

CURRICULUM VITAE

(2024)

NAME: Alfred Charles White

GMC NO. 1448896

ADDRESS: 17 Portland Rd, Edgbaston, Birmingham, B16 9HN
0121 454 2217
alfredwhiterooms@gmail.com

DATE OF BIRTH: 11th February 1947

MARITAL STATUS: Married
3 Children

NATIONALITY: British

EDUCATION: King Edward's Five Ways Grammar School, Birmingham

MEDICAL EDUCATION: Guy's Hospital Medical School:
1965 - 1967

Kings College Hospital Medical School:
1967 1970

DEGREES/DIPLOMAS:

LRCP, MRCS	:	MAY 1970
MB, BS	:	JUNE 1970
MRCPsych	:	OCTOBER 1974
MD	:	JUNE 1981
FRCPsych	:	JUNE 1991

Fellow Royal Society of Medicine 2017

AWARDS:

Edgbaston Proprietary Prize 1958

White Prize in Psychological Medicine,
Kings College Hospital, 1969

Lawyer monthly expert witness award 2021

PREVIOUS POSTS HELD:

House Physician (General & Renal Medicine) to Dr. P.H. Friedlander and Dr. V. Parsons, Dulwich (Kings College) Hospital - 1st July 1970 to 31st December 1970.

House Surgeon (Urology) to Dr. G. Baines and Mr. P. Dawson-Edwards, Queen Elizabeth Hospital, Birmingham, 7th January 1971 to 6th July 1971.

Senior House Officer (Psychiatry) to Dr. D.H. Morgan and Mr. M. Sim, Midland Nerve Hospital, Birmingham, 7th July 1971 to 6th July 1972.

Senior House Officer (Psychiatry) to Professor W.H. Trethowan and Dr. D.H. Morgan, Queen Elizabeth Hospital, Birmingham, 7th July 1971 to 6th July 1972.

Registrar to Dr. A.C.P. Sims, All Saints Hospital, Winson Green, Birmingham (General Psychiatry seven sessions) and Dr. R.S. Bluglass, Midland Centre for (Forensic Psychiatry three sessions), 7th July 1972 to 6th July 1973.

Registrar to Dr. J. Harrington, Uffculme Clinic, Moseley, Birmingham (Psychotherapy seven sessions) and Registrar to Dr. P. Barker, Charles Burns Clinic, Moseley, Birmingham (Child Psychiatry three sessions), 7th July 1973 to 31st March 1974.

Senior Registrar to Dr. M. Sim, Central Birmingham Health District, (T), 1st April 1974 to 31st January 1975.

Senior Registrar to Dr. R.W. Tibbetts, Central Birmingham Health District, (T), February 1975 to October 1975.

Lecturer, Birmingham University Department of Psychiatry, October 1975 to January 1978.

Appointed as Consultant Psychiatrist by Central Birmingham Health Authority in 1978 with whom I have been employed to date. Based firstly at Midland Nerve Hospital and then Queen Elizabeth Psychiatric Hospital. The Health Authority then became South Birmingham Mental Health Trust and latterly Birmingham and Solihull Mental Health Trust.

Neuropsychiatry:

I am a founding member and continue to be a member of the Neuro Psychiatric Association and I looked after the Brain Injury Rehabilitation Unit as their neuro psychiatrist for over 16 years until March 2019. I continued to be consultant to TRACS residential homes for brain injury patients until 2020

I have been looking after neuro psychological cases at the Queen Elizabeth Hospital since commencing my post in 1978 and continue these duties in my role as liaison psychiatrist since 1994.

I have looked after neurological patients as part of my role as a liaison psychiatrist and am a member of the liaison psychiatry faculty.

I have made numerous capacity assessments.

PRESENT POST:

Consultant Liaison Psychiatrist - Birmingham & Solihull Mental Health NHS Trust (1.5 sessions)

- : Consultant Liaison Psychiatrist
- : Queen Elizabeth Hospital - Liaison Psychiatry
- : Queen Elizabeth Hospital - General Psychiatry/Occupational health
- :

Section 12.2 approval MHA till May 2022

:

Private practice – 17 Portland Road

CHAIRMAN OF THE FOLLOWING:

The Bruce Burns Memorial Trust (until the Trust ended in 2008)

Medical Advisory Committee (Mental Health) until spring 2000

Sankey Clinico-Pathological Club (until 2016)

MEMBER OF THE FOLLOWING:

- Vice president Birmingham Medical Institute
- Birmingham Medical Institute Section of psychiatry committee
- Committee Member for the West Midlands Division of the
- Royal College of Psychiatrists from July 2013 -2017
- Royal Society of Medicine section of psychiatry committee 2017 –
- Committee member Royal College Psychiatrists West Midlands Executive –till 2018 and from 2023 -
- Chair of the RCPsych West Midlands Independent Psychiatrist Group.
- West Midlands Royal College of Psychiatrists Division Committee

HUMAN TISSUE AUTHORITY: Assessor till June 2023

GMC Expert

HONORARY POSITION:

President of Section of Psychiatry, Birmingham Medical Institute (1984/5)

GMC: Medical Assessor until 2017.

TEACHING:

Extensive under and post-graduate teaching responsibilities over many years.

TEACHING Cont...

Specialist registrar trainer since 1978 until about 2013. (Continue to teach junior doctors in occupational health department).

Teaching of nurses, doctors, speech therapists, midwives

Teaching at numerous courses & seminars

General Medical Council – Medical Assessor till 2017

THE ROYAL COLLEGE OF PSYCHIATRISTS:

Examiner - Current

Observer - Previous

AAC college representative

PAPERS PUBLISHED:

Coexistence of the Capgras and De Clerambault Syndrome. Case history.
Andrew Sims and A. White. Brit. Journal of Psychiatry (1973) 123, 635-7.

Saliva and Serum estimations in psychiatric patients. Andrew Sims and A. White. Brit. Journal of Psychiatry (1974) 124, 106-107.

The use of an oral, long-acting, anti-psychotic agent, Penfluridol in schizophrenia. A. White and Andrew Sims. Curr. Med. Res. Opin. (1974) 2, 42.

Hallucinations caused by Bromocriptine. A. White and T.J.C. Murphy,
Brit. Journal of Psychiatry (1977) 130, 104.

Alcohol ingestion in accident victims, A. White, The Lancet (1977) 1, 1108.

The relationship between alcohol and industrial accidents. A. White, The Journal of Alcoholism (1977) 12, 4.

Problems associated with the analysis and interpretation of saliva lithium.
Andrew Sims, A. White and K. Garvey. British Journal of Psychiatry (1978) 132, 152-154.

Ganser Syndrome: The Aetiological Argument. R. Latham, A. White and Andrew Sims. Journal of Neurology, Neurosurgery and Psychiatry (1978) 41, 9, 851-854.

Drinking and Accidents. A. White. British Journal Addiction (1978) 73 (3) 321.

Aftermath Neurosis: Psychological Sequelae of the Birmingham Bombings in Victims not seriously injured. Andrew Sims, A. White, T.J.C. Murphy, Med. Sci. Law (1979) Vol. 19-2.

Psychogenic Fever: Entity or Nonentity? A. White and M.K. Hasan,
Postgraduate Medicine (Aug 1979) Vol. 66, 2

Drinking and Accidents. A study of Pre-accident drinking and Total Alcohol Consumption in a sample of Accident Hospital Patients. A. White, Aspects of alcohol and Drug Dependence. Ed. J.S. Madden, R. Walder and W.H. Kenyon. Pitman (1980) 343.

Psychiatric Study of Patients with Severe Burn Injuries. A. White, British Medical Journal (February 1982) 284, 465-467.

Pre-accident Medication and Alcohol in Burn and Other Victims, A. White, Journal of Clinical and Hospital Pharmacy (1983) 8, 301-303.

Psychotherapy - Difficulties in Research and Methodology - A New Approach. A. White. Midland Journal of Psychotherapy (June 1984) 1, 41-43.

Lithium Augmentation in the Treatment of Delusional Depression. M. Pai,
A. White, A.G. Deane. British Journal of Psychiatry. (1986) 148, 736-738.

Manic Depressive Psychosis Presenting as Erotomania. D.J. Clarke and A. White. Clinical Notes On-line. Vol. 1, page 182 (1986).

Evaluation of a Day Hospital Programme. A Retrospective Pilot Study: D.C. Rowan,

F.J. Rogers, A. White, L.R. Stredwick. The Midland Journal of Psychotherapy (1986) 2, 14-24.

Treatment of Vomiting with Relaxation Therapy. D.J. Clark, A. White and D.C. Rowan. Psychiatric Journal of the University of Ottawa (1987), Vol. 12, 1, 49-50.

Tardive Dystonia. Which way do Schizophrenics Twist: D.O.C. Corbin, A.C. Williams and A. White. The Lancet (Letters to Editor) P. 8527, Vol 1 for 1987.

Compensation Psychosis. A. White, D. Armstrong and D.C. Rowan, Brit. Journal Psych. (1987) 150, 692-694.

The Use of Thiopentone in the Treatment of Non-organic Locomotor Disorder. A. White, D.O.C. Corbin, and B. Cope. Journal of Psychosomatic Research, Vol 32, No 3. Pages 249-253 (1988).

A Double-blind Dose-finding Study of Risperidone in the Patient with Major Depressive Disorder. A. White et al Human Psychopharmacology, Vol. 3, 275-280 (1988).

Ondansetron in Treatment of Schizophrenia. A. White et al, Letter Lancet May 1991, Vol. 337.

Seating Arrangements during Consultations in a Psychiatric Setting. A.C. White, M. Doshi, Dr. J. Nicholls & Dr. C. Mohan, Psychiatric Bulletin, Aug/Feb 1993.

Consent or No Consent. A. White et al, Letter Psychiatric Bulletin August 1994, Vol 18, No 8, Page 507.

Risperidone in Case Histories. A. White, Trial Drug Development, 1994, 1: 3-5.

Foreword - Depression. A.C.White Regional Therapeutic News Vol 3 November 1994

Schizophrenia - A Patient's View. A. C. White, Schizophrenia Review, Vol 2, No. 2 Dec 1994 (Janssen Pharmaceutical)

Suicide by Self-Strangulation Whilst Under Observation. Kennedy N.M.J., Whittington R.M., White A.C. Med. Sci. Law (1995) 174 - 177 Vol 35 No. 2

Drugs in Mental Health: an introduction for non-medical professionals. Alfred C. White. British Journal of Therapy & Rehabilitation, (1995) 231 - 234 Vol 2, No.5

Risperidone - A switching study. Multicentre trial. Acta Scandinavia

Liver Transplantation For Alcoholic Liver Disease: Evaluation of a Selection Protocol Anil C Anand, Ben-Hur Ferraz-Neto, Peter Nightingale, Darius F Mirza, Alfred White, Paul McMaster, James M Neuberger. Hepatology vol 25, No. 6, 1478 -1484 June 1997

Dermatitis Simulata: White A.C. British Journal of Dermatology July 1998 139, 16

Phase II trial of radical surgery for locally advanced pelvic neoplasia
S.R. Bramhall, J.D. Harrison, A Burton, D. M. A. Wallace., K.K. Chan, G. Harrison., A. White, and J.W.L. Fielding, British Journal of Surgery 1999, 86, 805 -812

Serum Amylase activity in bulimia nervosa and anorexia nervosa. White A.C.Gosling, Kilby M, Zareian M, Sgouros X 2000 Poster Royal College of Psychiatrists Annual Meeting 2000.

"Insuring" a Correct Differential Diagnosis - A "Forensic" Collaborative Experience.
Sam Abudarham and Alfred White. International Journal of Language & Communication Disorders, Volume 36, Supplement 2001.

Folinic Acid in Depression. Letter to Editor. By C.L. Feetham, P. Irteland and A. White. Journal of Affective Disorders, 72, (2002) pages 297 – 298.

Professional views on managing common mental health problems in primary care. By P. Nolan, J. Orford, A. White and J. Smith. Primary Care Mental Health (2003) (1) pages 27-36.

The impact of packet size on paracetamol (acetaminophen) poisoning in the west midlands (United Kingdom)

Langford N J, Aruna R S, Mutimer D, White A C, Ferner RE
Journal of Toxicology and Clinical Toxicology 2003 41 (4) 419 – 20

S U Shah, Z Iqbal, A White, and S White
Heart and mind: (2) psychotropic and cardiovascular therapeutics
Postgrad. Med. J., Jan 2005; 81: 33 - 40.

S U Shah, A White, S White, and W A Littler
Heart and mind: (1) relationship between cardiovascular and psychiatric conditions
Postgrad. Med. J., Dec 2004; 80: 683 - 689.

Heart and mind: (2) psychotropic and cardiovascular therapeutics.
Shah SU, Iqbal Z, White A, White S, Postgrad Med J. 2005 Jan; 81 (951):33-40.

Heart and mind: (1) relationship between cardiovascular and psychiatric conditions.
Shah SU, White A. White S, Littler WA. Postgrad Med J. 2004; 80 (950):683-9.

Alfred White, Purushottam Shiralkar, Tariq Hassan, Niall Galbraith, Rhiannon Callaghan
Barriers to Mental Healthcare for Psychiatrists
Psychiatric Bulletin (2006)30, 382 -384 and ASSIA: Applied Social Sciences Index & Abstracts database from ProQuest CSA.

Serum Amylase Activity in Bulimia Nervosa and Anorexia Nervosa
A C White, Peter Gosling, M Kilby

Mind the Gap
March 2008 13 – 18

Alfred White, Purushottam Shiralkar, Tariq Hassan, Niall Galbraith, Rhiannon Callaghan
Barriers to Mental Healthcare for Psychiatrists
Psychiatric Bulletin (2006)30, 382 –384

Ahmed O, Hassan T, White A
Attitudes of Doctors in the Event of them becoming Mentally Ill
Conference: Doctor's Health Matters
British Medical Association
18th November 2008

A postal survey of doctors' attitudes to becoming mentally ill
Hassan T Ahmed O White A
Clinical Medicine, August 2009 Vol 9, No 4: 327–32

Review in Royal College of Psychiatry West Midlands Newsletter October 2016

Quality of life in head & neck cancer – why should it concern us?
Shiralkar P, White A, Gladholm J, Pracy P & Watkinson J

Who treats the Doctors?
A White
Royal College of Physicians West Midlands Newsletter

PRIZES

West Midlands Division Royal College Psychiatry Research prize 2008
Doctors Attitudes to becoming mentally ill

Runner up Sankey Research Prize 2008

Reviewer

Clinical Medicine October 2006
Clinical Medicine December 2006

MSc Application: For National Renal Body

Depression, adjustment disorders and demoralisation in liaison patients

Fellowship awards

Depression in Renal Patients -
British Renal Society

External referee Kidney Research UK (2007)

British Journal of Psychiatry 2014 – Coping skills strategy and outcome following coronary event.

Manuscript BJPsych Bulletin The Mental Health of doctors during the Covid -19 pandemic
Galbraith, Niall , Boyda, David, Mc Feeters , Danielle, Hassan, Tariq 7 April 2020

Book review

Hand book of psychiatry
Editors Lloyd G, Guthrie E
Clinical Medicine Vol 8 No 2 April 2008

Book

It gets in the way of the ironing sometimes – psyfact
Published Kindle 2024

Enquiries

Homicide Enquiry North Staffordshire

Media Contact

Radio and television and newspaper interviews over many years including representing the Royal College in the Seroxat debate on **Panorama and Medicine Now** on radio 4.
Interview on Television **Midlands** Today discussing topic of SICK DOCTORS **(06/01/07)**
History of psychiatry
Radio 4 broadcast January 2009

PRESENT RESEARCH INTERESTS:

Psychiatric diagnosis – decline of phenomenological approach and pitfalls

MD THESIS:

A psychiatric study of severely injured burn victims. University of Birmingham 1981

PAST AND FUTURE DEVELOPMENTS:

Brain Injuries Development:

Regional committee member on rehabilitation setting up head injury services with (Marsland Committee)
Exeter Rd head injuries unit weekly sessions prior to development of Moor Green Unit

Head injury referrals originally in Birmingham Accident Hospital

TRACS advisor

Eating Disorder Unit:

Patients with eating disorders were traditionally seen and treated within the teaching hospital until 1984.

With the development of the catchment area service and the involvement of the Midland Nerve and Queen Elizabeth hospitals it was felt certain services needed to be protected and continued.

A specialised unit initially started within the Professorial Unit but then was disbanded.

I had continued to use beds for the use of special referrals (later to become Extra Contractual Referrals) and these gradually were increasingly occupied by patients suffering from eating disorders.

A fully fledged eating disorder unit emerged and following shared use of beds at the Woodbourne Priory hospital a dedicated Eating Disorder Unit (Reed Unit) was established at the Queen Elizabeth Psychiatric Hospital.

I remained consultant in charge until moving full time to Liaison Psychiatry in October 1997.

Liaison Psychiatry Unit:

As with eating disorders patients in general hospitals in central Birmingham were seen following referral to any of the consultant teams. With the development of catchment areas and the amalgamation of South and Central Districts the service delivered to medical and surgical departments was considered inadequate by these units.

I was keen to provide the service they required and in 1995 was able to establish (together with a senior nurse) a liaison service to the University Hospital (Q.E.& Selly Oak) as well as the unit for young disabled at Moseley Hall hospital, some services to the head injury unit and to Woodlands hospital. For some years I was on the regional committee setting up services for the head injured patients.

The length of stay for patients who had taken overdoses was cut dramatically whilst the psychiatric service to these patients and all patients from the general medical and surgical units as well as specialised units has been greatly improved. It is hoped and anticipated that the service will be further developed and expanded in line with the proposals put forward by both Royal colleges of Medicine and Psychiatry.

As a liaison psychiatrist I see referrals from neurology and neurosurgery (neuro psychiatry).

Since March 2012 I am no longer in charge but remain attached to the service.

I also assessed patients for the psychiatric diagnostic unit.

Brain Injury (Neuro psychiatry):

I had a weekly clinic and cover for the Brain Injury Rehabilitation Unit until 2019

Psychiatric Occupational Health. A weekly session with an Occupational Health Department commenced many years ago. I am hoping to develop this service and include occupational rehabilitation.

MEDICO LEGAL WORK:

I have carried out medico legal assessments since about 1976. At that time, I was doing research for my MD thesis on burns and other trauma and my MD on the subject was published in 1981. I reviewed the effects of trauma and this preceded the present-day terminology of PTSD as this term only became into being during the Vietnam War. I have great experience of assessing trauma, brain injury, long term pain, occupational health and employment matters and general psychiatry, this includes medical negligence. I also assess Capacity. I have done research and treated patients with FND.

Appointed to provide medicolegal reports for Health Ombudsman 2021

I see approximately 200 legal referrals per year with requests from Defendants, Claimants and on a Joint basis. I have been to Court many times.

MENTAL HEALTH PROMOTION UNIT:

I joined the Mental Health Promotion Working Party of the Mental Health Services Committee at its inauguration in 1982. The group was steered by Dr. John Beasley until his untimely death in 1997. I have chaired the committee since the late 1980's till the Trust ceased in about 2009.

The group can claim to have been largely responsible for creating the acceptance of the notion of good mental health and contributed to some of the ideas promulgated by The Health of the Nation.

It has spawned a research team; Professor Jim Orford (psychology), Peter Nolan (Professor of Nursing), and previously Jennifer Smith (research worker) and myself researched the attitudes and facilities for the treatment of certain mental disorders in Primary Care.

SERVICE TO MEDICAL PERSONNEL

Doctors and other medical staff are referred from throughout the West Midlands.

Also assess and treat doctors for the Health Committee of the General Medical Council.

COMMITTEE WORK

I am a Fellow of the ROYAL SOCIETY OF MEDICINE and a committee member of their section of Psychiatry committee. I am Vice President of the Birmingham Medical Institute and Chairman of the Chair RCPsych West Midlands Independent Psychiatrist Group.

RECENT NATIONAL LECTURES:

Faculty of Occupational Medicine Royal College Physicians London
Mental illness and the workplace

Brain Injury Conference Manchester

Lecture / workshop brain injury

Old age Psychiatry conference 2012

West Midlands Division Psychiatry Liaison – Advantages and Disadvantages of specialisation (07.12.12)

Lecture on liaison psychiatry. W Midlands Division Psychiatry - 19.05.2017

Lecture at conference organised by Birmingham Saturday Hospital Fund – Occupational psychiatry – 13th September 2018

Limmud conference April 2019

Multifaith lecture 2018

Societies:

Member of the Neuro psychiatry British Neuro psychiatry Association since its inception approx. 30 years ago.

Chairman of the Sankey Clinical Pathological Club until 2016. (16 years) I remain a committee member.

Member and past committee member of the Birmingham Medico Legal Society.

Section of psychiatry committee member Royal Society of Medicine 2017

CIVIL FORENSIC PSYCHIATRY

In the latter half of the 1970's I completed a research project leading to my obtaining a Doctorate in Medicine. The research included a study of the psychological effects of accidental trauma. As a result I have become an “expert” in this field and my opinion is sought on the effects of trauma and additionally on cases of Medical Negligence.

INTERESTS

Owner / Director of Artisan Alchemy Gallery

Walking

Photography

Swimming

gardening