

MR ALEXANDROS VRIS

Consultant orthopaedic surgeon at the Royal London Hospital with specialist expertise in complex lower-limb trauma, limb reconstruction, fracture-related infection, non-union, deformity correction, bone loss, and foot and ankle surgery.

His consultant practice centres on severe injury and post-traumatic complications, including fracture-related infection, non-union, deformity, segmental bone loss and limb-length discrepancy. He works within an orthoplastic service and uses both external-fixation and all-internal reconstructive techniques.

Outside the NHS, he runs a medicolegal expert witness practice for complex orthopaedic trauma and elective cases.



EMAIL lisaabbott5@live.co.uk
GMC 7468946 | Specialist Register | Full registration with a licence to practise
BASED London, United Kingdom
CLINICAL Consultant Orthopaedic Surgeon, Royal London Hospital, Barts Health NHS Trust

Current clinical and academic appointments

Aug 2017 to date: Consultant in limb reconstruction, bone infection, foot and ankle surgery and complex lower-limb trauma

Department of Orthopaedics, Royal London Hospital, Barts Health NHS Trust, London

Nov 2020 to date: Honorary Senior Clinical Lecturer

Queen Mary University of London

Oct 2024 to date: Media and Communications Officer

British Limb Reconstruction Society Executive Committee

Scope of expertise

- Complex lower-limb trauma, including open fractures and major-trauma sequelae
- Limb reconstruction, bone loss, bone transport and limb lengthening
- Fracture-related infection and osteomyelitis
- Delayed union, non-union, malunion and post-traumatic deformity
- Circular and hexapod external fixation, including Ilizarov techniques
- Internal reconstruction and magnetic telescopic lengthening devices
- Foot and ankle trauma and reconstruction
- Diabetic and neuropathic foot reconstruction
- Orthoplastic management and multidisciplinary limb salvage
- Functional prognosis and negligence following complex orthopaedic injury and treatment

Clinical approach and reconstructive practice

Mr Vris manages patients through the full course of complex lower-limb reconstruction, from initial trauma and infection control to definitive reconstruction, deformity correction, rehabilitation and long-term functional review.

His technical practice includes Ilizarov methods, circular and software-assisted hexapod fixation, bone transport, limb lengthening with magnetic telescopic devices, internal fixation and combined orthoplastic reconstruction.

Qualifications and specialist training

Mar 2014 to date General Medical Council Specialist Register

GMC 7468946; full registration with a licence to practise

May 2013 Specialist qualification in Trauma and Orthopaedics (FRCS Orth equivalent)

Greek Specialist Register for Trauma and Orthopaedics

Jul 2002 MB ChB (Ptychio Iatrikes)

Aristotle University of Thessaloniki, Department of Medicine

Selected subspecialty fellowships

Jul–Aug 2017 Post-CCT Fellow in Limb Reconstruction

Royal Liverpool and Broadgreen Hospital, Liverpool

Jun 2016–Jun 2017 Post-CCT Foot and Ankle and Diabetic Foot Fellow

King's College Hospital, London

Mar 2016 Bone Infection Visiting Fellowship

Oxford Bone Infection Unit, Nuffield Orthopaedic Centre

Oct–Nov 2011 Ilizarov Frame Clinical Fellowship

Russian Ilizarov Scientific Centre, Kurgan

Leadership, teaching and professional standing

- Former Head of Orthopaedic Trauma, Royal London Hospital (July 2020–February 2022).
- Honorary Senior Clinical Lecturer at Queen Mary University of London.
- Regular UK and international faculty member in orthopaedic trauma, limb reconstruction and foot and ankle education, including AO courses.
- Contributor to orthoplastic services, multidisciplinary reconstruction and clinical pathway development.
- Published author in complex trauma, limb reconstruction, infection, open fractures and foot and ankle surgery.

Selected publications

- Femoral Diaphysis Malunion: An Overview. *Journal of Clinical Orthopaedics and Trauma*. 2026;103429.
- Intramedullary application of local antibiotic bullets for the treatment of long-bone fracture-related infection. *European Journal of Orthopaedic Surgery & Traumatology*. 2023;33(2):385–391.
- A major trauma centre experience with gentamicin-coated tibial intramedullary nails in acute open-fracture fixation and complex revision surgery. *European Journal of Orthopaedic Surgery & Traumatology*. 2022.
- Open tibial fractures: An overview. *Journal of Clinical Orthopaedics and Trauma*. 2021;20:101483.
- The effect of delayed surgical debridement in the management of open tibial fractures: a systematic review and meta-analysis. *Diagnostics*. 2021;11(6):1017.
- All internal bone transport: use of a lengthening nail and double plating for management of femoral bone loss. *Strategies in Trauma and Limb Reconstruction*. 2019;14(2):94–101.

Professional memberships

British Limb Reconstruction Society | European Bone and Joint Infection Society | British Orthopaedic Foot and Ankle Society | AO Trauma

Medicolegal experience

Since November 2018, Mr Vris has provided independent orthopaedic opinion and reports in complex trauma. His active clinical practice informs assessment of injury, treatment, causation, condition, prognosis, clinical negligence, future surgery, rehabilitation, functional outcome and the risk of recurrent infection or other complications.

Further information

A full curriculum vitae, publication list and supporting documentation are available on request. Details of terms, fees, availability, report timescales and the scope of a proposed instruction can be provided directly.