

# Dr Blanca Poveda, Director and Clinical Neuropsychologist

BSc (Hon.), Msc, DClinPsychol, MSc, MPBsS

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*Clinical Neuropsychologist with extensive experience of working with Traumatic Brain Injury (TBI) and Acquired Brain Injury (ABI) in acute, post acute and outpatient clinical settings.*

## Education

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2015 - 2019	<b>Qualification in Clinical Neuropsychology (QICN)</b> <i>British Psychological Society (BPS)</i> Supervised: Dr. A.Harrison & Dr. J. Gouick	Pass
2015 - 2020	<b>MSc. Applied Clinical Neuropsychology</b> <i>University of Glasgow</i> Thesis: "Validation of the Edinburgh Social Cognition Test (ESCoT)" supervised by Prof. J. Evans and Prof. S. Abrahams	Pass- Merit
2010 - 2013	<b>Doctorate in Clinical Psychology</b> <i>University of Edinburgh/ NHS Tayside</i> Thesis: "Emotion Identification in Alzheimer's Disease"	Pass
2007 - 2008	<b>MSc in Human Cognitive Neuropsychology</b> <i>University of Edinburgh</i> Visual Memory, Clinical Neuropsychology, the Frontal Lobes, Working Memory Processes, Disorders of Language Function, Statistics in Research Dissertation: "Insight in Progressive Supranuclear Palsy (PSP)"	Pass
2003 - 2007	<b>BSc (Hon) Biological Sciences: Psychology</b> <i>University of Edinburgh</i>	2.1.

## Professional Memberships/ Certifications

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<b>Health and Care Professions Council (HCPC)</b>	<b>PYL29954</b>
<b>British Psychological Society</b>	<b>239249</b>
Division of Clinical Psychology - <i>Graduate Member</i> Division of Neuropsychology - <i>Full Member</i> Register of Applied Psychology Practice Supervisors	
<b>BPS Specialist Register of Clinical Neuropsychologists</b>	
<b>SMART Assessor, Accreditation (May 2018- until May 2022)</b>	<b>ID No: 921/589/0622</b>
<b>Expert witness training and accreditation</b> University of Aberdeen Bond Solon (UABS) Expert Witness Certificate April 2023-Sept.2023	

## Employment

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**Director and Clinical Neuropsychologist, Edinburgh Neuropsychology,**  
(April 2021- present)

**Research Fellow, NHS Scotland Research and Chief Scientist Officer (Band 8b, 0.2 WTE)**  
(March 2021-present) Areas of special interest: Social Cognition, Delirium and Post-Traumatic Amnesia (PTA), Disorders of Consciousness and Neurodegenerative Conditions.

**Teaching Fellow and Examination Marker, Canterbury ChristChurch University, Solomons Institute (Fixed)**  
(September 2022- Present)  
Lecturer for the MSc in Applied Neuropsychology

**Lead Clinical Neuropsychologist for Major Trauma Centre- SEoS NHS Lothian (Band 8b, 0.6 WTE)**  
NHS Lothian, Department of Clinical Neurosciences, DCN  
(March 2020- present).

**Strategic Manager for development of PAVES across NHS Lothian (Psychology Adding Value in Epilepsy) (Band 8a, 0.2 WTE).**  
NHS Lothian, Paediatric Clinical Neuropsychology (November 2020-May 2021)

**Lead Clinical Neuro-Psychologist for the Acquired Brain Injury Service (Band 8a, 0.8 WTE)**  
NHS Lothian, Clinical Neuropsychology, Astley Ainslie Hospital, Edinburgh (April 2014 - April 2020)  
Inpatient and Outpatient Brain Injury Services (AAH)

**Teaching Fellow University of Edinburgh Human Cognitive Neuropsychology (HCN) MSc. (Fixed Term, 0.2 WTE)**  
University of Edinburgh (Sept 2017- Oct 2017) (Jan 2020 - Present)  
Lecturer and course lead for the Clinical Neuropsychology Module on MSc.

**Lead Clinical Psychologist Lanfine Service(Band 8a, 0.2 WTE)**  
NHS Lothian, Clinical Neuropsychology Services, Astley Ainslie Hospital, Edinburgh (Jan 2019-April 2019)

**Clinical Psychologist (Band 8a, 0.1 WTE)**  
NHS Lothian, Adult ADHD Resource Team, Royal Edinburgh Hospital, Edinburgh (Apr 2014 - Dec 2015)  
Tier 5 Specialist Service

**Clinical Psychologist (Band 8a, 0.1 WTE- Mat cover)**  
NHS Lothian, Community Brain Injury Rehabilitation Services, CRABIS, West Lothian (Jan 2015 - Sep 2015)  
Community Brain Injury Services

**Clinical Psychologist (Band 7, Full Time)**  
NHS Lothian, Clinical Neuropsychology, Astley Ainslie Hospital, Edinburgh (Oct 2013 - Apr 2014)  
Inpatient and Outpatient Brain Injury Services (AAH)

## Additional Information

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- BPS- Division Of Neuropsychology-S Representative for NHS Lothian (2016 to current)
- The Neuropsychologist (BPS Journal) Editor (2017 to current)
- Languages: **English** (Native), **Spanish** (Native), **Catalan** (Native), **French** (intermediate)
- Bond Solon Expert Witness Register- PGDip University of Aberdeen (2023)

## Teaching Experience

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2022- current	<b>MSc Applied Neuropsychology</b>	<ul style="list-style-type: none"> <li>- Social Cognition in Neurodegenerative and Acquired Brain Injury</li> <li>- The Collaborative Therapeutic Neuropsychological Assessment model in Neuropsychology</li> </ul>
2014 - current	<b>D.ClinPsychol. (University of Edinburgh) (Honorary)</b>	<ul style="list-style-type: none"> <li>- Assessment and Clinical Interview in Neuropsychology</li> <li>- Cerebrovascular Disorders</li> <li>- Case Formulation in Neuropsychology</li> <li>- Cases in Neuropsychological Practice- Advanced Practice Seminar</li> </ul>
2014 - current	<b>MSc Human Clinical Neuropsychology (University of Edinburgh)</b>	<ul style="list-style-type: none"> <li>- The Neuropsychology of Multiple Sclerosis and Stroke</li> </ul>
2015 - current	<b>D.ClinPsych (University of Glasgow) (Honorary)</b>	<ul style="list-style-type: none"> <li>- The Neuropsychology of Neurodegenerative Conditions (Multiple Sclerosis, MND, HD)</li> </ul>
2015 - 2019	<b>STARS Training NHS Lothian</b>	<ul style="list-style-type: none"> <li>- Psychology and stroke</li> </ul>
2014 - 2016	<b>NHS Lothian Wide/ University of Edinburgh Disability Services, Napier</b>	<ul style="list-style-type: none"> <li>- University Disability Services/ Heriot Watt Disability Services</li> <li>- ADHD in Adults: the needs for pills and skills</li> </ul>

## Research Publications

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- Poveda, B. & Broxholme, S. (2016) Assessments for dementia in people with learning disabilities: Evaluation of a dementia battery developed for people with mild to moderate learning disabilities. *Learning Disability Practice, Vol. 19* (1), p. 31-40.
- Brookmann, F. & Poveda, B. (2016) Effectiveness of a multi-disciplinary relaxation group alongside inpatient neurorehabilitation. *Clinical Psychology Forum, Number 288*, p. 17-22.
- Poveda, B., Osborne-Crowley, K., Laidlaw, K., Macleod, F., Power, K. (2017) Social Cognition, Behaviour and Relationship Quality in Alzheimer Disease. *Brain Impairment, Vol.18* (2), 175-187.
- Poveda, B. (2017) 13<sup>th</sup> NR-SIG-WFNR Conference. Reflections from a Clinical Perspective. *The Neuropsychologist, Vol. 3*, 20-21
- Poveda, B., McGuire, J., King, R., Watson, F. & Shah, P. (2017) The Development and Evaluation of a Multidisciplinary, Specialist, Adult ADHD Resource Team: Can we have your attention please? *Clinical Psychology Forum, Vol. 295*, 7-12.
- Barbu, M., Furlong, R., Poveda, B., Scotland, J. (2017) Attention and Working Memory Training: The Effect of RehaCom Software on Cognitive Skills in a Non-Clinical Sample. *Psychology and Behavioural Science International Journal, Vol. 4* (3), 1-11.
- Forbes, C., Gilks, S., Poveda, B. (2019) Training on Behaviour Theory. *The Neuropsychologist, Issue 7*, p. 58-62.

- George, C. et al. (2021) Pilot project of psychological services integrated into a pediatric epilepsy clinic: Psychology Adding Value- Epilepsy Screening. Vol 526 (2), 331-335.
- Poveda, B., Abrahams, S., Baksh, R. A., MacPherson, S., Evans, J. (2021) An investigation of the validity of the Edinburgh Social Cognition Test (ESCoT) in Acquired Brain Injury. Journal of the International Neuropsychological Society. 1-13. doi:10.1017/S1355617721001223
- Rickardsson, N.; Scotland, J., Poveda, B., Gillanders, D. (2022) Caring for someone with an acquired brain injury: The role of psychological flexibility. Journal of Contextual Behavioural Science. Vol. 23, 151-164.

## Other Publications/ Conference Presentations

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- Poveda, B. (2018) Book Review: The Notebook of a New Clinical Neuropsychologist. *The Neuropsychologist, Issue 6*, p. 21-22
- Poveda, B. (2018) An Interview with Rudi Coetzer. *The Neuropsychologist, Issue 6*, p. 60-61.
- Gilks, S. & Poveda, B. (2019) Using a behavioural approach in a non-specialised setting. Division of Neuropsychology Conference. 20<sup>th</sup> January 2019.
- Brookmann, F. & Poveda, B. (2016) Effectiveness of a multi-disciplinary relaxation Group alongside inpatient neurorehabilitation. 13<sup>th</sup> NR-SIG-WNFR Conference 11-12<sup>th</sup> July 2016.
- Farrell, C., Poveda, B. & Abrahams, S. (2016) Adaptation of the Multiple Errands Test (MET) for an inpatient Neurorehabilitation setting. 13<sup>th</sup> NR-SIG-WNFR Conference 11-12<sup>th</sup> July 2016.
- Scotland, J., Poveda, B., Barbu, M., Furlong, R. (2016) Comparison of the impact of a course of computerised rehabilitation (RehaCom) versus playing a simple computer game in improving attention and memory in healthy adults. 13<sup>th</sup> NR-SIG-WNFR Conference 11-12<sup>th</sup> July 2016.
- Poveda, B. (2012) D.ClinPsychol. Thesis presentation 'Social cognition in Alzheimer's disease' for Division of Neuropsychology (BPS) event. Glasgow.
- Poveda, B., Abrahams, S., Baksh, A. R., MacPherson, S. E. & Evans, J. J. (2021) An Investigation of the Validity of the Edinburgh Social Cognition Test (ESCoT) in Acquired Brain Injury (ABI). IBIA Conference 29th July 2021.
- Poveda, B., FitzGerald, A., Macmillan (2022) Patients in Disorders of Consciousness (DoC) :A DoC Pathway in a Scottish Inpatient Neurorehabilitation Setting. International Neuropsychological Society (INS), Barcelona.
- FitzGerald, A., Poveda, B., Macmillan (2023) Audit of Patients in Disorders of Consciousness (DoC) and Implementation of a DoC Pathway in a Scottish Inpatient Neurorehabilitation Setting. International Brain Injury Association (IBIA) World Congress, Dublin.