

**1. Name:**            *Dr Kevin John Robert WRIGHT***2. Qualifications:**

<b>No</b>	<b>Date Obtained</b>	<b>Degree or Diploma</b>	<b>Subject(s)</b>	<b>University or College</b>
1.	20 Sept., 2017	Fellowship		British Psychological Society
2.	5 Dec., 2011	Associate Fellowship		British Psychological Society
3.	8 July, 2010	PhD - Doctorate		University of Abertay, Dundee
4	Sept., 2007	Post Qualification Certificate in Social Work (PQSW)		London Metropolitan University
5.	May, 2007	Chartered Scientist	Psychological Science	British Psychological Society
6.	Aug. 2002	Accredited Member	Psychotherapy	British Ass. For Counselling & Psychotherapy (MBACP)
7.	Dec. 2001	Registered Member & Supervisor	Counsellor, Psychotherapist & Supervisor in Primary Care	Ass. of Counsellors & Psychotherapists in Primary Care (CPC)
8.	June, 1999	Diploma in Integrative Psychotherapy	Integrative Psychotherapy	Minster Centre
9.	Sept. 1997	Chartered Counselling Psychologist – C. Psychol.	Counselling Psychology	British Psychological Society
10.	Nov. 1992	M.Sc. - Master of Science	Psychotherapy	Warwick University
11.	July 1992	CCETSW Practice Teaching Award		South Bank Univ.
12.	Sept. 1977	M.A. - Master of Arts	Applied Social Studies	Brunel University
13.	Sept. 1977	C.Q.S.W. - Certificate of Qualification in Social Work		Brunel University
14.	June 1977	B.Sc (Hons): 2nd Class.	Psychology	Birkbeck College London University
15.	Dec. 1971	Fil. kand. - Filosofie kandidat	Sociology 4 betyg = 2 yrs + Distinctions in 2 betygs. Genetics 2 betyg = 1 yr	University of Lund, Sweden
16.	June 1969	2nd betyg (level)	Swedish	Folksuniversity, Lund, Sweden.
17.	June 1967	Part 1 for B.Sc (General)	Physics	The Royal Military College of Science, Shrivenham.

### 3. Education:

No	Dates		Fulltime = FT Parttime = PT	Subject(s)	University/ College
	From	To			
1.	Feb. '01	8 July, 2010	PT	Ph.D. by Research.	University of Abertay, Dundee
2.	Jan. '96	Dec. '00	PT	Ph.D. by Research.	Keele University. (Transferred to above)
3.	March, '09	Dec. '10	PT	IAPT for High intensity treatment Supervisors: CBT for Anxiety, Panic attacks, Social Phobia, Phobias, Depression etc	S.L.A.M. (South London & Maudsley Mental Health Trust)
4.	Sept.'90	Nov.'92	PT	M.Sc in Psychotherapy.	Warwick University.
5.	Sept.'85	July '89	PT	Integrative Psychotherapy.	Minster Centre.
6.	Oct. '83	Nov. '83	PT	Approved Social Work.	Westminster - In Service.
7.	Sept.'82	June '83	PT	Family Therapy.	Institute of Family Therapy.
8.	Jan. '81	July '81	PT	Transactional Analysis & Gestalt Therapy.	South Western College.
9.	Jan. '80	June '80	PT	Psychoanalytic Psychotherapy with Children, Adolescents & Parents.	Tavistock Inst. of Psychoanalytic Psychotherapy.
10.	Sept.'75	Sept.'77	FT	Applied Social Studies.	Brunel University, Uxbridge, Middlesex.
11.	Oct. '73	July '77	PT	Psychology	Birkbeck College London University, Malet St, W.C.1.
12.	Jan. '69	Dec. '71	FT	Sociology & Genetics.	Lund University, Lund, Sweden.
13.	Sept.'68	July '69	PT	Swedish.	Kursversamheten, FolksuniversitetLund, Sweden.
14.	Sept.'66	July '69	FT	Physics	The Royal Military College of Science, Shrivenham, Wiltshire.
15.	Sept.'65	July '66	PT	Physics & Maths	Kingston College of Further Ed., Kingston, Surrey
16.	Sept '56	July '65	FT	Preparatory & Secondary Education.	St Joseph's College, Beulah Hill, London S.E.19.

#### **4. Professional Experience:**

##### **1. Post: Well-Being Coach**

##### **Employer:**

Workplace Wellness  
3500 Solent Business Park  
Whiteley  
Hampshire  
PO15 7AL

**Period:** November, 2015 - Present

##### **Description:**

I run many stress/time management & well-being groups for lawyers, para-legals and their managers employed by the Crown Prosecution Service as part of the mandatory annual training with follow-up one-to-one consultations within the London service office. The sessions focus on issues that the staff bring up but often are around ways to improve sleep, assertiveness; effective communication with managers/supervisees; work planning; managing stress and time; and strategies for better work/life balance.

##### **2. Post: Expert Witness**

##### **Employers:**

Various

**Period:** November, 2006 - Present

##### **Description:**

I have carried out expert witness reports for the courts involving family assessments relating to child protection, parental ability assessments; family/marital disputes, domestic violence and sometimes involving transcultural issues e.g. asylum seekers/victims of torture and for individuals who are before the crown courts charge with offences and it is thought they may have learning difficulties and/or significant psychological problems. This reports may include risk and psychological/cognitive state assessments. I have also prepared assessment reports for and damages hearings concerning; PTSD, trauma and Adjustment Disorder assessments for accident victims; medical damages claims; industrial/workplace accident injuries and I have also provided reports for mental health tribunals; immigration and coroner courts, etc. I provide anxiety & depression and cognitive assessments particularly for non-English speakers using non-verbal cognitive assessment measures and People with Learning Difficulties e.g. those with suffering from Autism or Asperger's Syndrome who are involved in the criminal courts. I am on the UK Register of Expert Witnesses.

##### **3. Post: Visiting Lecturer**

##### **Employer:**

School of Psychology & Therapeutic Studies  
University of Surrey, Roehampton  
Whitelands College  
West Hill, London SW15 3SN

**Period:** February, 2003 (part-time) – June, 2004

##### **Description:**

Training Counselling Psychology 2<sup>nd</sup> year post graduate students in Counselling using Cognitive Behavioural Therapy.

4. **Post: Highly Specialist Chartered Counselling Psychologist**

**Employer:**

Psychological Therapy in Primary Care  
St George's Primary Care Trust  
Springfield University Hospital,  
61 Glenburnie Road,  
London SW17 7DJ

**Period:** August, 2001 (part-time) – November, 2006.

**Description:**

To provide Brief Psychotherapeutic interventions for client's referred within a Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc.

5. **Post: Chartered Counselling Psychologist - High Intensity IAPT Primary Care**

**Employer:**

**South London & Maudsley NHS Foundation Trust**  
IAPT Lewisham (cluster2)  
1<sup>st</sup> floor Lee Health Centre,  
2 Handen Road  
London SE12 8NP

**Period:** January, 2004 (part-time) – Present

**Description:**

To provide brief psychotherapeutic interventions for client referred within the IAPT Lewisham Service (Improve Access to Psychological Treatment) where I provide High Intensity Treatment for those with more complicated problems relating to anxiety and depression in the Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc and treating Borderline and clinically depressed patients. Supervising trainee Counselling Psychologists on placement for doctorate programmes. Work with many ethnic minority groups including refugees e.g. many from the Indian sub-continent; Shri Lanka; Turkey, Cyprus, Poland, Russia; Czech Republic, Spain, Portugal, Afro-Caribbean, S.E.Asia, China, Afghanistan, etc. I have also been responsible for screening cases coming into the service and have a supervisory role as an 8a level psychologist.

6. **Post: Chartered Counselling Psychologist**

**Employer:**

Waterloo Health Centre  
5 Lower Marsh,  
London SE1 7RJ

**Period:** June, 2001 (part-time) - December, 2003.

**Description:**

To provide Brief and Long-term Psychotherapeutic interventions for client's referred within a Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc and treating Borderline and clinically depressed patients with longer-term psychotherapy.

**7. Post: Chartered Counselling Psychologist**

**Employer:**

Hammersmith & Fulham  
Association for Mental Health  
MIND - IMPACT Team  
153, Hammersmith Road  
London, W14 0QL

**Period:** November, 1999 (part-time) - August, 2001.

**Description:**

I provided assessment and on-going counselling/psychotherapy for clients with Mental Health problems who have found it difficult to engage with the statutory agencies, and who have isolated themselves from the community, using for the most part CBT/Solution Focussed methods as this method is more flexible in use for a diverse population with respect to age, sex and ethnic origin. The team with whom I worked consisted of out-reach workers who were Social Workers, CPNs, Housing and Community Support workers. I also assessed and design psychological treatment plans for clients being seen mostly by other members of the team, I thus supervised and monitored the team's progress with these treatment plans. I was employed as the team's Clinical/Counselling Psychologist. I was supervised in this work by the Clinical Psychology Services Manager at Charing Cross Hospital.

**8. Post: Emergency Duty Social Worker**

**(Senior Practitioner)**

**Employer:**

Westminster Social Services  
Emergency Duty Team  
4<sup>th</sup> Floor  
Frampton St  
London NW8 4LF

**Period:** August, 1995 (part-time) – April, 2015.

**Description:**

I provide on-call emergency cover at night and at weekends for the whole of Westminster. This requires that I respond to all emergencies involving children, families, elderly, mental ill, disability, etc. I am a holder an AMHP warrant (Approved Mental Health Professional – formerly known as ASW – Approved Social Worker). I receive on-going in-service training in many areas, e.g. Risk Assessment, MH Practice in Diverse Communities, Mental Health and Child Care Law Updates, Innovations in Primary MH Care, etc.,

**9. Post: Senior Counsellor/Consultant**

**Employer:**

Personal Performance  
Consultants (UK) Ltd.  
2nd Floor  
107 Fenchurch Street  
London E.C.3M 5JF

**Period:** September, 1993 (part-time) - 31 March, 1999

**Description:**

I was employed as a Senior Counsellor/Consultant for a Company providing Employment Assistance Programmes to Companies mainly in the City. I provided Counselling and Brief Therapy (up to 8 sessions) to employees of those Companies and their family members. I offered Counselling and Therapy, much of which was based on CBT/ Problem Focussed methods and approaches for Individuals, Couples and Families. Much of my work involved working on stress (including trauma stress/critical incident response), time management, anxiety, panic attacks, phobias, obsessive-compulsive disorders, marital and family dysfunctions, depression, bereavement, etc. and some career guidance. I produced the company's

first comprehensive Clinical procedures manual and I was also the company's Clinical representative for producing standards for ISO 9002 approval. I used to provide on-call cover and managed a number of accounts. During my time in this post I received training in Solution Focussed Therapy and Trauma/Critical Incident Response Counselling.

**10. Post: Senior Social Worker.**  
Mental Health Specialist

**Employer:** Social Services Dept.  
L.B. of Lewisham,  
Lewisham North,  
St Paul's House,  
Deptford High Street,  
London S.E.8. 4NS

**Period:** July 1987 - September, 1993 (Full-time).  
September, 1993 (part-time) - January, 1998.

**Description:**

I was originally employed as the Mental Health Specialist for the local District Office. My primary responsibility was to provide a full Social Work Service to the clients/patients attending Speedwell Mental Health Centre. When the service was re-organised I moved from the local mental health centre to the local district office where I managed the Mental Health team of eight workers of the Adults team and supervise directly two members of that team. At Speedwell I worked with a multidisciplinary Medical team and I was involved with assessment, planning and treatment decisions on the clients. I provided individual and marital short-term and long-term therapy mostly CBT but also including brief Cognitive Analytic Therapy (C.A.T). I have also run groups such as psychotherapy groups (mixed and for men only) and a Social Skills group using Video feedback techniques. I retained a caseload consisting of the more difficult or problematic clients. At least half my clients were black or from Ethnic Minority groups e.g. Afro-Caribbean, West African, Vietnamese, Turkish Cypriot, Irish, etc. I also provided support and advice to other members of the multidisciplinary team; provide teaching seminars on various aspects of working with people with Mental Health problems. I represented the department on the Management Committee for the Centre, when there was a management committee and was on the steering committee for the development of a Crisis Intervention Team and for which I wrote the Operational Policy. I also carried out the duties of an Approved Social Worker.

During my time in the above post I also received extensive training in Critical Incident/Trauma Response and became a member of Lewisham Trauma Response Team, which was available to respond at any time to any major Critical/Trauma Incident in the Borough.

**11. Post: Free-Lance Trainer.**

**Employer:** Croydon College,  
Fairfield,  
Croydon CR9 1DX

**&** London Borough of Croydon  
Training Dept, Municipal Office  
Fell Road, Croydon CR9 1BQ

**Period:** September, 1992 - July, 1995.

**Description:**

As I had been offering training in Lewisham since 1991 in Mental Health and Practice Teaching I was employed by the above employers on a free-lance basis between 1992-1995. I taught such topics as Skills & Tools of Supervision, Report Writing & Assessment, Direct Observation, Evidencing & Recording, Theory to Practice, etc., for Trainee Practice Teachers and Top-up training for other Practice Teachers. At all times I ensure that my approach involved the integration of anti-racist and anti-discriminatory practice. I also produced Mental Health training packages and I have trained trainee Counsellors/ Therapists in Transcultural issues in Psychotherapy. I was also a free-lance Practice Teacher Assessor/Consultant and

Long-Arm Practice Teacher of Students mostly in Children and Families Teams where there was no accredited practice teacher available or in Residential Children's homes. I am a CCETSW Fully Accredited Practice Teacher.

**12. Post: Senior Social Worker**

**Employer:** Westminster Social Services  
Area 1,  
313, Harrow Road,  
London W.9.

**Period:** April, 1982 - July, 1987.

**Description:**

I was a generic Social Worker in a long-term team. I had a mixed caseload, consisting of single parent families, disturbed adolescents and mentally handicapped children in care, multiple problem families and those with Mental Health problems. With some families with difficulties I used family therapy as a method of working. I trained a co-worker in this technique and worked with this worker on some families. I was also an Approved Social Worker.

**13. Period:** July, 1987 - Present.

**Description: Other Activities**

- i) At present I run a busy private practice offering short and long term integrative psychotherapy to individuals, couples and families. I receive my referrals from private individuals or via a number of EAP providers. I also provide treatment for people referred by companies/law practices who are providing services for insurance companies requesting treatment for those suffering trauma including PTSD as a result of accidents, e.g. motoring, industrial or medical. I also provide regular Expert Witness reports for various agencies and solicitor practices for accident victims; family/childcare and criminal proceedings which may include requests for cognitive assessments.
- ii) As from July 2016 I was elected to be a member of the London & Home Counties BPS (British Psychological Society) Committee.
- iii) I attend a monthly peer supervision group to assist me in my work. I also supervise trainee Counselling Psychologists and other practicing psychotherapists
- iv) In October, 2011 I went to Baghdad where I spent a week teaching integrative psychotherapy techniques for treatment for PTSD/trauma to psychiatrists from all over Iraq by invitation from the Minister of Education in the Iraq government.
- v) I was a member of StarNet a research group for research into Mental Health in Primary Care for 4 years until the funding for the group ran out last year. I was also the Co-ordinating Counsellor for the Counsellors in Primary Care in Lambeth, where we sought to develop a unified service within the PCT until January, 2004. I am now Treasurer for the Society for Psychotherapy Research.
- vi) During the year 1999 I provided workshops for tutors and trainee Counsellors/Psychotherapist at the Psychosynthesis & Education Trust on Transcultural Issues in Psychotherapy & Counselling.
- vii) In 1992 I completed a two year taught part-time M.Sc course at Warwick University in Psychotherapy where I had to complete 350 supervised psychotherapy hours of work with clients at Speedwell Mental Health Centre and had to present all the case notes of my work. The case notes were records of my work as psychotherapist predominantly using CBT methods with individuals, couples, families and

groups. Further for this degree I completed a research project entitled "A Study of the factors that contribute to General Practitioners' detection of Mental Health and their decisions to refer patients for Psychotherapy". This examined the referral patterns of patients for psychotherapy/counselling in GP practices. I presented this study at the Annual Meeting of the Society for Psychotherapy Research (UK) (as I was a member) in North Yorkshire at the end of March, 1993. Further, in July, 2003, I presented a paper to the SAPC Conference (a conference for G.Ps) in Manchester on behalf of StarNet entitled "The effects of Race and Sex on GPs' Referrals for Psychotherapy/Counselling". I also wrote a review for the book 'Employee well-being support: a workplace resource by A. Kinder, R. Hughes & C.L. Cooper (eds) in the British Journal of Guidance & Counselling Vol. 37, No 3, August 2009, 396-399.

- viii)** My PhD research was titled 'The effectiveness of brief therapy provided through an Employee Assistance Programme for a U.K. local authority: gender, age and professional status differences in outcome'. As part of this research I conducted a major Stress audit for a large organisation. However, the main focus of the research was to examine the processes of change within brief therapy (max. 8 sessions) for clients receiving counselling/therapy via an Employee Assistance Programme. I have twice presented my interim findings from this research to the annual meeting of the Society for Psychotherapy Research (SPR) in Ravenscar, Yorkshire and the final results were present to AXA/ICAs International Conference on 1<sup>st</sup> June, 2009. Also in May, 2007 I presented a paper from my PhD thesis, at the BACP annual conference in York entitled 'The Effectiveness of Brief Therapy in an EAP setting' and again at the same conference in Liverpool in 2011 with a paper entitled 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'. In June, 2016 I presented this paper again as a conference entitled 'Male Psychology' organised by the BPS and following this my research has been accepted for a journal due out shortly dedicated to Male Psychology. A summary of the main body of my PhD research was published in BACP journal – Counselling at Work – Autumn 2011 pp 12-17. I also presented the same paper to the Society for Psychotherapy Research UK Chapter 25<sup>th</sup> Annual Conference in Oxford, September, 2013. I have had a research paper published entitled: 'Gender Difference in the Long-Term outcome of Brief Therapy for Employees' (New Male Studies: An International Journal Vol 5 Issue 2 2016 pp 88-110 – Australian Institute of Male Health & Studies). I have presented at the 2017 Annual British Psychological Society conference in May, 2017 in Brighton; at the Male Psychology Annual Conference at UCL in June, 2017 and at the Society for Psychotherapy Research UK 7 European Chapters 4<sup>th</sup> joint Conference in Oxford in September, 2017 a paper entitled: 'The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT).
- ix)** From 1996 to May, 2015 I was a Parent Governor and a Community Governor at my children's old primary school (I have 4 boys aged 28-16 years), Downsview Primary School, Croydon, where I chair the Curriculum and Outdoor learning committees & sit on the Premises, School Expansion and Head-teacher Performance Committees. I have been the Governor responsible for Music, ITC, Maths, Science and After School Club. I was also the Governor responsible for Child Protection, Outdoor Learning & Safety until the Governor Committee was re-constituted in April, 2015 when I ended my role on the governor committee after nearly 20 years of service.
- x)** I am a practicing AMHP (Approved Mental Health Professional – formerly known as ASW -Approved Social Worker under the 1983 Mental Health Act).
- xi)** I have been a qualified Social Worker since 1977 when I was a Home Office trained Probation Officer; a Chartered Counselling Psychologist since 1997 (BPS); Chartered Scientist since 2007 (BPS); an Associate Fellow of the British Psychological Society since December, 2011; a Fellow of the British Psychological Society since September, 2017; an accredited psychotherapist since 2002 (MBACP) and now I am on the statutory register of practitioner psychologist & social worker (HCPC – Health & Care



Professionals Council) valid to 31 May, 2019 as a psychologist (ref: PYL22402) & valid 30 November, 2018 as a social worker (ref: SW00300). I also have an up-to-date unified Enhanced DBS certificate as a psychologist, social worker and foster carer. I have personal indemnity insurance.

- xii)** Since 13<sup>th</sup> December, 2012 my wife and I have been approved to be foster carers by the National Fostering Agency to take children from ages 0-18 years old and to date we have provided a long term placement for a 15 year old mixed race boy until he was 17 years old who originally had drug & alcohol problems and was suffering from ADHD & ODD (Oppositional Defiance Disorder) and was excluded from schooling but has settled down and has moved to independence living while continuing to visit us regularly. We now care for a Vietnamese refugee boy age 15 years, having previously also cared for a 15 year old Vietnamese refugee girl for 3 years.

**Dr Kevin J.R. Wright Ph.D.**

**Chartered Counselling Psychologist, Chartered Scientist, Fellow**

Fil.kand: BSc (Hons); PQSW; MA; MSc (Psychotherapy); Dip. Int. Psycho; MBACP; C. Psychol; C.Sci; FBPsS

**BACP Accredited Counsellor/Psychotherapist, AMHP; HCPC Registered & DBS checked**

Tel: 020 8679 0852 E-mail: kevin\_wright\_k@yahoo.com