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CURRICULUM VITAE

Dennis R. Trent, B.A., M.A., PhD, AFBPsS.
Chartered Clinical Psychologist (Reg. Nr. 021743)
Registered HCPC Practitioner (Reg. Nr. PYL22660)

EXPERIENCE:

- JUL 07 - FEB 09: **World Area Chair, International Council of Psychologists**
- JUN 07 - CUR: **Regional Fellow of the Royal Society of Medicine.**
- JAN 07 - JAN 10 **Co-Editor, The Bulletin, International Association of Applied Psychologists**
- JUL 06 - JUL 07: **Past-President, International Council of Psychologists.**
- FEB 06 - JUN 12 **Honorary Lecturer, Department of Psychology, University of Wolverhampton.**
- NOV 04 - FEB 06: **Visiting Lecturer, Department of Psychology, University of Wolverhampton.**
- JUL 05 - JUL 06: **President, International Council of Psychologists.**
- AUG 04 - JUL 05: **President-Elect, International Council of Psychologists.**
- NOV 04 - OCT 05: **Honorary Lecturer in School of Psychology, The University of Birmingham.**
- JUL 01 - JAN 07: **Editor, International Psychologist.**
- SEP 00 - AUG 03: **Member of the Board of Directors of the International Council of Psychologists.**
- SEP 99 - OCT 03: **Chairman of the Long-range Planning Committee of the International Council of Psychologists.**
- JAN 97 - JAN 01: **Honorary Visiting Lecturer, Department of Human Sciences, John Moores University, Liverpool.**
- JUN 96 - JAN 06: **Member of the European Working Party for Community Psychologists and co-organiser of the Second Annual World Congress of Community Psychology, Lisbon.**
- ONGOING: **Placement Supervisor for Students in Forensic Masters and Doctoral Degrees and for Masters and Doctoral Counselling Psychologist students.**
- APR 96 - AUG 01: **Founding board member for the Clifford Beers Foundation, a non-profit charity for the promotion of mental health and the prevention of mental illness.**
- JAN 88 - CUR: **Private practitioner. With an office in Birmingham, Midlands Psychological Services has become a major provider of private psychological services within the Midlands.**



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Services include direct patient provision, legal assessments, consultancy and contractual services. Direct patient care areas include working with child abuse survivors, interpersonal conflicts, phase of life issues as well as general mental health/ illness conditions. Assessments areas include survivors of child abuse across all four parameters, child risk across all four parameters including assessments on the offender to assess risk as well as the partner/ spouse to determine the ability to protect, criminal and personal injury issues. Current and past contracts include health authorities, prison venues and educational establishments.

JUN 90 - AUG 10: Initiator, past conference director and current academic advisor for the Annual Conference on the Promotion of Mental Health now combined with the World Federation for Mental Health as the World Congress on Mental Health Promotion and Illness Prevention. Conferences have drawn international interest and provided speakers from Europe, Asia, Africa, Australia and North and South America.

APR 92 - JUL 98: Honorary Research Fellow, Department of Psychology, University of Keele, Keele, U.K.

APR 92 - SEP 94: Curricula Advisor for Mental Health, Staffordshire and Shropshire College of Nursing, Princess Royal Hospital, Telford. Lectured and provided psychology and mental health input for curriculum on mental health blocks for basic and advanced nursing programmes. Instrumental in the mental health contents for the Nursing 2000 programmes.

APR 90 - APR 92: Director, Mental Health Promotion Unit, Department of Psychology, University of Keele in conjunction with St. George's Hospital, Stafford. A two year contract, the position was tasked with raising the profile of mental health both locally and nationwide. The Annual National (subsequently European) Conferences on the Promotion of Mental Health was established through the unit with the first in September, 1991. The position included lecturing within the university psychology department as well as providing supervision and clinical training and support within the hospital. Position was left to pursue private practice. This conference is to become co-sponsored by the World Federation for Mental Health to form a world conference on the Promotion of Mental Health in December 2000.

SEP 88 - MAR 90: Senior Clinical Psychologist, Amber Valley Community Mental Health Team, 16a Derby Road, Ripley DE5 - 3HR. Working through the Department of Psychology, Pastures Hospital, Derby, responsibilities included the provision of psychological services for both inpatient and outpatient populations. Position functions as part of a multi-disciplinary team providing psychological services to the community in the northern portion of the Southern Derbyshire Health Authority as well as providing professional support for both team members and ward staff. Liaison with other professional organisations and the development of community based services is integral to the position.

SEP 87 - JUN 90: Lecturer in psychology, Loughborough University of Technology. Lectures focus on third year clinical option and second year normality/ abnormality subjects within the psychology course.

SEP 86 - APR 88: Staff lecturer in Psychology at The University of Evansville - British Campus, Harlaxton College, Grantham, Lincolnshire. Student population is multinational.

SEP 86 - APR 88: Provider of mental health services for student population at Harlaxton College, University of Evansville, Grantham, Lincs. Provide intervention for students having



difficulties outside the purview of the normal academic counsellors. Population is multi-national.

- JAN 87 - JUN 87:** Lecturer in psychology for the School of Human Sciences, Trent Polytechnic, Nottingham. Courses included the study of both pathological behavioural patterns as well as therapeutic styles for adults, children and families, as well as special groups such as the mentally retarded and elderly. Specific courses were additionally given in psychometrics for students enrolled in the careers counselling courses. Lecturer in psychology for the School of Human Sciences, Trent Polytechnic, Nottingham. Courses included the study of both pathological behavioural patterns as well as therapeutic styles for adults, children and families, as well as special groups such as the mentally retarded and elderly. Specific courses were additionally given in psychometrics for students enrolled in the careers counselling courses.
- OCT 84 - JUN 87:** External lecturer at the University of Leicester Masters Degree in Clinical Psychology in diagnostic systems and clinical ethics. Undergraduate tutor in psychology, University of Nottingham, Nottingham, England.
- JUL 83 - JUL 84:** USAF Non-Commissioned Officer in charge of Mental Health unit at Ehrling Berquist Regional Hospital at Offutt AFB, Nebraska, 68113 USA. Responsible for the daily management of Mental Health Clinic, line of duty decisions for personnel involved in drug/ alcohol incidents, and ongoing treatment of patients within the clinic population. Off duty involvements included the County Domestic Abuse Subcommittee and a position as group therapist with Parents United for perpetrators, recipients and survivors of child sexual abuse. Position was vacated due to retirement from service to pursue a PhD in Clinical Psychology.
- JAN 82 - JUL 83:** Sole Mental Health Provider, Iraklion Air Station, Iraklion, Crete, Greece. Responsible for providing a full range of Mental Health services for active duty, dependent, retired, and civilian contract personnel. Interventions included individual, marital, family, and group treatment modes as well as inpatient referrals for ages ranging from three to seventy years old. While PhD support was available for temporary periods, continuity and clinic management remained within my purview. Position was vacated due to permanent change of station.
- FEB 80 - DEC 81:** Non-commissioned Officer in Charge of Medical Social Work Service, Department of Mental Health, David Grant USAF Regional Medical Centre, Travis AFB, Ca 94535. As a part of the initial planning team, I was charged with defining the parameters of an innovative program for the support of hospital inpatients and their families. As only one of two such programs in the Air Force, this service started with crisis intervention in the Intensive Care Nursery, providing support for parents of premature, stillborn, and birth defect infants. It was expanded to include intervention in paediatric oncology, providing counseling for terminally ill children and their families and later to adult oncology to provide individual/ familial therapy for mastectomy patients. Position was vacated due to permanent change of station.
- JUN 79 - FEB 80:** Non-commissioned Officer in Charge of Outpatient Mental Health Clinic, Department of Mental Health, David Grant USAF Regional Medical Center, Travis AFB, Ca 94535. Responsible for the routine operation of the outpatient clinic in addition to making line-of-duty decisions for individuals involved in drug abuse. Provided individual, family, and group psychotherapy to active duty, dependent, and retired personnel within the military and civilian communities. Extensive experience was gained with adolescents involved in parental or authority oriented difficulties. Position was vacated to help create and manage Medical Social Work Service at the request of the Chairman, Department of Mental Health.
- SEP 78 - JUN 79:** Outpatient Mental Health Technician, Psychology Services, Department of Mental Health, David Grant Regional USAF Medical Center, Travis AFB, Ca 94535. Responsible for the initial assessment and subsequent testing of referred psychiatric inpatients. Administration, scoring,



and interpretation covered intelligence measurements, personality assessments, memory scales, and various projective techniques. Determined acceptability of patient entry into bio-feedback program. Position vacated to assume position of NCOIC, Outpatient Mental Health Clinic.

JAN 81 - SEP 81: Student Mental Health Intern, California Medical Facility, Vacaville, California. Approximately 560 hours of supervised work with psychiatric prison populations over a nine month period. Inmates ranged from violent homicidal offenders through sexual deviants. Therapy was presented in both individual and group modes and included both therapeutic and psychometric processes.

SEP 80 - DEC 80: Student Mental Health Intern, Inpatient Service, Department of Mental Health, David Grant USAF Regional Medical Center, Travis AFB, Ca 94535. One hundred and fifty hours over a sixteen week period were served on an inpatient psychiatric ward. Experience in management and treatment of more severely disturbed patient populations was gained.

JUL 64 - AUG 84: As a Non-commissioned Officer in the United States Air Force I have had over 20 years of progressively responsible experience in dealing with extreme situations and persons of differing cultural backgrounds.

WORKSHOP EXPERIENCE:

The MMPI in Clinical Practice

The Structure and Treatment of Personality Disorders: The Expert Witness in Court

Mental Health Promotion Across Cultural Divides Delineating Mental Health

Assessing the Risk: A workshop for Guardian ad Litem Working With Learning Disabled Children

Counselling in the Workplace

Communication at Work and Self-Esteem

Separation and Stresses Consistent With High Mobility Occupations. Stress in the Workplace

Racism: Changing Perceptions

Psychological Report Writing for Solicitors and Courts

EDUCATION:

Doctorate: PhD in Psychology at the University of Nottingham, Nottingham, England.

Research was on the effects of loneliness during separations in which the individual intended to return to the relationship at some future point in time. The investigation focused on coping strategies and the impact of Erickson's concept of pseudo-intimacies.

Master of Arts: Master of Arts in Counselling Psychology, Chapman College, Orange California, 1981.

Bachelor of Arts: Bachelor of Arts in Psychology, Chapman College, Orange California, 1979.

Hypnosis: Forty hours of training in clinical hypnosis at the University of California at Berkeley, Berkeley, California, 1981.

CURRENT INTERESTS:

Current research is focusing on the delineation and measurement of mental health as a separate and distinct concept from mental illness. This has become a talking point for the World Health Organisation as it continues to try to define and establish measurements for mental health and as a central focus of the World Federation for Mental Health. The research developed from work done in the mental health promotion unit and, in part from work done on the differentiation of shame



and guilt and their impact on the aetiology of depression. That study was in conjunction with Paul Gilbert, PhD.

GENERAL INFORMATION:

Elected to International Who's Who of Professionals, May, 2004

Statement of Equivalency: Issued by British Psychological Society September, 1988.

Registry of Chartered Psychologists: Accepted to registry with certificate to practice as clinical psychologist: 1989 (Cert. No. 021743)

Chartered Scientist

Registered Practitioner Psychologist with the Health & Care Professions Council: Registration Nr. PYL22660.

Professional Affiliations: Associate Fellow of the British Psychological Society. Regional Fellow of the Royal Society of Medicine (00638698). Member of the American Psychological Association. Member International Council of Psychologists. Past-Member of the European Working Group of Community Psychology. Past-Member of the British Society of Experimental and Clinical Hypnosis. Past-Member of the World Federation for Mental Health.

PUBLISHED WORKS:

- Trent, D. R. (2015) Understanding the nature of personality disorders. *Expert Witness Journal*, Vol 1, 13, 61-63.
- Trent, D. R. (2014) Forensic Psychology: An underused resource. *Expert Witness Journal*, Spring, 2014.
- Herron, S. and Trent, D. R. (2000). Mental health: A secondary concept to mental illness. *International Journal of Mental Health Promotion*, Vol 2, 2,29-38.
- Trent, D. R. And Herron, S. (1999). Operationalizing mental health: A theoretical basis. *International Journal of Mental Health Promotion*, Vol 1, 3, 22-26.
- Trent, D. R. (1996). Mental Health in the Family: To Boldly Go... In Trent, D. R. and Reed, c. (Eds.) *Promotion of Mental Health*, Volume 5: 1995. Avebury, Aldershot, U.K.
- Gilbert, P., Allan, S., and Trent, D. (1996). A short measure of social and separation anxiety. *British Journal of Medical Psychology*, 69, 155-161.
- Trent, Dennis R. (1995). Mielenterveys MITÄ SE ON? Mielen Terveys, Jun, 6- 10
- Trent, D. R. (1995). You Say Prevention and I Say Promotion; A Response to Albee. In Trent, D. R. and Reed, C. (Eds.) *Promotion of Mental Health*, Volume 4: 1994. Avebury, Aldershot, U.K.
- Gilbert, P., Allan, S., and Trent, D. (1995). Involuntary subordination or dependency as key dimensions of depressive vulnerability. *Journal of Clinical Psychology*, Vol 51, 96,740-752.
- Trent, D. R. (1994). Fighting the four horsemen. In Trent, D. R., and Reed, C. (Eds.) *Promotion of Mental Health*, Volume 3: 1993. Avebury, Aldershot, UK.
- Trent, D. R. (1993). The promotion of mental health: fallacies of current thinking. In Trent, D. R., and Reed, C. (Eds.), *Promotion of Mental Health*, Volume 2: 1992. Avebury, Aldershot, UK.
- Moore, L. and Trent, D. (1993) A preliminary report on an elderly and youth exchange programme. In Trent, D. R., and Reed, C. (Eds.), *Promotion of Mental Health*, Volume 2: Avebury, Aldershot, UK.
- Trent, D. R. (1992). Breaking the single continuum. In Trent, D. R. (Ed.) *Promotion of Mental Health*,



Volume 1: 1991. Avebury, Aldershot, UK.

Llewelyn, S.P. and Trent, D.R. Nursing in the Community. 1987, Methuen/ The British Psychological Society. The volume is included in the Psychology- in-Action series for the British Psychological Society and focuses on the psychological aspects of day to day activities of nursing in the community.

Reeves, J. D., et al. Meeting the Special Needs of Children With Catastrophic Illnesses in Military Families. Military Service Digest, 1982 (Mar-Apr), 12-15.

OTHER FACTS:

US citizen living in the UK since 1984. Recognized for organization and supervisory skills and abilities with numerous Letters of Commendation and Awards for superior performance. Multiple appointments to Dean's Lists throughout academic pursuits. Traveled extensively throughout the United States, Canada, Mediterranean, Africa, Caribbean, Far East, Europe and Britain. Credentialed in the state of California as a Community College Instructor.