

## **TONIA GOMAN**

### **SKIN CAMOUFLAGE EXPERT WITNESS**

Experience Skin Camouflage Practitioner with 19-years of experience in the NHS hospital setting and private practice. Specialised in skin camouflage alongside my 22-years as a dermatology nurse, giving me a fully rounded picture of any skin concerns my client may present with. I have complemented my offering with scar massage therapy and psychology to provide my clients with a holistic and fully comprehensive service. Published author on skin camouflage.

#### **SKIN CAMOUFLAGE**

Skin camouflage is a temporary, effective method of masking scars using specially formulated creams and powders to provide a natural appearance to the skin, detracting focus from the injured site. It can be applied on a daily or ad hoc basis according to how the Claimant feels. This technique, when matched correctly and technique is mastered, can be effective in building self-confidence. As a skin camouflage practitioner my role is to colour-match the clients natural surrounding skin tones to the products and educate them in using their own products in the future.

#### **1. Professional experience**

- September 2004 - 2014: NHS Skin Camouflage clinics within NHS dermatology role, clinics held weekly, until NHS service closed in 2014.
- November 2014 - current: Established Private Practice
- March 2017 - current: Member of Scar Team at Nuffield Hospital, accepting private referrals.
- November 2019: Speaker for GP Evening
- Publication: Goman T, 2016, 'How can camouflage help with long-term skin problems?' Journal of Community Nursing, Oct/Nov, vol 30, No 5, pp 55 – 59
- Evidence given in Court: 24/11/2023

#### **2. Qualifications and Training**

- August 2004: British Association of Skin Camouflage (BASC)
- November 2017: Dermaflage Completed Bond Solon Civil Law for Expert Witnesses in October 2022 including:
  - Excellence in Written Evidence
  - Cross Examination for Expert Witnesses
  - Civil Law and Procedures
- November 2023 – Confidence In Court – Expert Witness Institute

#### **3. Membership of professional bodies**

- BASC – dissolved March 2023.
- National Register of Expert Witnesses
- Expert Witness Institute
- ICO
- Holistic Services Insurance
- Horner Blakey

#### **NURSING – DERMATOLOGY and Scar Therapy**

##### **1. Professional experience**

- January 2002 - current: Dermatology Nurse – provide pre- and post-surgery care and advice. Provide post-operative wound care. Lead Phototherapy specialist and run isotretinoin (monitored medication) clinics for acne patients.
- April 2015 – 2020: Dermatology Clinical Nurse Specialist
- April 2001 – November 2001: Outpatients – multiple speciality clinics
- 1989 – 1996: Nurse Bank
- 1993 – 1994: Medical/Haematology ward
- 1990 – 1993: Care of the Elderly – stroke rehabilitation care

## **2. Qualifications and Training**

- 1994: Registered Nurse – NMC 88Y0101E
- 1990: Enrolled Nurse

## **3. Other Relevant Training**

- Restore Scar Therapy: 01/12/2023: Scar Tissue: What Manual Therapists Need to Know
- 2nd year student with Open University – Psychology and Counselling BSc, expect to qualify July 2026
- Sharon Wheeler’s Scar Work Therapy: November 2021– applying manual therapies to immature and mature scars.
- Restore Scar Therapy: 31/10/2021: Understanding Scars course. Wound healing and management of all types of scars.
- Anatomy and Physiology NVQ Level 3 – 4. October 2020 (Distinction)
- Accelerated Learning for Professionals – June 2018
- Physical Assessment and Clinical Reasoning (PACR) – June 2015

## **4. Expertise and Experience**

- Published author of a series of 7 journal articles on the treatment of psoriasis based on
- NICE guidelines.
- Co-member of the BDNG committee – involves public speaking, presenting a range of topics on phototherapy subjects and audits/studies undertaken to nurses working within this subgroup speciality across Great Britain.

## **5. Membership of professional bodies**

- NMC
- RCN
- BDNG

## **6. Publications**

A series of seven journal articles on the treatment and management of psoriasis based on NICE guidelines with the Journal of Community Nursing.

Expert Opinion (Peer review) requested for: Are we paying attention to the psychological issues of skin disease? SKIN CARE TODAY 2017, Vol 3, No 1

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