

Mr DS Costain. F.C.Pod (S). F.C.P.M, M.C.Pod.B.Sc.

Curriculum Vitae

Experience and qualifications.

SURNAME	COSTAIN
FORENAME	DAVID SIMON
TITLE	PODIATRIC SURGEON AND GAIT SPECIALIST
ADDRESS	THE GAIT AND POSTURE CENTRE LLP 6 HARMONT HOUSE 20 HARLEY STREET LONDON W1G 9PH Tel: 0207 636 4465 Fax: 0207 636 4388
WEBSITE	http://www.gaitandposture.com
Email:	clinic@gaitandposture.com
EDUCATION	LONDON FOOT HOSPITAL AND UNIVERSITY OF EDINBURGH
QUALIFICATIONS	F.C.Pod(S) FELLOW COLLEGE PODIATRIC SURGERY F.C.P.M, FELLOW COLLEGE PODIATRIC MEDICINE BSc, BACHELOR OF SCIENCE DEGREE M.C.Pod., MEMBER OF THE COLLEGE OF PODIATRY F.E T. Cert. FE TEACHERS CERTIFICATE C.U.B.S. Certificate: EXPERT WITNESS TRAINING COURSE
HPC REGISTRATION NUMBER	CH 06509
INITIAL TRAINING	1972 to 1975 London Foot Hospital.
STATE REGISTRATION	CHIROPDIST/PODIATRIST MEMBERSHIP 7528 LOCAL ANAESTHETIC CERTIFICATION POST GRADUATE TRAININGPODIATRIC SURGERY TRAINING; UK MAIDENHEAD AND USA PODIATRIC SURGERY WASHINGTON/MIAMI
SURGICAL RESIDENCY	1977 TO 1985 DR DRC BELL MAIDENHEAD EDINBURGH/OXFORD/MAIDENHEAD/LONDON 1977 TO 1980
SURGICAL EXAMINER	MR B. FRANCIS
POST GRAD QUALIFICATIONS	PODIATRIC SURGEON FELLOWSHIP NUMBER 83M PODIATRIC MEDICINE FELLOWSHIP 1978 FE TEACHERS CERTIFICATION NORTHAMPTON

PRESCRIPTION ONLY MEDICINE CERTIFICATE SEPT 2000
EXPERT WITNESS INSURANCE COVER SINCE 1985
C.U.B.S. EXPERT WITNESS UPDATED CERTIFICATE 2017

WORK HISTORY

1975-1985 NHS: NORTHAMPTON/ROEHAMPTON
TWICKENHAM/CHICHESTER

PRIVATE PRACTICE NORTHAMPTON/OXFORD/MAIDENHEAD
PODIATRIST TO CENTRAL SCHOOL OF BALLET 1985
PODIATRIST TO ROYAL BALLET SCHOOL AND WHITE LODGE
PODIATRIST TO LONDON CONTEMPORARY DANCE SCHOOL
PODIATRIST TO RAMBERT BALLET

1986-1990 CONSULTANT PODIATRIST TO COMMANDO TRAINING CENTRE
ROYAL MARINES

1991 CONSULTANT PODIATRIST TO BRITISH OLYMPIC ASSOCIATION
AT NORTHWICK PARK HOSPITAL

1991 -1992 CONSULTANT PODIATRIST TO TEAM GB TRAINING CAMPS
CONSULTANT PODIATRIST TO TEAM GB 1992 OLYMPICS BARCELONA

TEACHING
LONDON FOOT HOSPITAL UNIVERSITY OF LONDON
BIRMINGHAM SCHOOL OF PODIATRY
LECTURER INSTITUTE AND SOCIETY OF ORTHOPAEDIC MEDICINE
LECTURER PFOLA INTERNATIONAL CONFERENCE MONTREAL 2002
LECTURER NUMEROUS NATIONAL PODIATRY CONFERENCES 1977-
1985-2008 LONDON HOSPITAL MEDICAL SCHOOL LECTURER Dip. S.Medicine
1985 REGISTERED WITH LEGAL SERVICES COMMISSION AS PODIATRIC
EXPERT WITNESS. FULL EXPERT WITNESS INSURANCE COVER.
1985-1992 CONSULTANT PODIATRIST TO HARLEY STREET SPORTS CLINIC:
PROFESSOR JOHN DAVIES
1985 – 2008 CONSULTANT PODIATRIST TO N.O.D.M. (Dance Council)
1992 – NOW CONSULTANT PODIATRIST TO THE GAIT AND POSTURE CENTRE
HARLEY STREET

OTHER EXPERIENCE

1978 RAN FIRST COMMERCIAL ORTHOTIC COMPANY IN UK "WALKRITE
ORTHOTICS"

1981 EXPANDED TO "PRESCRIPTION ORTHOTIC SERVICES LTD".

1984 WON "SMART AWARD" TO DESIGN FIRST CAD/CAM ORTHOTIC
SYSTEM IN UK

1986	SOCIETY OF PODIATRISTS AND CHIROPODISTS COUNCIL MEMBER
2000 – 2007	ORTHOTIC SCIENCE DIRECTOR CADCAM DESIGN COMPANY
2007	CO-AUTHOR CD-ROM “SPORTS INJURIES OF THE FOOT AND ANKLE”
2008	BOOK REVIEW FOR JOURNAL OF ORTHOPAEDIC MEDICINE “THE COLOURED ATLAS OF FOOT AND ANKLE DISORDERS” (FOSTER & EDMONDS)
2009-2010	COMMISSIONED TO WRITE BOOK FOR PUBLIC ON FOOTCARE
2011 – NOW	SOCIETY OF PODIATRISTS FORENSIC PODIATRY COMMITTEE MEMBER MD: THE GAIT AND POSTURE CENTRE LLP. “ACCREDITED PODIATRY PRACTICE”
2012	SELECTED TO HELP RUN PODIATRY TEAM GB 2012 OLYMPIC GAMES
2012-2020 TO 2020	C.U.B.S (CARDIFF UNIVERSITY BOND SOLON EXPERT WITNESS) 2016 GAIT AND POSTURE CENTRE LLP. EXPERT WITNESS

Update 2019-2020.

Mr Costain continues to remain in full time private practice, is the CEO of the Gait and Posture Centre specialising in the analysis of gait related musculo-skeletal foot and leg and back problems relating to foot and leg malfunction.

Mr Costain has a total of 45 years of practice experience and is one of the Co-founders of Podiatric Surgery but for many years has specialised in Gait evaluation techniques within the Podiatry profession with a view of avoiding surgical intervention, and divides his time between his private practice and expert witness work.

His expert witness work involves mainly personal injury evaluation both for plaintiffs and defendants, with a ratio of 75% Claimants/Plaintiffs, and 25% defendants. He has been involved in some criminal cases involving his expertise in gait analysis of CCTV footage and footprint analysis, but concentrates more now on Personal Injury expert witness work.

He has been regarded as a professional expert in his field since 1985 when he was first registered with the Legal Services Commission. He holds full Expert Witness institute insurance indemnity cover.