

# Dr Michael Smith MD, FRCPsych

## Curriculum Vitae

### Qualifications, training, accreditation

**MD** (Postgraduate Research degree, University of Glasgow), 2010; **FRCPsych** (Fellow of the Royal College of Psychiatrists) 2009; **Specialist Certification** in General Adult Psychiatry, 2000; **MRCPsych** (Member of the Royal College of Psychiatrists) 1996; **MRCGP** (Member of the Royal College of General Practitioners) 1995; **MBChB** (Medical Degree, University of Liverpool), 1990; **BSc Hons** (University of Liverpool) 1987.

Full GMC membership with license to practice (number 3466618, revalidated 2018)

### Current/recent positions

**Visiting Consultant, Priory Healthcare** From September 2021, based in Glasgow and Edinburgh  
**Honorary Clinical Associate Professor**, Institute of Health & Wellbeing, University of Glasgow (2018-)

**Visiting Professor**, Centre for Health Policy, University of Strathclyde (2014-)

**Mental Health Research Lead**, NHS GG&C, one session per week (Nov 21-)

I was the **Associate Medical Director** for Mental Health & Addiction Services in NHS Greater Glasgow & Clyde from 2011 to June 2021, when I took early retirement from NHS work.

### Principal professional specialisms

I am a specialist in General Adult Psychiatry, with a specialist clinical interest in **depression, anxiety, borderline personality disorder** and the adult consequences of **childhood trauma and abuse**. As Associated Medical Director, I was responsible for Clinical Governance for Mental Health in the largest Health Board in Scotland. I have expertise in the design and implementation of **risk management systems**, from the environment of care to clinical assessment and care planning.

### Awards, accolades and other professional responsibilities

I am a research Lead in the West of Scotland for NHS Research Scotland in Mental Health. I was a representative on the Scottish Government's National Suicide Prevention Leadership Group, and a Board member of the Glasgow Centre for Population Health, and the Centre for Excellence for Looked After Children at the University of Strathclyde.

I was a founder member of 'see me', Scotland's first anti-stigma campaign from 2002. I developed an innovative service for treatment of depression from 2004, which won the NICE award for best UK implementation of clinical guidelines in 2006. I assisted Scottish Government and Public Health Scotland to address the impact of Adverse Childhood Experiences (ACEs).

### Memberships of professional organisations

I have been a Member of the Royal College of Psychiatrists since 1997, and a Fellow since 2009.

### Published books and editorial roles

I wrote a chapter about the treatment of depression and anxiety in the Oxford Guide to Low Intensity CBT Interventions in 2011, and sat on the Editorial Board of the clinical journal Advances in Psychiatric Treatment from 2011-14. I have refereed research articles for that journal and others, including the British Journal of Psychiatry.

### Research publications

I have published 13 peer-reviewed articles since 2010, including in the British Journal of Psychiatry and Lancet Psychiatry. The articles were in relation to depression, anxiety, suicide, adverse childhood experiences and public mental health. Reference list available on request.