaniotis G, Nicoli F, P Cuidad, Prof. Hung-Chi Chen

Scaffolds for Hand Tissue Engineering: Importance of Surface Topography

The Journal of Hand Surgery: European Volume

2015 In Press PMID 25770899

Klowcko E, Nikkhah D, Yildrimer L

The Significance of Bone Abrasions in Fight Bite injuries – beware of the osteochondral defect

The Journal of Hand Surgery; Asian Volume

2015 In Press PMID 26388019

Nikkhah D, Vijayan R, Bhat W

Minimising trauma over ‘no man’s land’ for flexor tendon retrieval: illustrating the use of dental wire. (Letter to Editor)

The Journal of Hand Surgery: European Volume

2015 In Press PMID 25852016

King I, Nikkhah D

Re: Untreated dentofacial deformity: indeffence of Luis Suarez

British Journal of Maxillofacial Surgery

2014 In Press PMID 25500210

Bayne D, Nikkhah D

Novel Polypropylene barbed threads for midface lift – ‘REEBORN lifting’

Plastic Reconstructive Surgery

2014 PMID 25506533

Sapountzis S, Nikkhah D, Ji Hoon Kim, Jae Don Seo

Re: Rapid progression of perianal abscess into Fournier’s gangrene

ANZ Journal of Surgery – Letter To Editor

2014 PMID 25732394

Bayne D, Nikkhah D

Streamlining wound washout; a novel technique  
European Journal of Plastic Surgery  
2014  
King I, Jeevratnam J, Nikkhah D

Cone Beam Computed Tomography as a guide to the management of Proximal interphalangeal joint fractures  
Journal of Plastic Reconstructive Aesthetic Surgery (JPRAS)  
2014 PMID 25455284  
Nikkhah D, O'Neill J, Pickford M

Comment Re: A Study of 60 patients with percutaneous trigger finger releases: clinical and ultrasonographic findings  
The Journal of Hand Surgery; European Volume  
2014 PMID 25538074  
Vijayan R, Nikkhah D

Comparing outcomes of 1:1 Mesh grafts vs Sheet grafts in patients with Thermal Burns: A Randomized Trial  
Burns  
2014 PMID 25175303  
Nikkhah D, Booth S, Tay S, Gilbert P, Dheansa B

The medial sural artery perforator flap and its application in electrical injury to the hand  
Journal of Plastic Reconstructive Aesthetic Surgery (JPRAS)  
2014 PMID 25135398  
Jeevratnam J, Nikkhah D, Nugent N, Blackburn A

Avoiding the V-V flap when performing the Atasoy V-Y flap  
The Journal of Hand Surgery: American Volume  
2014 PMID 25257497  
Nikkhah D, Singh M, Teo TC

The Hand Knife; A Forgotten Tool in Plastic Surgery Training  
Burns  
2014 PMID 24951118  
Walsh K, Nikkhah D, Dheansa B

Minimal important differences for outcomes in elective hand surgery, and how they were derived  
The Journal of Hand Surgery; European Volume  
2014 PMID 25320122  
Rodrigues J, Mabvuure N, Nikkhah D, Shariff Z, Davies T.

Nasal reconstruction in Panfacial Burns; useful techniques in challenging cases



The Annals of Plastic Surgery  
2014 In Press [PMID 25397694](#)  
King I, [Nikkhah D](#), Gilbert P, Dheansa B

The evolution of internal mammary vessel preparation in microsurgical breast reconstruction; what is the current evidence?  
Journal of Plastic Reconstructive Aesthetic Surgery (JPRAS)  
2014 [PMID 24893897](#)  
Jeevaratnam J, [Nikkhah D](#), Dheansa B

What is the evidence for Tranexamic Acid in Burns?  
Burns  
2014 [PMID: 24836822](#)  
Walsh K, [Nikkhah D](#), Dheansa B

Assessing the corrective effects of facial bipartition distraction in Apert syndrome using geometric morphometrics  
Journal of Plastic Reconstructive Aesthetic Surgery (JPRAS)  
2014 [PMID: 24709088](#)  
Verdoorn M, Crombag G, [Nikkhah D](#), Ponniah A, Ruff, C, Dunaway D

Surgical tips to optimize digital flexor sheath washout  
Journal of Hand Surgery: Asian Volume  
2014 Vol 19 No. 2 [PMID: 24875522](#)  
[Nikkhah D](#), Barabas AG

Planning surgical reconstruction in Treacher-Collins syndrome using virtual simulation  
Plastic Reconstructive Surgery  
2013 [PMID : 24165631](#) ( Editor's Pick November Issue)  
[Nikkhah D](#), Ponniah A, Ruff C, Dunaway D

Why aren't we doing more to safeguard vulnerable adults from thermal injuries?  
Burns  
2013 [PMID: 24035041](#)  
Barrett M, [Nikkhah D](#), Gilbert P, Dheansa B.

Comment Re: Burn Care Centres are lacking at major trauma centres in the United Kingdom  
Burns  
2013 [PMID : 23867094](#)  
[Nikkhah D](#), Dheansa B

Comment Re: Topical steroids for chronic wounds displaying abnormal inflammation.  
Ann R Coll Surg Eng  
2013 [PMID: 24025309](#)  
[Nikkhah D](#), Dheansa B

Comment Re: The Influence of Procedure Delay on Resource Use: A National Study of Patients with Open Tibial Fracture (In press)  
Plastic Reconstructive Surgery  
2013 PMID: [24165649](#)  
[Nikkhah D](#), Salim, F, Mehta S, Gilbert PM

Changing models in Burns care management  
British Journal of Healthcare Management  
2013 Vol 19 Issue 12  
Kelly J, [Nikkhah D](#), Caeser Wek, Dheansa B

Conditions that have phenotypic overlap with Treacher-Collins syndrome  
Journal of Plastic Reconstructive & Aesthetic Surgery (JPRAS)  
2013 PMID : [In Progress](#)  
Green, B, [Nikkhah D](#), Cobb A, Dunaway D.

Should we be using silver based compounds for donor site dressing in thermal burns?  
Burns  
2013 PMID:[In Progress](#)  
[Nikkhah D](#), Gilbert PM, Booth S, Dheansa B

A classification system to guide orbito-zygomatic reconstruction in Treacher - Collins syndrome  
Journal of Plastic Reconstructive & Aesthetic Surgery (JPRAS)  
2013 PMID : [23481581](#)  
[Nikkhah D](#), Ponniah A, Ruff, C, Dunaway D.

Comment Re: Odontogenic skin sinus: a commonly overlooked skin presentation  
Journal of Plastic Reconstructive & Aesthetic Surgery (JPRAS)  
2013 PMID : [23410843](#)  
[Nikkhah D](#), Gilbert PM

Tips for GPs working in Plastic Surgery  
British Journal of General Practice (BJGP)  
2013 In Press PMID: [In progress](#)  
Rodrigues J, Mabvuure N, [Nikkhah D](#)

Re: Craniofacial development: current concepts in the molecular basis of Treacher Collins syndrome  
British Journal of Oral and Maxillofacial Surgery (BJOMS)  
2013 PMID : [23273823](#)  
Green B, [Nikkhah D](#), Cobb, A, Dunaway D.

An intra-sinus approach to the monobloc osteotomy  
Plastic Reconstructive Surgery (PRS)  
2013 March accepted In Press PMID: [23446611](#)  
[Nikkhah D](#), Farhadieh R, Jeelani O, Dunaway D

Re: Misrepresentation of scholarly works by integrated plastic surgery applicants  
Plastic Reconstructive Surgery (PRS)  
2013 April accepted In Press [PMID : 23542291](#)  
[Nikkhah D, Rodrigues J](#)

A Case of Reflective Evidence - Based Surgery  
Ann of R Coll Surg Engl.  
2013 Volume 95 No 5 Jan [PMID : 23317747](#).  
[Nikkhah D](#)

Primary Extraskkeletal Ewing's Sarcoma involving the Carotid artery: A Case Report and a review of the literature.  
Ann R Coll Surg Engl.  
2012 May;94(4):141-3.[PMID : 22613280](#)  
[Nikkhah D, R Kallala, Nix P Woodhead J.](#)

Pyogenic Flexor Tenosynovitis; The experience of UK plastic surgery unit and a review of the current literature  
Journal of Hand Surgery Asian Volume (HS)  
2012 17(2):199-203[PMID: 22745083](#) Original article.  
[Nikkhah D, Rodrigues J, Osman K, De-Jager L](#)

Rationalising treatment in Raynaud's Syndrome  
Journal of Plastic & Reconstructive Aesthetic Surgery. (JPRAS)  
2012 65(7):986 [PMID: 22333496](#)  
[Nikkhah D, Rodrigues J, Mahajan AJ](#)

Upper limb Salvage Following Near Skeletalisation.  
Journal of Plastic & Reconstructive Aesthetic Surgery (JPRAS)  
2012 65(6):836-7 [PMID: 22137976](#)  
[Nikkhah D, Bhat W, Williams A, Bourke, G.](#)

Managing Volar Plate Attenuation in Children: a Systematic Review and Case Series.  
Journal of Hand Surgery, Asian Volume (HS)  
2012 17(1) 117-120 [PMID: 22351547](#)  
[Nikkhah D, Rodrigues J, De Jager L.](#)

Can We Really Say That No Patients Benefit From Ligament Reconstruction Tendon Interposition?  
Plastic Reconstructive Surgery (PRS)  
2012 129(3):557-558 [PMID : 22374012](#)  
[Nikkhah D, Rodrigues J, Saleh D, Jeffers R.](#)

Cicatricial Ectropion: A Complication Of Topical 5-Fluorouracil.  
Journal of Plastic & Reconstructive Aesthetic Surgery (JPRAS).  
2012 65(1):e9-10 [PMID : 21872544](#)

Nikkhah D, Abood A, Watt D.

In Vivo and In Vitro Effects of Antibiotics on bone cell metabolism and Fracture Healing  
Expert Opinion in Drug Safety

2012 PMID: 22149454

Kallala R, Graham S, Nikkhah D, Heliotis M, Tsirdis E.

Do patients really do better after Sauve-Kapandji's procedure compared to Darrach  
Procedure? A Systematic Review

The Journal of Hand Surgery : European Volume (JHS)

2011 36(7):615 PMID : 21724685

Nikkhah D Rodrigues J De Jager L.

A Retrospective Survey of Brachial Plexus Blockade in Pediatric Hand Trauma Patients.  
Pediatric Anaesthesia (PAN)

2011 21(11): 1166 -1168 PMID : 21966965

Saleh D, Nikkhah D, Bhat W Prof Hopkins .

Subcutaneous lateral internal sphincterotomy (SLIS)- a safe technique for treatment of  
chronic anal fissure .

International Journal of Colorectal Disease

2009 Oct;24(10): 1207-11 PMID: 19621229

Khan J, Tan J, Nikkhah D, Miles A.

Invited Lectures

Working in Australia

British Society for Surgery of the Hand Spring Meeting 2021

Nikkhah D

Journal of Hand and Microsurgery International Journal Club

International Microsurgery Club

5 Technical Tips on ALT flap elevation 2021

Nikkhah D

Digital Replantation and Revascularisation

PLASTA National Webinar 2020

Nikkhah D

Managing plastic surgery patients in COVID - 19 crisis

Panellist and Speaker Webinar 2020

Philippine Society of Plastic Surgery

Nikkhah D

Flap reconstruction in Hand Surgery

International Webinar 2020

Egyptian Society of Plastic Surgeons

Nikkhah D

DIEP flap: Tips and Tricks for FRCS (Plast)

PLASTA National Webinar 2020  
[Nikkhah D](#)

Flap reconstruction in Hand Surgery for FRCS (Plast)  
PLASTA National Webinar 2020  
[Nikkhah D](#)

Hand Fractures  
British Association of Hand Therapists Training day 6/2020  
[Nikkhah D](#)

Overview of Common Hand Surgery Emergencies - RFH  
Pan Thames Emergency Training day 1/2020  
[Nikkhah D](#)

### International Presentations & Posters

Medartis Journal club -Cannulated screw fixation of MC fractures (Presenter)  
2020 [Nikkhah D](#)

Phronesis Journal Club - Cannulated screw fixation of MC fractures (Host and Presenter)  
2020 [Nikkhah D](#)

Dupuytren's Fasciectomy: Surgical Pearls in Planning and Dissection  
Hever P , Smith O, [Nikkhah D](#)  
2020 FESSH E-Poster

Pollicisation vs Toe-to-Hand Transfer in Thumb Hypoplasia: A systematic review  
Farooq, N, Miller R, [Nikkhah D](#)  
2020 FESSH E-Poster

Use of Cannulated compression screws for skeletal stabilisation for digital  
revascularisation  
[Nikkhah D](#), Berner J, Pickford M  
2020 FESSH E-poster

The role of emotional intelligence in predicting a successful career for plastic surgeons –A  
systematic review  
Thacoor A, [Nikkhah D](#)  
2020 ASPS, San Francisco. Virtual Oral Presentation

Flap reconstruction videos on the Free LD flap and ALT flap  
2019 Video presentation, WSRM Bologna,  
Sala, M, Khan, Q, Van Dam, H, Rawlins, J [Nikkhah D](#)

Adjunctive procedures with Schwannomas of the hand  
2019 Poster Plastic Surgery Congress, VA Melbourne  
Haley J, Khoo R, [Nikkhah D](#)

Fibula harvest for total mandibular reconstruction  
2019 Poster WSRM Bologna  
Nikkhah D, Sala, M, Khan, Q, Smith , L, Rawlins J (Presenter)

The versatility of the SCIP flap - a 16 year experience in limb reconstruction  
2019 Oral presentation Plastic Surgery Congress, VA Melbourne & WSRM  
Nikkhah D, Berner J (Presenter) , TC Teo

Correction of Thumb duplication: A systematic Review of Surgical Techniques  
2019 Poster Plastic Surgery Congress, VA Melbourne  
Nikkhah D, Miller R

Flexor tendon retrieval in zone 2 using the push-pull technique  
2019 Poster Plastic Surgery Congress, VA Melbourne  
Zaman, S, Sala,M, Nikkhah,D

Lunate dislocation following high impact trauma in rural Western Australia- a potential for  
a missed diagnosis  
2019 Poster Plastic Surgery Congress, VA Melbourne  
Zaman S, Nikkhah D Wong W

From grafts to flaps- applicability of an interactive surgical mobile based simulator in  
clinical practice  
2019 Poster Plastic Surgery Congress, VA Melbourne and WSRM  
Khoo, R, Rawlins J, Nikkhah D

'WALANT Carpal Tunnel Release: Technical Considerations and Pain Outcomes  
2019 Oral Presentation, Berlin IFSSH and Poster PSC VA Melbourne 2019  
Nikkhah D, Ruston J (Presenter at IFSSH), Pearl R, Blair J

Teaching Using Simulation  
2018 Oral Presentation, Perth, Western Australia  
Western Australian Plastic & Reconstructive Surgery Weekend  
Nikkhah D

Techniques that enable rapid elevation of the anterolateral thigh flap  
2017 Poster WSRM Seoul South Korea  
Pafitanis G, Nikkhah D, Smith O, Fitzgerald E, Sadigh P

Lessons learnt from digital replantation: the experience of a UK hand unit

2015 Poster BAPRAS – Belgium Society of Plastic Surgery  
Bruges, Belgium  
Smith A, Nikkhah D, S Khoyratty, Allan N, Jones, M, Nugent N

Cone Beam Computed Tomography as a guide to the management of Proximal interphalangeal joint fractures  
FESSH & BAPRAS/Belgium Society Plastic Surgeons  
2015 Oral Presentation, Milan & Doctors Updates Val D'Isere 2015  
Rahman S, Nikkhah D, Pickford M

Technical Refinements in DIEP breast reconstruction; the QVH experience  
Sapzountis S & Nikkhah D, Jones M, Hazari A  
Asian Pacific Federation of Societies for Reconstructive Microsurgery  
2014 Oral Presentation South Korea

The medial sural artery perforator flap for reconstruction in hand trauma  
Jeevaratnam J,, Nikkhah D, Nugent N, Blackburn A  
ESPRAS, Edinburgh 2014 Poster

Nasal reconstruction in Panfacial Burns; case examples of challenging cases  
King I, Nikkhah D, Gilbert P, Dheansa B  
ESPRAS, Edinburgh 2014 Poster

An analysis of case reports in JPRAS  
K walsh, Nikkhah D, Dheansa B  
ESPRAS 2014 Edinburgh Poster

Paediatric Toe to hand transfers; a review of outcomes and a systematic literature review  
Nikkhah D, Martin N, Pickford M  
Federation of European Society of Hand Surgery 2014 Oral Presentation – Paris Oral  
European Society of Paediatric Hand surgery (3<sup>rd</sup> Congress) 2014 Oral - London

Identifying which morphological abnormalities of Apert syndrome are corrected by bipartition distraction  
Brystronowski N, Ponniah A, M Verndoor, Nikkhah D, C Ruff, Dunaway D  
15th International Congress of the International Society of Craniofacial Surgeons Jackson Hole, USA - Oral Presentation - 2013

A classification system to guide orbito-zygomatic reconstruction in Treacher-Collins syndrome  
Nikkhah D, Green B, Ruff C, Ponniah A, Dunaway D  
Combined American and British Society of Plastic Surgery meeting 2012 – Poster – London

The use of Geometric Morphometrics and Principle Component Analysis in refining surgical outcomes in craniofacial surgery

Dunaway D, Ponniah A, Nikkhah D; Verdoorn M ; Barrios G ; Koudstall M ; Gill P ; Stephens S; O'Brien R ; Evans R ; Cunningham S ; Hunt N ; Ruff C.

European Society of Craniofacial Surgery – 2012 – Goteborg Sweden – Oral presentation

Planning Surgical reconstruction in Treacher Collins Syndrome using geometric morphometrics.

Nikkhah D, Ruff, C, Ponniah A, Dunaway D.

15th International Congress of the International Society of Craniofacial Surgeons Jackson Hole, USA - Oral Presentation - 2013

European Plastics Research Council – 2012 Hamburg – Oral Presentation

Do UK Obstetrics and Gynaecology trainees know enough about reconstructive techniques used in gynae-oncology?

Mitchell A, Nikkhah D, Rodrigues J

International federation of gynaecologists and obstetricians 2012 Rome - Oral Presentation.

Dorsal fracture subluxation of the proximal interphalangeal joint: a retrospective study of outcomes

Loughenbury P Singh M Nikkhah D, Rodrigues J Pinder R, Dejager W

Federation European Surgical Society Hand. Belgium 2012 – Poster Presentation.

Local flaps versus nipple sharing grafts: which nipple reconstruction do patients prefer?

Nikkhah D, Masha S, Rodrigues J, Rhodes N

International Society of Aesthetic Plastic Surgeons – Geneva 2012 E- Presentation

Pyogenic flexor tenosynovitis, the Bradford experience.

Nikkhah D, Rodrigues J, Dejager W

American Surgical Society of Hand 2011 Las Vegas E-Poster

Do patients really do better after Sauve-Kapandji's procedure compared to Darrach's? A Systematic Review.

Nikkhah D, Rodrigues J Dejager W

American Surgical Society of Hand 2011 Las Vegas E-Poster

Upper limb salvage of the skeletalized limb a case report and a review of the literature.

Nikkhah D, Bhat W, Williams AW, Bourke G

American Surgical Society for Hand Surgery 2011 Las Vegas International poster

European Society for Surgical Research 2011 Germany Oral Presentation

Federation European Surgical Society Hand 2011 Oslo Poster

Iatrogenic vascular injuries in the infants; the experience of a tertiary plastic surgery unit. A case series and a review of the Literature.

Nikkhah D, Kotwal A, Liddington, M



International Confederation for Plastic, Reconstructive and Aesthetic Surgery - Vancouver  
2011 Oral Presentation

The effect of antibiotics on bone cell metabolism and fracture healing A systematic review

Nikkhah D & Kallala R Graham S Prof Tsiridis

International Confederation for Plastic, Reconstructive and Aesthetic Surgery - 2011

Vancouver E – Poster

European Bone & Joint Infection Society 2011 Copenhagen Oral Presentation

Brachial plexus anaesthesia is useful in paediatric hand trauma patients

Nikkhah D, Saleh D, Bhat W, Prof Hopkins

International Confederation for Plastic, Reconstructive and Aesthetic Surgery - 2011

Vancouver 2011 E – Poster

Primary Extraskelatal Ewings Sarcoma of the neck; a case report and a review of the literature

Nikkhah D & Kallala R, Woodhead J

International Confederation for Plastic, Reconstructive and Aesthetic Surgery – 2011

Vancouver conference E – Poster

European Musculoskeletal Oncology Society 2011 Ghent, Belgium - Poster

### National Presentations & Posters

Tackling Jersey Finger using Extrasosseous Tunnels; Study of a new technique

UK ASIT/Plasta (Winner of Poster Prize)

Misky A, Reisses D, Nikkhah D, Toft N

Safety concerns of Cosmetic surgery abroad – A problem to the NHS

Farid, M (Presenter), Nikkhah D, Edwards D, Needham, W, Little M, Shibu M

BAAPS 2018 London – Poster (Winner of Poster Prize)\*

Targeted muscle reinnervation for transradial amputation

Reisses D, Nikkhah D, Sadigh P

BSSH 2017 Edinburgh – Poster

Hand Trauma Coordinators - Do They Make a Difference?

Dr Miles Benjamin, London (Presenter); Mr Amir H Sadr, London; Mr Dariush Nikkhah ,

London; Mr Mo Akhavanani , London (Senior); Dr Kiron Koshy

BSSH 2017 Edinburgh – Poster

The Y to V flap for first webspace release

Reisses D, Nikkhah D, Shibu M

BSSH 2017 Edinburgh – Poster

Using Bone Wax as a template for hémi hamate joint fixation

Deutsch, C Fitzgerald, O Connor, E, Nikkhah D

BSSH 2017, Edinburgh - Poster

Treatment options for sagittal band injuries of the extensor tendons : a systematic review

Manivannan S, Zarb Adami, R, Shariff Z , Nikkhah D, Rodrigues J  
BSSH 2017 Bath – Oral présentation 2017

Developing Surgical Efficiency During intraoperative dissection of fasciocutaneous free flaps

Smith, O, Nikkhah D, Fitzgerald Ed, Sadigh, P  
1<sup>st</sup> London Trauma Conference 2016 – Poster presentation

The management of fibro-adipose vascular anomalies (FAVA) at a tertiary referral centre: the Great Ormond Street Experience

Nikkhah D, Ashton, R, Murphy G, Mahon C, Barnacle A, Sivakumar B  
BAPRAS 2016 London Oral Presentation

Perioperative anticoagulation in digital replantation; a systematic review

Reisses D, Rodrigues J, Adami R, Nikkhah D (Senior)  
BSSH 2016 Cardiff Oral Presentation

Nail bed ablation; A step by step guide

Sadr A, Nikkhah, D (Senior)  
BSSH 2016 London Oral Presentation

Refinements in Giddins frame application for PIPJ fractures

Nikkhah D, Sadr A, Ruston J, Toft N  
BSSH 2016 London Poster

Resurrection of an ALT with tPA and Heparin

Nikkhah D, Sapountzis S, Gilleard O, Blackburn A  
RSM 2015 London Oral Presentation

A systematic review of central slip examination techniques and their diagnostic accuracy

Field M, Adami R, Dingle K, Nikkhah D, Shariff Z, Rodrigues J  
BSSH 2015 London Oral Presentation

Washing our hands of the problem of patients' dirty hands

Vijayan R, Nikkhah D, Blackburn A  
BSSH 2015 Bath Poster Presentation

Keystone Island Flaps: applications to fill head holes

King I, Vijayan R, Nikkhah D, Bayne D  
Royal Society of Medicine 2015 Oral Presentation

DIEP Breast Reconstruction: Tweaks to our unit protocol over 5 Years.

Perry F, Nikkhah D, Hazari A, Jones, M  
Royal Society of Medicine 2014 Oral presentation

The Keystone flap Revised

Vijayan R, Nikkhah D, King I, Bayne D

Royal Society of Medicine 2014 Oral presentation

The Type 4 Keystone flap back to front for melanoma reconstruction  
Sarwar U, Nikkhah D, Vijayan R, Bayne D  
Royal Society of Medicine 2014 Oral presentation

The U Shaped modification of the VY Atasoy flap  
Distefano C, Nikkhah D, TC Teo  
BAPRAS 2014 London – Poster

Minimal important differences in elective hand surgery: A systematic review  
Rodrigues J, Mabvuure N; Nikkhah D Shariff, Z, Davis T.  
British Society for Hand Surgery/ ISSH 2014 Oral Presentation

An audit of skin graft take in ulcerated skin cancers  
Walsh K, Nikkhah D, Rashid M, Gilbert P  
ASIT 2014 Belfast Poster

Nasal reconstruction in Panfacial Burns; case examples of challenging cases  
King I, Nikkhah D, Gilbert P, Dheansa B  
British Burns Association, Chelmsford 2014 Poster

Botulinum Toxin A in the management of facial palsy synkinesis and Hyperkinesis  
Nikkhah D, Green B, Thomas, A, Nduka C  
Royal Society of Medicine – London Plastic Surgery Section 2014

The medial sural artery perforator flap for reconstruction in hand trauma  
Khor S, Nikkhah D, Jeevaratnam J, Nugent N, Blackburn A – Oral Presentation  
British Burns Association – Chelmsford 2014 Poster Presentation  
Royal Society of Medicine – London Plastic Surgery Section 2013

Tissue engineering in hand surgery; Current concepts and challenges  
Ibrahim A, Klowcka E, Nikkhah D, Mosahebi A. – Poster  
British society for Hand surgery 2013 London

Comparing outcomes of 1:1 Mesh grafts vs sheet grafts: A randomized trial  
Nikkhah D, Booth S, Gilbert P, Dheansa B – Oral Presentation  
British Burns Association 2013 Liverpool

Assessing facial bipartition distraction in Apert Syndrome using geometric morphometrics  
Verdoorn, M, Genevieve C, Nikkhah D, Ponniah A, Ruff C, Dunaway D  
British Association of Plastic & Reconstructive and Aesthetic Surgeons Nottingham 2013 -  
Poster

Composite grafts for alar reconstruction in the burnt face; some useful tips to optimize outcomes.

Nikkhah D, P Gilbert

British Association of Plastic & Reconstructive and Aesthetic Surgeons Nottingham 2013 -  
Poster

Tetanus prophylaxis for soft tissue wounds; Are we delivering best practice?

Nikkhah D, Rodrigues J, Roberts L

British Association of Plastic & Reconstructive and Aesthetic Surgeons Nottingham 2013 -  
Poster

A classification system to guide orbito-zygomatic reconstruction in Treacher-Collins  
syndrome

Nikkhah D, Green B, Ruff C, Ponniah A, Dunaway D

Craniofacial Society of Great Britain and Ireland  
2013 – Oral presentation - Birmingham

Using stereolithographic models to guide mandibular reconstruction in hemifacial  
microsomia

Green B, Nikkhah D, Farhadieh, Ruff, C, Bulstrode, N, Dunaway D

1. British Association of Plastic & Reconstructive and Aesthetic Surgeons . Nottingham –  
Poster

2. Craniofacial Society of Great Britain and Ireland 2013 – Poster- Birmingham

3. Undergraduate Plastic Reconstructive and Aesthetic Surgery conference 2012, Royal  
Society of Medicine. London - Poster

The Pathogenesis of Treacher Collins syndrome

Green, B, Cobb, A, Nikkhah D, Dunaway D

British Association of Oral Maxillofacial Surgery Junior trainees 2012- Edinburgh – Poster

Treacher Collins Syndrome and other Craniofacial disorders that have overlying  
phenotypes

Green, B, Cobb, A, Nikkhah D, Dunaway D

British Association of Oral Maxillofacial Surgery Junior trainees 2012- Edinburgh – Poster

The Acrofacial Dystosies – A review

Green, B, Cobb, A, Nikkhah D, Dunaway D

British Association of Oral Maxillofacial Surgery Junior trainees 2012- Edinburgh – Poster

Using Geometric Morphometrics to define facial morphology in Treacher Collins  
Syndrome.

Nikkhah D, Ruff C, Ponniah A, Dunaway D

Craniofacial Meeting Great Britain and Ireland 2012- Bristol - Oral Presentation

Dorsal fracture subluxation of the proximal interphalangeal joint: aretrospective study of  
outcomes

Loughenbury P Singh M Nikkhah D, Rodrigues J Pinder R, Dejager W

1. British Surgical Society of Hand. London 2012 – Oral Presentation
2. British Association of Plastic & Reconstructive and Aesthetic Surgeons. Newcastle 2012 – Oral Presentation.

Breathing new life in tissue engineering: Pro-angiogenic Scaffold Approaches.

Nikkhah D, Nayyar C, J Rodrigues, Rizvi S, Lakhani H, Jell, G.

British Association of Plastic & Reconstructive and Aesthetic Surgeons - 2012 – Newcastle.  
– Poster.

Best of both worlds? A novel strategy combining K wires and ORIF in the management of a trapezium fracture

Kallala R, Nikkhah D, Rodrigues J, DeJager W

British Surgical Society of Hand. London 2012 – Poster.

Me in 3D – a facial morphometrics study in the general population

Abela C, Ponniah A, Bryzonowski N, Angullia F, Nikkhah D, Ruff C, R Evans, Dunaway D

Royal Society of Medicine 2011 – Oral Presentation

Periosteal Hand Chondromas ; a Systematic literature review.

Nikkhah D, Price C Carter, S, Solomons M

British Surgical Society of Hand. London 2011 – Poster

Local flaps versus nipple sharing grafts: which nipple reconstruction do patients prefer?

Nikkhah D, Masha S, Rodrigues J, Rhodes N

Royal College of Surgeon's Edinburgh – Lister Centenary 2012

Pyogenic flexor tenosynovitis, the Bradford experience.

Nikkhah D, Rodrigues J, Dejager W

British Surgical Society of Hand 2011 Manchester Oral Presentation

Volar plate injuries in children – a case series

Nikkhah D, Rodrigues J Dejager W

British Surgical Society of Hand 2011 Manchester Poster

Do patients really do better after Sauve-Kapandji's procedure compared to Darrach's? A Systematic Review.

Nikkhah D, Rodrigues J Dejager W

British Surgical Society of Hand 2011 Manchester Oral presentation

Iatrogenic vascular injuries in the infants; the experience of a tertiary plastic surgery unit.

A case series and a review of the Literature.

Nikkhah D, Kotwal A, Liddington, M

British Association of Plastic & Reconstructive and Aesthetic Surgeons - London 2010 Poster

Brachial plexus anaesthesia is useful in paediatric hand trauma patients

Nikkhah D, Saleh D, Bhat W, Prof Hopkins

British Association of Plastic & Reconstructive and Aesthetic Surgeons - 2010 London Poster

Primary Extraskkeletal Ewings Sarcoma of the neck; a case report and a review of the literature

Nikkhah D & Kallala R, Woodhead J

British Sarcoma Group 2011 conference Poster

Laparoscopic Resection of Grade IV Pelvic Endometriosis With Involvement of Rectosigmoid Rectovaginal Septum

Khan J, Nikkhah D, Louden K, A Miles

Association of Surgeons Great Britain and Ireland - 2008 Birmingham conference – Poster

### International and National Clinical Attachments/Charity Work

The Manor Hospital, Oxford Lymphedema practice , UK  
Visiting Plastic Surgeon. Prof Furniss and Sinclair Gore (2019).

Sydney, Australia (St Lukes And East Sydney Private Hospitals)  
Visiting Plastic Surgeon. Dr Moradi and Dr Tavakoli (2019)

Sri Lanka BFirst Charity mission and Congenital hand workshop (2017)  
As part of the BFirst team 1 week Colombo

Taiwan Medical Centre. (2014)  
Trainee Resident 2 weeks  
Attached to Prof Hung Chi Chen  
Department of Plastic & Reconstructive Surgery

Groote Schuur Hospital Capetown -- South Africa (2011)  
Clinical Attachment 2 weeks  
Attached to Dr Mike Solomons.  
Department of Hand Surgery and Trauma.

Derby Hospital – Pulvertaft Hand centre – United Kingdom (2011)  
Clinical attachment 1 week  
Mr Bainbridge, Mr Heras-palou

Tajrish University Hospital, Tehran -- Iran (2006)  
Clinical attachment 2 months  
Professor Rafii.

Renal Medicine and Histopathology

Plastic Surgery Courses/Meetings

BSSH instructional hand course - Microsurgery, and Soft tissue reconstruction  
(2020) Manchester 2 days

Birmingham Wrist arthroscopy and Wrist fusion course course 2 days  
(2019) West Midlands

London Breast Meeting 3 days  
(2019) Microsurgical breast reconstruction workshop

Advanced Trauma Life Support Edition 10  
(2019) Malaysia, Kuala Lumpur 3 days

Good Clinical Practice course  
(2019) E - Course NIHR

Research Methodology Course  
(2019) Online learning Royal College of Surgeons

IRMER Radiation protection course  
(2018) Queen Victoria Hospital

BSSH instructional hand course, Fractures, Arthritis, Joint injuries  
(2018) Manchester 2 days

BAPRAS instructional course Head and Neck course  
(2017) Manchester 2 days

Tendon transfers instructional hand course - Donald Sammut  
(2016) Bristol 1 day

BSSH instructional hand course – Congenital / Tumours 2 days  
(2016) Manchester 1 day

Injectables Course 1 day  
(2015) London

BAPRAS Lower Limb instructional course 2 days  
(2014) UK Manchester

Duke Flap Course 3 days  
(2014) North Carolina, USA

BSSH Instructional hand course (Nerves No.1) 2 days  
(2014) Manchester

Microsurgery Training Day – Royal London Hospital 1 Day  
(2014) London

Advanced Microsurgical Skills Course. Moet Institute 5 days  
(2013) San Francisco, USA

Leicester Hand Fracture management course – 2 days  
(2013) Leicester

Mini-C arm course – 1 day – e-learning

(2012) Derby Pulvertaft Hand unit

St Thomas' Cadaveric Hand Surgery Course – 2 days  
(2012) Guy's Academic Unit - London

Microsurgery Simulation Hub – 5 days  
(2012) Royal London – Blizzard Institute

Basic Skills in Hand Surgery (Cadaveric) - 3 days  
(2011) Royal College of Surgeons London

Emergency Management of Severe Burns (EMSB) – 1 day  
(2011) East Grinstead

AO Hand and Wrist fixation course - 3 days  
(2010) Bucharest.

Microsurgical Skills Workshop - 5 days  
(2010) Northwick Park London

Foundation skills in Plastic surgery – 2 days  
(2010) Wakefield

Elective skills in Facial Trauma – 2 days  
(2009) Royal College of Surgeons London

Microsurgery Simulation Hub - 1 day  
(2012) Blizzard Institute, Barts London

Core surgical anatomy course  
(2009) Hull

Management NHS Issues  
(2011) London

Hammersmith Interview and Communication skills course  
(2011) London

ENT practical skills course  
(2009) London

Advanced Life Support (ALS)  
(2008) Chichester

Advanced Trauma Life Support (ATLS)  
(2008) Eastbourne

Basic Surgical Skills  
(2008) Cambridge, Addenbrookes



Care of the Critically Ill Surgical Patient (CcRISP)  
(2008) Bedford

A & E Radiology course  
(2008) Northwick Park Hospital

### Clinical Audit & Governance & Service improvement

An Audit of Block room introduction during the COVID 19 period for hand trauma  
Grace C, Nikkhah D (2020)

An Audit of the Impact of MSLT-II on lymph node clearance surgery in a tertiary plastic surgery centre  
Misky A, Sadr, A, Nikkhah D (2020)

An Audit of donor site morbidity in DIEP reconstruction  
Hever P, Reffel, L, Nikkhah D (2020)

A Retrospective Audit of Lower limb ALT flaps at a Major Trauma Unit in Western Australia.  
Nikkhah D, Masoumi E, Zaman S, Fitzgerald O Connor, E, Rawlins, J (2019)

An audit on pain and patient satisfaction after WALANT Carpal Tunnel Release  
Nikkhah D Ruston J Pearl R Blair J (2018)

Upper limb peripheral nerve audit and service evaluation at the Royal London  
Nikkhah D (2018)

An audit of Cosmetic surgery complications in the NHS  
Farid, M, Nikkhah D, Edwards, D Shibu M (2018)

Initial Experience of the RLH Hand Management Unit:  
Service Evaluation and Audit (2017)  
Deutsch, C. Nikkhah D, Pahal, G

Wide awake hand surgery (WALANT) for trauma cases at the Royal London  
(Service improvement)  
Nikkhah D (2017)

Electronic operation notes and coding audit

Fitzgerald O Connor, Nikkhah D (2017)

Audit of Anaesthesia in Hand Trauma

Jonathon archer, Nicholas Evans, Nikkhah D, Mosahebi A (2016)

BCC audit – audit cycle completed

Wojtech konzalik, Anna Allan, Nikkhah D (2016)

Implant infection audit

Hendrickson, S, Conroy G, Nikkhah D (2015)

Departmental Audit lead Royal Free Hospital

Nikkhah D (2015 – 2016)

Hand Trauma Audit against BSSH guidelines – Complete audit cycle

Nikkhah D, Sadr A Akhavani M, Mosahebi A (2015 & 2016 & 2018 Re-audit)

An Audit on Replantation outcomes at Queen Victoria Hospital

Smith, A, Nikkhah D, S Khoyratty, Nugent N, Pickford M (2014)

Audit on length of stay and complication rates in Groin and Axillary dissection

Nikkhah D, Basu I, Cullen K (2013/14)

Audit on the appropriate use of tetanus prophylaxis in soft tissue injuries ( Presented at BAPRAS 2013)

Nikkhah D, Memo A, Hanjra F, Rodrigues J, Roberts L. (2012)

A departmental audit of Epistaxis re-admissions at Leeds General Infirmary – outcome reduction in re-admissions by increasing SPA

ligation rate and devising a better epistaxis algorithm (Re –audited)

Nikkhah D, Kallala R, Paul Nix, Woodhead J (2009/2010)

Morbidity Audit – Leeds General Infirmary

Department of Plastic Surgery.

Nikkhah D, Jennison T Bourke G (2010)

Medical Records Audit

Leeds General Infirmary

Nikkhah D, Bhat W, Liddington M

Casenote and Operation note audit against Royal College of Surgeons note standards– Bradford royal infirmary ( Re-audited)

Nikkhah D, Timmons MJ (2011)

Department of Plastic Surgery Guidebook Bradford Royal Infirmary

Nikkhah D, Rodrigues J Watt D Mahajan A Timmons MJ (2011)

Nipple reconstruction , A patient satisfaction survey (2011)

Nikkhah D, Masha S, Rodrigues J, Rhodes N

Background changes in lungs resected for carcinoma 2007. Presented at 4th year conference at Southampton General hospital.

Nikkhah D, Addis B (2007)

Are we following NICE guidelines for head injury? Departmental audit in the emergency department

Nikkhah D, Pillai A (2008)

### Teaching and Training Experience.

#### RFH Clinical supervisor

Muholan Kanapathy 2020

Nina Saeed 2020

Zeynep Unluer 2020

Amir Sadr 2020

Pennyloise Hever 2019

Prateush Singh 2019/20

Quentin Frew 2020

Adam Misky 2020

#### UCL Students Mentored

UCL Liew Belle BSc - Systematic Review of breast reconstruction

UCL Alex Boulter BSc - Chest wall reconstruction

UCL Chloe Lefley BSc - Cannulated screws

UCL- Nabeela Farooq BSc - Review of Pollicisation technique for thumb hypoplasia

UCL - Marios Erotocritou BSc - Management of Pilon Fractures

### Faculty and Teaching

Medartis Journal Club (cannulated screw fixation) - Panellist 10/2020

4th Phronesis Journal club - Panellist and Host  
9/2020

UCL Maxfax and Plastic Surgery Conference - UCL medical school  
Faculty 3/2020

ST3 surgery interview course - RFH  
Faculty 3/2020

1st Royal Free Hospital FRCS (Plast) VIVA revision course - RFH  
Course Convener (1/2020)

Lead for Monthly Journal Club at RFH  
(2019-onwards)

Breast Surgery - April 2020

Cosmetic Surgery - December 2019

Breast Surgery - October 2019

Hand Surgery - November 2019

Paediatric Hand surgery - November 2019

UCL MSc module

Microsurgical reconstruction of lower limb trauma - December 2019

UCL MSc module

Core Skills - Upper limb cadaveric flap course

University of Western Australia, CTEC , Perth

Faculty and Demonstrator (2019) June 1 day workshop

Core Skills -Lower limb cadaveric flap course

University of Western Australia, CTEC , Perth

Faculty and Demonstrator (2019) April 1 day workshop

QVH instructional hand course – presentation on basic fracture management– Made an instructional booklet for teaching CTs and SPRs on hand trauma (2018)

Instructional teaching videos for Hand Surgery and Plastic Surgery Syllabus for

Touchsurgery TM– on going 15 + videos on Trauma, Microsurgery, Flap Reconstruction, Congenital hand surgery (2018 – 2019)

Plastic Surgery Education Network (PSEN) – Cleft Palate repair with the operative microscope – e-learning module (2018)

Coordinator for Hand Teaching rota at the QVH - (2018)

Train the Trainer course (2018) Online course - originally done in 2010

As 2 day course.

PLASTA ST3 interview teaching - Chelsea

(2016) Faculty

Coordinator for Plastics Registrar teaching at GOSH

(2016)

Coordinator for Plastic Registrar teaching at QVH

(2014 – 2015)

UPRAS – Royal Society of Medicine

Demonstrator

(2015)

ST3 Interview preparation course Chelsea and Westminster  
(2015) London. Faculty  
University College London anatomy demonstrator  
To 1<sup>st</sup> and 2<sup>nd</sup> year students.  
(2012) Course lead – Prof. Evans

External Teaching for AcaMedics UCL  
(2012) – Principles of Clinical Governance and audit  
Judge for AcaMedics UCL Audit presentations  
(2012) – Royal Free Hospital

External Teaching Instructor for Basic Surgical Skills at National Undergraduate Surgical  
Conference  
(2012) University College London

Bradford Postgraduate Education Centre –  
(2011) Faculty on Regional Core Surgery Day– Instructor and examiner

Departmental Guidebook of Plastic surgery .  
(2011) Bradford Royal infirmary  
Nikkhah D, RodriguesJ, TimmonsMJ. WattD, MahajanAJ.

Training the Trainers course  
(2010) London

### Management and Leadership experience

Development of a Block service at RFH hand unit (2020)

Development of one stop WALANT hand clinic with consultant colleagues and hand  
therapists at RFH (2020)

Managed and ran two cadaveric courses on flap reconstruction in (2019)  
At the University of Western Australia, Perth

Practical Management and Leadership course – London (2018)

Trainee Representative at QVH (2013 – 2014) during my ST3/ST4 improving core  
trainee and Higher trainee teaching and experience at QVH

Protocols set up during training (management experience):

2018 - Wide awake hand surgery for CTR at QVH - presented at IFSSH  
2017 - Helped with establishment of Hand Management Unit at RLH - Presented at BSSH  
2016 - Implemented adherence of BSSH guidelines for hand trauma at RFH - Presented at  
BSSH  
2015 - Helped introduce flap salvage protocol at QVH - Published EJPS

Editorial Committee for Plastic Surgery  
Core Surgery Journal (2012 - 2014)

Representative committee for Junior Surgeons online forum  
Plastic surgery coordinator (2012 - 2018)

NHS issues –Management course (2011)  
London (2011) March 19th

Trust Committee - Me In 3D facial morphology group – Core  
London for my MSc at UCL (2012). Organised Estates, Sponsorship and Security and  
data collection.

### Extra-curricular

Painting and photography  
Architecture and design  
Extracurricular Awards: Runner – up Simon Levin young poet of the year in UK

### References

Neil Toft  
Consultant Plastic Surgeon  
Royal Free Hospital  
[neil.toft@nhs.net](mailto:neil.toft@nhs.net)

Mr Mark Pickford  
Consultant Plastic Surgeon  
Queen Victoria Hospital, East Grinstead  
[markpickford@btinternet.com](mailto:markpickford@btinternet.com)

Mr Jeremy Rawlins  
Consultant Plastic Surgeon  
Royal Perth Hospital  
President of Australian Burns Association  
[jeremy\\_rawlins@hotmail.com](mailto:jeremy_rawlins@hotmail.com)

