

Curriculum Vitae

**Richard John
Parkinson**
PhD FRCS(Urol.)

Consultant Urological Surgeon

Nottingham City Hospital

Professional Summary

I have been a consultant urologist at Nottingham City Hospital since January 2009. I have a general urological practice and am a subspecialist in reconstructive urology, neurological bladder problems, incontinence (including post-prostatectomy incontinence), mesh removal surgery and female urology. My practice includes tertiary referrals from other urologists around the region particularly for management of complex incontinence problems.

I was head of service for urology at Nottingham University Hospitals NHS Trust between 2012 and 2019 and have been head of service for urology for Sherwood Forest Hospitals NHS Foundation Trust since 2020. I am a member of the BAUS section of Female Neurological and Urodynamic Urology and an examiner for the Royal college of surgeons FRCS(Urol.) examination.

Medicolegal practice

I have been acting as a medicolegal expert since 2012, and currently write around 160 medicolegal reports per year, including both defence and claimant instructions. Around 55% of reports are written for the claimant. I accept instructions for both personal injury reports and clinical negligence reports.

I have expertise in general urology, neurological bladder dysfunction including cauda equina syndrome, incontinence, incontinence surgery, injuries to the urinary tract and urological reconstruction surgery. I also accept instructions for urological assessment after personal injury. I completed the MDU/RCSE Medicolegal course in September 2014.

Personal details

Name: Richard John Parkinson

Address: 119 Lambley Lane
Burton Joyce
Nottingham
NG14 5BL

Mobile: 07800 558633

E-Mail: nugltd@gmail.com

Date of birth: 10th November 1971

Nationality: British

Marital Status: Married

GMC Number: 4206783

Qualifications:

B.Med.Sci.(Hons) Nottingham University (1993)
BM BS Nottingham University (1995)

MRCS RCSE (1999)

Ph.D Nottingham Trent University (2005)

FRCS(Urol) RCSE (2007)

Current Appointment

Jan'09 - Consultant Urologist (Nottingham City Hospital)

Mid-Trent Urology SpR Training Rotation

Jul'08-Dec'08 Female Urology Subspecialty Trainee,
Leicester General Hospital
Mr C.J. Mayne, Mr D. Tincello, Mr T.R.Terry

Apr'08-Jul'08 Urology Specialist Registrar, Derby City Hospital
Mr S.A. Thomas, Mr S.T. Williams

Apr'07- Apr'08 Urology Specialist Registrar, Nottingham City Hospital
Mr O.J.Cole, Mr R.J. Lemberger, Mrs S. Scriven

Apr'06-Apr'07 Urology Specialist Registrar, Leicester General Hospital
Mr D.E.Osborn, Mr R.C. Kockelbergh, Prof. J.K. Mellon

Apr'05-Apr'06 Urology Specialist Registrar, King's Mill Hospital
Mr M.C.Taylor, Mr A.G.Bhojwani

Oct'04-Apr'05 Urology Specialist Registrar, Nottingham City Hospital
Mr D.R.Harriss

Apr'04-Oct'04 Urology Specialist Registrar, Nottingham City Hospital
Mr M.C.Bishop

Oct'03-Apr'04 Urology Specialist Registrar, Derby City Hospital
Mr S.A.Thomas, Mr J.H.Williams

Apr'03-Oct'03 Urology Specialist Registrar, Derby City Hospital
Mr C.P.Chilton, Mr A.M.Peracha

Jan'03 – Apr'03 Urology SpR (LAT), Nottingham City Hospital
Mr M.Dunn

Mar'00 – Jan'03 Urology Research Registrar, Nottingham City Hospital
Mr M.C.Bishop, Professor R.C.Rees.

Surgical SHO Rotation, York District Hospital

Feb'97 – Feb'00 General, colorectal and upper gastrointestinal surgery,
breast surgery, vascular surgery, orthopaedics,
Urology, accident and emergency

Other appointments

Aug'96 - Feb'97 Accident & Emergency, Countess of Chester Hospital
Mrs M.Waters

Feb'96 - Aug'96 PRHO General Surgery Urology, NCH
Professor R.Blamey, Mr M.C.Bishop

Aug'95 - Feb'96 PRHO General Medicine, Countess of Chester Hospital,
Dr R.Worth

Publications

Journal articles

“British Association of Urological Surgeons (BAUS) consensus document: Management of female voiding dysfunction.” Suzanne M. Biers, Chris Harding, Mo Belal, Nikesh Thiruchelvam, Rizwan Hamid, Arun Sahai, Richard Parkinson, Rachel Barratt, Ased Ali, Sheilagh Reid and BAUS Section of Female, Neurological and Urodynamic Urology. BJU Int 2022; 129: 151–159

“British Association of Urological Surgeons (BAUS) and Nurses (BAUN) consensus document: management of the complications of long-term indwelling catheters” Sheilagh Reid, Jane Brocksom, Rizwan Hamid, Ased Ali, Nikesh Thiruchelvam, Arun Sahai, Chris Harding, Suzanne Biers, Mo Belal, Rachel Barrett, Julia Taylor and Richard Parkinson. BJU Int 2021;128: 667–677

“British Association of Urological Surgeons (BAUS) consensus document: management of bladder and ureteric injury.” Arun Sahai, Ased Ali, Rachel Barratt, Mohammed Belal, Suzanne Biers, Rizwan Hamid, Christopher Harding, Richard Parkinson, Sheilagh Reid, Nikesh Thiruchelvam. BJU Int 2021; 128: 539–547

“British Association of Urological Surgeons suprapubic catheter practice guidelines – revised” S. Hall, S. Harrison, C. Harding, S. Reid, R. Parkinson. BJU Int. 2020;126(4). doi: 10.1111/bju.15123

“The meaning of words – closing the gap in understanding between doctors and patients in 21st century consent” Richard Parkinson, Ian Eardley and John Reynard. BJU Int 2020 doi:10.1111/bju.15167

“A national UK audit of suprapubic catheter insertion practice and rate of bowel injury with comparison to a systematic review and meta-analysis of available research” S. Hall, S. Ahmed, S. Reid, N. Thiruchewam, A. Sahai, H. Rizwan, C. Harding, S. Biers, R. Parkinson. Neurourology and Urodynamic. 2019;38(8):2194-2199

“Micro-organisms attached to the lumens and balloons of indwelling urinary catheters and correlation with symptoms, antibiotic use and catheter specimen of urine results.” Belfield K, Kalith S, Aimar K, Parkinson R, Bayston R. J Med Microbiol. 2019;68(4):549-554.

“A tolerability and patient acceptability pilot study of a novel antimicrobial urinary catheter for long-term use.” Belfield K, Betts H,

Parkinson R, Bayston R. *Neurourol Urodyn*. 2018 Oct 23. doi: 10.1002/nau.23858

“Isolated Red Patches Seen During Endoscopic Surveillance of Bladder Cancer: Incidence of Malignancy and When Should We Biopsy?” Nkwam N, Trecarten S, Momcilovic S, Bazo A, Mann G, Sherwood B, Parkinson R. *J Endourol*. 2018 Feb 1

“KI67 and DLX2 predict increased risk of metastasis formation in prostate cancer - a targeted molecular approach.” William Green, Graham Ball, Geoffrey Hulman, Catherine Johnson, Gerry Van Schalwyk, Hari Ratan, Daniel Soria, Jonathan Garibaldi, Richard Parkinson, Joshua Hulman, Robert Rees, and Desmond Powe. *British Journal of Cancer*. *Br J Cancer*. 2016 Jul 12;115(2):236-42.

“Cytoplasmic PML promotes TGF- β -associated epithelial-mesenchymal transition and invasion in prostate cancer.” Buczek ME, Miles AK, Green W, Johnson C, Boocock DJ, Pockley AG, Rees RC, Hulman G, van Schalkwyk G, Parkinson R, Hulman J, Powe DG, Regad T. *Oncogene*. 2016 Jun 30;35(26):3465-75.

“Biomaterial modification of urinary catheters with antimicrobials to give long-term broadspectrum antibiofilm activity.” Fisher LE, Hook AL, Ashraf W, Yousef A, Barrett DA, Scurr DJ, Chen X, Smith EF, Fay M, Parmenter CD, Parkinson R, Bayston R. *J Control Release*. 2015 Mar 28;202:57-64.

“Very high residual volumes should not prevent transurethral resection of the prostate being offered to men presenting with urinary retention.” Green W, Campaign N, Peracha A, Ratan H, Walton T, Parkinson R. *Scand J Urol*. 2014 Dec;48(6):549-53

“Botulinum toxin type A for the treatment of non-neurogenic overactive bladder: does using onabotulinumtoxinA (Botox®) or abobotulinumtoxinA (Dysport®) make a difference?” Pravisha Ravindra, Benjamin L. Jackson and Richard J. Parkinson. 2013 *BJU International* doi:10.1111/bju.12028

“Intravesical Botulinum Toxin for Overactive Bladder Syndrome without Detrusor Overactivity.” Jackson BL, Burge F, Bronjewski E, Parkinson RJ. *BJMSU* 5(4), p169-73; 2012

“Comparative outcomes following endoscopic ureteral detachment and formal bladder cuff excision in open nephroureterectomy for upper urinary tract transitional cell carcinoma” Walton TJ, Sherwood BT, Parkinson RJ, Obakponovwe O, Thomas SA, Taylor MC, England RC, Lemberger RJ. *J Urol*.181(2):532-9,2009

“Use and misuse of testicular ultrasound in routine clinical practice in a UK teaching hospital” Richard J Parkinson, T J Walton, R J Lemberger. BJMSU. 2:109-110,2009

“An improvised delivery system for irrigation.” Walton TJ, Heads S, Parkinson RJ, Griffiths TR. Ann R Coll Surg Engl. 90(5):429-30,2008

“A vaccination strategy for the long-term suppression of androgens in advanced prostate cancer” R.J. Parkinson, M.S. Simms, J.E. Humphreys, P. Broome, M.C. Bishop. European Urology 45(2):171-75, 2004

“HSV-DISC is an effective delivery/expression vector for GMCSF and a candidate immunotherapy system for prostate cancer” R. J. Parkinson, S. Mian, M.C. Bishop, T. Gray, G. Li, S.E.B. McArdle, S. Ali and R.C. Rees. The Prostate 56(1):65, 2003.

“Fly caught in foreskin: an unusual case of preputial myiasis” Parkinson RJ, Robinson S, Lessells R, Lemberger RJ. Ann R Coll Surg Engl 2008; 90
Case report of bot fly larva infestation of the foreskin.

“Dermatomyositis and ureteric obstruction.” Parkinson R, Brown A, Stower M. BJUI 88(9):984, 2001.

“Gangrenous cystitis in a 42-year-old male.” Antonella De Rosa, Tarik Amer, Naseem Waraich, Alache Bello, Richard Parkinson. BMJ Case Reports 2011

Review articles

“British Association of Urological Surgeons suprapubic catheter practice guidelines – revised” Susan Jane Hall, Simon Harrison, Chris Harding, Sheilagh Reid, **Richard Parkinson**. BJU Int. 2020 May 28. doi: 10.1111/bju.15123. Online ahead of print.

“What Nephrologists need to know about recurrent UTI” S Miller, N Zafar, T Swallow, M Bishop, R Parkinson BJRM 2013; Vol 18 No 1

“Contemporary Management of recurrent UTI in adult women.” Tom Swallow, Angelos Christofides, Richard Parkinson. JCU 2013;6(3):140-7

“Disabled Infectious Single Cycle Herpes Simplex Virus (DISC-HSV) as a vector for immuno-gene therapy of cancer.” Rees RC, McArdle S, Mian S, Li G, Ahmad M, Parkinson R, Ali S. Current Opinion in Molecular Therapeutics 4(1):49-53, 2002

“The Early Detection of Prostate Cancer.” Parkinson R, Feneley M. CME Oncology Bulletin, 2001

“Uro-Reviews” Volume 3, June 2001.

Book chapters

“The PSA Debate”

Chapter co-written with Mr M. Feneley for inclusion in “Men’s Health”, 2nd edition, 2004.

“Defining the window of opportunity for curative intervention: effectiveness and efficiency in the early detection of prostate cancer and the role of case finding”

Chapter co-written with Mr M. Feneley for inclusion in “The Effective Management of Prostate Cancer”, published 2002.