

Mr. Stuart Metcalfe BSc(hons), MPhil, FRCPod(S)
CONSULTANT PODIATRIC SURGEON

PERSONAL DETAILS

1. NAME

Mr Stuart Anthony Metcalfe

2. CORRESPONDENCE ADDRESS

Redwood House, Pikes Hill Avenue, Lyndhurst, SO43 7AX

3. CONSULTANT EMAIL

footconsultant@gmail.com

4. SECRETARY

Anne Fellows

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+447960 472824

5. DATA PROTECTION

ICO registration Z1454370

6. FOOTCONSULTANT CLINIC LOCATIONS

LONDON

9 Harley Street, London, W1G 9AL

BIRMINGHAM

Spire Parkway Hospital, Damson Parkway, Solihull, B91 2PP

HAMPSHIRE

Waterfront & Solent Surgery, Jones Lane, Hythe, SO45 6AW

7. MEDICO-LEGAL INFORMATION

- 1st tier APIL expert
- UK Register of experts
- Provision of expert reports since 2007
- Twenty to forty reports prepared annually. Experience of preparing joint reports
- Estimated 40% Claimant, 45% Defendant, 15% PI
- One court attendance 2017 (HCPC)
- Waiting time for examination 1-2 weeks
- Report preparation within 21 days of receipt of instruction / client examination
- I have acted for GMC, HCPC, Insurance companies, Employment cases, Medical Defence Societies
- Over 30 years clinical experience in Podiatry and Podiatric Surgery
- Sound grasp of legal principles & Civil Procedures Rules
- Strong academic background with multiple publications
- Scientific, impartial, analytical and logical approach
- Screening, Advisory and Full CPR Part 35 Compliant Reports available on Breach of Duty, Causation, Present Condition and Prognosis

8. KEY AREAS OF EXPERTISE

- Biomechanics & Gait analysis including orthoses.
- Chiropody – Podiatry – Podiatric Surgery
- Bunion surgery
- Dermal fillers (applied to feet)
- Diabetic foot and foot ulceration
- Forefoot surgery (e.g. Hallux valgus, Morton's Neuroma, Nail surgery, Osteotomy, Joint replacement)
- General podiatry
- Flat foot
- Foot surgery (excluding trauma)
- Footwear
- Local anaesthesia & injection therapy of the foot & ankle
- Nail surgery
- Orthotic therapy
- Sports injury involving foot and ankle
- Verruca treatment

9. MEMBERSHIPS

- Fellow of the Faculty of Surgery College of Podiatrists
 - Member of the West Midlands Consultants & Specialists Group
 - Chairman of the Surgical Advisory Board to OsteoTech (U.K.) Ltd (2001-2013)
 - Chair of the West Midlands Postgraduate Study Group. (2005-2007)
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- Chair Annual Podiatric Surgeons Conference (1998 - 2011)
- Member of Association of personal injury lawyers
- Fellow of the College of Podiatrists
- HCPC registered CH10856

10 TERMS

Details of my full terms are available on request.

11 EDUCATIONAL QUALIFICATIONS

2015 Independent Prescribing
 2013 MPhil Manchester Metropolitan University
 2003 CSST Certificate of Specialist Surgical Training (Podiatric Surgery)
 2002 Certificate of Competence in use of Prescription only Medicines
 1997 Fellow of the Faculty of Surgery (College of Podiatrists)
 1993 BSc(Hons) Podiatry
 1990 Diploma Podiatric Medicine
 1996 B/Tec ONC Business Studies

12 PROFESSIONAL APPOINTMENTS

Fellow of the Royal College of Podiatry (Surgery)
 Faculty of Surgery Board Member (2005-2008) (2010-11)
 Regional Dean (Midlands), Faculty of Surgery, College of Podiatrists (2006-2007)
 Faculty of Surgery Tutor + Examiner (Retired)
 Faculty of Surgery Tutor Review Panel (Retired)
 Editorial Board J. Foot & Ankle Studies (2016)

13 AWARDS

2009 Clinical Governance Award for Clinical Excellence
 2006 Clinical Governance Award; Overall winner of category:
 Podiatric Surgery Care Pathways; Solihull Primary Care Trust
 2004 Clinical Governance Award; Commendation
 Development of Patient Information, Solihull Primary Care Trust

14 OTHER

2009 NICE (Sinus tarsi implant insertion for mobile flatfoot / hyperpronation (101)).
 Specialist Advisor to NICE
 2008 Advisor for "Hallux Valgus" on behalf of NHS Clinical Knowledge Summaries
 Advisor for "Plantar fasciitis" on behalf of NHS Clinical Knowledge Summaries

15 EMPLOYMENT

2011	2019	Consultant Podiatrist (Foot & Ankle Surgery) Dept. Podiatric Surgery, Solent NHS Trust <ul style="list-style-type: none"> • Clinical lead for Podiatric Surgery • Lead for high intensity diabetes wound clinic • MSK lead (Podiatry, Physio, Pain 2016-17) Private Practice Spire Parkway Hospital, Damson Parkway, Solihull
2008	2011	Clinical Lead / Consultant Podiatric Surgeon, Dept of Podiatric Surgery, Solihull Healthcare Primary Care NHS Trust
2002	2008	Solihull Healthcare Primary Care NHS Trust Consultant Podiatric Surgeon (Appointed 17.4.200)
1996	2001	Solihull Healthcare Primary Care NHS Trust SpR Podiatric Surgery

16 LECTURES / PRESENTATIONS

2025	Nail surgery Masterclass Royal College Podiatry Kent Branch
2023	Litigation in Podiatric Practice One day seminar
2022	Kettering Podiatry Conference

	"Avoiding litigation in Podiatric Practice"
2022	Podiatry Lecture "Paper notes – paper thin protection"
2022	Podiatry Lecture "Hallux valgus – all you need to know"
2022	Podiatry Lecture "Diabetic Foot Ulceration – classification and national guidance"
2021	FHP Lecture "CPD and how it integrates into professional practice"
2021	Podiatry Lecture "Avoiding the pitfalls of medical litigation"
2021	GP Lecture "Ten Pearls for ten foot pathologies"
2020	Podiatry Lecture "Heel pain – more than plantar fasciitis"
2017	Orthopaedic Study Day, Spire Healthcare What, when and why to refer when it comes to feet
2017	GP Registrar Training Diagnosis and management of ten common foot pathologies
2016	26 th Annual Conference British Dermatological Nursing Group Lower limb anaesthesia for Dermatological practice
2015	Primary Care 2015 "Reflections of a decade of medicolegal practice" "Plantar fasciitis"
2014	Regional anaesthesia in Day Case Elective Surgery Why does hallux valgus surgery fail? 22 nd International symposium for foot surgery, The German Foot & Ankle Society, Munich
2014	Paediatric flat foot : Concepts for management Primary Care & Public Health 2014 NEC, Birmingham
2014	Surgical options for acute & non acute nail pathology Primary Care & Public Health 2014 NEC, Birmingham
2014	Dealing with failed hallux valgus surgery An approach to expert revision surgery Directorate of Podiatric Surgery, Annual Conference, Directorate of Podiatric Surgery.
2012 April	Injection techniques of the lower limb Fife postgraduate group, Scotland
2011 December	Medial calcaneal displacement osteotomy Diabetic foot ulceration - The aetiological pathway Equinus - What, when and how to treat 19 th International Symposium for Foot Surgery, Munich, Germany
2010 October	Subtalar arthroereisis: Interim patient reported outcome measures and anthropometric measures. Annual Conference, Society of Chiropodists + Podiatrists, Bournemouth, UK
2010 June	Injection Therapy for Podiatrists Northampton Regional Conference, Northampton, UK
2010 May	Current concepts in Hallux Valgus Surgery

	Primary Care 2010, NEC, Birmingham, UK
2010 April	Achilles Tendon Lengthening in Diabetic Foot Ulceration NI Society Annual Conference, Belfast, UK
2010 February	The surgical approach to flexible flat foot West Midlands Consultant Group
2009 May	Podiatry's role in a competency based healthcare setting Primary Care 200, NEC, Birmingham Neurological + Vascular Assessment ERASMUS programme, Karolinska Institute, Sweden
2009 April	Current concepts in managing peri-talar instability with arthroereisis Royal College of Surgeons, London, UK
2009 March	How does arthroereisis really work? OsteoTec Annual Surgical Conference, UK
2009 January	Subtalar arthroereisis in the management of collapsing pes plano valgus : What is the evidence? Indications and technique for gastrocnemius recession in the management of collapsing pes plano valgus, University of Southampton, UK
2008 December	Use of Hyaluronic acid in the management of osteoarthritis Current concepts in the diagnosis + management of heel pain Canadian Podiatric Medical Association, Annual Conference, Toronto
2008 November	Differential diagnosis in lower extremity ulceration University of Southampton, Debridement Course, Smith + Nephew
2008 October	Pneumatic ankle tourniquet in extremity surgery Annual Conference, Society of Chiropodists + Podiatrists, UK
2008 September	Revision hallux valgus surgery Posterior tibial tendon dysfunction : Critical review Surgical instructor GFFC Master Surgeons Course, Lubeck, Germany
2008 August	Diabetic foot ulceration and the role of percutaneous Achilles tendon lengthening : Critical review Subtalar arthroereisis in the management of flexible flat foot: Popliteal block anaesthesia : Lateral approach North West American Podiatric Foundation
2008 June	Experience and outcomes of 1000 cases of Day Case foot surgery British Association Day Surgery, Annual Conference, Scarborough, UK
2008 May	Diagnosis and management of plantar heel pain Primary Care 2008 NEC, Birmingham
2008 May	Current concepts in locking plates for reconstructive foot surgery: Master Surgeons course, Lubeck, Germany
2008 April	Informed consent in Podiatric practice Northampton General Hospital, UK
2008 March	1 st mtpj fusion for end stage arthrosis, an evidenced based argument The enigmatic second toe Midwest Podiatry Conference, Chicago, USA

	<p>Popliteal nerve block for Day Case Foot Surgery Management of flexible flat foot – current concepts OsteoTec Spring Conference, Belton Woods, Grantham, UK</p>
2007 October	<p>Which local anaesthetic when. (20 mins) Society of Chiropractors Annual Conference, Harrogate, UK</p>
2007 October	<p>Development of Podiatric Surgery in the UK; Challenging medical power Heel Pain – Results of the Solihull Protocol: (45 mins) Ontario Podiatric Medical Association, 83rd Annual Scientific Conference</p>
2007 May	<p>Acral lentiginous melanoma of the foot mimicking diabetic foot ulcer Podiatric Surgery UK in the new millennium. Outcomes after surgical plantar fascial release World Congress of Podiatry, Copenhagen</p>
2007 May	<p>What can be achieved in day case foot surgery: Solihull Protected Learning Time Event, Solihull, UK</p>
2007 March	<p>Tailors bunion correction v Osteoclasia OsteoTec Annual Conference, Cambridge, UK</p>
2006 September	<p>Skin surgery (90mins x 3) U.K. Podiatric Dermatology Group, Glasgow, Scotland</p>
2006 September	<p>Surgical management of end stage CPPV by triple arthrodesis (oral) A prospective analysis of surgical outcomes in hallux valgus surgery using a validated outcome measurement tool (poster presentation) Does 1st mtpj fusion for end stage arthrosis benefit the patient? (poster presentation) Comparison of two transpositional osteotomies utilised for the correction of hallux valgus using a specific validated outcome tool. (poster presentation) Pedal schwannoma: A single case report (poster presentation) Society of Chiropractors & Podiatrists Annual Conference, Brighton</p>
2006 September	<p>Akin Osteotomy (20 mins) Current concepts in the diagnosis + management of heel pain (30mins). Clinical instructor (2 days) Advanced + Master Foot Surgery Meeting, Lubeck, Germany</p>
2006 July	<p>Podiatric Surgery : Service overview: (30mins GP lecture) Radiology of the Foot : (3 hr lecture for Podiatrists)</p>
2006 March	<p>Management of failed naviculo-cuneiform fusion using external fixator. Subtalar fusion : Lecture + workshop Outcomes of partial plantar fascial release in a consecutive series of patient using a validated outcome measure Surgical Audit : The Solihull System OsteoTec Spring Conference, Belton Woods, Grantham, UK</p>
2005 December	<p>Peripheral nerve blocks in Podiatric practice Undergraduate lecture, Matthew Boulton School of Podiatry</p>
2005 September	<p>Clinical instructor Master Surgeon Course German Orthopaedic Foot Society, Lubeck, Germany</p>

2005 June	Quadruple arthrodesis for rigid end stage pes plano valgus Trent Forum Postgraduate Study Day, Trent UK
2005 May	Clinical instructor on A/O fixation + cadaver forefoot & rearfoot surgery reconstruction 2 day Wet Lab + 1 day A/O course, Lubeck
2005 March	1 st mtpj arthrodesis is the only solution for end stage arthrodesis Smokers are not suitable for elective foot surgery? OsteoTec Spring Conference, Belton Woods, Grantham, UK

17 BOOKS + CHAPTERS

2023 Anterior Ankle Pain.

Hussein, Mohsin & Iyengar, Karthikeyan & Metcalfe, Stuart & Botchu, R.. (2023).
10.1007/174_2023_431. Sage Publications

2010 **“Injection therapy of the lower extremity”** Elsevier Publishing Ltd
Metcalfe S.A., Reilly I : Elsevier

18 POSTER PRESENTATIONS

- 2007 SOCAP Annual Conference; 18-20 October 2007. Harrogate.
First metatarsophalangeal joint fusion and 2nd & 3rd metatarsal head resection for chronic plantar forefoot pain in rheumatoid arthritis.
Mr J Olivelle, Mr S A Metcalfe
- 2007 FIP World Congress Podiatry; 26-28 May. Copenhagen
Unusual complication of MBA implant: A single case study
Mr J Olivelle, Mr S A Metcalfe
- 2006 SOCAP Annual Conference; 23-25 November 2006. Brighton.
Pedal Schwannoma: A single case study : Olivelle J, Metcalfe S A

19 COURSES

- 2024 Paediatric Basic Life Support
2023 Podiatric Dermatology Study Day [28-10-2023]
2022 Data protection (26-10-2022)
2022 Safeguarding Children (advanced 26-10-22 expires 26-10-2025)
2021 Paediatric BLS
2021 Resuscitation Level 3 (ILS)
2020 Medical Exposure (IRMER)
2019 Compassion in practice (8-10-2019)
2019 Equality & Diversity (8-10-2019)
2016 Paediatric Basic Life Support
2016 Orthopaedic Study Day
2016 Immediate Life Support
2015 Immediate Life Support
2014 Immediate Life Support
2011 Ionising Radiation Medical Exposure
2010 “Respect for People” Equity & Diversity (2/11/10)
2010 World Congress Podiatry, Amsterdam
2010 OsteoTec Annual Spring Conference, UK
2009 Society of Chiropodists & Podiatrists Annual Conference, Harrogate, UK
2009 OsteoTec Annual Spring Conference, UK
2008 Society of Chiropodists & Podiatrists Annual Conference, Bournemouth, UK
2008 OsteoTec Annual Spring Conference, UK
2007 Society of Chiropodists & Podiatrists Annual Conference, Bournemouth, UK

- 2007** OsteoTec Annual Spring Conference, UK
2006 UK Podiatric Dermatology Association, Conference, Ayrshire, UK
2005 Certification course in Arthroscopic Surgery of the Foot & Ankle
 Foot & Ankle Institute, Chicago, Il.
2005 A/O Fixation + Cadaver Course
 Luebeck, Germany
2004 American College of Foot + Ankle Surgeons Annual Conference
 San Diego, Ca, USA
2004 Low Molecular Weight Heparins for Thromboprophylaxis
 Manchester, UK
2004 Cryosurgical Techniques
 Detroit, USA
2003 Micro-aire Bioaction Toe
 Belton Woods, UK
2003 Society of Chiropodists & Podiatrists Annual Conference
 UK
2003 Peer Review Training Day
 London, UK
2002 American College of Foot and Ankle Surgeons “Master Surgeon Training”
 Boston, USA
2001 Society of Chiropodists & Podiatrists Annual Conference, UK
2000 Society of Chiropodists & Podiatrists Annual Conference, UK
1999 American College of Foot and Ankle Surgeons “Master Surgeon Training”
 Boston, USA
1999 Society of Chiropodists & Podiatrists Annual Conference, Dublin, Ireland
1998 Flexible flat foot – Anatomical Basis for Repair, London, UK
1998 Anatomical approach to rear and mid foot arthrodesis, University College,
 London
1998 Society of Chiropodists & Podiatrists Annual Conference, Bristol, UK
1997 Masters Level Pharmacology (100 hrs), Southampton, UK

20 PUBLICATIONS¹⁻²⁵

2023	Mohsin H, Metcalfe S, Kartthieyan P, Botchu R Bilateral Cubonavicular and Synchronous Talocalcaneal Tarsal Coalition with stress response - Case report and review of literature. Indian J. of Radiology and Imaging 2023
2017	Ross Diaper , Ernest Wong , Stuart A. Metcalfe The implications of biologic therapy for elective foot and ankle surgery in patients with rheumatoid arthritis. The Foot “The Int J. of Foot Science”: March 2017 Volume 30, Pages 53–58 http://dx.doi.org/10.1016/j.foot.2017.01.009
2015	N Tanner, R Diaper , M King, SA Metcalfe Case study: A case of debilitating gout in the 1st metatarsophalangeal joint. The Foot “The Int J. of Foot Science”: March 2015 http://dx.doi.org/10.1016/j.foot.2014.11.004
2015	The ingrowing toenail Dermatological Nursing, 2015, Vol 14, No 1 https://eprints.soton.ac.uk/375015/1/ingrowing%2520toenail.pdf
2012	Journal American Podiatry Association Natalie Taylor, FCPodS ⁺ , Jackie Campbell, PhD [±] , and Stuart Metcalfe, FCPodS Radiographic Measurement of the First Metatarsal A New Technique to Improve the Accuracy of Intermetatarsal Angle Measurement http://dx.doi.org/10.7547/1020105
2010	Metcalfe, S.A.:

	A longitudinal study of hallux valgus surgical outcomes using a validated patient centred outcome measure. <i>The Foot</i> . 2010
2010	Metcalfe, SAB, F.L.; Reeves, N.D.: Subtalar joint arthroereisis in the management of pediatric flexible flatfoot: A critical review of the literature. <i>Foot & Ankle International</i> . 32 : 1127-1139.2010
2010	Taylor, NM, S.A.: Case study: Revision surgery Keck & Kelly osteotomy for recurrent heel pain. <i>Podiatry Now</i> . 13 : 4.2010
2010	Hankin, DB, F.L.; Metcalfe, S.A.; Whitehouse, R.; Boulton, A.J.M.: Critically Evaluating the Role of Diagnostic Imaging in Osteomyelitis. <i>Foot & Ankle Specialist</i> . 2010 10.1177/1938640010390934
2010	Bowling, FL; Metcalfe, SA; Wu, S; Boulton, AJ; Armstrong, DG: Liquid silicone to mitigate plantar pedal pressure: a literature review. <i>J Diabetes Sci Technol</i> . 4 : 846-852.2010
2010	Malone, MM, S.; Metcalfe, S.; Gannass, Abdulaziz.; Bowling, F.L.: Injectable liquid silicone to reduce plantar pressure: A case report. <i>Diabetic Foot Journal</i> . 13 : 2010
2009	Maher, AJ; Metcalfe, SA: A report of UK experience in 917 cases of day care foot surgery using a validated outcome tool. <i>Foot (Edinb)</i> . 19 : 101-106.2009 S0958-2592(09)00005-4 [pii] 10.1016/j.foot.2009.01.002
2009	Taylor, NG; Metcalfe, SA: Midfoot fusion using a locking plate system: a casereport. <i>Foot (Edinb)</i> . 19 : 189-193.2009 S0958-2592(09)00008-X [pii] 10.1016/j.foot.2009.01.008
2008	Bristow, IM, S.A.: Acral lentiginous melanoma or diabetic foot ulcer? <i>Diabetic Foot</i> 11 : 28-35.2008
2009	Griffis, CD; Metcalfe, S; Bowling, FL; Boulton, AJ; Armstrong, DG: The use of gentamycin-impregnated foam in the management of diabetic foot infections: a promising delivery system? <i>Expert Opin Drug Deliv</i> . 6 : 639-642.2009 10.1517/17425240902997919
2008	Maher, AJ; Metcalfe, SA: First MTP joint arthrodesis for the treatment of hallux rigidus: results of 29 consecutive cases using the foot health status questionnaire validated measurement tool. <i>Foot (Edinb)</i> . 18 : 123-130.2008 S0958-2592(08)00038-2 [pii] 10.1016/j.foot.2008.04.004
2008	Taylor, NG; Metcalfe, SA: A review of surgical outcomes of the Lapidus procedure for treatment of hallux abductovalgus and degenerative joint disease of the first MCJ. <i>Foot (Edinb)</i> . 18 : 206-210.2008 S0958-2592(08)00059-X [pii] 10.1016/j.foot.2008.05.005
2008	Maher, AJ; Metcalfe, SA; Parr, S: Local anaesthetic toxicity. <i>Foot (Edinb)</i> . 18 : 192-197.2008 S0958-2592(08)00056-4 [pii] 10.1016/j.foot.2008.05.002
2007	Metcalfe, SAH, M: Digital Adenosarcoma : A single case report. <i>Br J of Podiatry</i> . 10 : 45-46.2007
2007	Metcalfe, SA: First metatarsophalangeal joint fusion and 2nd + 3rd metatarsal head resection for chronic plantar forefoot pain in rheumatoid arthritis as a day case procedure - a single case stud. <i>Br J of Podiatry</i> . 11 : 150-153.2007
2007	Metcalfe, SA: Unusual complication of the MBA implant (abst). <i>Br J of Podiatry</i> . 10 : 74.2007
2001	Metcalfe, SA: Does the administration of entonox gas during local anaesthetic injection for elective foot surgery significantly reduce injection discomfort? <i>The Foot</i> . 11 : 85-88.2001
2001	Metcalfe, SA: Non-united fifth metatarsal metaphyseal fractures. <i>The Foot</i> . 11 : 99-102.2001
2001	Metcalfe, SA; Davit, RK: Chronic Achilles paratendonitis with tendonitis. <i>The Foot</i> . 11 : 106-108.2001
2000	Metcalfe, SA; McColgan, MA: Challenging the immune system: undisclosed nickel sensitivity in podiatric surgery. <i>The Foot</i> . 10 : 207-209.2000

1998	Intra-osseous lipoma: Literature review and single case presentation. Podiatry Now. 10 : 207-209.1999
1996	Metcalf, SR, F.: Energy Return of Foot Orthoses : A Comparison of TL-200 and XT Sprint. Br J Podiatric Medicine & Surgery. 8 : 25-27.1996
1995	Metcalf, SA: Achilles paratendonitis - relationship between predisposing factors and pathogenesis Br J of Rehabilitation and Therapy. 2 : 13-16.1995 `
1994	Metcalf, SA: The Neurological Basis of Gait. Br J of Podiatry. 6 : 66-70.1994