

761 CURRICULUM VITAE

Mr James E. Metcalfe

MB ChB FRCS (Ed) Trauma and Orthopaedics
Consultant Trauma and Orthopaedic Surgeon.
Specialist Interest in Paediatric Orthopaedics
And Foot and Ankle Surgery

Date of Birth : 7th March 1970	GMC Number : 4016423
<u>Qualifications: Undergraduate.</u> MB ChB (Birmingham 1993)	<u>Qualifications: Postgraduate.</u> FRCS Part One (Ireland 1995) FRCS Part Two (Edinburgh 1998) FRCS (Trauma and Orthopaedics) (Bristol 2004.)
<u>Contact Details : NHS Address</u> Orthopaedic Department, Level 11, University Hospitals Plymouth NHS Trust, Derriford Hospital, Plymouth, Devon. PL6 8DH. Telephone 01752 439176 Website- www.pposw.co.uk	<u>Contact Details : Private Address</u> The Plymouth Nuffield Hospital, Derriford Road, Plymouth, Devon. PL6 8BG. Telephone 01752 761873 Secretary – Paula Dodds Website: www.nuffieldhealth.com/plymouthhospital Email- paula.dodds@nuffieldhealth.com
	<u>Contact Details : Medico-legal Plymouth</u> Consulting Rooms Plymouth Nuffield Health Derriford Road Plymouth PL6 8BG Telephone: 07545485958 Secretary- James Metcalfe Email: metcalfeje@doctors.org.uk
E-mail : metcalfeje@doctors.org.uk	Mobile number : 07545 485958
Year first appointed as a consultant : 2006	
Please send all instructions to Plymouth Nuffield Hospital or email to metcalfeje@doctors.org.uk	
Website- www.james-metcalfe.co.uk	
Special skills: General trauma and orthopaedic surgery. Specialist interest in complex lower limb trauma and limb reconstruction. Specialist interest in paediatric orthopaedics. Specialist interest in foot and ankle surgery.	
Professional Affiliations: Fellow of the Royal College of Surgeons in Edinburgh. British Orthopaedic Association. British Foot and Ankle Society. British Society of Childrens's Orthopaedics.	

Consultant Trauma and Orthopaedic Surgeon at Plymouth University Hospitals NHS Trust .

Paediatric Orthopaedics

I am one of three Consultants with a special interest in children's orthopaedics working at Derriford hospital. About 30 % of my practice is dedicated to paediatric orthopaedics.

We serve the Plymouth area but have expanded our catchment area to include Cornwall and South Devon. I perform paediatric orthopaedic Clinics in Plymouth based at Derriford Hospital. I also perform peripheral Clinics in Cornwall based at the Child Development Centre at Treliske Hospital and at Bodmin Hospital. I also run multidisciplinary clinics based at special schools in Plymouth.

Paediatric orthopaedic surgery is performed at Freedom Paediatric Operative Suite. This is a dedicated paediatric theatre served by specialist nurses, ODP and highly trained paediatric anaesthetists. The majority of children undergoing surgery are allowed home on the day of surgery. For those children needing overnight care, admission to the paediatric ward is arranged. For more complex surgery the children are admitted to the Children's High Dependency Unit.

Paediatric Foot and Ankle Conditions.

I assess and treat all paediatric foot conditions. The majority of foot deformity is treated conservatively with physiotherapy and orthotics. However I perform corrective surgery for curly toes, bunions and flat feet. The more complex deformities may require Ilizarov frame correction. I also assess ankle joints arthroscopically.

Adult Foot and Ankle Surgery.

I am one of three Consultants who have a specialist interest in adult foot and ankle surgery. About 30% of my practice is dedicated to adult foot and ankle surgery My surgical repertoire extends from the ankle, hind foot, mid foot and fore foot. I perform arthroscopic assessment and treatment of the ankle and subtalar joint.

Trauma.

Plymouth Hospitals NHS Trust is designated as a major Trauma centre since 2012. My duties involve trauma care and I participate in the on-call rota. I am involved in a specialist rota for dealing with paediatric trauma in the Freedom Children's Surgical Unit. About 40% of my practice is dedicated to trauma.

Teaching Undergraduate.

The Peninsula Medical School is attached to Derriford Hospital. I am involved in the education of undergraduate medical students. I perform a regular "Broken Leg Week" introductory session twice per month. This involves basic science and clinical skills. I also teach medical students for their Special Study Unit in Paediatric Orthopaedics.

Nuffield Hospital Private Practice

I have performed private practice since July 2006. This is mainly adult foot and ankle surgery. I perform weekly clinics and monthly operating lists.

Medico legal Practice

My medicolegal work commenced in 2006 after completing Inns of Court course.

I perform clinics in Plymouth and London.

I produced over 100 medical reports in 2022.

My medico legal practice is 90% personal injury and 90% claimant.

I am performing approximately 10 medical negligence reports per year.

The average waiting time is 4 weeks to appointment.

The average turnaround time is 6 weeks.

I have not attended court yet.

Plymouth Medicolegal Venue –

Faye Pedlar Clinic
5 Whiteford Road,
Plymouth.
PL3 5LU

London Medicolegal Venue –

Charter House Clinic,
98 Crawford Street,
Marylebone.
London.
W1H 2HL.

Medico-legal Course	Location	Date
The Medico-legal Expert Witness Course	Inns of Court School of Law	13- 15 th June 2006
Advanced Medico-legal Expert Training	Specialist Info	19 th June 2019
Courtroom Skills Training	Bond Solon	5 th October 2021
Cross Examination Day	Bond Solon	10 th November 2021

Overseas Working and Teaching

SPARSH Hospital – Bangalore 2011

I was a visiting surgeon on a surgical camp visiting Bangalore in 2011. This involved delivering paediatric orthopaedic clinics and performing complex deformity correction and Cerebral Palsy Surgery over the course of a week.

Nepal Trips and Neverest Orthopaedics – 2013 – 2023

Professor Rajan and I visited Nepal in 2013 working mainly at Nepal Medical College and Nepal Orthopaedic Hospital. We delivered a SICOT conference on paediatric orthopaedics. We performed clinics and surgery over a 2 week period. Professor Rajan and I co founded a charity called Neverest Orthopaedics to help fund these teaching trips.

We have visited Nepal 8 further times since 2013 and our last trip was in September 2023. We support SERC Special School in Kathmandu.

Dartmoor Search and Rescue Team

I commenced training with Dartmoor Search and Rescue Team in Tavistock in 2012. This involved navigation in extreme weather, swift water training and other search skills. I completed training in March 2013 and was “badged” receiving my coveted Red Mountain Rescue jacket.

Completing training has enabled me to become a call out member. Training occurs every Wednesday evening. We are called out 2 – 3 times per month at all hours of the day and night.

Within the rescue team, I have attended a Swift Water Rescue course run by Rescue Three. This is an internationally recognised qualification. These skills were put to test in York in December 2015 when we were deployed to help the local population.

In 2014 I was invited to join the “Hasty” running team. We are a small group of runners that run during a call out. We quickly assess paths and other areas where missing persons are likely to be found.

In addition to my search and water skills, I also provide medical training to the team and also other search teams in the local area.

Ultra-marathon Running and Climbing

I have completed 17 ultra marathons since 2012. I completed the Spine Mountain Rescue Challenger in 2018. This was a 108-mile race over the Pennines.

Within the Mountain Rescue Team, there is a core group of climbers who climb indoors over winter and outdoors in Summer. We have aspirations for more adventurous overseas climbing in the next few years.