

MEDICO-LEGAL CV

Name: Dr Helen A Spoudeas

Consultant / Honorary Associate Professor in Paediatric and Adolescent Endocrinology;

Date of birth: 26/10/1958

Year of first qualification: 1981

Year first appointment as a consultant: 1999

CONTACT DETAILS FOR MEDICO-LEGAL WORK:

Address: 33 Metheun Park, Muswell Hill, London, N10 2JR

Email: hsprivatepractice@gmail.com

Mobile: 07704373401 (Private secretary – Elaine Perkins)

MEDICO-LEGAL EXPERIENCE:

Date Medio-legal work started: 2003

(this includes clinical negligence with cause and prognosis and causation, breach of duty)

% for claimant, Defendant & Joint: 33% 33% 33%

Reports produced per year: 12

Court Attendances per year: 0 (so far)

Court Attendances in the last three years: 0

Additional Information: n/a

MEDICO-LEGAL PRACTICE:

Waiting time for next Medico-legal appointment: 5 weeks

Waiting time from appointment to report: 3/4 months

Home visits undertaken: 0

Weekend visits undertaken: 0

Prison visits undertaken: 0

Appointment locations: London Medical, 49 Marylebone High St, London W1U 5HJ

Additional information: n/a

ICO registration number: ZA364855

ICO expiry: 17.06.24

These reports are prepared from my perspective as a Consultant Paediatric Endocrinologist where I was an NHS consultant working at Great Ormond Street and University College Hospitals since 1999 until 2009, and on a part-time basis at Great Ormond Street since 2020 until March 2023. I have led a service and had a research interest in children's endocrine pituitary disorders as they pertain to brain injuries, specifically brain tumours, and undertaken clinical research in this field and advocate for these children from the platform of a nationally launched charity since February 2020 as its chair and founder (www.successcharity.org.uk).

SPECIAL INTERESTS:

Paediatric endocrinology, paediatric pituitary tumours and neuroendocrine and late effects of childhood malignancy, adolescence to 21 yrs, growth, reproduction and development and its psychological and ethical implications, Turner's syndrome, congenital adrenal hyperplasia, short stature

QUALIFICATIONS:

Qualified at: Barts, London
Qualifications: MBBS, DRCOG, FRCPCH, FRCP, MD
Any additional Medico-legal qualifications:

TRAINING:

Membership of Medico-legal organisation: Medical Protection Society : Number 129666

CPD points in expert evidence: for 2008 – approx. 10

Medico-legal training courses attended:

Additional information:

PROFESSIONAL AFFILIATIONS:

1981 GMC No.: 2716903

1981 Medical Protection Society Member No: 129666

1981 British Medical Association

1985 Royal College of Physicians

1989 Royal Society of Medicine (Endocrine Section)

1989 British Society of Paediatric Endocrinology

1991 European Society of Paediatric Endocrinology

1995 Medical Women's Federation

1996 Royal College of Paediatrics and Child Health

1996 Society for Endocrinology

1997 Hellenic Medical Society

1999 United Kingdom Children's Cancer Study Group (UKCCSG)

2000 Fellow of the Royal College Physicians

2000 Fellow of Royal College of Paediatrics and Child Health

2000 Secretary and founding member of rare endocrine tumour working group of BSPED

2001-9 Member BSPED executive (endocrine oncology representative)

2001-9 Member brain tumour, rare tumour & late effects working groups of the U.K. C.C.S.G.

2002 Member CNS, Quality of Survival, Craniopharyngioma, Glioma working groups S.I.O.P.

2002 Member B.F.S working group; fertility preservation in minors undergoing cancer therapy

2003-9 Member of N Thames Paediatric Specialty Training Committee (STC)

2004-6 Deputy Regional Adviser for Paediatric Trainees North Central Thames

2003-5 Nominated endocrine society (paediatric / adult) stakeholder expert to N.I.C.E. guidelines on child and adolescent cancer

2006-10 RCPCH Regional Adviser for Paediatric Trainees North Central Thames and Programme Director for ST1 – 3 N Thames MMC

2006 Royal College of Obstetricians & Gynaecologists ; Member of working group on Umbilical Cord Blood Banking

2008-10 Member of UKI Neuroendocrine Tumour Society (UKINET) Executive

2010 – Chair / Founder /Lead of the UK Hypothalamo-Pituitary-Axis Tumour (HPAT) interest group facilitating virtual decision making in rare suprasellar paediatric tumours

2014- Chair and Project Board Lead of national paediatric oncology (CCLG) & endocrine (BSPED) society management guidance for 8 paediatric rare pituitary and endocrine tumours endorsed by RCPCH to AGREE 11 standards

2016 – Neuroendocrine Oncology Survivorship Lead for Childhood Tumours, Great Ormond Street and University College Hospitals

2017 – Founder and Chair of SUCCESS Charity- Life After Cure www.successcharity.org

2018 – Invited advocate to All Party Parliamentary Group (APPG) on Brain Tumours

PRESENT APPOINTMENT:

Consultant in Paediatric Endocrinology at Great Ormond St Hospital for Children

Honorary Associate Professor Institute of Child Health, University College London

ANY ADDITIONAL POSTS CURRENTLY HELD:

Educational Supervisor at Great Ormond Street Hospital (for MSc BsC and PhD student

Past roles at London Deanery and RCPCH –

- i. **2004-2010 Deputy and then Regional Adviser North Central Thames –**
- ii. **2003-2010 Member of Specialty Training Committee N Thames**

Private Practice at Great Ormond Street Hospital & London Medical Centre

ANY OTHER RELEVANT INFORMATION:

PUBLICATIONS:

Reviews

1. Cross H and Spoudeas H Medical management and antiepileptic drugs in hypothalamic hamartoma. *Epilepsia*, 58(Suppl. 2):16–21, 2017 doi: 10.1111/epi.13758
2. Gan HW, Martinez-Barbera JP, Spoudeas HA, Dattani M. 'Craniopharyngiomas' in *Neuroendocrine Disorders in Children*. Mac Keith Press, Dattani M (ed), October 2016 Gan H-W, Bulwer C, Spoudeas HA. Pituitary and hypothalamic tumour syndromes in childhood. In: De Groot LJ, Beck-Peccoz P, Chrousos G, Dungan K, Grossman A, Hershman JM, Koch C, McLachlan R, New M, Rebar R, Singer F, Vinik A, Weickert MO, editors. *Endotext* [Internet]. South Dartmouth (MA): MDText.com, Inc.; 2000-. 2014 Jun 15
3. Gan HW, Spoudeas HA. Long term follow-up of survivors of childhood cancer (SIGN Clinical Guideline 132) ,Ä guideline review *Archives of Disease in Childhood (Education and Practice)* published on line March 2014 <http://ep.bmj.com/cgi/content/full/archdischild-2013-305452>)
4. Gan H-W, Spoudeas HA. Preserving reproductive capacity in young boys with cancer: *Trends Urol Men's Health* 2013; 4(3):8-12. doi:10.1002/tre.327 [published Online First: 2013/5/23]
5. Talbot L, Spoudeas H. Late effects in relation to childhood cancer. In: Estlin EJ, Gilbertson RJ, Wynn RF, editors. *Pediatric Hematology and Oncology: Scientific Principles & Clinical Practice*. Oxford: Wiley-Blackwell, 2012:367-91

Books

Spoudeas HA. The evolution of growth hormone neurosecretory disturbance during high dose cranial irradiation and chemotherapy for childhood brain tumours. MD thesis, University of London, 1995.

Spoudeas HA. Paediatric Endocrine Tumours. A Multidisciplinary Consensus Statement of Best Practice from a Working Group convened under the auspices of the British Society for Paediatric Endocrinology and Diabetes (BSPED and the United Kingdom Children's Cancer Study Group (UKCCSG). (October 2005; ISBN 0-9551487-0-7)

A FULL LIST OF PUBLICATIONS IS AVAILABLE UPON REQUEST