

Curriculum Vitae

Dr Gayathri Venkatesan, MBBS, MRCPsych

Consultant Neuropsychiatrist, CNTW NHS Foundation Trust

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1. Qualifications / Training:

- Bachelor of Medicine & Bachelor of Surgery (M.B.B.S.) -The Tamilnadu Dr. M.G. R. Medical University, India, 1998
- Member of the Royal College of Psychiatrists - awarded January 2011
- Post Graduate Certificate of Advancing Practice in Autism, November 2013
- Certificate of completion of training, General Adult Psychiatry, Royal college of psychiatry - 2015

2. Affiliations:

- Member of the Royal college of Psychiatrists
- Executive member of the Faculty of Neuropsychiatry, Royal college of Psychiatrists
- Chair of Neurorehabilitation working group at the Faculty of Neuropsychiatry, Royal college of Psychiatrists
- Membership of Faculty of expert witness
- Member of International Neuropsychiatry association/ Global Neuropsychiatry group

3. Current and previous posts

- I started my role as a Neuropsychiatrist at Walkergate Park, Centre for Neurorehabilitation and neuropsychiatry, Newcastle. on 09.03.2017.
- Prior to this I worked as a Consultant General Adult Psychiatrist at Tranwell Unit, Gateshead which is an acute adult inpatient mental health unit from 09.02.2015 – 08.03.2017.
- I trained in the Northern deanery and completed basic and specialist training between August 2007 – January 2015 working various specialities of psychiatry including general adults, children, Older Age, Neuropsychiatry and forensic psychiatry.
- I completed certification of Training in General Adult Psychiatry in 2015.
- I completed Membership of the Royal college examination in Psychiatry in 2011.

4. Clinical Experience:

Outpatients

- I assess and manage patients with neuropsychiatric conditions in traumatic brain injury, metabolic and hypoxic brain injury, auto immune encephalitis, herpes encephalitis and various other conditions. I also provide neuropsychiatric care for patients with Parkinson's disease, Huntington's disease, epilepsy, post stroke, brain tumours, Tourette's syndrome, post brain surgery, alcohol relate brain damage etc.

Inpatients:

- I look after inpatients with Huntington's disease, post traumatic amnesia and responsible for assessing and managing their Neuropsychiatric conditions. As Consultant for Neurobehavioural rehabilitation ward, I have been leading the team providing inpatient rehabilitation for post-acute rehabilitation following brain injury managing rehabilitation, neuropsychiatric sequelae of brain injury and challenging behaviour with excellent outcomes.
- My day-to-day role involves appropriate use of Mental health act and Mental capacity act, capacity assessment and best interest decisions on care and finances.
- I am approved under Section 12 (2) of the Mental health act 1983 (amended 2007).
- I provide occupational health reports, fitness to drive reports.

Experience of expert witness

- I prepare Section 49 reports on behalf of CNTW NHS Foundation Trust for patients under my care for Court of protection issues.
- I provide Court of protection reports assessing and providing opinion on capacity to make decision about care, treatment, residence, finance and other complex issues that may arise.
- I provide second opinion and advice to Neurologists, psychiatrists win complex Neuropsychiatric presentations. I also provide expert opinion on patients with complex neuropsychiatric conditions on long term placements for challenging behaviour.
- I have experience expert witness for civil and criminal cases providing neuropsychiatric opinions, psychiatric opinions, fitness to plead reports and opinions on insanity defence.
- I have provided reports for defence, prosecution and joint instructions. I remain objective in my opinion irrespective of where the instruction comes from and strictly follow that my duty is to the court. In supporting the Judge and Jury in their decision making.
- I analyse and evaluate evidence relevant to the case to provide insight on the evidence presented and its implications to the case. I have demonstrated this in a number of cases but of particular interest to me is a case of brain injury from Manchester bombing and patient with Functional Neurological Disorder.
- My strength is my clinical expertise in General Psychiatry with specialisation in Neuropsychiatry that gives a comprehensive understanding of issues and their implications. I evidence my opinions using latest literature and support my findings with appropriate cognitive and psychiatric assessment scales.

5. Protocol review:

- Developed protocol along with Neurologists on shared care of Limbic encephalitis – 2018- currently reviewing.
- I wrote the protocol on using Midazolam prior to administering Botox – 2020 and reviewed this in 2021.
- I reviewed the transition protocol that outlines the arrangement of transfer of patients from children and Young People's services to adult services, based on the audit conducted in Richardson eating disorder services in November 2013.
- I reviewed the protocol on use of Pabrinex in the Drug and alcohol services, under the guidance of my Consultant in July 2011.
- I reviewed the protocol on use of Naltrexone in the Drug and Alcohol Service, supervised by my Consultant in June 2011.

6. Research projects

- I am currently principal investigator for a Multicentre study on Sertraline in the prevention of post TBI depression.
- I am currently sub principal investigator for WAVE HD multicentre trial for treatment of Huntington's disease.
- 'Size and clustering of ethnic groups and rates of psychiatric admissions in England'- Original Paper published in BJPsych March 2018 as first author.

7. Peer reviews:

- I regularly peer review articles for BMJ case reports promoting high quality knowledge by providing unbiased opinions in the stipulated deadline by thoughtfully evaluating the manuscript.

8. Poster presentation:

- 'Hayward Connections: a case report of psychosis in patient with thalamic tumour' at the Royal College of Psychiatrists Neuropsychiatry Faculty meeting 2018.
- 'Reversible ECG changes in anorexia nervosa' at the eating disorder section conference of the Royal College of psychiatrists in November 2013 and Newcastle eating disorders conference in November 2013.
- 'Alternative community resources' at the International conference of the Royal College of psychiatrists in Edinburgh in July 2013.
- 'Initial findings of admission rates of patients from the BME groups at the Royal College of psychiatrists, international conference in Edinburgh in July 2013.
- 'Spirituality-patients' views in the inpatient unit' at the International conference in Liverpool in July 2012.

9. Courses and conferences

Course Title	Training Provider	Duration	Date
Medicolegal conference 2023	Specialist info	1 day	20.06.2023
BNPA neuropsychiatry conference	British Neuropsychiatry association, Royal college of Physicians	2 days	26,27 th May 2022
Cognitive rehabilitation course	Online training by American Council of Rehabilitation Medicine	2 days	March 2022
Mild traumatic brain injury	Royal society of Medicine	1 day	14.03.2017
Great North Neuropsychiatry Conference	NTW NHS Foundation Trust	1 day	18.10.2017
Faculty of Neuropsychiatry Conference	Royal College of Psychiatrists	1 days	23,24.02.2017
Neuropsychiatry National Conference	NTW NHS Foundation Trust	1 day	November 2015
Faculty of Neuropsychiatry conference	Royal College of psychiatrists	Two days	4, 5 September 2014
Schizophrenia, Anxiety and Mood disorder module	British Association of Psychopharmacology	6 days	2014 - 2015
Eating Disorder International Conference	BEAT UK – Beat eating disorders	Three days	12 th to 14 th of March 2014
Mood Disorder Module	British Association of Psychopharmacology	2 days	25 th and 26 th of October 2013
Anxiety Disorders Module	British Association of Psychopharmacology	2 days	25 th and 26 th of January 2014

10. Teaching experience

- Organised and presented half day event on 'Autoimmune encephalitis – Neuropsychiatric perspective' – Psychosis CPD paid event CNTW NHS Foundation trust – May 2022
- Neuropsychiatry for Neurologists - Northern Region Neurology Trainees Teaching Day 26.05.2022
- Regular teaching sessions at Birmingham MSc Neuropsychiatry course. – March 2022
- Lectures at MRCPsych regional teaching course Jan 2022
- Present at Weekly departmental teaching every 2 months
- Supervision of registrars, core psychiatry trainees and foundation doctors
- Medical student teaching

11. Management experience

- From August 2022, I have taken the role of Associate Medical Director for Neuro and specialist services working in a collective leadership model improving quality of care provided.
- Between November 2017 to August 2022, I took the role of Assistant Associate Medical Director managing Neuro rehabilitation and regional affective disorder service with an excellent feedback.
- I am part of Epilepsy task and finish group and work on streamlining care for people with epilepsy within our mental health trust.
- I attend senior management meetings including senior medical staff committee meetings where current issues are discussed.
- I attend the local policy meeting regularly where policies are being discussed before approval providing medical input and expertise on relevant policies.

12. Psychotherapy Experience

I have had formal training in Dialectical Behavioural Therapy Skills by attending a 2 day course conducted by the British Isles DBT training team. I have organised and led DBT skills group for patients with eating disorders from August 2013 to July 2014. This involved organising and leading weekly skills group session for patients with eating disorders.

I have delivered the following psychological therapies –

- Motivational Interviewing for alcohol dependence (8 sessions) – 2011
- Brief Intervention for alcohol dependence (4 sessions) - 2011
- Cognitive behavioural therapy for Generalised anxiety disorder (16 sessions) – 2009
- Cognitive behavioural therapy for Anorexia Nervosa(20 sessions) – 2014
- Individual therapy for patients with laxative misuse 2014
- Individual therapy for bulimia nervosa-2014
- Psychodynamic Psychotherapy (40 sessions) – 2010/11

13. Personal statement:

I am a committed experienced Neuropsychiatrist, working with patients with brain injury and illness on a day to day basis. I have experience in managing range of neuropsychiatric

conditions in brain disease, damage and dysfunction. I play a significant role in the management of local services and involved in teaching and clinical governance issues.

14. Referee:

Dr Sohail Salam

Consultant in Neuro Rehabilitation

James Cook University Hospital

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