

Profile

Sally-Ann Dickinson RGN

Personal Summary

A highly qualified and experienced senior Registered General Nurse Sally-Ann is able to provide a complete and professional service encompassing many aspects within the health care field, from basic nurse training to the specific care and rehabilitation of patients with all kinds of disabilities. Extending her experience and skills in the legal field of Expert Witness, Consultancy and Report Writing

Skills & Experience

Sally-Ann is experienced in the following fields.

- **Rehabilitation In Medicine, Surgery And Physical Disability**
- **General Surgery**
- **Orthopaedics**
- **Mental Health Issues pertaining to rehabilitation and care**
- **Trauma**
- **Care Of The Elderly**
- **Neurological Disorders**
- **Clinical Procedures**
- **Residential Home Procedures**
- **Nursing Home Procedures**
- **Case Management**

Sally-Ann has specific skills in individual client assessment, co-ordination of short and long term care packages and multi-disciplinary liaison for client programmes.

She has extensive experience in practical management of care plans as an acting Case Manager. She is well versed in obtaining and managing jointly funded packages through Health, Social Services, Education and Charitable and private means. This is through her role as Matron, Early Rehabilitation Programme Manager (Papworth), Head of Care (Cheshire Home) and Nursing and Care Advisor. She has experience of continuing care policies, Section 47 Assessments, Community Occupational Therapy Services, Respite Provision and Statutory and private housing provision along with education and charitable support schemes and criteria.

She was a member of the Addenbrookes & Huntingdon School of Nursing Examination Board responsible for setting and monitoring final examinations for Registered Nurses - specifically in the fields of General Surgery, Trauma and

Orthopaedics. Her Care Practice Models and Standards were established as the accepted pass criteria.

Sally-Ann has worked in senior management roles managing multi-disciplinary and multi-vocational teams of up to 80 team members.

Specific Skills

Sally has extensive knowledge of various disabilities including head, back and spinal injuries, and neurological disorders.

In addition she is experienced in nursing and residential home management and clinical negligence issues

She has experience in Court and has acted as a Coroners Expert.

Qualifications & Awards

- Registered General Nurse – West Essex School of Nursing March 82 to October 85
- National Vocational Qualification in Care - Assessors Award Level 2 & 3, 1992
- Winner of the international Hartman Care Award 1992 - 'The Human Being as the Centre of Nursing Care Utopia or Reality'
- UNUM Rehabilitation Network Award 1995 - 'Good Practice in Vocational Rehabilitation'

Present and Past Membership of Professional Bodies 1982-to date

- Member of the Royal College of Nursing from Student Nurse to date
- UKCC (Nursing and Midwifery Council) member, pin no 82C 1409E
- 1987-88 Member of Addenbrookes & Huntingdon School Nursing Examination Board
- 1991-92 Member of Nursing Advisory Group Leonard Cheshire Foundation.
- 2005 Member of the Institute of Directors
- 2005 Full Member of CMSUK (Case Management Society UK)
- 2006 Visiting Nurse Lecturer on Nursing Law and Ethics at the International University of Nursing in St Kitts
- 2014 CQC Specialist Advisor Post Appointment

Post Responsibilities

Independent Nurse Expert and Lecturer

2006 to current (Company from 2015: Briar House Ltd)

- CQC Specialist Advisor in Acute and Community matters appointed in 2014
- Provides expert opinion on care, care standards and rehabilitation resulting from catastrophic injury or clinical negligence and case management for individuals as required.
- 2010 to current Coroners' Expert London and Birmingham Courts

- Visiting Professor lecturing in Nursing Law and Ethics at the IUON in St Kitts (see above) with specific responsibility in the Mental Health arena.

Managing Director

Expert Witness (Care) UK Ltd (1997 –2006)

- Founded practice of care experts and case managers
- Provided expert opinion on care and rehabilitation resulting from catastrophic injury or clinical negligence in 800+ cases.

Matron

St Andrews Care Centre, Bottisham (1996 – 1997)

- Total responsibility for care matters at the 90 bed Centre.
- Total management responsibility for 80 staff.
- Responsible for the establishment of staff education programmes, on-going, care practices and standards recruitment, screening; appraisal and disciplinary matters:
- Liaison with multi -disciplinary teams and the Management Board.

Senior Sister

St Andrews Care Centre, Bottisham (1996 – 1996)

- Responsible for the day to day running of Anglesey Unit and development of the rehabilitation unit.

Early Rehabilitation Program Manager

Papworth Trust, Papworth (1994 – 1996)

- Responsible for co-ordinating individual rehabilitation programs for clients which included medical, social, and funding issues.
- Solely responsible for the marketing of the Rehabilitation Program.
- Sole responsibility for the Rehabilitation Program budget, including European Social Fund Moneys and Legal and Compensation Fees.

Head of Care, Deputy Head of Home,

Leonard Cheshire Foundation, Brampton (1990 – 1994)

- Successfully established new national policies and procedures for the care of disabled individuals. I had to set up the new unit from planning to operational implementation:
- Solely responsible for the recruitment, training, management and development of 80 staff
- Set care standards and effectively liaised with multi-disciplinary teams (from both inside and outside the health care field).
- Developed and implemented a staff appraisal scheme.
- Successfully marketed the new concept of individualised care for physically disabled individuals.
- Major budget input in the running of the home producing projections, plans, and reports.
- NVQ assessor for Care Staff

Sister

Hinchingbrooke Hospital, Huntingdon (1987 – 1990)

- Sister on the Orthopaedic and Trauma General Surgical wards.
- Bleep holder for the surgical unit, including Accident & Emergency.
- Responsible for a staff team of 50, including on ward training, management of standards and maintaining patient care.
- Responsible for the training of student and pupil nurses.
- Extensive experience of severe head injury including ventilation requirements.
- Knowledge of care of ventilation patients either in hospital or community settings.

Senior Staff Nurse

Hinchingbrooke Hospital, Huntingdon (1985 – 1987)

- Staff Nurse on the Cold Orthopaedic and Ophthalmology Ward.
- Partial responsibility for a staff team of 50.

Student Nurse

West Essex Area Health Authority (1982 – 1985)

- General nursing training at two hospitals in West Essex, St Margaret's - Epping and Princess Alexandra – Harlow.

Courses Attended

- 1986 Multi disciplinary Foundation Management Course – Hinchingbrooke Hospital
- 1987 Open University Nursing Process Course - HinchingbrookeHospital
- 1990 ENB Course 913 The Care and Rehabilitation of Physically Disabled People
- 1992 Various in-house courses with Leonard Cheshire Foundation (encompassing Accountability, Psychology, Practical Care Issues, and Empowerment)
- 1992 Sexual Problems for Disabled People
- 1992 Impact of the Community Care Act - multi disciplinary study days
- 1992 Needs Lead Assessment
- 1993 Lifting and Handling Workshop - European Regulations
- 1993 Quality Assurance Study Days
- 1993 Equal Opportunities and the Manager
- 1993 CAT (Cognitive Analytical Therapy - Huntingdon Health Authority)
- 1994 Mind Matters Seminar 'Fatigue - Diagnosis and Prevention'
- 1994 Assertiveness for Women
- 1994 ENB Course N20 Contemporary Approaches to the Care of People with Chronic Neurological Disorders
- 1995 Managing Priorities and Meeting Deadlines- Papworth Trust
- 1995 Making the Most of Radio
- 1995 Expert Witness Training Day - Papworth Trust
- 1995 Leading Edge Seminar - Leadership

- 1996 Various Head Injury seminars
- 1997 Emergency Cardiac Arrest seminar (team leader)
- 1997 NADAS Nurse Expert Witness Training (including Excellence in Report Writing, Courtroom Skills and Business Management)
- 1998 Current Thinking and Practice of Care & Rehabilitation for Brain Injured Clients.
- 2001 Advocacy and Case Management Skills Seminar
- 2002 Non Acute Spinal Injuries Training Day at Stoke Manderville Hospital
- 2004 Annual Clinical Negligence Conference: Oncology, Gynaecological cancers, causation / life expectancy data.
- 2006 to 2008 Research in current Nursing Law and Ethics in Nursing

****Additional Information re Brain Injury Experience;***

Sally-Ann has worked with Brain Injured Clients both in the Community and on in-house rehabilitation programmes at The Papworth Trust, the Cheshire Home and St Andrews Rehabilitation Centre.

She had full responsibility for the setting up and coordination and then management of the early rehabilitation programme at the Papworth Trust which was developed specifically to help Clients get back to work, independent living and social activities following trauma.

70% of Clients through the Papworth rehabilitation programme had acquired brain injuries and their ages ranged from 16 years to 65 years. The team worked with 30 clients at any one time at various stages of their rehabilitation.

Sally-Ann as well as acting as coordinator acted as the Clients Case Manager throughout their programmes duration (the length of each programme being individually tailored to the Client's needs) averaging 9 months.

The programmes covered independent living skills (including use of a training flat built on site), training (a training department and links with colleges were in situ with outreach options), housing options (a housing department was on site and outreach support was given for relocation), work options (factory placements on site and outreach programmes were set up with the support of job coaches), care support required (care homes and individual and shared homes on site and through outreach individual packages were set up for Clients).

All Clients on the programme achieved further independence in one or more of the above life skills, many of them returning to independent living and either full or sheltered work back in their home environments.

Sally Ann has been asked through case work to act as a rehabilitation expert for Brain Injured Clients and she and her team provide Case Management on an outreach basis nationally.