

CURRICULUM VITAE

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GMC no 6121423 (Full registration status with a license to practice).

RCPsych membership no.: 867324

ACADEMIC QUALIFICATIONS:

- M.B.Ch.B. Nahrain College of Medicine (Formerly known as Saddam College of Medicine).Baghdad.Iraq.1997.
- Membership of The Royal College of Psychiatrists (MRCPsych), London.UK. Feb 2013.
- Section 12 Approved Doctor Qualification (Mental Health Act), 2013.
- Postgraduate Diploma in Higher Education, Oxford, 2014.
- CCT in Forensic Psychiatry: August 2016.

PROFESSIONAL EXPERIENCE:

1. Substantive Consultant Forensic Psychiatrist, Evenlode forensic intellectual disability ward and HMP Bullingdon. The Oxford Clinic Medium Secure Unit, Littlemore Mental Health Centre, Oxford 4th November 2020 to present (ongoing).
2. Substantive Consultant Forensic Psychiatrist, West Berkshire Team. The Oxford Clinic Medium Secure Unit, Littlemore Mental Health Centre, Oxford 12 September 2017 to November 2020.
3. Locum Consultant Forensic Psychiatrist, West Berkshire Team. The Oxford Clinic Medium Secure Unit, Littlemore Mental Health Centre, Oxford August 2016-September 2017.
4. Acting Consultant Forensic Psychiatrist, The Oxford Clinic Medium Secure Unit, 1 April 2016- 30 June 2016.
5. Specialist Registrar ST6 in Forensic Psychiatry, The Oxford Clinic Medium Secure Unit, Littlemore Hospital, with Dr Sukhjeet Lally, from 1 October 2015 to 2 August 2016.
6. Specialist Registrar ST6 in Forensic Psychiatry, Broadmoor Hospital with Dr Sharon Humphreys (CS) from 5 August 2015- 30 September 2015.
7. Specialist Registrar ST5 in Forensic Psychiatry Specialist Registrar in Forensic Psychiatry, Marlborough House Medium Secure Unit, Milton Keynes. Clinical Supervisor: Dr Srinivasan Thirumalai. from 6th August 2014- 4th August 2015.
8. Specialist Registrar ST4 in Forensic Psychiatry Specialist Registrar in Forensic Psychiatry, The Oxford Clinic, Littlemore Mental Health Centre. From 7th August 2013- 6th August 2014. Clinical Supervisor Dr. Mark Hancock.

9. Specialty Registrar CT3 in Neuropsychiatry, from 6th Feb 2013-6th August 2013 , Oxford Health NHS Foundation Trust, Boundary Brook House. Clinical Supervisor: Dr. Marian Perkins.
10. Specialty Registrar CT3 in Addictions Psychiatry from 1st August 2012 to 5th February 2013 , Oxford Health NHS Foundation Trust. Clinical Supervisor Dr Alastair Reid.
11. Specialty Registrar CT2 in Old Age Psychiatry from 1st February 2012-31 July 2012 in TOPAS, Milton Keynes PCT .Clinical Supervisor: Dr A Razzak.
12. Specialty Registrar CT2 in Forensic Psychiatry from 3rd August 2011-31st January 2012. Clinical Supervisor: Dr Gautam Gulati. Littlemore Mental Health Centre.
13. Specialty Registrar LAT CT2 in Psychiatry from April 2011-August 2011.
14. Specialty Registrar LAT CT1 General Adult Psychiatry. Julier Centre. OBMH with Dr Denis O'Leary 4th Aug 2010-2nd Feb 2011.
15. Specialty Registrar LAT CT1 with Dr. Denis O'Leary. Oxford Health. General Adult Psychiatry 2nd Feb 2011-3rd Aug 2011.
16. LAT Forensic psychiatry/Littlemore Hospital. OBMH, Oxford, UK (04/2010-08/2010). With Dr Vivek Khosla.
17. Senior House Officer /General Medical Practice: :Quds Medical Center. Irbid. Jordan (05/2003-12/2009).In 2008 I attended a four weeks long clinical Attachment placement as an observer doctor (unpaid) in the A&E: Dudley Group of Hospitals, West Midlands (Study leave).
18. Resident Medical Officer (SHO) at ER, Medical Dept, ICU :Rosary Sisters Hospital. Irbid. Jordan (01/2005-10/2006).
19. Senior House Officer (Internal Medicine, and Neurology): King Abdullah University Hospital.Irbid.Jordan.09/2003-07/2004.

20. Senior House Officer (Obstetrics & Gynecology) : Elwyah & Habibiya General Hospital. Baghdad .Iraq 10/1999 - 05/2003

21. Rotating Internship (House Officer) : Saddam Medical Teaching Hospital. Baghdad .Iraq (10/1997 till 09/1999).

Research Experience:

1. MIAMI trial link clinician, Oxford.UK 2011-2012
This trial is an RCT . Selected patients were receiving a 3 week course of melatonin/placebo in mania. Patients should have the diagnosis of Bipolar disorder currently manic to be included in the study. My roles were to assess suitable patients and refer them to the trial. It also included performing physical examination, blood tests, assessing the severity of mania using YRMS and prescribing melatonin. The study is funded by Oxford University.

I am currently working with the same team on MIAMI II which involves diagnostic evaluation of participants using OPCRIT and SADS-L questionnaires.

2. Foxweb: I am working with the team on this pilot project which is a modified version of the True Colors project with looks at the risk assessment of forensic patients, Oxford.

3. Workplace Based Assessments in Crisis: 2016.

4. Complications of teenage pregnancy and labor: I worked on this project as part of my medical school final year requirements, Baghdad, Iraq, 1997.

Publications:

i. A paper titled Modifiable risk factors for inpatient violence in psychiatric hospital: prospective study and prediction model accepted to the Psychological medicine Journal, May 2021

I. Melatonin In Acute Mania Investigation (MIAMI-UK). A

- II. randomized controlled trial of add-on melatonin in bipolar disorder
- III. A Book titled Ethical Issues in Forensic Psychiatry: a book chapter on psychiatric services in the Middle East (published March 2020).
- IV. A book titled Cultural Issues in Psychiatry: submitted a book chapter on infanticide in Iraq, September 2020.
- V. Wellbeing and mental health amongst medical students in Jordan: a descriptive study published at the Journal International Review of Psychiatry in September 2019.
- VI. Can-online-distance-learning-improve-access-learning-conflict-zones-oxford-psychiatry-iraq-oxpiq-experience, published at the British Journal of Medical Practitioners, November 2018.
- VII. Workplace assessment in crisis? The way forward, published at BJPsych Bulletin, September 2015.
- VIII. Web-Based Violence Risk Monitoring Tool in Psychoses: Pilot Study in Community Forensic Patients, published in the Journal of forensic psychiatry and psychology, January 2016.
- IX. The use of Z hypnotics in forensic units has been published at the Turkish Bulletin of Psychopharmacology 2011 (peer reviewed Journal).
- X. I am working with other colleagues on an article regarding alcohol detoxification survey. We are aiming to submit it to "The Psychiatrist" by the mid 2014.
- XI. The audit titled "Are inpatients routinely assessed for Venous Thromboembolism on admission?" was published at the RCPsych Liaison Psychiatry Newsletter 2012.

The re-audit: Service users satisfaction survey and CPA awareness was published as an e-poster online (European Congress of Psychiatry 2012).

Several other audits have been published at the conferences abstract books and CDs.

Audit

1. Audit Cycle: The use of Hypnotic (Z drugs) in forensic units in Oxford.2010 (accepted for presentation at the 4th International psychopharmacology congress 23-27 Nov 2011 Antalya , turkey)
2. Audit Cycle: The service users' satisfaction survey around the CMHT services (Julier centre).2011 (accepted for Presentation at the Royal College of Psychiatrists General Adult and community faculty Annual general meeting , 13-14 Oct 2011, Newcastle, UK).
3. Audit cycle: The VTE risk assessment of inpatients admitted to Oxford Health NHS Trust 2011, 2012.
4. ECT memory Questionnaire audit, Oxford 2012.
5. Documenting the decision making process for initiation of VTE prophylaxis and treatment, oxford 2012.
6. Prescribing Antipsychotics for dementia patients, Milton Keynes, 2012
7. Leading/Working on an audit looking at the forensic inpatients physical health and psychotropic monitoring.

Prizes and Awards:

1. Best medical student in Obstetrics and Gynecology 1997.
2. Best Graduation research: Saddam College of Medicine, Iraq 1997.
3. Best Honorable Mention Poster Award: The 4th International Congress of Psychopharmacology, Turkey 2011.
4. Best team Award/improvement category : Low Secure Services, oxford Health NHS Foundation Trust, Oxford 2012.
5. I was nominated by the TPD and Head of School as the Royal College of Psychiatrists Core Trainee of the Year Award, March 2013.
6. Group prizes: as part of the OxPal team (e.g. Lancet Psychiatry Prize, 2014).
7. Nominated for the RCPsych higher trainee of the year, 2014-2016.
8. Nominated for Higher Education Thames Valley medical educator of the year, September 2015.
9. Nominated for Health Service Journals Award (Oxford health team delivering training on suicide awareness in psychiatric settings), September 2015.

Leadership Roles:

Current:

1. Chair of the England South Mental Health Act Approvals Panel from June 2020.
2. Vice Chair of the England South Mental Health Act Approvals Panel since June 2019-May 2020.
3. Staff Governor at Oxford Health NHS FT from June 2019.
4. Vice Chair of the RCPsych South Eastern Division from July 2019.
5. Mentoring lead for RCPsych South Eastern Division since 2017.

6. Vice Chair of Oxford Health NHSFT Medical Staffing Committee since April 2018.
7. RCPsych South Eastern Division Mentoring Lead.
8. International medical Graduate Tutor at Oxford Health NHS Foundation Trust (since October 2015).
9. GMC PLAB 2 and RCPsych CASC Examiner.
10. Senior Fellow of the Higher Education Academy, UK.
11. Member of the South of England Mental Health Act Approvals Panel (since August 2014).
12. Member of the Iraq Sub-Committee (part of the International Advisory Committee) at the Royal College of Psychiatrists.
13. Chairman of the Iraqi Mental Health Forum.
14. Secretary of The British Arab Psychiatric Association (elected in Sep 2012).
15. Member of the RCPsych Trainee Support Group since February 2014
16. Member of the RCPsych Mentoring group since 2015
17. Member of the Executive Committee of the RCPsych Transcultural psychiatry Special Interest Group, 2017.

Former:

18. Core Trainees CT3 Representative. Oxford School of Psychiatry.
19. BMA Representative. Oxfordshire and Buckinghamshire, since 2012.
20. Vice Chair of the JDC (Oxford Health) 2011
21. CT2 representative at Oxford School of Psychiatry : elected in August 2011

22. Trainees Representative in Milton Keynes PCT: nominated in Feb. 2012
23. Member of the Medicines Management safety Group/Drugs and Therapeutic Committee (Oxford Health NHS Trust): 2011.
24. Running the Journal Club Activity for Psychiatry Trainees/Oxford University Department of Psychiatry : August 2011-March 2012.
25. Trainee Member of the Oxford HETV Trainee Advisory Committee (TAC), 2014.
26. Member of the RCPsych Psychiatric Trainees Committee, 2014.
27. Secretary General of the Iraqi Mental Health Forum.

Membership of Professional Organisations:

1. General Medical Council
2. British Medical Association
3. Royal College of Psychiatrists
4. Higher Education Academy
5. British Arab Psychiatric Association
6. Iraqi Mental Health Forum

Conferences:

- The Royal College of Psychiatrists General and Community Faculty Annual Conference, Newcastle.UK , Oct 2011 (poster presentation).
- The 4th International Congress of Psychopharmacology, Turkey, 2011 (poster and oral presentation).
- The Royal College of Psychiatrists Forensic Faculty conference , Newcastle 2012: sent a poster.
- European Congress of Psychiatry, Prague. Czech Republic ,March 2012.(3 poster and 1 oral presentation).
- The Royal College of Psychiatrists Liaison Faculty conference, Dublin, 2012 (sent a poster).
- International Congress of Psychiatry , Liverpool 2012 (3 posters).
- The Royal College of Psychiatrists Forensic Faculty Conference , Copenhagen, 2013 (1 poster)

- European Congress of Psychiatry, Nice France 2013 (4 posters and an oral presentation).
- The Royal College of Psychiatrists UK Great Partnership Conference , 7th December 2013.
- The European Congress of Psychiatry, Munich 2014.
- RCPsych First IMG Conference, 23 September 2014.
- Oxford Global Mental Health Conference, 1 November 2014.
- HETV IMG Day 26 February 2015.
- St Andrew's Older Adult Forensic Conference, 12 May 2015.
- World Federation of Mental Health Conference, Cairo Egypt 16-19 October 2015.
- Royal College of Psychiatrists IMG Conference, 20 November 2015.
- ECNP Conference, Vienna 27-20 September 2016
- St Hilda's College Conference, oxford 24 September 2016
- Third RCPsych IMG Conference 1 December 2016
- Kufa International Psychiatry Conference 23-25 February 2017
- RCPsych Forensic Faculty Conference 1-3 March 2017
- 1st National Conference on Audit and Research in Palestine, April 2017
- RCPsych International Congress, Edinburgh, UK, June 2017
- World Federation of Mental Health Conference, Lebanon, November 2017
- RCPsych Startwell Event, IMG Conference, MRCPsych course organisers events in 2018-2020.
- United Iraqi Medical Association Conferences 2018.
- Multiple RCPsych conferences (Spring divisional, Startwell, cultural SIG).

COURSES:

1. Royal College of Psychiatrists/WHO mhGAP training, March 2014.
2. Professional Course on PCL-R , February 2014
3. Lead or be Led course, December 2013.
4. MRCPsych courses. University of Oxford 2010-2012.
5. OBMH mandatory training courses (please see portfolio)
6. Taught-in-courses at the Royal College of Physicians-London.UK, Nov. 2006 .
7. CME online courses: University of Kentucky Hospital:2007-present.

LANGUAGES:

1. Arabic: Mother Tongue
2. English: Reads, writes, speaks: very good.
3. French: Reads, writes, speaks: good.