

CURRICULUM VITAE

PROFESSOR NICHOLAS HARRIS FRCS (Tr and Orth)
Consultant Orthopaedic & Trauma Surgeon &
Visiting Professor of Sports Medicine

SUMMARY

I worked as a Consultant Orthopaedic and Trauma Surgeon and Senior Clinical Lecturer at the Leeds Teaching Hospitals NHS Trust from August 2001 until December 2016. My areas of interest are Foot & Ankle Surgery, General Lower Limb Surgery as well as Trauma. I have produced over 100 original publications and presentations and am the author of a best selling textbook on Orthopaedic Examination.

I was Clinical Lead for Trauma at the Leeds Teaching Hospitals NHS Trust from 2014-2016.

Currently I work privately at the Spire Hospital, Leeds, the Nuffield Hospital, Leeds and the Wellington Hospital, London undertaking Foot and Ankle Surgery, Sports Injury Surgery and Trauma.

I sit on the Medical Advisory Committee for the Spire Hospital, Leeds

I was appointed visiting Professor of Sports Medicine at Leeds Beckett University in October 2017. My current research projects include long term function after achilles tendon rupture, novel amino acid supplements, and ankle syndesmotic injuries in athletes.

I was awarded North of England Surgeon of the Year in 2019 and also received Best Paper Award at BOSTAA 2018 for research into ankle syndesmotic injuries.

I am subspecialty trained in Foot & Ankle Surgery and am member of BOFAS. I sat on the BOFAS Outcomes Committee from 2019-2022.

Approximately 80%-90% of my practice is Foot & Ankle. A significant proportion of this is tertiary referral. I was a member of the Zimmer-Biomet Total Ankle Replacement Faculty. I was the Orthopaedic Lead Designer of the Mobile Bearing Rebalance Total Ankle Replacement. Approximately 3000 have been implanted globally with 90% survivorship on the Swedish Joint Registry. I act as a reviewer for the Bone and Joint Journal. I have been a convenor of the Foot and Ankle Masterclass run in conjunction with the Royal College of Surgeons. I have sat on the UK and Global Ankle Arthroscopy Faculty with Smith and Nephew.

I also have an interest in knee surgery and was awarded the Aesculap Travelling Fellowship to visit Dr DuPlessis in South Africa. Dr DuPlessis is an internationally renowned knee surgeon and looks after the Springboks Rugby Team. I was awarded the BOTA Trainee of the Year Prize for research into pain relief following ACL reconstruction. I am a member of BASK.

NAME: Mr Nicholas John Harris

DATE OF BIRTH: 6th December 1965

PLACE OF BIRTH: Southend-on-Sea

MARITAL STATUS: Married

SCHOOL EDUCATION: Toynbee School, Hampshire 1977-1982

COLLEGE EDUCATION: Barton Peveril College, Hampshire 1982-1984

UNIVERSITY EDUCATION: Aberdeen Medical School 1984-1989

QUALIFICATIONS: MB ChB 1989
ATLS 1993,1997
FRCS(Ed) 1994
FRCS(Tr and Orth) 1999

DATE OF ENTRY SPECIALIST REGISTER 20.02.01.

PRIZES: North of England Surgeon of the Year 2019
Best Paper BOSTAA 2018
John Fitton Memorial Prize Nov. 2003
British Orthopaedic Trainee of the Year/
Rhone Poulenc Rorer June 1996
Aesculap Travelling Fellowship July 1996
Surgeon-in-Training Prize(short-list) May 1997

RUGBY HONOURS: North and Midlands of Scotland
vs.Australia 1988
Captain Scottish Universities (Full Blue)

MEMBERSHIP OF SOCIETIES: BOFFS, BASK

SCIENTIFIC PAPERS PUBLISHED IN PEER REVIEW JOURNALS

77. Anatomic reconstruction of the anterior syndesmosis in elite athletes using suture tape(Internal Brace).
N Harris,G Nicholson,Ippokratis Pountos
BJJ 2022, 104-B; :68-75
76. Novel essential amino acid supplements following resistance exercise induce aminoacidemia and enhance anabolic signaling irrespective of age: a proof of concept trial
M J Lees, O J Wilson, E K Webb, D A Traylor, T Prior, A Elia, P S Harlow, A D Black, P J Parker, Nick Harris, M Cooke, C Balchin, M Butterworth, S M Phillips, T Ispoglou.
Nutrients 2020,12,2067;doi:10.3390/nu12072067
75. Myonuclear content is reduced in skeletal muscle fibres of older adults in the absence of differences in domain size, cross sectional area, or satellite cell content.
M Lees, E Webb, S Joannis, A Elia, P Harlow, A Black, P Parker, N Harris, M Cooke, C Balchin, M Butterworth, S Phillips, T Ispoglou.
European Journal of Applied Physiology(EJAP) – D- 20-00449 - submitted
74. Morphological and functional outcomes of operatively treated Achilles tendon Ruptures.
Nicholson G, Harris N.
The Physician and Sports medicine 2019 Nov7:1-8
73. Commonly reported isokinetic parameters do not reveal long term strength deficits of the triceps surae complex following operative treatment of Achilles tendon rupture.
Walker J ,Nicholson G, Jongerius N, Parelkar,P, Harris N, Bissas A.
Journal of Biomechanics 101(2020) 109630
72. Revision failed TAR to a hindfoot fusion: 23 consecutive cases using the phoenix nail.
A A Ali, R A Forrester, P O'Connor, N J Harris
Bone Joint J 2018.vol.100-B:475-479
71. Compensatory impingement of the dorsalis pedis artery in a property developer.
MA Waduud,N Harris,E Taylor,M Troxler,DJA Scott
Vascular Medicine 2017.vol 22(5): 437-439
70. The Early Multicentre Results of the Rebalance TAR.
Harris NJ, Hendricson A, Rydholm U,Knutson K, Popelka S
Rebalance Evaluator Group
Bone Joint J 2014 vol. 96-B no SUPP 17 2

69. Pedal mycetoma mimicking plantar fibroma.
Abdulkareem I H, Tellisi N A, Harris N
Hard Tissue 2013 May 20;2(3):30
68. Early arthritis in the 1st MTPJ without AVN of the metatarsal head as a complication following lengthening scarf osteotomy for transfer metatarsalgia - a case report.
Gudipati S, Harris N.
The Foot and Ankle Online Journal 6(8):2;August 2013
67. Fibula lengthening osteotomy to correct valgus mal-alignment following total ankle replacement.
Brooke B, Harris N J, Morgan S.
Foot and Ankle Surgery 2012;18:144-147
66. Is there a role for Total Ankle Replacement in Polio Patients: A case report and review of the literature.
Morgan S, Harris N.
Foot and Ankle Surgery 2012;18(1):74-76.
65. Fractures of the foot and ankle.
Hopton B P, Harris N J.
Surgery 2010;28(10):502-507
64. Flatfoot deformity - an overview.
Haendlmayer K, Harris N J.
Orthopaedics and Trauma 2009;23(6):395-403
63. Periprosthetic fracture after total ankle replacement: Surgical Technique.
Haendlmayer K, Fazly FM, Harris N.
Foot and Ankle International 2009;30(12):1233-1234.
62. Joint Orthopaedic and Rheumatology Clinics: Evidence to support guidelines.
H Siddle, M Backhouse, R Monkhouse, N Harris, P Hellowell.
Musculoskeletal Care 04/2011.
61. Total Ankle Replacement: Four to Six Years follow-up of the AES Total Ankle Replacement.
Morgan S, Harris N J.
JBJS 2010;92B:61-70.
60. An audit of a combined rheumatology and orthopaedic foot and ankle clinic.
H Siddle, M Backhouse, R Monkhouse, N Harris, P Hellowell
Journal of Foot and Ankle Research 01/2010

59. Outcome of distal tibial metaphyseal/pilon fractures treated with a polyaxial locked plating system.
H Boon Tang, N Kanakaris, N Harris, P Giannoudis
Injury Extra 01/2010;41(12):181
58. Ipsilateral floating second metatarsal and ankle fracture dislocation: complications and outcome of a rare type of injury.
N G Lasanianos, N Kanakaris, N Harris, P Giannoudis
Orthopaedics 05/2010;33(5)
57. Functional outcome following talar injuries.
H B Tan, O Obakponovwe, E Karadimas, N Harris, N Kanakaris, P Giannoudis
Injury Extra 12/2010;41(12):134-135
56. Case Report: A wear debris cyst following STAR total ankle replacement – Surgical Management.
Brooke B, Sturdee S, Harris N J.
Foot and Ankle Surgery 2009;15:43-45
55. Revision of STAR Total Ankle Replacement to Hybrid AES-STAR Total Ankle Replacement – A report of 2 cases.
Kharwadkar N, Harris N.
Foot and Ankle Surgery 2009;15:101-105
54. The Use of a Hamstring Autograft to reconstruct the distal tibio-fibular joint and superficial deltoid ligament in chronic syndesmotic injuries
Harris NJ, Monkhouse RM, Davies H, Cooke S.
Surgical Techniques in Foot and Ankle Surgery 2008;7(2): 96-99
53. A prospective clinical and radiological review of 137 AES TAR's over 4 years in a single centre.
S W Sturdee, N J Harris, M Farndon.
JBJS Supp III 2008;90(B):495
52. Fractures of the Foot and Ankle
Hopton, BP, Harris NJ
Surgery 2007;445-450
51. Ankle stabilization using Peroneus Longus Graft and an interference screw: a technical tip.
Garneti N, B Varhese, Harris N J.
The Foot 2007;17(4): 218-219

50. Extrusion of Metal Radiological Marker from a Total Ankle Replacement : a case report.
Dahabreh Z,Gonsalves S,Monkhouse R,Harris N.
Journal of Foot and Ankle Surgery 2006;45(3):186-189.
49. Transient Regional Osteoporosis: a rare cause of ankle pain.
Chowdhury FU,Robinson P,Grainger A,Harris N
Foot and Ankle Surgery 2006;12:79-83.
48. The Modified Interrupted Vertical Mattress Suture. A useful skin closure technique.
Dahabreh Z,Gonsalves S,Monkhouse R,Harris N.
Foot and Ankle International 2007;28(1): 135-136
47. Flexor Digitorum Longus Transfer for Stage 2 Tibialis Posterior Dysfunction using an Interference Screw
Venn A,LaValette D,Harris N J
Foot & Ankle International 2005;26(9);781-782
46. Tuberculous osteomyelitis in the diabetic foot.
C Rajeswaran,N Harris,H Bodansky,C Amery
The British Journal of Diabetes & Vascular Disease 2005;5(5);289-29
45. Bone anchors or interference screws ? A biomechanical evaluation for autograft ankle stabilization
Jeys L,Korrosis S,Stewart TD,Harris NJ
American Journal of Sports Medicine 2004;32(7):1651-9
44. Hamstring ankle stabilization using the biotenodesis screw.
Jeys L, Harris N J
Foot & Ankle International 2003;24(9):677-679.
43. Interference Screw fixation of FHL transfer.
Raman R, Harris N J.
Foot and Ankle Surgery 2003;9:179-181.
42. A new technique for reconstruction of the superior peroneal retinaculum using a hamstring graft and a biotenodesis screw.
Hopton B, Harris N J
Foot & Ankle Surgery 2003;9:173-176.
41. Book Review: Fifty Foot Challenges
Harris N J
Current Orthopaedics 2003;17(4):329

40. Fractures of the Foot and Ankle.
Hopton B, Harris NJ
Surgery 2003;21:9:236-240
39. The use of the Ilizarov Construct in the Management of Severe Hindfoot deformities.
Harris N J, Amery C
Diabetes & Metabolism August 2003, 288;4S
38. Tram related injuries in Sheffield.
Cameron IC, Harris NJ, Kehoe NJ.
Injury 2001;32(4):275-7
37. Ankle arthritis.
N J Harris
Current Orthopaedics 2001;15(5):352-355
36. Harris N J, Wacker J, Munawar M, Stephens M.
Pedobarographic effects following ankle arthroplasty and arthrodesis.
JBJS Supp III 2001,83B:336
35. Changes in bone turnover and bone density after total hip arthroplasty
Harris NJ, Lowman A, Wolsey L, Hannon R, Smith TWD, Eastell R
Hip International 2000;10(1):16-20.
34. A new surgical technique: prevention of splashback using pulsed lavage during total knee replacement.
McFetrich J, Harris NJ, Chiverton N, Gibson RJ.
Knee 2000;7(3):191-192
33. Degenerative change between the os peroneum and cuboid: a case report.
Thornton M, Harris NJ, Howard AC
The Foot 2000;10(3):155.
32. Fractures of the Ankle and Foot.
Harris N J, Smith T W D
Surgery 2000;18(5):122-124.
31. Split anterior tibial tendon transfer for recurrent idiopathic clubfoot
Harris N J, Chell J, Bell M J
The Foot 2000;10(3):155-156
30. Bilateral delayed EPL rupture following bilateral undisplaced distal radial fractures.
Payne AJ, Harris NJ, Kehoe NJ.
Journal of Orthopaedics 2000;23(2):163

29. The use of allograft in two stage revisions for failed septic hip arthroplasty.
Harris N J,Wagener S,Stockley I G
JBJS 2000;82(B) Supp 1:78.
28. The use of a polished dessert spoon during open anterior acromioplasty.
Harris NJ,DeBeer T.
Journal of Shoulder and Elbow Surgery 1999;8(6):660
27. The Orthopaedic Complications of Mucopolidosis Type III.
Hetherington C,Harris NJ,Smith TWD.
Journal of the Royal Society of Medicine 1999;92:244-246
26. Distal femoral replacement following periprosthetic fractures around the Stanmore
Total Knee Replacement.
Grimwood J,Harris NJ,Stockley I. Knee 1999;6:151-153.
25. Book Review 'Disorders of the heel, rearfoot and ankle'.
Eds. Ranawat and Positano, Churchill Livingstone
Harris NJ
The Foot 1999;9(3):167
24. Book Review 'Complex Foot & Ankle Trauma'
Ed. Adelaar, Lippincott-Raven
Harris NJ
The Foot 1999;9(3):167
23. Total femoral replacement for renal cell carcinoma bony metastases following
preoperative embolisation.
Harris NJ,Gaines P,Stockley I.
Hip International 1998;8(4):223-225.
22. A prospective clinical and pedobarographic evaluation of metatarsal shortening
for the treatment of intractable plantar keratosis.
Harris NJ,Betts RP,Smith TWD.
Foot & Ankle Surgery 1998;4:201-205.
21. Post-operative analgesia following anterior cruciate ligament reconstruction: a
controlled study using femoral nerve block.
Harris NJ,Bickerstaff DR,Appleton DFJ.
Journal of Bone and Joint Surgery 1998;80-B:Supp I:98.
20. Madura Foot-review article.
Hepple S,Harris NJ,Smith TWD.
The Foot 1997;7(3):176-179.

19. A prospective 10-16 year clinical and pedobarographic evaluation of forefoot arthroplasty.
Harris NJ,Betts RP,Rajesh MB,Stockley I,Duckworth TD,Getty CJM
The Foot 1997;7(3):166-169.
18. A prospective evaluation of both psychological status and outcome in 100 patients with mechanical lower back pain.
Harris NJ,Robson MJ,Simpson S,Mehta B.
Journal of Back and Musculoskeletal Rehabilitation 1997;9:39-41.
17. A further modification of the McBride Procedure for hallux valgus using the Acufex Tag System to reattach the adductor hallucis.
Harris NJ,Scott B,Smith TWD.
Foot & Ankle International 1997;18(1):57-8.
16. False aneurysm following total knee replacement: a non-invasive technique for treatment.
Utukuri M,Harris NJ,Spencer P,Robson MJ.
The Knee 1997;4:49-50.
15. Post-operative analgesia following anterior cruciate ligament reconstruction: a controlled study using femoral nerve block.
Harris NJ,Bickerstaff DR,Farquharson D,Appleton DFJ.
Knee 1997;4:197-201.
14. A prospective evaluation of both psychological status and outcome in 100 patients with mechanical lower back pain.
Harris NJ,Robson MJ,Simpson S,Mehta B.
J Bone Joint Surg(Br) 1997;79(B)Supp IV:426.
13. The Orthopaedic Complications of Mucopolysaccharidosis Type III.
Harris NJ,Smith TWD.
Journal of Bone and Joint Surgery 1997;79-(B):Supp IV:433.
12. Total hip arthroplasty in patients with athetoid cerebral palsy.
Harris NJ,Utukuri M,Robson MJ,Bell MJ.
Hip International 1996;6(4):173-5.
11. Bilateral avascular necrosis of femoral heads in a patient on inhaled aerosolised steroids
Harris NJ,Bickerstaff DR.
Journal of Orthopaedic Rheumatology 1995;8:120-121.
10. Bilateral Scaphoid Exostoses.
Harris NJ,Bell MJ.
The Journal of Hand Surgery 1995;20(B)6:745.

09. Freiberg's Disease Presenting in Adjacent Metatarsal Heads.
Hay SM,Harris NJ,Duckworth TD.
The Foot 1995;5(2):95-97.
08. Arthrodesis of the first metatarsophalangeal joint-an accurate method for achieving alignment.
Harris NJ,Hulme A,Bhamra M.
The Foot 1995;6(1):28-29.
07. Recurrent Traumatic Superior Dislocation of the Patella with Interlocking Osteophytes.
Harris NJ,Bickerstaff DR.
The Knee 1995;2(3):181-182.

Vascular Surgery

06. Improving the preoperative assessment of varicose veins
Singh S,Lees TA,Donlon M,Harris N,Beard JD.
British Journal of Surgery 1997;84:801-802
05. Percutaneous treatment of an anastomotic leak following elective abdominal aortic aneurysm repair.
Harris NJ,Singh S,Gaines P,Morris-Jones W,Beard JD.
European Journal of Vascular Surgery 1995;9:503-504.
04. Percutaneous stenting of proximal subclavian artery occlusion.
Harris NJ,Cameron I,Gaines P,Beard JD.
European Journal of Vascular Surgery 1995;9:479-480.
03. Stenting of an embolus - a case report.
Ackroyd R,Harris NJ,Gaines P,Beard JD.
Clinical Radiology 1995;50:346-348.

Plastic Surgery

02. Scalds related to bleeding domestic radiators.
Harris NJ, Coady M, Wilson Y.
Burns 1993;19(5):415-418.
01. Skin and extremity loss in meningococcal septicaemia.
Harris NJ, Gosh M.
Burns 1994;20(5):471-2.

TEXTBOOKS:

1. Examination Techniques in Orthopaedics – 3rd Edition.
Eds: Fazal Ali & Nick Harris
Cambridge University Press – 2022
2. Examination Techniques in Orthopaedics - 2nd Edition.
Eds: Nick Harris and Fazal Ali
Cambridge University Press, December 2013
3. Advanced Examination Techniques in Orthopaedics.
Eds. Harris N J & Stanley D
ISBN 1-84110-073-0
Greenwich Medical Media, London. 2003

INVITED CHAPTERS:

1. The Foot & Ankle in Rheumatology.
Eds: P Helliwell, M Backhouse, H Siddle.
Chapter 15 Surgery: M Backhouse, N Harris.
ISBN: 978-0-19-873445-1
Oxford University Press 2019.
2. Total Ankle Arthroplasty. Harris NJ. Practical procedures in elective orthopaedic surgery: A trainees companion. Springer 2012. Ed P V Giannoudis. Chapter 33
3. Ankle arthroscopy. Haendlmayer K, Harris NJ. Practical procedures in elective orthopaedic surgery. Springer 2012. Ed PV Giannoudis. Chapter 30.
4. Osteochondral autograft transfer in the treatment of osteochondral lesions of the talus.
Harris N J. Practical procedures in elective orthopaedic surgery: A trainees companion. Springer 2012. Ed P V Giannoudis. Chapter 34.
5. The Surgical Management of the Rheumatoid Foot and Ankle.
Carrington N, Harris N. In The Foot and Ankle in Rheumatoid Arthritis
Eds: Helliwell, Redmond, Turner, Woodburn. Elsevier, Oxford 161-167, 2007
6. Oster A, Carrington N, Harris N, Hazelman B. Diseases of the bone and joints in Lim E, Thompson A, Loke Y. Medicine and Surgery: an integrated textbook. Churchill Livingstone, Edinburgh 2007
7. Surgery for curly toes and the over-riding 5th toe.
Harris NJ, Smith TWD.
In: Wulker, Stephens, Cracchiolo (Eds): An Atlas of Foot and Ankle Surgery.
Martin Dunitz, London, 1997:101-105.

PRESENTATIONS AT LEARNED SOCIETIES

(The first author was the Speaker at the podium in all cases listed)

58. "Do all ruptured Achilles tendons heal the same"
Harris NJ, Buzon M
56th Annual Meeting British Orthopaedic Study Group
Zurs, Austria 29.01.24
57. Can athletes benefit from AITFL Internal Brace
Nick Harris
Orthopaedic Technology & Innovation Forum – Foot & Ankle – EMEA
Munich June 2023
56. Traumatic lateral ligament injuries.
Andy Goldberg, John McKinley, Francesc Malagelada, Nick Harris
24 Hour Virtual Foot & Ankle Global Town Hall , 17th June
55. Diagnosis & Management of acute anterior syndesmotic injuries in elite athletes.
Nick Harris
MIFAC, Egypt, June 2023
54. Acute lateral ligament repair.
Nick Harris
MIFAC, Egypt, June 2023
53. Achilles tendon function post rupture.
Nick Harris
MIFAC, Egypt, June 2023
52. Management of ankle ligament injuries in high performers.
Nick Harris
EFAS, Edinburgh, October 2022
51. Anatomic reconstruction of the AITFL in elite athletes using suture tape
(Internal Brace).
Harris N, Nicholson G, Pountos I.
13th International Austrian Foot and Ankle Society Meeting
Going, Austria, April 2022
50. Achilles tendon rupture management.
Harris N
BOSTAA/ISKSAA July 2021

49. Stabilisation of the ankle syndesmosis using the internal brace.
Harris N, Farndon M.
BOSTAA, London, December 2018 – Best paper award
XXVIII Isokinetic Medical Group Conference, London, April 2019
48. Stabilisation of the ankle syndesmosis using the internal brace.
Harris N, Farndon M, Hannant G.
BOFAS, Edinburgh, November 2018
47. Neuromuscular and Functional Outcomes of Operatively treated Achilles tendon ruptures.
N.Harris, J Walker, Parag Parelkar, G Nicholson, A Bissas.
ISKAA, Leeds June 2018
46. Outcomes of ankle fusion with compression screws and an anterior locking plate.
G Ktistakis, N Harris
IFFAS Triennial Meeting, Lisbon, Sept 2017
45. Revision total ankle replacement to hindfoot fusion with a Nail; experience from Leeds
A Ali, P O'Connor, N Harris
BOA, Liverpool, 2015 & BOFAS, Guildford, 2015
44. Surface Analysis of Retrieved TAR's
A Smyth, M Day, N Harris, S Partridge, S Williams, J Fisher, C Brockett
BORS, Bath 23-24 June, 2014 & ISTA Kyoto 24-27 September
43. The Early Multicentre Results of the Rebalance TAR.
Harris NJ, Hendricson A, Rydholm U, Knutson K, Popelka S
Rebalance Evaluator Group
BOFAS 5th November 2014
42. Pedal mycetoma - a case report.
Abdulkareem I, Tellisi N, Harris N.
E-poster. AOFAS Florida, July 2013
41. Early arthritis of the 1st MTPJ without AVN of the metatarsal head, as a complication following lengthening scarf osteotomy for transfer metatarsalgia - a case report.
Sunderamoorthy D, Gudipati S, Harris N
E-poster. 33rd SICOT & PAOA Orthopaedic World Conference, Dubai 2012

40. Revision of failed TAR to Fusion.
Sunderamoorthy D, Gudipati S, Harris N
BOFAS, Windsor 2011
33rd SICOT & PAOA Orthopaedic World Conference, Dubai 2012
39. Rationale behind the Rebalance TAR.
Harris NJ, Chami G, Smirthwaite P, Wu JJ.
E-poster. EFAS, Noordwijk Aan Zee, Holland, Sept 2012
38. Stress fractures of the foot and ankle - Are they under-investigated ?
Chami G, Harris N
BOFAS, Cardiff, 2012
37. Heel pain in athletes.
Harris N, Eyre J, Grainger A.
World Sports Trauma Congress &
7th EFOST Congress, London. 2012
36. Rational behind Rebalance TAR.
Chami G, Harris NJ.
Societa Italiana Caviglia Piede, Genova, Italy , May 2012
35. Functional outcome following talar injuries. O Obakponovwe, H B Tan, E J
Karadimas, N Harris, N K Kanakaris, P V Giannoudis.
BTS, 2010.
34. Outcome of distal tibial metaphyseal/pilon fractures treated with a polyaxial locked
plating system. H B Tan, N K Kanakaris, N Harris, P V Giannoudis.
BTS, 2010.
33. Revision of STAR Total Ankle Replacement to Hybrid AES-STAR Total Ankle
Replacement – A report of 2 cases.
Kharwadkar N, Harris N.
EFORT. E-Poster Vienna 2009
32. Total Ankle Replacement 4-6 year follow-up of the AES TAR. Morgan S,
Brooke B , Harris N J. BOFAS Liverpool November 2008
31. A prospective clinical and radiological review of 140 AES TAR's over a 4 year
period in a single centre. Harris NJ, Sturdee, S, Farndon M.
BOFAS Crewe, November 2006, AOFAS Toronto July 2007

30. The results of the first 120 AES TARs.
Harris NJ,Sturdee S
1st International Foot and Ankle Conference,Moscow April 2006
29. The use of the biotenesis screw in the foot and ankle.
Harris NJ.
Arthrex Foot and Ankle Cadaver Course, Dusseldorf April 2006
28. The AES TAR technique and results.
Harris NJ
AES TAR Cadaver Course Vienna, December 2005
27. Osteomyelitis in the Diabetic Foot
C Amery, N J Harris
Diabetic Foot Study Group, Regensburg, Germany September 2004
26. Evaluation of pain relief following day case forefoot surgery
Venn A,Selsby D,Harris NJ
EFAS, Montpellier April 2004
25. AES TAR - The Leeds Experience
Harris NJ
AES TAR Users Meeting
Nimes, France April 2004
24. Bone anchors or interference screws? A biomechanical evaluation for autograft ankle stabilization.
Jey LM,Hopton B,Korrosis S,Stewart T,Harris NJ.
American Academy of Orthopaedic Surgeons, Poster, San Francisco, March 2004
23. Autograft ankle stabilization: technique,design,biomechanical studies and short term clinical results
Jeys LM,Hopton B,Korrosis S,Stewart T,Harris NJ.
President's Prize,Royal Society Medicine, London February 2004
22. Review of the first 21 AES TAR.
Kelley S,Boyle S,Al Lami M,Harris NJ
Combined British & European Foot & Ankle Meeting, Poster, Bristol 2003
21. Review of first 20 hindfoot fusions using an Ilizarov construct
Boyle S,Kelley S,Al Lami M,Harris NJ
Combined British & European Foot & Ankle Meeting,Bristol 2003
20. Interference Screw fixation of FHL transfer.
Raman R, Harris N J
BTS, Poster, London 2003

19. The use of the Ilizarov Construct in the Management of Severe Hindfoot Deformities.
Harris N J, Amery C
International Diabetic Federation Meeting, Poster, Paris, August 2003
18. Hamstring ankle stabilization using the biotenodesis screw.
Jeys L, Harris N J
2nd Vienna Future Symposium, Feb. 2003
17. Pedobarographic changes following ankle arthrodesis and arthroplasty
Harris N J, Wacker M, Munawar M, Stephens M
British Orthopaedic Foot Surgery Society, Sheffield
November 2000
16. Calcaneal Fractures
Harris NJ
Nottingham # Forum, November 1999
15. The use of allograft in two-stage hip revision following failed septic hip arthroplasty.
Harris NJ, Wagener S, Stockley I.
British Orthopaedic Association, Glasgow, Sept 1999
14. The Huckstep Interlocking Porous Coated Hip Replacement: A retrospective review of 41 cases.
Harris NJ, Stockley I.
21st Triennial World Congress SICOT, Sydney, Australia.
April 1999
13. Post-operative analgesia following anterior cruciate ligament reconstruction: a controlled study using femoral nerve regional anaesthesia.
Harris NJ, Bickerstaff DRB, Farquharson D, Appleton DFJ.
Wexham Park ACL Symposium, Slough, Nov 1998
12. A prospective 10-16 year clinical and pedobarographic evaluation of forefoot arthroplasty.
Stockley I, Betts RP, Rajesh MB, Harris NJ, Duckworth TD, Getty CJM.
10th Combined Orthopaedic Associations Meeting, New Zealand.
February 1998.
11. A prospective clinical and pedobarographic evaluation of metatarsal shortening.
Harris NJ, Betts RP, Smith TWD.
European Foot & Ankle Societies Congress, Paris, France, October 1997

10. A prospective 10-16 year clinical and pedobarographic evaluation of forefoot arthroplasty.
Harris NJ, Betts RP, Rajesh MB, Stockley I, Duckworth TD, Getty CJM.
9th Congress of the European Rheumatoid Arthritis Surgical Society, Prague September 1997.
09. A prospective 10-16 year clinical and pedobarographic evaluation of forefoot arthroplasty.
Harris NJ, Betts RP, Rajesh MB, Stockley I, Duckworth TD, Getty CJM.
Surgeon-in-Training Prize Short List
Royal College of Surgeons of Edinburgh, May 1997
08. Hip Dysplasia in Mucopolidosis Type III.
Harris NJ, Smith T W D
26th Meeting British Society for Children's Orthopaedic Surgery, Birmingham, January 1997.
07. A prospective evaluation of both psychological status and outcome in patients with low back pain.
Harris NJ, Robson MJ, Simpson S, Mehta B.
25th Anniversary Meeting Society for Back Pain Research,
Royal Society of Medicine, London, October 1996.
06. Post-operative analgesia following anterior cruciate ligament reconstruction: a controlled study using femoral nerve regional anaesthesia.
Harris NJ, Bickerstaff DRB, Farquharson D, Appleton DFJ.
British Association for Surgery of the Knee, Royal College of Surgeons of Glasgow, March 1996.
05. Perthes disease-a difficult case
Harris NJ, Smith TWD.
Holdsworth Club Meeting, Sheffield.
March 1996
04. Improving the pre-operative diagnosis of varicose veins.
Lees T, Singh S, Harris N J, Cameron I, Beard J D, Morris-Jones W.
International Union of Angiology, London.
April 1995.
03. Iliac stent work-single centre experience.
Gaines P, Harris NJ, Beard JD, Cleveland T.
Royal College of Radiologists.
September Congress 1994.

02. Iliac artery stenting-December1991-1992.
Harris NJ,Gaines P,Beard JD,Jones WM.
Midlands Vascular Surgical Society.
March 1994.
01. Percutaneous treatment of an anastomotic leak following elective abdominal
aortic aneurysm repiar.
Harris NJ,Singh S,Gaines P,Jones WM,Beard JD.
North Trent Vascular Society.
December 1993.

LETTERS TO THE EDITOR:

1. Letter to the Editor 'Fractures of the calcaneus'.
Harris NJ,Bhamra M.
Journal of Orthopaedics 1996;4(2):148.
2. Letter to the Editor 'Patterns of weight distribution under the metatarsal heads'
Harris N J,Chell J,Smith T W D
Journal of Bone and Joint Surgery 1999;81B (4):744
3. Letter to the Editor 'Salvage of the head of radius after fracture-dislocation of the
elbow.
Chell J,Harris NJ
Journal of Bone and Joint Surgery 1999;81B (4):745
4. Letter to the Editor 'Screw versus suture fixation of Mitchell's osteotomy'.
Harris N J,Chell J,Black PRM
Journal of Bone and Joint Surgery 1999;81B:1085.
5. Letter to the Editor 'Characterization of patients with primary peroneus longus
tendinopathy'
Harris N J, Stephens MM
Foot & Ankle International 2001;22(6):51

AUDIT, GOVERNANCE & MANAGEMENT

1. An Audit of a Combined Rheumatology and Orthopaedic Foot and Ankle Surgery Clinic. Siddle H, Backhouse M, Helliwell P, Harris N, Monkhouse R. British Society of Rheumatology. Birmingham 2010. Poster 769480
2. A comparison of arthroscopic and MRI findings in pathology about the knee.
Harris NJ, Rees AJ, Bradley M.
Presented at the Combined Orthopaedic and Radiology Audit Meeting. Dec. 1995.
3. Intramedullary nailing over a 1 year period at RGH
Harris N J, Hossain K.
Presented at the Orthopaedic Audit meeting June 1995
4. Audit of MRI usage over a 6 month period by the Orthopaedic Departments in Sheffield.
Presented at the Orthopaedic Audit meeting October 1994.
5. DVT prophylaxis in a 120 patients on a Plastic Surgical Ward following the institution of a Thromboprophylactic Protocol. January 1993.
Presented at the Plastic Surgical Audit Meeting April 1993.

I have been involved in regular monthly audit throughout my training and as a Consultant. This includes mortality & morbidity audits as well as prospective and retrospective audit projects. Specific projects that I have been involved in and presented have highlighted problems of implementing DVT prophylaxis protocols, problems of coding and inappropriate waiting times for MRI scans. Some audit projects however have highlighted good practice. An audit of MRI findings in knee pathology in Rotherham revealed sensitivities and specificities similar to those in the published literature. I have tried to keep up to date with many of the changes affecting the NHS. In 1999 I was elected to the BOTA Executive Committee which gave me greater insight into how these changes were going to affect Orthopaedic Trainees and Orthopaedics in general

PREVIOUS APPOINTMENTS

Specialist Registrar Rotation

Year 1	Rotherham District General Hospital Mr M J Robson,Mr K Zaman,Miss Rees, Mr M Bhamra February 1995-December 1995
Year 2	Northern General Hospital,Sheffield Mr T W D Smith & Mr N J Kehoe January 1996-December 1996
Year 3	Barnsley District General Hospital Mr P A Bryant,Mr C Ruddlesdin,Mr Z Khan, Mr H Piper January 1997-December 1997
Year 4	Northern General Hospital,Sheffield Mr I Stockley & Mr D Stanley January 1998-December 1998
Year 5	Sheffield Children's Hospital & NGH Mr M J Bell & Mr A C Howard January 1999-December 1999
Year 6	Northern General Hospital,Sheffield Mr R J Gibson January 2000-June 2000

Year 6

Cappagh Orthopaedic Hospital, Dublin

Mr M M Stephens

July-December 2000

Year 7

Northern General Hospital, Sheffield

January 2001-July 2001

Peri-fellowship Rotation

Orthopaedic SHO

Royal Hallamshire Hospital, Sheffield

Professor Duckworth, Mr M J Bell, N J Kehoe,

D R Bickerstaff

August 1994-January 1995

Urology SHO

Royal Hallamshire Hospital, Sheffield

surgical rotation

Mr K T Moore

February 1994-July 1994

General/Vascular SHO

Royal Hallamshire Hospital, Sheffield

surgical rotation

Mr W Morris-Jones and J D Beard

August 1993-January 1994

Cardiothoracic SHO

Northern General Hospital, Sheffield

surgical rotation

Professor G H Smith

February 1993-July 1993

Plastics SHO

Northern General Hospital, Sheffield

surgical rotation

Mr R W Griffiths

August 1992-January 1993

Orthopaedic and Trauma Rotation

Orthopaedic SHO

Royal Hallamshire Hospital, Sheffield

Professor T Duckworth, Mr N R Kay & M J Bell

February 1992-July 1992

Casualty Surgical Officer

Royal Hallamshire Hospital, Sheffield

Mr A C Crosby and D G Ferguson

August 1991-January 1992

Anatomy Demonstrator and Resident Medical Officer rotation

Anatomy Demonstrator

Sheffield University, Sheffield

Professor Angel

February 1991-July 1991

Resident Medical Officer

AMI Beechwood/Thornbury Hospital

Sheffield

August 1990-January 1991

Registration Year

House Surgeon

Aberdeen Royal Infirmary, Aberdeen

Mr A I Davidson and N M Koruth

February 1990-July 1990

House Physician

Woodend Hospital, Aberdeen

Dr Hamilton

August 1989-January 1990

MEDICO-LEGAL EXPERIENCE:

I prepare approximately 100 personal injury reports per year. I strongly believe in my role as an independent advisor to the court and give honest opinions which are supported in most cases by the current literature.

A recent audit of my reports suggested 80% were regarded as good and 80% of instructing parties were pleased with the turn-around time.

I strive to remain up to date and have attended courses run by Bond Solon and the Royal Society of Medicine on both Report Writing and Courtroom Skills.

I also undertake medical negligence work dealing in particular with issues relating to foot and ankle surgery.

Medico-legal Courses

Excellence in Report Writing, Bond Solon, London, October 2000

Courtroom Skills, Bond Solon, Birmingham, July 2001

Report Writing & Evidence in the New Millennium.

Royal Society of Medicine, London, September 2001

Clinical Negligence Report Writing for Mobile Doctors

Leeds, July 2002

