

## **Dr Himender Makker DM FRCP**

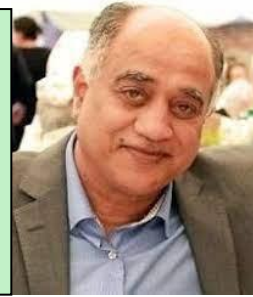
HKM Consultants UK Limited

Consultant Physician in Respiratory and Sleep Medicine

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Himender Makker is Consultant Physician in Respiratory and Sleep Medicine at the University College London Hospital with a special experience in management of lung cancer, sleep disordered breathing and difficult asthma. He managed COVID patients during the pandemic and contributed to the post COVID service. He conducted research into "Mechanism of exercise induced asthma" for DM at the University of Southampton. He supervised MSc and MD research fellows for projects on mechanisms of neuropsychological impairment in sleep apnoea. He has presented his research at the National and International meetings. He has published original papers, book chapters and books on lung cancer and sleep apnoea. He has peer-reviewed MRC grant applications, project reviews for American Thoracic Society and NICE committee on sleep disordered breathing. He was appointed honorary Senior Lecturer in Medicine at the UCL and Associated Professor in Medicine at St Georges Undergraduate Medical School (Granada). He was Director of Research or Development at the NHS trust and received an MBA in Health services management.

He has extensive experience of providing medico-legal reports since 1998 dealing with personal injury, liability and causation. He has provided reports mainly for claimants as a single expert at request of solicitors, medico-legal agencies such WML, Industrial disease report Limited (Asbestos pleural plaques) and Health Call -Coal miners respiratory disability assessments. He has given evidence as an expert witness at civil and criminal court justice system and counsels in various parts of UK. He is member of AVMA and NEWA and received training at Expert Witness courses.

### **ADDRESS**

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### **QUALIFICATIONS**

MSc (Epidemiology) & Postgraduate Diploma LSHTM University of London, UK	2006
MBA (Health Services) Greenwich School of Management, University of Hull, UK	2005
FRCP Royal College of Physicians, London, UK	2001
CCST (Gen & Res Med), General Medical Council	1996
DM University of Southampton, UK	1994
MRCP Royal College of Physicians, London, UK	1987

MD (General Medicine) University of Delhi, India	1985
MBBS University of Delhi, India	1982
<b>AWARDS AND GRANTS</b>	
North Middlesex University Hospital (NMUH) Trust Chairman's	1998
NMUH-High Intensity Work Supplementation award	2001
NMUH-Clinical Excellence award (Level 5)	2010
Project grant £5,000 by R&D committee of North Middlesex hospital	1999
Research Grant £ 70,000, CRDC, UCLH Special Trustees	2001
Lung Cancer Service Annual Funding £ 44,000, NHS Executive	1999
Sleep Service Annual funding £170,000, Enfield & Haringey PCT	2008
NMUH GREATIX Respiratory team award and Personal Award	2020, 2021

## **MEDICO-LEGAL EXPERIENCE**

### **Areas of Expertise in Respiratory and Sleep Medicine**

Long COVID-Fatigue, Brain fog and breathlessness, Pulmonary Embolism  
 Lung Cancer, mesothelioma and asbestos related lung and pleural disease,  
 Sleep apnoea (excessive daytime sleepiness related driving and work-related accidents)  
 Asthma (damp housing and work related) Chronic lung disease -COPD (Respiratory disability)  
 Pneumothorax, Pulmonary fibrosis (drug induced) and Pulmonary Tuberculosis,  
 Chest wall and Lung Injury (trauma and inhalational accidents)

### **Appointments**

Health Call- Department of Trade and Industry (DTI) COPD in Coal Miners	1999-2002
Windsor Medico-legal Ltd	1999-2018
Industrial Disease Report Limited (IDRL) Asbestos pleural plaque claims	2005-2006

### **Courses**

Medical assessment of Coal Miners Course -Health Call.	1999
Essential Medicine for Lawyers Speaker and participant	2014
Royal Society of Medicine Expert Witness Skills -how to avoid pitfalls.	2018

### **Membership**

National Expert Witness Agency (NEWA)-Member	2018
Action against Victims of Medical Accidents (AVMA)	1998

## **EXPERIENCE AND APPOINTMENTS**

### **CLINICAL**

Consultant Respiratory Physician (Sleep Medicine and Long COVID) <i>University College London Hospital NHS Trust</i>	2023-
Visting Consultant Respiratory Physician <i>Emirates Health Service, UAE</i>	2022-
Consultant Respiratory Physician (Lung Cancer, Sleep Medicine and Acute COVID) <i>North Middlesex University and University College London NHS Trust</i>	1997- 2022
Consultant Respiratory Physician <i>The London Clinic, Devonshire Place, London W1</i>	2007-
Consultant Respiratory Physician <i>BMI (Circle) The Cavell and Hendon Hospitals</i>	1998-
Consultant Respiratory Physician <i>Sleep Services Optima Health (SE Network Rail) London</i>	2019-
In House Clinician-Clinical Oversight and Training Lead <i>BSI Assurance Ltd (Medical Devices)</i>	2018
Clinical Lead for Lung cancer Service <i>North Middlesex University Hospital Trust</i>	1998-2017
Clinical Lead for Sleep Medicine Service <i>North Middlesex University Hospital Trust</i>	2008-2017
	2008-2022

## **ACADEMIC -EDUCATION**

Senior Lecturer in Medicine, Royal Free & UCL Medical School, London	1999-2010
Associate Professor in Medicine, St. George's University Medical School	2000-2022
Visiting Professor in Medicine, St Georges Medical School University Hospital	2006-7
Program Director- St. Georges Medical students, North Middlesex Hospital	2000-2011
Vice-President (Education) British Medical Association, London	1999-2000
Education Supervisor, UCL Medical School Final year students	1998-2018
Clinical and Education Supervisor, Core Medical & Foundation Trainees, London	1998-2017
Clinical Supervisor, Respiratory Specialist Registrar (SpR) NE Thames and European	2014-2016
Clinical Tutor, DTCD Course, University of Wales, Cardiff	1989
OSCE Examiner, UCL Medical School, London	2001-2019
External Examiner, Malta Medical School, Malta	2013-2022
Clinical Skills Examination Examiner, St George's University Medical School	2001-2012
MRCP-PACES Examiner Royal College of Physicians, London	2003-2013
UCLH Advanced Sleep Medicine Course Organiser	2003-2018

## **ACADEMIC-RESEARCH**

### *Editorial Board Member*

American Journal of Internal Medicine	2020
International Journal of Allergy and Asthma	2017
International Journal of Pulmonary and Clinical Research	2017
Sleep Science	2015
Capitol Doctor	2000-2004
Foundation Trainee Journal	2009

### *NIHR and MRC Grant Application Reviewer*

2015-17

### *American Thoracic Society Member of Program Subcommittee member*

2015-2017

### *Peer-review*

1992-

American Journal of Critical Care and Respiratory Medicine
British Medical Journal, Chest, Capitol Doctor, Clinical and Experimental Allergy
European Respiratory Journal, European Journal of Clinical Nutrition
Foundation Trainee Journal, Journal of Applied Physiology, Sleep Science

### *Conference chair*

European Respiratory Society Conference, Paris, France	2018
Asia Pacific Society of Respirology (APSR) Conference, Bali, Indonesia	2014
Respiratory Neurobiology and Sleep Assembly: Oral session	2012
NAPCON-National Conference on Pulmonary Disease, New Delhi, India	2011
Medical Association of Malta "Respiratory Update Conference"	2010
SEAR-NATCON Conference, New Delhi, India	2008

### *Collaboration*

Principle Investigator and collaborator- Clinical drug trials in asthma	1992-2000
Co-Investigator/Collaborator CRC London- Big Lung Trial (BLT)	1999-2000
Collaborator UCL Molecular genetics of pulmonary fibrosis study	2000-2003
Principle Investigator UCLH- Near Infra-Red spectroscopy in Sleep Apnoea	2003-2005
Collaborator UCL- REMEDY-EBUS trial for mediastinal Lymphadenopathy	
Principle investigator -UCLH BOOST Trial -EBUS for lung cancer	2010-2012
Principle investigator- RCP London- Lung Cancer Outcome Project	2010-2013
Principle Investigator UCL London-SUMMIT Trial Lung cancer screening	2017-2018
Collaborator UCLH- IDEAS (Identification of DEterminants of Altered circadian rhythm)	2018-19
Collaboration Sleep Medicine Research-Delegation from AIIMS, Delhi, India	2018-19

Collaborator GOSH- MESSI- **Measuring stress** in ICU-Burnout syndromes 2020-  
Collaborative research project between UCL and AIIMS New Delhi 2020

### **MANGEMENT**

Member, NCL Camden CCG Community Integrated Community Service Pathway 2019  
Clinical Audit- Delays in sleep service pathways NMUH 2017&2021  
Reviewer- Sleep Service NMUH Get it right first time (GIRFT) NMUH 2020  
Collaborator-Screening program and Pathways for OSA -Network Rai-worker 2018-2019  
Member, UCLH Sleep Services integration Group meeting 2015-2018  
Co-Vice chairman & Member of Barnet, Enfield and Haringey Ethics Committee 2003-9  
Expert Advisor, London Health Observatory 2006-2009  
Director of Research and Development North Middlesex University Hospital 2001-2005

### **MEMBERSHIPS**

American Thoracic Society, British Society of Thoracic Oncology, British Thoracic Society,  
British Sleep Society, British Medical Association, Expert Witness Society, European  
Respiratory Society, International Association for Study of Lung Cancer, Royal Society of  
Medicine