

MEDICOLEGAL CURRICULUM VITAE
DR WENDY PHILLIPS BSc, MBChB, PhD, FRCP

Dr Wendy Phillips

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D.O.B. 22/02/74

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ICO ZA111819

Indemnity: HPPB medicolegal

Qualified as a consultant: September 2010

SPECIALTY

Neurology

SUB-SPECIALIST INTERESTS

Functional Neurological Disorders

Parkinson's Disease

Multiple System Atrophy

Postal correspondence (email preferred): 10 Wellington St, Cambridge CB1 1HW,
United Kingdom

My medicolegal practice is based in the UK, thus complies with GDPR (advice from ICO sought and confirmed, and can be provided in writing on request).

- I can see UK cases remotely any time, or face to face (in the UK, from my base in Cambridge) during return visits three times a year.
- I can see Australian patients (in Melbourne) who have had accidents in the UK.
- I can see UK citizens (in Melbourne) who have had accidents in Australia.

QUALIFICATIONS

FRCP 2015: London

PhD 2006: University of Cambridge

MRCP 2002: London

MBChB: 1999 (University of Glasgow, distinction)

BSc Pharmacology: 1996 (University of Glasgow, 1st class honours)

MOST RECENT APPOINTMENTS

From mid 2024- Royal Melbourne Hospital (Australia)

Jan 2011-Dec 2023: Consultant Neurologist, Addenbrooke's Hospital (Cambridge), and Princess Alexandra Hospital (Harlow)

1. Functional Neurological Disorders (FNDs)

- I set up a service for FND patients in 2011, in Addenbrooke's Hospital, including a sub-specialty neurology clinic, links with

psychiatry/psychology/physiotherapy and other specialties. There are very few neurology sub-specialty clinics for patients with FND. I take referrals from the East of England and beyond. I frequently host students and therapists in my clinic for educational purposes.

- I have links with academic departments for research purposes.
- I have organised many educational meetings: for patients, physiotherapists, pain clinics, different specialties (cardiology, respiratory, orthopaedics, rheumatology etc.), trainees and medical students.
- I run or take part in several special interest groups around the region and nationally.
- I am on the advisory board of FND Hope and FND Action and participate in regular meetings.
- I have trained in hypnosis and given lectures and written a manuscript on this topic. Hypnosis shares many features with FND and can be used in treatment.
- Founding member of United Kingdom Functional Neurological Society (UKFNS): a group of around 30 neurologists, psychiatrists and psychologists, who specialise in this area. We are an active group and meet annually and have a very active email group where we share ideas and literature. This group was created over ten years ago.
- Founding member of the international group, Functional Neurological Disorder Society (FNDS).
- I am organising a journal collection for the BMJ group on Advances in FND.

2. Parkinson's Disease/movement disorders: I see patients for new and follow up appointments with Parkinson's disease in my weekly clinic. I presented a business case which allowed a new drug to be used and helped set up pathways for advanced treatments. We have a quarterly advanced therapies PD meeting. I am in regular contact with PD nurses from the East of England. I also see a variety of other movement disorders, in particular, Tourette's syndrome (and am listed in the Tourette's Action database).

3. Multiple System Atrophy: I set up a monthly clinic, which I do in conjunction with the regional MSA nurse. MSA is a rare atypical Parkinsonian disorder and there are very few clinics in the UK for MSA patients. I am a member of the Exanatide in MSA Independent Data Monitoring Committee (IDMC). I give regular talks about MSA.

4. General Neurology: I conduct general neurology clinics at Princess Alexandra Hospital, and ward referrals. I see a wide variety of neurological conditions.

5. Long covid clinic, Addenbrooke's Hospital. I see patients with complicated neurological sequelae after COVID. Many of these patients have FND triggered by the pandemic. The clinic also comprises group treatment sessions for cognitive problems and fatigue (run by neuropsychology), and we meet to discuss the overall service on an intermittent basis.

From March 2021- December 2023: Board of Directors British Neuropsychiatry Association (BNPA)

This involves helping to administer the association, set its direction, organise annual teaching weekends and organise annual meetings. We have links with the American Neuropsychiatry Association and Australian College's Section of Neuropsychiatry, as well as the International Neuropsychiatry Association and Global Neuropsychiatry Group (which meets regularly online).

Advisory board member FND Hope

Advisory board member FND Action

Associate member Forrest Medico-legal Services

I have given a talk, given advice on cases, and attend teaching sessions.

From December 2019: Associate editor BMJ Neurology Open.

This involves reviewing articles, finding peer reviewers, and making editorial decisions. I am also currently organising a special topic 'Advances in FND'.

From May 2024: Functional Neurological Disorder and Hypnosis Study Group

- Sep 2010 -Jan 2011 **Locum Consultant Neurologist, Hinchingbrooke Hospital**
- Sep 2006-2010 **Neurology SpR, Cambridge**
The National Hospital for Neurology and Neurosurgery (NHNN), Queen Square, London: epilepsy/ sleep, neuro-ophthalmology, autonomic. Addenbrooke's Hospital, Cambridge : Norfolk and Norwich University Hospital (NNUH), Norwich
I trained in neurology in Queen Square (epilepsy/sleep, neuro-ophthalmology and autonomic); University of Cambridge Hospitals NHS Trust (Addenbrooke's), and the Norfolk and Norwich University Hospital NHS Trust. The National Hospital in Queen Square gave me exposure to subspecialty areas of neurology. Addenbrooke's is also a tertiary neurology centre, and I gained exposure to neurosurgery and neuro-intensive care. My time in Norwich provided experience of busy 'front door' neurology, as we received frequent referrals from the emergency department. These rotations provided formal teaching and exposure in all areas of clinical neurology including neuroradiology, neuropathology, clinical neurology, neuro-rehabilitation, epilepsy/sleep, neuro-ophthalmology and autonomic neurology. I conducted clinics in general neurology, epilepsy, multiple sclerosis, motor neurone disease, and emergency neurology.
- Apr 2006-July 2006 **Post-doctoral post**, Charité Hospital, Charité - Universitätsmedizin Berlin, Klinik für Neurologie, D-10098 Berlin
- Apr 2003-Apr 2006 **PhD**, Brain Repair Centre, University of Cambridge (MRC Clinical Research Training Fellowship). *I completed a PhD in neuroscience in 3 years after my junior general training. During this time I conducted weekly clinics in general neurology in Peterborough Hospital for a year, and weekly clinics in the Huntington's Disease service.*
- 2002 **MRCP (London)**

Aug 2000- Feb 2003 SHO Cardiology, Addenbrooke's Hospital; SHO Chest medicine, Papworth Hospital (inc. Sleep Centre); SHO Gastroenterology and general medicine, Hinchingbrooke Hospital; SHO Geriatrics (consultant with interest in Parkinson's disease)/ stroke unit, Addenbrooke's Hospital; SHO Neuroscience, Addenbrooke's Hospital (neurology, neurosurgery)

I have broad experience of general medicine at junior level. I rotated round neurology, neurosurgery and neuro-intensive care for 6 months (in total) at Addenbrooke's. I completed a wide breadth of general medicine- respiratory and sleep medicine, cardiology, gastroenterology and geriatrics/stroke.

Aug 1999-2000 PRHO Stobhill Hospital and Victoria Infirmary, Glasgow

1992-1999 **MBChB with Distinction** (University of Glasgow)

1996 Pharmacology department, University of Bristol

1994-1996 Intercalated **BSc (Pharmacology) with First Class Honours** (University of Glasgow)

AWARDS/PRIZES

- Distinction for MBChB (awarded to the top 2-3% of students)
- First class BSc Hons (Pharmacology, Glasgow)
- Competitive funding for PhD: MRC Clinical Research Training Fellowship, Ipsen fund, The Frederick and David Barclay Foundation, Sackler Foundation, E.G. Fearnside's scholarship
- Fellow of the Royal College of Physicians
- Scholar at Selwyn College, Cambridge
- Wellcome Trust scholarship for pharmacology research at the University of Bristol
- Smith & Nephew scholarship for Pharmacology BSc.
- Cross Trust scholarship for elective
- Around 15 undergraduate distinctions, including anatomy, physiology, pathology, paediatrics, obstetrics, psychiatry

MEDICO-LEGAL TRAINING

- SpecialistInfo Medico-legal Expert Witness Course: report writing, 218 Strand, London 03/09/14
- Part 1 of the Certificate of Medical Reporting: The Bond Solon Civil Procedure Rules Expert Witness Certificate, September 2014
- SpecialistInfo Medico-legal Expert Witness Course: Court Room Skills, London 02/02/2017
- SpecialistInfo Advanced Medico-legal Course: London 20/09/2018
- Bond Solon GDPR

- SpecialistInfo Clinical Negligence Course: remotely 16/09/2020
- SpecialistInfo Mediation course: December 2020
- Neuroscience and the Law, Gray's Inn May 2022
- BNPA medicolegal section, May 2022
- Cambridge annual medicolegal conference, September 2022
- Bond Solon, report writing/ update, November 2022

I have also set up a group for colleagues interested in medico-legal work, to share experience.

MEDICO-LEGAL TALKS

02/04/2022 Personal Injuries Bar Association (FND)

I organised the medico-legal part of the 2022 British Neuropsychiatry Association AGM.

October 2022: Aviva technical claims conference (FND).

September 2023: Farrar's Chambers Personal Injury Conference (FND).

MEDICO-LEGAL EXPERIENCE

Nine years of:

Personal injury reports (claimant: defendant roughly 75:25), Family Court Proceedings , Criminal Cases, Clinical Negligence (breach, causation and condition/prognosis) since 2020 claimant: defendant 50:50

3-8 cases a month for the past few years

RESEARCH

I have a BSc in pharmacology (intercalated with my medical degree) and completed work in a laboratory in Bristol after my degree, resulting in publications on rabbit brain glutamate receptors. I completed a PhD in Cambridge, researching neurogenesis in mouse models of Huntington's disease (HD), leading to publications of the same and review articles. I also helped to run the HD clinic during my PhD. Following my PhD, I completed a short post-doctoral post at the Charité Hospital in Berlin, again researching neurogenesis in HD mouse models. I am not actively engaged in research currently but collaborate with Professor Voon on FND research in Cambridge. I regularly review papers particularly for the Journal of Neurology, and for BMJ Neurology Open, and grant applications.

MANAGEMENT/AUDIT/GOVERNANCE

- Director: I am a director for the British Neuropsychiatry Association (BNPA). This involves helping to administer the association, set its direction, organise annual teaching weekends and organise annual meetings. We have links with the American Neuropsychiatry Association and Australian College's Section of Neuropsychiatry, as well as the International Neuropsychiatry Association and Global Neuropsychiatry Group (which meets regularly online).

- Advisory boards: I am an advisory board member of FND Hope and FND Action, and

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Forrest medicolegal services (a not-for-profit organisation specialising in cases of alleged human rights abuses).

- Audits: annual Parkinson's disease audits (and many other audits as a junior consultant and SpR).
- Governance: regular governance meetings including morbidity and mortality reviews and setting up new clinics. I wrote a case for funding for a neuropsychiatrist, which was funded through Addenbrooke's Charitable Trust and have been in discussion (and written a business case) to expand the FND service further.

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Annual appraisals can be provided from 2014. These appraisals detail feedback from colleagues and patients, and information about CPD. I attend weekly meetings, with two clinical cases and an invited speaker. I attend weekly radiology meetings, where clinical cases are discussed. I read journals regularly and listen to neurology podcasts (JNNP, Neurology, Practical Neurology). I regularly review clinical and research papers for Journal of Neurology and BMJ Neurology Open. I attend the West of England Seminars in Advanced Neurology annually. I attend meetings when I am invited to speak and other meetings and conferences for CPD where possible (detailed in the appraisals).

RECENT SELECTED MEDICAL TALKS

- 30/05/2024 Global Neuropsychiatry Group (case series of FND/MSA patients)
- 13/04/2024 International collaboration of neurosurgeons (talk on FND), Cambridge (conducted remotely)
- 09/02/2024 MSA Queen Square Symposium
- 11/07/2023 Royal College of Psychiatry annual meeting (FND and hypnosis) (a recording can be found at <https://mylearning.rcpsych.ac.uk/d21/le/enhancedSequenceViewer/8487?url=https%3A%2F%2Fef683c20-23c6-41a1-9187-31de012134ab.sequences.api.brightspace.com%2F8487%2Factivity%2F6929%3FfilterOnDatesAndDepth%3D1>)
- 12/06/2023 Interview with Professor Christina Lioffi, RSM
- 23/04/2023 British Neuroscience Association (BNA) (talk on MSA) (a recording can be found <https://drive.google.com/drive/folders/1PDo-WMgTWZJKTwCmHgWrwDG-qDJqOKHz> 'breakout rooms S03current topics in Neuropsychiatry)
- 04/02/2022 Interview with Professor Steve Peters, Royal Society of Medicine (RSM)
- 17/04/2021 Talk to Sunway University, Malaysia on FND

Several chairing sessions e.g. meeting at RSM (12/09/2022), BNPA (2-3/03/2023 and 26-27/05/2022, where I also gave a talk), RSM 04/02/2022, BNA 23/04/2023.

Several local talks e.g. Calman days, Cambridge Movement Disorder meeting (MSA)
Several training sessions for GPs, trainees, professions allied to medicine (FND)

PROFESSIONAL AFFILIATIONS

British Neuropsychiatry Association (BNPA) (director)
Fellow of the Royal College of Physicians (FRCP)

Association of British Neurologists (ABN)
Functional Neurological Disorder Society (FNDS)
UKFNS
International Neuropsychiatry Association (INA)
Global Neuropsychiatry Group (GNG)

PUBLICATIONS

Original research

- Varatharaj et al., Neurological and neuropsychiatric complications of COVID-19 in 153 patients: a UK-wide surveillance study. *The Lancet Psychiatry*; 7(10): 875-882.
- Morris LS, To B, Baek K, Chang-Webb YC, Mitchell S, Strelchuk D, Mikheenko Y, Phillips W, Zandi M, Jenaway A, Walsh C, Voon V. Disrupted avoidance learning in functional neurological disorder: Implications for harm avoidance theories. *Neuroimage Clin*. 2017 Aug 8;16:286-294
- Baek K, Doñamayor N, Morris LS, Strelchuk D, Mitchell S, Mikheenko Y, Yeoh SY, Phillips W, Zandi M, Jenaway A, Walsh C, Voon V. Impaired awareness of motor intention in functional neurological disorder: implications for voluntary and functional movement. *Psychol Med*. 2017 Jul;47(9):1624-1636.
- Phillips W, Morton AJ, Barker RA. Limbic neurogenesis/ plasticity in the R6/2 mouse model of Huntington's disease. *Neuroreport*, 2006; 17(15):1623-17.
- Lazic SE, Grote HE, Blakemore C, Hannan AJ, van Dellen A, Phillips W, Barker RA. Neurogenesis in the R6/1 transgenic mouse model of Huntington's disease: effects of environmental enrichment. *Eur. J. Neurosci.*, 2006; 23(7): 1829-38.
- Phillips W, Morton AJ, Barker RA. Abnormalities of neurogenesis in the R6/2 mouse model of Huntington's disease are due to the *in vivo* microenvironment. *J. Neurosci.*, 2005; 25(50): 11564-76.
- Toms NJ, Reid ME, Phillips W, Kemp MC, Roberts PJ. A Novel Kainate Receptor Ligand [3H]-(2S,4R)-4-methylglutamate: Pharmacological Characterization in Rabbit Brain Membranes. *Neuropharmacology* 1997;36:1483 – 88.
- Toms NJ, Phillips W, Kemp MC, Roberts PJ. Pharmacological characterisation of the binding of the novel 7ainite receptor [3H]-(2S,4R)-4-methylglutamate in rabbit brain. *The Pharmacologist* 1996;39: 212.

Reviews

- Phillips W, Price J, Molyneux PD, Deeley Q. Hypnosis. *Pract Neurol*. 2022 Feb;22(1):42-47.
- Phillips W, Shannon K, Barker RA. The current clinical management of Huntington's Disease. *Mov. Disord*. 2008;23(11):1491-504.
- Phillips W, Michell AW, Barker RA. Neurogenesis in chronic disease. *Stem Cells and Development*, 2006; 15(3): 359-79.
- Phillips W, Barker RA. Brain repair: do it yourself. *The Biochemist*, 2006: 28 (1); 15
- Michell A, Phillips W, Barker RA. Can endogenous stem cells be stimulated to repair the degenerating brain? *J. Pharm. Pharmacol*. 2004; 56(10): 1201-1210.
- Bennett JP, Carvey PM, Hinds TR, Johnson RD, Lee W, Phillips W, Sethy VH, Vincenzi FF, Youdin MBH. Mechanisms of action of pramipexole: putative neuroprotective effects. *Reviews in Contemporary Pharmacotherapy* 2001;12: 33-52.

Book chapters

- Barker RA, Phillips W, Davies R. Lumbar puncture. Chapter 24.7, Oxford Textbook of Medicine 2007.
- Phillips W, Michell AW, Pruess H, Barker RA Animal models of neurodegenerative disease. Methods Mol. Biol. 2009;549:137-55.
- Phillips W, Barker RA. The control of adult neurogenesis by the microenvironment and how this may be altered in Huntington's disease. Neurogenesis Research Advances, Nova Science Publishers, Inc, Ed. M P Klausen 2008.

Case Reports

Phillips W, Somner J. A Case of Idiopathic Intracranial Hypertension/Pseudotumor Cerebri Syndrome Cured by Myomectomy. J Neuroophthalmol. 2022 Mar 31. Doi: 10.1097/WNO.0000000000001588. PMID: 35439233.

Medicolegal publications

Phillips W. Functional Neurological Disorders in Personal Injury. BMJ Neurology Open 2021;3:e000100

Phillips W. Mild traumatic brain injuries. The MASS insight magazine. Issue 31. Winter 2021/2022.

Misc./ viewpoints

- White et al. Eight major anomalies in the review process and interpretation of the evidence in the NICE guideline for chronic fatigue syndrome and myalgic encephalomyelitis. J Neurology Neurosurg Psychiatry 2023 94(12):1056-1063.
- McLoughlin et al. Functional neurological disorder is a feminist issue. J Neurol Neurosurg Psychiatry. 2023 Mar 28;jnnp-2022-330192.