

# DR. NIKKI SCHEINER

BA BSc MSc DPsych PhD CPsychol AFBPsS Consultant Psychologist



## **BRIEF CURRICULUM VITAE**

## A. PERSONAL DETAILS

Name: Nicole (known as Nikki) SCHEINER

Address: Ten Harley Street, 10 Harley Street, London W1g 9PF

Mobile: 00 44 7580 005159 Email: Nikki@nikkischeiner.com

Civil status: Married, 5 children.

No criminal convictions; no professional complaints made against me.

#### B. EDUCATION SUMMARY

- D. Psych: Counselling Psychology, City University, London, 2008
- M.Sc: , Counselling Psychology, City University, London, 2007
- Ph.D Spanish History & Literature, Queen Mary & Westfield, University of London, 2004
- ➤ B.Sc Hons Class I: Psychology, Open University
- > B.A. Hons Class I: Spanish & Portuguese, University of Bristol
- ➤ Certificates of competence in Occupational Testing (Level A, Level B Intermediate), accredited by the British Psychological Society (BPS)
- Accredited Eye Movement, Desensitisation & Reprocessing (EMDR) practitioner
- Cognitive Analytic Therapy (CAT) practitioner

## C. SPECIAL INTERESTS

- > Functional symptoms (across all specialties)
- ➤ Post-Traumatic Stress Disorder
- > Extradition and Asylum
- ➤ Women and leadership roles
- > Conflict in the workplace
- Depression
- Anxiety

## D. SOFT SKILLS

- ➤ Rapid mastery of complex material
- Comfortable with short deadlines
- Comprehensive assessments
- Good relational skills
- > Flexible
- ➤ High stress threshold

## **E. OTHER ACTIVITIES**

- Presentations on mental health and the relationship between mental and physical health at national and international psychiatric conferences.
- > Training delivered to G.P.s and trainee psychiatrists about mental health
- Leadership training for women
- Private clinic in Harley Street and Queen Square in London, U.K.
- Charity and Pro-bono work.

### F. PREVIOUS EMPLOYMENT

**2009- 2018**: Hertfordshire Partnership University Foundation NHS Trust. I worked in inpatient psychiatric units across the Trust.

In 2014, I moved to the Liaison Psychiatry Team where I set up a clinic to treat patients with functional symptoms. The work of this clinic has been written up and submitted for publication. During this time, I also drew up a protocol for a treatment protocol in primary care.

**2005-2009**: Specialist Psychologist, Traumatic Stress Service, St. George's Hospital, South West London & St George's Mental Health NHS Trust;

**2004-2008**: Para legal at Scott-Moncrieff, Harbour & Sinclair (mental health law firm), working at Broadmoor High Secure Hospital and at medium secure hospitals.