

CURRICULUM VITAE
ADAM WOO

MBBS (LONDON) FRCA (ENGLAND)
MSc (EDINBURGH) FFPMRCA

Name Adam K M Woo
Phone 07766 054 378
GMC Reg 4624938 (Full)
Nationality British
Email info@precisionpain.co.uk
Practice Location: HCA Shard, London Bridge

EDUCATIONAL QUALIFICATIONS

Fellow of the Faculty of Pain Medicine of the Royal College of Anaesthetists (UK) 2010
Masters in Science, Pain Management University of Edinburgh 2009
Fellow of the Royal College of Anaesthetists UK 2005
MB BS (London) with Distinction University College London Medical School 1999

PROFESSIONAL MEMBERSHIPS

GMC Specialist Register 4624938
Royal College of Anaesthetists 607191
Faculty of Pain Medicine, RCOA

ACADEMIC AWARDS

University of Edinburgh, School of Clinical Sciences

Jansen-Cillag Bursary Prize	2008
Special Prize, MSc Pain Management	2007

UCL Medical School

Honours in Pathology in MBBS Examinations	1999
Fairweather Prize in Obstetrics and Gynaecology	1999
Certificate of Merit for Outstanding Performance in MBBS Written Finals	1998
Certificate of Merit in Clinical Pharmacology	1998
Filliter, Kingston Fowler and Tuke Prize in Pathology	1997
Certificate of Merit for Outstanding Performance in First Year Clinical Assessment	1997
Blackwell Student Book Prize for Outstanding Performance in First Clinical Year Assessment	1997
Meyerstein Award for Best Overall Performance in Basic Medical Sciences Parts 1 and 2	1996
Distinction in Pharmacology	1996
Distinction in Physiology	1996
Carter Prize for Best Performance in Immunology	1996
Windham Baring Prize in Pathology	1996
Drummond Prize for Best Performance in Biochemistry	1995
Thomas Yeates Prize in Anatomy	1995

A-Levels (University of London Examination Council)

Special Medallion of Excellence for highest mark in Mathematics and second highest mark in Chemistry in world standings, summer 1994. Presented by University of London Examinations Council

CLINICAL AWARDS

Double Clinical Excellence Awards, Kings College Hospital	2019/20
Clinical Excellence Award, Kings College Hospital	2020/21
Clinical Excellence Award, Kings College Hospital	2021/22

NOTABLE POSITIONS

- Examiner, Faculty of Pain, Royal College of Anaesthetists
- Panel Expert Member, Police Medical Appeal Board, United Kingdom (Defendant based)
- Previous Lead Pain Educational Director, Kings College Hospital
- Reviewer, *Neuromodulation Journal*
- Accredited Consultant Appraiser

MEDICOLEGAL EXPERIENCE

Medicolegal Award- I was named Pain Medicolegal Expert of the Year 2022 in the prestigious Lawyer Monthly's international Expert Witness Awards.

I have been involved in medicolegal work since 2014 and write approximately 50 to 60 reports a year. I write claimant, defendant and joint reports. I have been to medicolegal courses run by Pain Expert and Professional Solutions and update myself regularly in this area.

I deal with all areas of chronic pain in all settings, relating to personal injury, occupational injury medical/clinical negligence. These include:

- Pain after Accidents
- Spinal pain
- CRPS
- Post-surgical pain
- Whiplash and Neck pain
- Musculoskeletal pain
- Fibromyalgia
- Neuropathic pain
- Back pain
- Psychosocial problems in pain
- Facial pain and Headaches
- Somatoform pain disorders
- Acute pain
- Cancer pain
- Arthritic pain
- Cancer pain
- Lower back pain
- Disability due to pain in occupational settings
- Opioid Addiction/Misuse

Medicolegal Pain Publications

Woo A. Why do some, not others, Develop Chronic Pain After Injury? Expert Witness Journal, Issue 41, February 2022

Woo A. Why me, not you? PI Focus, Association of Personal Injury Lawyers Publication. June 2021

Woo A. A Complex Problem (Complex Regional Pain Syndrome). PI Focus, Association of Personal Injury Lawyers Publication Sept 2020

Scientific Pain Publications

Woo A and Ratnayake G. Sleep and Pain Management: A Review. Pain Management June 2020

Oon Z and Woo A Should thoracic epidurals be routinely sited in patients having cardiac surgery? British Journal of Hospital Medicine, 78(12), p. 730 Dec 2017

Woo A and Sinha M. Should ultrasound or X-rays be used in chronic pain medicine interventions? British Journal of Hospital Medicine 77(5): 314 May 2016

Woo A, Tharakan L and Vargulescu R. Stellate Ganglion Block for Painful Congenital Venous Malformation of the Arm. Pain Practice 2015

Wilson J and Woo A Long term Opioids: Friend or Foe? British Journal of Hospital Medicine 74(5): 298 May 2013

Woo A. Depression and Anxiety in Pain. British Journal of Pain March 2010 vol. 4 no. 1 8-12

CLINICAL SCOPE

I have 10 years' experience as a pain consultant in a busy research/university hospital. I currently hold nine outpatient pain clinics and four theatre-based interventional procedure lists a month. Referrals are complex and varied, coming from rheumatology, neurology, haematology, liver transplant, palliative care and neurosurgery within this tertiary referral hospital.

I work within a multidisciplinary pain service with nurse specialists, pain psychologists and specialist pain physiotherapists. I hold joint clinics with neurology specialising in peripheral neuropathic pain, and urologists seeing men with urogenital pain. I also run a joint clinic with haematology emphasising the psychological aspects in sickle cell pain.

Presentations and Teaching (Recent)

Invited Speaker, Chronic Back Pain, Gulf Countries Course 2021

Director, Qatari Preceptorship to Kings College Hospital 2020

Invited Speaker, Conference , Adults with Learning Difficulties 2019

GP presentations on neuropathic pain 2019

Physiotherapy Pain Talk, HCA Hospitals 2019

I have also been invited speaker for all pain conditions at GP practices in Southeast London.

COURSES AND MEETINGS ATTENDED (RECENT)

Pain Medicolegal Experts Meeting UK, Online Discussion	August 2022
London Pain Forum and Pulsed RF, Madrid	April 2022
Cambridge Annual Medicolegal Conference	Sep 2021
Cambridge Annual Medicolegal Conference	Nov 2019
British Pain Society ASM	May 2019
LSORA Ultrasound Course	Nov 2017
Pain Expert Limited Conference, UK	Oct 2016
Professional Solutions Medicolegal Writing Course	2016
ASRA Cadaver Ultrasound Course, Chicago	June 2016

PROFESSIONAL APPOINTMENTS

Current Appointment

Consultant in Pain Management, Kings College Hospital since Oct 2011

Previous Appointments

Specialist Registrar in Pain and Anaesthesia. Royal Free, UCL, Great Ormond Street and Royal London Hospitals.

Advance Pain Trainee

Pain Management Centre, St Thomas' Hospital

Clinical Research Fellow in Pain

National Hospital for Neurology and Neurosurgery and UCL

EXTRACURRICULAR ACTIVITIES

Music is an integral part of my life. I play the guitar and piano, obtaining Grade 8 qualification from the Royal College of Music for the latter. I also compose music on the keyboard and have experience performing the piano in public. I enjoy the arts and culture scene in London with a special interest in fine prints. Fitness is important and workout regularly. I have done some 10k runs for charity. I have a passion for travelling and have visited many countries. Highlights include Machu Picchu in Peru, Jordan, Japan and China.