

TONIA GOMAN

SKIN CAMOUFLAGE CONSULTANT / EXPERT WITNESS

Experienced Skin Camouflage Practitioner with over 20 years in NHS hospitals and private practice, alongside a background as a dermatology nurse. My expertise is enhanced by training in scar massage therapy and psychology, allowing me to provide a holistic and comprehensive approach. Published author on skin camouflage.

SKIN CAMOUFLAGE

Skin camouflage is a temporary, effective method of masking scars using specially formulated creams and powders to provide a natural appearance to the skin, detracting focus from the injured site. It can be applied on a daily or ad hoc basis according to how the Claimant feels. This technique, when it is matched correctly and technique is mastered, can be effective in building self-confidence. As a skin camouflage practitioner, my role is to colour-match the clients' natural surrounding skin tones to the products and educate them in using their own products in the future.

1. Professional experience

- September 2004: NHS Skin Camouflage clinics within NHS dermatology department, clinics held weekly until the NHS service closed in 2014.
- November 2014 - current: Established Private Practice
- March 2017: Member of Scar Team at Nuffield Hospital, accepting private referrals.
- November 2019: Speaker for GP Evening
- Publication: Goman T. (2016)'How can camouflage help with long-term skin problems?' Journal of Community Nursing, Oct/Nov, vol 30, No 5, pp 55 -59.
- Evidence given in Court: 24/11/2023, successful.
- Commenced Medico legal report writing November 2021, have since averaged 15 reports annually.
- Awaiting first instruction for Clinical Negligence cases.
- Specialist area: Quantum reports
- Claimant 100%: Defendant 0%

2. Qualifications and Training

- August 2004: BASC
- November 2017: Dermaflage
- Completed Bond Solon Civil Law for Expert Witnesses in October 2022 including:
 - Excellence in Written Evidence
 - Cross Examination for Expert Witnesses
 - Civil Law and Procedures
- November 2023 – Confidence in Court – Expert Witness Institute
- November 2024 – Single Joint Statement – Expert Witness Institute
- November 2024 - Experts Discussions & Joint Statements; From Law to Practice – EWI.

3. Membership of professional bodies

- BASC – dissolved March 2023
- National Register of Expert Witnesses
- Expert Witness Institute
- ICO
- Horner Blakey

NURSING – DERMATOLOGY and Scar Therapy

1. Professional experience

January 2002: Dermatology Nurse – providing pre- and post-surgery care and advice. Provide post-operative wound care. Lead Phototherapy nurse and run isotretinoin clinics (monitored medication) for acne patients.

April 2015 – 2020: Dermatology Clinical Nurse Specialist

April 2001: Outpatients – multiple specialist clinics

1989 – 1996: Nurse Bank – covering medical and surgical wards

1993 – 1994: Medical/Haematology ward

1990 – 1993: Care of the Elderly – stroke rehabilitation care

2. Qualifications and Training

1994: Registered Nurse – NMC 88Y0101E

1990: Enrolled Nurse

3. Other Relevant Training

- 3rd year student with Open University – Psychology and Counselling BSc – expect to qualify in July 2026
- Restore Scar Therapy: 01/12/2023: ‘Scar Tissue – What Manual Therapists Need To Know’
- November 2021: Sharon Wheeler’s Scar Work Therapy – applying manual therapies to immature and mature scars.
- Restore Scar Therapy: 31/10/2021: Understanding Scars course. Wound healing and management of all types of scars
- Anatomy and Physiology NVQ Level 3 – 4. October 2020 (Distinction)
- Accelerated Learning for Professionals – June 2018
- Physical Assessment and Clinical Reasoning (PACR) – June 2015

4. Expertise and Experience

- Published author of a series of 7 journal articles on the treatment of psoriasis based on NICE guidelines.
- BDNG Committee Member (2013–2020): Delivered presentations on phototherapy topics to nurses in this specialty across Great Britain. Carried out audits. Wrote protocols with BDNG team.

5. Membership of professional bodies

- NMC
- RCN
- BDNG

6. Publications

A series of seven journal articles on the treatment and management of psoriasis based on NICE guidelines with the Journal of Community Nursing.

Expert Opinion (Peer review) requested for: Are we paying attention to the psychological issues of skin disease? Skin Care Today, 2017, Vol 3, No1.

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