



## Rhiannon Stokes

BSc (Hons) Occupational Therapy

Member of BABICM, CMSUK & BAOT

HCPC registered & DBS checked

Member of The Royal College of OT Specialist independent practice group

Rhiannon combined her entrepreneurial skills with her passion and vision for a fresh-thinking and dynamic approach to case management when she created Stokes Case Management in 2015. Rhiannon is the Managing Director of the award-winning company. She is a qualified occupational therapist (OT) with over 25 years' experience within the health and social care sector and has practised as a case manager for over a decade. She has worked within the clinical fields of orthopaedics, forensic mental health, learning disabilities, brain injuries and older adults. Within the NHS she worked to a management level and has also established and developed new occupational therapy services.

Rhiannon has also worked as an Expert Witness since her move into the independent sector over 12 years ago and brings to the company a wealth of experience of dealing with legal professionals and the litigation system. She also holds a Certificate in Expert Witness qualifications from the Cardiff Law School and Bond Solon. As the Managing Director of our company, Rhiannon continues to hold a clinical caseload of clients with severe and complex disabilities including spinal and brain injuries, adults, and children. This means she has intimate understanding of client's needs and where her team and services need to innovate.

Rhiannon is very passionate about there being a variety of services available for people with disabilities. She sat on the steering group for Merthyr Headway whilst it was being established and in 2014, she became a coordinator for The Silver Lining Charity and set up the Welsh branch. More recently Rhiannon alongside Stokes Case management has established a new Welsh charity called The We Can Do project. This will bring more exciting and dynamic support to Wales for the brain injured community. Rhiannon enjoys teaching and educating others about the role of Occupational Therapy and Case Management and guest lecturers at the Health Science School at Cardiff University and presents at various conferences around Wales and the UK.

### Key Skills

- Extensive experience in management of adults with ABI, CP, and Spinal Injuries and of working clinically in the field of community rehabilitation.
- Extensive knowledge and experience of the Mental Health / Mental Capacity Act.
- Extensive knowledge of risk assessment and risk management.
- Experience of implementing community-based rehabilitation programs and organising support packages linking in with local services where possible.
- Highly developed communication skills with the ability to communicate with clients of all ages and from all walks of life with creativity, empathy, and humour.
- Excellent problem-solving skills.
- Routinely uses a goal orientated approach to intervention.
- Proven ability to work under pressure.
- Ability to work independently or as part of interdisciplinary team.



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