

## Curriculum Vitae

Dr. Abbas Lohawala

MBBS, MRCPsych, PGDiP(Neuropsychiatry), HGDip, Cert.EMDR

**Consultant Neuropsychiatrist, Hon. Associate Clinical Professor**

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### RELEVANT EXPERIENCE

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I have worked in Neuropsychiatric, General Adult, Adolescent, and forensic settings and as a disability assessor for Department of Work and Pensions. I have 18 years of post-qualification experience, the last 11 years of which as a Consultant Neuropsychiatrist.

Current job profile includes

- Consultant Neuropsychiatrist at Birmingham and Solihull Mental Health NHS Trust from July 2015.
  - Honorary Associate Clinical Professor and Brain Injury Module Lead and MSc Neuropsychiatry, University of Birmingham
  - Visiting Consultant Neuropsychiatrist at PJ CARE Neurological Care Centre from October 2016
  - Expert Witness work since 2012.
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- The current job is varied with clinics focused on a multitude of Neuropsychiatric Problems including Brain Injury, Dementia, Functional Disorder/Somatic Symptom Disorder, Huntington's Disease, Sleep, Epilepsy, Brain Injury and other Neuropsychiatric Disorders.
  - I routinely assess patients with a variety of Brain Injuries with Neuropsychiatric consequences who are referred from all over the West Midlands. I work with a multidisciplinary team including Nurses, OTs and physiotherapists at the Birmingham and Solihull Mental Health NHS trust.
  - Inpatient work is focused on General Adult Psychiatric conditions, Brain Injury Rehabilitation, Functional Disorders, Huntington's Disease and Dementia Care.

### Neuropsychiatry Experience

- **Lead Consultant Psychiatrist , Neuropsychiatry and Men's Division, St Andrews Healthcare.** Since February 2014 to January 2015, I worked for the Brain Injury Admissions ward and Low Secure Mental illness ward over two sites. I was also the medical lead for the Neuropsychiatry Division at St Andrews Healthcare for 6 months. This job involves looking after a variety of neuropsychiatry presentations with mix of emotional, behavioral and cognitive issues. I was also the ECT Lead Clinician for St Andrews Healthcare.
- My previous job as a **Consultant Neuropsychiatrist was at the Burden Centre of Neuropsychiatry, Frenchay Hospital in Bristol.**

- I have also provided as required Neuropsychiatry cover to Brunel House(Cygnets) in Bristol, Blackheath Brain Injury Unit in Greenwich, Hunters Moors Neuro-Rehabilitation unit in Birmingham, Brain Injury Rehabilitation Trust, Voyage care in Bristol and Lancashire and the Retreat Neuropsychiatric Hospital in York. I have developed comprehensive skills in Neuropsychiatric assessment and treatment.
  
- **CPD in Neuropsychiatry**
  - Revalidated in 2019.
  - In good standing with the Royal College of Psychiatrists CPD.

### **Publications/Posters**

- 1] 'Revisiting Modafinil for Schizophrenia-Implications for Neuropsychiatrists'-a systematic review of Modafinil for Schizophrenia-poster presented at RCPsych Section of Neuropsychiatry Annual Conference-Sep 2011, UK
- 2] 'Developing training partnerships to deliver Clinical Neuropsychiatry in the UK', co-authored article appeared in RCPsych, Section of Neuropsychiatry newsletter, Spring 2012.
- 3] Pituitary dysfunction after Brain Injury-- J Neurol Neurosurg Psychiatry-published July 2011.
- 4] V/K Dissociation therapy /Rewind therapy for PTSD-Poster Presentation done at RCPsych Psychotherapy Faculty meeting in April 2009.
- 5] "ADHD-Do Guidelines Translate into Service?" - A critical view of whether guidelines are implementable-published in May 2007 in the Journal of Child and Adolescent Mental Health.
- 6] "The Santa Claus"-article on emotional aspects of Dementia for clinicians. Appeared in the Old Age Psychiatry Newsletter, winter issue 2006.
- 7] "Wernicke's Encephalopathy- are we managing it appropriately?"-Poster Presentation- RCPSYCH Faculty of Liaison Psychiatry Annual meeting in Barcelona, 2005.
- 8] "Induction to Buprenorphine Treatment-are we following the guidelines"-Poster Presentation- Society for study of addictions, York, 2005.
- 9] "ECT-is it difficult to be NICE compliant?"-Poster Presentation- RCPSYCH South Asian forum and WPA joint Conference in Colombo, Srilanka, Nov. 2006.

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### **QUALIFICATIONS**

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- **MBBS**-awarded by University of Health Sciences, Andhra Pradesh, India, 2003.
- **MRCPsych**- completed in Autumn 2007.

- **HGDip**-Human Givens Psychotherapy Diploma with Distinction (An amalgamation of different therapy schools with strong links with humanistic therapies and the positive psychology movement) - October 2008.
- **Certificate in EMDR** –April 2010.
- **PGDip In Clinical Neuropsychiatry** – with merit form University of Birmingham, 2010
- **Section 12 approved** by Secretary of State for assessments under the Mental Health act.
- **Approved Clinician** since February 2011 (permission and trained to act as RMO for psychiatric patients detained under the mental health act).
- **Certificate of Completion of Training (CCT)** in General Adult Psychiatry in August 2011.