

Dr Paul McLaren

MB BS MA (OXON) MSc FRCPsych

Consultant Psychiatrist

SPECIALISMS

ADHD
ADD
Addiction
Anxiety
Bereavement
Bipolar
Capacity
Chronic Pain
Cultural Diversity
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Historic Sex Abuse
Military
Mood Disorder
Munchausen
Neglect
OCD
Perinatal
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
Psychosomatic
PTSD
Radicalisation
Risk
Schizophrenia
Self Harm
Sexual Abuse Victims
Sexual Harassment
Trafficking
Trauma
Victims of Torture

CASE TYPES

ADHD
Clinical Negligence
Coroner's Reports
Disability Discrimination
Employment Tribunal
Historic Sexual Abuse
Housing
Immigration & Asylum
Litigation Capacity
Occupational Health
Personal Injury
Risk Assessments
Road Traffic Accident
Second Opinion
Testamentary Capacity

General Medical Council number: 2923707

Section 12 approved under the Mental Health Act (1983) since 1989.

MEDICO-LEGAL:

I prepare 50 to 60 reports per annum as an Expert Witness on psychiatric aspects of **personal injury and medical negligence**.

I have been involved in a number of **high profile cases**. I am instructed on behalf of both **Claimant and Defendant**.

I have reported extensively on subjects who have suffered abuse including in the care of social services, religious institutions and schools. I prepared over 50 reports for the Irish Redress Board on subjects who were subjected to physical, mental and sexual abuse in Institutional care

CURRENT POSTS

Visiting Consultant Psychiatrist the Priory Ticehurst House and The Priory Hospital Hayes Grove.

Visiting Consultant Psychiatrist at The Tunbridge Wells Nuffield Hospital

CURRENT CLINICAL ACTIVITY AND SPECIAL INTERESTS

Psychological trauma:

As consultant psychiatrist at The Priory Ticehurst House. I assess and treat, both as outpatients and inpatients, sufferers of acute and chronic PTSD following single traumatic incidents or complex PTSD following prolonged abuse. I have trained in EMDR (Level II)

General adult psychiatry:

I diagnose and treat as inpatient and outpatient individuals suffering from a range of disorders including **mood and anxiety disorders, obsessive compulsive disorder, somatoform disorder, post natal depression, bi-polar disorder** and **psychosis**.

Addictions:

I am experienced in the diagnosis and treatment of **substance misuse disorders**.

Occupational psychiatry

I regularly prepare reports as an Independent Medical Expert for insurance companies, employers and Pension Trustees and as an Expert Witness for the Employment Tribunal.



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QUALIFICATIONS

BA in Physiological Sciences	University of Oxford	1981
MB BS	University of London	1984
Member of the Royal College of Psychiatrists	from	1989
MA	University of Oxford	1989
MSc in Mental Health Studies (Organisational Psychiatry & Psychology)	Institute of Psychiatry, Kings College London	2005
Bond Solon Expert Witness Certificate	Cardiff University Law School	2012

MEDICAL EDUCATION

Wadham College, Oxford	1979-1981
The London Hospital Medical College	1981-1984

PROFESSIONAL TRAINING

St. Thomas's Psychiatric Training Rotation <i>Specialist training posts in Substance misuse, Old Age Psychiatry, Child psychiatry and Psychotherapy</i>	1986-1989
Research Psychiatrist, UMDS, King's College London <i>Telepsychiatry and Psychotherapy process research</i>	1989-1993
South East Thames Senior Registrar Rotational Training Scheme	1993

CONSULTANT EXPERIENCE

Consultant in General Adult Psychiatry with Canterbury & Thanet Community Healthcare Trust (6 sessions) & Senior Lecturer in Psychiatry, United Medical & Dental School of Guy's and St Thomas's Hospitals, GKT (5 sessions).	1993-1996
Consultant Psychiatrist, with Lewisham & Guy's Mental Health Trust (7 sessions) and Senior Lecturer in Psychiatry, GKT, King's College London	1997-1999
This post then became a Consultant Psychiatrist post with South London & Maudsley (SLAM) NHS Trust and part-time Senior Lecturer in Psychiatry GKT until 2003.	1999-2004
Honorary Consultant Psychiatrist SLAM	2004- 2012
Medical Director at The Priory Ticehurst House	2004- 2016
Medical Director at the Priory hospital Hayes Grove	2014- 2021

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ACADEMIC EXPERIENCE

Examiner of the University of London

My main research interests are in Telepsychiatry and eMental Health and I have written articles and published in the peer reviewed literature on this subject. In 2003 I co-edited the first book on this subject Telepsychiatry and EMental health, published by the Royal Society of Medicine Press.

Between 1993 and 1999 I was Postgraduate Courses Coordinator in the Department of Psychiatry GKT and ran the Regional MRCPsych training course. I also established and taught modules in Cognitive Behaviour Therapy, Research Methods and Inpatient services on the Master's Degree in Mental Health Studies at GKT.

Between 1993 and 1996 I was Clinical Tutor for Canterbury & Thanet NHS Trust.

REPRESENTATIVE EXPERIENCE

I was Deputy Chairman of the National Junior Doctor's Committee of the British Medical Association and a national negotiator. I had special responsibility for the campaign to reduce the working hours of junior doctors. I was a UK representative on the Permanent Working Group of European Junior Doctors.

Between 1996 and 2003 I was a South East Thames regional representative on the General Adult Psychiatry Section of the Royal College of Psychiatrists.

Between 1997 and 2000 I was Chairman of the Telemedicine & eHealth Forum of the Royal Society of Medicine

ADDITIONAL COURSES AND MEMBERSHIP

The Risk of Sexual Violence Protocol (RSVP) Institute of Psychiatry, London	2011
Fraud & Exaggeration in Personal Injury Claims Conference	2012
Understanding the Jackson Reforms	2013
Mock Employment Tribunal Training Day Thomson Snell & Passmore	2014
Systematic incident investigations using root cause analysis Verita	2015

CONSULTING ROOMS

The Priory Ticehurst House, East Sussex.
The Priory Hospital Hayes Grove, Bromley, London.
The Priory Wellbeing Centre Fenchurch street, London.
The Tunbridge Wells Nuffield Hospital.