# **ALAN JOHN GRANT**

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GMC: Full registration - 4612953

I AM CURRENTLY WORKING IN A BUSY DISTRICT GENERAL HOSPITAL IN THE NORTH OF SCOTLAND. I HAVE AN INTEREST IN SUPPORTING SERVICES IN THE REMOTE AND RURAL HOSPITAL OF SCOTLAND.

Academic Background				
<ul> <li>MBChB</li> </ul>	University of Aberdeen	1999		
<ul> <li>MRCS</li> </ul>	RCPS Glasgow	2002		
• FRCS	RCPS Glasgow	2009		
• MSc (Medical Informatics)	RCS Edinburgh/ University of Bath	2010		
Previous Employment				
Surgical PRHO	Dr Gray's Hospital, Elgin	08/99 - 02/00		
Medical PRHO	Wansbeck Hospital, Ashington	02/00 - 08/00		
BST Rotation				
A&E SHO	University Hospital of Hartlepool	08/00 - 02/01		
General Surgical SHO	University Hospital of Hartlepool	02/01 - 08/01		
Orthopaedic SHO	University Hospital of Hartlepool	08/01 - 02/02		
Urology SHO	University Hospital of Hartlepool	02/02 - 08/02		
General Surgical SHO	Raigmore Hospital, Inverness	08/02 - 02/03		
General Surgical SHO	Belford Hospital, Fort William	02/03 - 08/03		
General Surgical SHO	Stirling Royal Infirmary	08/03 - 10/04		
SpR Rotation				
Vascular SpR	Aberdeen Royal Infirmary	10/04 - 04/05		
Paediatric surgical SpR	Royal Aberdeen Children's Hospital	04/05 - 10/05		
Upper GI/ Endocrine SpR	Raigmore Hospital, Inverness	10/05 - 04/06		
Breast SpR	Raigmore Hospital, Inverness	04/06 - 10/06		
Colorectal SpR	Raigmore Hospital, Inverness	10/06 - 10/07		
Upper GI SpR	Aberdeen Royal Infirmary	10/07 - 08/08		
Colorectal SpR	Aberdeen Royal Infirmary	08/08 - 08/09		
Remote and Rural Fellowship				
Urology	Raigmore Hospital, Inverness	08/09 - 01/10		
Plastic Surgery	Aberdeen Royal Infirmary	01/10 - 02/10		
Cardiothoracic Surgery	Aberdeen Royal Infirmary	02/10 - 03/10		
Neurosurgery	Aberdeen Royal Infirmary	03/10 - 04/10		
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R&R Placement	Lorn and Isles Hospital, Oban	04/10 - 05/10
Obstetrics and Gynaecology	Raigmore Hospital, Inverness	05/10 - 06/10
General Surgery/ Urology	Raigmore Hospital, Inverness	06/10 - 10/10
Consultant		
General Surgeon	Dr Gray's Hospital, Elgin	10/10 - 12/15
General Surgeon	Raigmore Hospital, Inverness	12/15 - Current

# Professional Development

Viking surgeons	Various	Last 2022
LiTTLE Course	Inverness	2023
NOTSS	Inverness	2022
NHSH management course	Teams	2021-2023
DSTS	Edinburgh	2021
Training the trainer endoscopy	Dundee	2015
Management course	Aberdeen	2010
ASIT	Hull	2010
ASGBI	Liverpool	2010
Laparoscopic incisional hernia course	Newcastle	2010
Reshaping the Surgical Workforce	RCS Edinburgh	2010
Abdominal Catastrophe Workshop	Stirling	2009
Leadership course	Nottingham	2009
ASIT	Nottingham	2009
ALSG Instructors course	Manchester	2008
Laparoscopic hernia course	Colchester	2008
ASIT	Birmingham	2008
Pre Hospital Emergency Care course	Craigellachie	2008
Colonoscopy training course	Dundee	2007
Upper GI endoscopy training course	Dundee	2007
ASGBI	Edinburgh	2006
ASGBI	Glasgow	2005
ASIT	Sheffield	2005
St. Marks colonoscopy course	London	2004
Cambridge anastomosis workshop	Cambridge	2004
IBD Master Class	Stirling	2004
Basic Surgical Skills	Edinburgh	2001
ATLS	Elgin	2000

# **Honours and Prizes**

High School Honours programme	Berkeley University	1994
Hendry prize	University of Aberdeen	1999
First prize in audit competition	Dr Gray's Hospital	2000
ASIT laparoscopic knot tying prize	Birmingham	2008

#### **Clinical Audit**

Appendicectomy (1999).

Audit of elderly patients with head injuries (2000)

3-year audit of Major lower limb amputations (2002)

5-year audit of cases of bladder tumours (2002)

Audit of 10 years colorectal practice in a small District general hospital (2003)

Recurrent laryngeal nerve injury associated with carotid endarterectomy (2004)

Topical Negative pressure use on a vascular unit (2005)

Taper Graft use for renal dialysis (2005)

Thrombectomy as the sole treatment for the thrombosed fistula (2005)

The changing incidence of paediatric surgical conditions over the last decade (2005)

The undescended testicle: a missed opportunity (2005)

CT Staging for Upper GI Cancers (2006)

Clostridium Difficile infection at Raigmore Hospital (2007)

Laparoscopic adjustable bands (2008)

Prostate cancer in the Highlands (2009)

Colorectal cancer pathology (2009)

PA running the AEC (2023)

### Research

Intra-neural local anaesthetic infusion after major lower limb amputations and its effect on analgesic requirements. (2002)

The pathophysiological mechanisms of lower limb oedema in patients after by-pass procedures for peripheral vascular disease (2004)

Does the rural eHealth paradox apply to surgical practice in Scotland? - Medical Informatics MSc thesis

#### **POSTER PRESENTATIONS**

"The effect of intraneural local anaesthetic on post-operative opioid analgesia requirements in major lower limb amputation": West of Scotland Surgical meeting (2003)

"Vocal cord analysis prior to carotid endarterectomy: a worthwhile investigation"): Association of surgeons in training (2005)

"Simple fistula thrombectomy - A waste of time?": Vascular access society, Berlin (2005)

"Clostridium Difficile infection - an increasing problem", ASIT meeting, Birmingham (2008)

"Advanced laparoscopic surgery in the remote and rural setting: where are we now and what does the future hold?" ASIT meeting, Nottingham (2009)

"Remote and rural training - the trainees perspective"; ASIT meeting, Nottingham (2009)

"The role of a radiological guided protocol for laparoscopic gastric band adjustment": ASIT, Nottingham (2009)

"Colorectal cancer resections - the North East of Scotland experience": ASGBI (2010)

- "A nurse led prostate biopsy service in the Highlands patient satisfaction and optimal method of result dissemination": ASIT (2010)
- "Achieving the 62 day target for the urgent referral of suspected prostate cancer": ASIT (2010)
- "Prostate cancer in the Highlands predictors for a positive biopsy": ASIT (2010)
- "The impact of COVID on cholecystectomy waiting time in NHS Highlands: Lessons and opportunities" ASIT 2023
- "INTRODUCTION OF A PHYSICIAN ASSOCIATE (PA) LED SURGICAL AMBULATORY EMERGENCY CLINIC (SAEC) IN THE HIGHLANDS OF SCOTLAND" ASIT and ASGBI 2023

#### **ORAL PRESENTATIONS**

- "Appendicectomy audit": Aberdeen postgraduate meeting (1999)
- "The effect of intraneural local anaesthetic on post-operative opioid analgesia requirements in major lower limb amputation": The Middlesbrough Vascular Meeting (2002)
- "10 years experience of colorectal surgery in a rural hospital": Vikings surgeons meeting (2003)
- "10 years experience of colorectal surgery in a rural hospital": West of Scotland Surgical meeting (2004)
- "A difficult patient with colitis": Inflammatory bowel master class (2004)
- "Upper limb vascular trauma": Aberdeen postgraduate meeting (2005)
- "Topical negative pressure to treat wounds on a vascular unit: a useful addition to standard treatments?": Aberdeen vascular meeting (2005)
- "Topical negative pressure to treat wounds on a vascular unit: a useful addition to standard treatments?": RCSEd Audit meeting (2005)
- "The effect of intra-neural local anaesthetic infusion on post-operative analgesia requirements in major lower limb amputations": Association of surgeons, Glasgow (2005)
- "Failure of adaptation of venous flow dynamics may be responsible for changes in lower limb volume following revascularisation procedures": Association of surgeons, Glasgow (2005)
- "Simple fistula thrombectomy A waste of time?": East of Scotland vascular meeting, Dunkeld (2005)
- "Taper grafts Good patency with low steal rate": Vascular access society, Berlin (2005)
- "The undescended testicle: are we getting any better?": ASGBI, Edinburgh (2006)
- "Penetrating aortic ulcer": East of Scotland Vascular meeting, Dunkeld (2007)
- "Clostridium difficile infection in Raigmore": Inverness Audit meeting (2007)
- "Clostridium difficile infection an increasing problem": RCSEd Audit meeting (2008)
- "Advanced laparoscopic surgery in the remote and rural setting: where are we now and what does the future hold?": Viking Surgeons meeting (2008)
- "Scoring systems for Acute Pancreatitis the pro argument": Aberdeen SpR teaching (2008)
- "Intra-abdominal sepsis": Aberdeen ITU Teaching (2009)
- "Colorectal cancer resections the North East of Scotland experience": RCS Edinburgh Audit Symposium (2010)

## **PUBLICATIONS**

"The effect of intra-neural local anaesthetic infusion on post-operative analgesia requirements in major lower limb amputations" - Grant AJ, Wood C: British journal of Surgery, Volume 92, supp 1, April 2005

"Failure of adaptation of venous flow dynamics may be responsible for changes in lower limb volume following revascularisation procedures" – Grant AJ, Holdsworth R: British journal of Surgery, Volume 92, supp 1, April 2005

"Taper grafts - good patency with low steal rate" - AJ Grant, L McCullough, A Humphrey, EM Macaulay: Blood Purification, Volume 23(3), 2005

"The undescended testicle: are we getting any better?" - Grant AJ, Carden CA, Driver CP, Youngson GG, British journal of surgery, Volume 93(S1):65

#### COMMITTEE AND MANAGEMENT EXPERIENCE

Socretary of the Aberdeen Medical Croup	1998-99
Secretary of the Aberdeen Medical Group	1996-99
Urology service re-organisation committee	2002
Chairman of A96 Surgical registrars club	2008 - 2009
Remote and rural steering committee	2006
ASIT North of Scotland Representative	2009
Endoscopy lead NHSG	2011-2015
Lead for ST teaching - North of Scotland	2016-2018
Endoscopy training lead NHSH	2016-2018
Unit clinical director for surgery	2018-2020
Audit lead	2016-2018
Clinical director for surgery	2020-current
HEPMA clinical lead	2021-current

#### **TEACHING**

Ward based teaching of medical students (2001-Present)

Remote and rural surgery representative RCSEd medical students open day (2004)

Medical school open day, Laparoscopic skills, Aberdeen (2008)

PHEC Instructor, Nairn (2008)

ETC IC (2019)

Foundation programme director 2017-2020

# MEDIA INVOLVEMENT

<sup>&</sup>quot;Can we learn anything from Monty python?" - Grant AJ, BMJ, Vol 333, Aug 2006: 292

<sup>&</sup>quot;The effect of intra-neural local anaesthetic on post-operative opioid analgesia requirements in major lower limb amputation" - Grant AJ, Wood C, SMJ, 2008, 52(1):4-6

<sup>&</sup>quot;Small can be beautiful: 10 Years managing colorectal cancer in a rural general hospital" - Grant AJ, Sedgwick DM, SMJ, Accepted but not yet published.

<sup>&</sup>quot;Medics of the Glen" Grampian Television production

<sup>&</sup>quot;New breed of Surgeon training to save rural hospitals" Lead article, The Herald, February 2008

<sup>&</sup>quot;Crucial operation: fight to keep our remote hospitals" The Herald, February 2008

<sup>&</sup>quot;Not enough hours in the week" The Herald, August 2008

## **OTHER INTERESTS**

Golf Fishing Leader at Sea Scouts Mountain biking

# PERSONAL DETAILS

**Date of Birth** 29<sup>th</sup> October, 1976

NationalityBritishMarital StatusMarriedDriving LicenceFull

# REFERENCES

On Request