

Comprehensive Curriculum Vitae

Registered Nurse (Adult) | DipHE Nursing Studies | BSc (Hons) Healthcare |
MSc Advanced Forensic Practice (Custody Professional) | MSc Advanced
Practice (Clinical Practitioner) | Independent Prescriber (V300) |
Queen's Nurse | ASET | DLM



About Matthew

Matthew brings over 22 years of patient-facing clinical experience across a broad spectrum of nursing disciplines, including acute, emergency, and critical care in hospitals and elder care in the community. For 12 years, he has dedicated himself almost exclusively to police custody, delivering forensic healthcare. Including nine years as an independent non-medical prescriber, he holds two MSc degrees in advanced forensic and clinical practice.

Matthew is a recognised leader in forensic healthcare, playing a pivotal role in inducting and ongoing training custody healthcare professionals. He has a long history of assessing individuals detained under the Police and Criminal Evidence Act 1984. His contributions to the field are well-documented, with extensive publications in peer-reviewed literature and co-editing the first book for healthcare professionals on this subject.

His legal acumen is well established, and he has 12 years of experience writing court reports and providing evidence across magistrates, crown, and coroner courts. In 2022, he was seconded to NHS England as part of Dame Ruth May's Chief Nursing Officer's Clinical Nurse Fellowship programme.

Matthew's services include expert nursing opinions, breach of duty assessments, and standards of care in detention settings. He provides preliminary advice, prepares and submits comprehensive reports, conducts site or home visits, assesses patients, and attends conferences with counsel and opposing experts. His meticulous approach ensures court-compliant reports for criminal and civil courts, reflecting his commitment to excellence in forensic healthcare.

Expert Witness Training

Bond Solon *Cross-Examination Day*

Dec 2024

Bond Solon *Civil Law and Procedure for Expert Witnesses*

Nov 2024

Bond Solon *Witness Familiarisation - Criminal and Civil*

Oct 2024

Academic Qualifications

MSc Advanced Practice (Clinical Practitioner) <i>University of Bradford</i> Distinction	2017 - 2021
MSc Advanced Forensic Practice (Custody Professional) <i>Staffordshire University</i> Distinction	2013 - 2018
Assessment and management of minor illness <i>Teesside University</i> Outstanding	2016 - 2017
Mental disorder and mental capacity <i>The University of Huddersfield</i> Merit	2015 - 2016
Independent and supplementary non-medical prescribing <i>The University of Huddersfield</i> Distinction	2014 -2015
BSc (Hons) Health Care Studies <i>Leeds Beckett University</i> Upper second-class honours	2007 - 2009
Assessment and management of the acutely ill patient; Clinical practice based learning; Mentorship in practice; Challenges of nursing the critically ill individual; Assessment and management of the patient requiring intensive care <i>University of Leeds</i>	2006 - 2007
Diploma of Higher Education in Adult Nursing <i>The University of Huddersfield</i>	1999 - 2002

Professional Certificates

Civil Expert Witness Certificate <i>Cardiff University and Bond Solon</i>	Feb 2025
Diploma of Legal Medicine - Distinction <i>Faculty of Forensic & Legal Medicine</i>	Nov 2024
A systems approach to investigating and learning from patient safety incident <i>Health Services Safety Investigations Body (HSSIB)</i>	May 2024
Immediate life support <i>Resuscitation Council UK</i>	Jan 2024
Manager as coach <i>Leeds Community Healthcare NHS Trust</i>	Jun 2021
DATIX investigator training <i>Leeds Community Healthcare NHS Trust</i>	Jul 2015
Mental Health Masterclass - Personality Disorders, Eating Disorders, Emotional Resilience and Crisis Intervention Skills <i>The University of Huddersfield</i>	Mar 2015

Mental Health Masterclass - Practical Mental Health Assessment, Depression, Suicide and Risk Assessment <i>The University of Huddersfield</i>	<i>Dec 2014</i>
Advanced standards in education and training (ASET) <i>UK Association of Forensic Nurses and Paramedics</i>	<i>Sep 2014</i>
Advanced life support <i>Resuscitation Council UK</i>	<i>Apr 2012</i>

Honours and Awards

The Centre for Advancing Practice ‘Advanced’ digital badge <i>NHS Health Education England</i>	<i>Dec 2023</i>
Queen’s Nurse <i>The Queen’s Institute of Community Nursing</i>	<i>Oct 2022</i>
First Prize Nursing Award <i>West Yorkshire Critical Care Network</i>	<i>Jan 2007</i>

Professional Experience

Clinical Reviewer – Deaths in Custody

Nurture Health and Care Limited (freelance)

Matthew undertakes comprehensive clinical reviews of individuals who have died in prison or shortly after release. The role involves conducting meticulous investigations using clinical notes and relevant documents, performing detailed interviews, and conducting site visits. This process culminates in the creation of an in-depth report for NHS England and the Prison and Probation Ombudsman, aimed at providing clear, evidence-based insights and recommendations.

Oct 2023 – Present

Clinical Nurse Fellow (Forensics)

NHS England, National (part-time secondment)

Matthew led a comprehensive review to ensure a multi-professional approach to national standard setting and the development of guidance for forensic examination services in police custody and sexual assault referral centres (SARC). Working within NHS England’s national health and justice team, Matthew reported directly to NHS England's National Director of Health and Justice, Armed Forces and Sexual Assault Referral Centres. Supported by Royal Colleges and other professional bodies, the work required a deep understanding of the statutory, regulatory, and NHS requirements in relation to forensic examinations.

May 2022 – May 2023

Advanced Clinical Practitioner (Police Custody)

Leeds Community Healthcare NHS Trust, Leeds

Matthew serves as a clinical leader and role model for custody healthcare professionals. His responsibilities include leading the induction, teaching, training, and supervision of clinical staff. Matthew has been instrumental in the development of guidelines, policies, and patient group directions. Matthew continues to see patients undertaking the depth and breadth of police healthcare referrals and complex case referrals from colleagues, including the assessment of individuals who have been tasered. Additionally, he mentors, supports, and trains staff undertaking post-registration clinical modules, including on competencies in prescribing, minor illness management, and advanced physical examination skills. He is often required to prepare statements for the courts or give evidence, including at magistrates, crown, and coroner's courts.

*Sep 2018 –
Present*

The role involves assessing fitness to detain, interview, and release, making recommendations on caring for individuals in custody, recommending levels of observation, and identifying the need for an appropriate adult. Undertaking samples under the Road Traffic Act 1988 and forensic samples (including non-intimate and intimate samples) from suspects involved in serious offences under the Police and Criminal Evidence Act 1984.

Police Custody Nurse

Leeds Community Healthcare NHS Trust, Leeds

Matthew provided care to individuals in custody with acute, long-term, clinical, and mental health conditions. Obtaining forensic samples from alleged perpetrators of serious crimes such as rape, murder, and driving offences. This often included blood sampling, body mapping of injuries, and assessments of individuals who are acutely mentally unwell, alcohol or drug withdrawal and require hospitalisation.

*Apr 2014 –
Sep 2018*

Police Custody Nurse

Serco, Wakefield

As outlined above

*May 2012 –
Apr 2014*

Senior Staff Nurse

BMI Healthcare, Huddersfield

Matthew provided comprehensive care to both NHS and private patients with a range of medical and surgical conditions. The surgical specialties included orthopaedic, urology, cosmetic, gynaecology, and ophthalmic. Clinical responsibilities included the management and insertion of intravenous cannulas, wound care, medication (all routes), infusions, venepuncture, post-surgical care, urinary catheter care, observations, monitoring and responding to deteriorating patients. Involving the care of patients up to and including level 2 (high dependency).

*Mar 2011 –
May 2012*

Registered Nurse*Roche Healthcare*

Matthew managed a wide range of clinical responsibilities to ensure the well-being of residents. Duties included pressure area care, urinary catheter care and insertion, wound care, dressings, venipuncture, and care planning. As well as overseeing care delivery by none registered healthcare staff. He was also involved in rehabilitation, making safeguarding referrals and administering medication.

*May 2009 –
Mar 2011*

Registered Nurse - Agency*First Choice Care, Brisbane, Australia*

Matthew providing care in both private and public hospitals, in critical care settings, including intensive care and high dependency units. Responsibilities included caring for intubated and ventilated patients requiring organ support, including vasopressors and inotropes across a range of intensive care settings; including general, cardiac and burns.

*Jan 2010 –
Jun 2010*

Clinical Nurse Educator – Deteriorating Patient*Leeds Teaching Hospitals NHS Trust, Leeds (part-time secondment)*

Matthew focused on strategically managing deteriorating patients, responding to deteriorating physiological observations in acute hospital settings. This included the introduction of physiological track and trigger systems used for all inpatients with a graded response protocol for patients at risk, ensuring competence for all staff caring for the acutely ill. This role required a deep understanding of the complexities associated with deteriorating patients.

*Jul 2008 –
Feb 2009*

Charge Nurse – Medical Admissions Unit*Leeds Teaching Hospitals NHS Trust, Leeds*

Matthew was responsible for the nursing assessment, management, and monitoring of acutely unwell adults with a wide range of medical conditions, including general medicine, acute medicine, respiratory, cardiology, endocrinology, and elderly care. Including caring for individuals following deliberate self-harm, overdoses, sepsis, pneumonia, asthma, COPD, diabetes and alcohol withdrawal. Clinical skills included arterial blood gases, wound care, pressure area care, dressing, infusion administration, IV fluids and medications, and the insertion and care of intravenous cannulas, urinary catheters, nasogastric tubes and central line care.

*May 2006 –
Feb 2009*

Senior Staff Nurse – Medical Admissions Unit*Leeds Teaching Hospitals NHS Trust, Leeds*

See 'Charge Nurse – Medical Admissions Unit'

*Nov 2004 –
May 2006*

Staff Nurse – Adult General Intensive Care Unit

Leeds Teaching Hospitals NHS Trust, Leeds

Matthew delivered specialised nursing care for medical and surgical patients requiring intensive care support. Clinical skills included comprehensive mouth care, personal care, and monitoring, as well as enteral feeding. He managed arterial lines, central lines, and peripheral intravenous cannulas, in addition to the insertion and management of urinary catheters. Providing care for intubated and ventilated patients using endotracheal tubes and tracheostomies. Additionally, I am proficient in the administration of medications, including fluids, infusions, including sedation, vasopressors, and inotropes. Additionally, he is proficient in oxygen therapy including high flow, CPAP and non-invasive ventilation.

*Apr 2004 –
Nov 2004*

Staff Nurse – Accident and Emergency Department

Leeds Teaching Hospitals NHS Trust, Leeds

Matthew delivered comprehensive care across all clinical areas, including triage, minor injuries, majors, and the resuscitation room. He cared for a wide range of patients with varying acuity and severity, including those experiencing cardiac arrest, requiring resuscitation, and major trauma cases. Clinical skills include wound care, pressure area care, dressing changes, infusion administration, IV fluids and medication management, and the insertion and care of intravenous cannulas, urinary catheters, nasogastric tubes and central line care. Additionally, skilled in caring for the intubated and ventilated, sedated, providing non-invasive ventilation (BiPAP), and the transfer of critically ill patients.

*Jul 2003 –
Apr 2004*

Staff Nurse – Medical Admissions Unit

Leeds Teaching Hospitals NHS Trust, Leeds

See 'Charge Nurse – Medical Admissions Unit'

*Aug 2002 –
Jul 2003*

Publications and professional presentations

Peer-reviewed articles

Monitoring and managing opioid withdrawal in police custody

Nursing Times [online]; (2025) 121: 1.

Dec 2024

Assessment and management of acute unplanned alcohol

withdrawal *Nursing Standard* DOI: 10.7748/ns.2024.e12372

Nov 2024

Recognising and responding to non-fatal strangulation in domestic

abuse *Nursing Standard* DOI: 10.7748/ns.2024.e12061

Jun 2024

Recognising and responding to bruising in children *Nursing Standard*

DOI: 10.7748/ns.2023.e12120

Jul 2023

Understanding the nurses' role as a professional witness *Nursing*

Standard DOI: 10.7748/ns.2023.e11978

Jan 2023

Acute behavioural disturbance: recognition, assessment and

management *Emergency Nurse* DOI: 10.7748/en.2022.e2126

Mar 2022

Assessing and managing people exposed to conducted energy device <i>Emergency Nurse</i> DOI: 10.7748/en.2022.e2125	<i>Feb 2022</i>
An unusual cause for acute confusion in police custody <i>Journal of Community Medicine & Health Education</i>	<i>Nov 2020</i>
Assessment of people who have been tasered <i>Emergency Nurse</i> DOI: 10.7748/en.2017.e1725	<i>Jul 2017</i>
Assessing an individual's fitness to interview in police custody <i>Nursing Standard</i> DOI: 10.7748/ns.2017.e10479	<i>May 2017</i>
Opportunities to preserve forensic evidence in emergency departments <i>Emergency Nurse</i> DOI: 10.7748/en.2016.e1618	<i>Nov 2016</i>
Assessing fitness to detain in police custody <i>Nursing Standard</i> DOI: 10.7748/ns.30.11.43.s46	<i>Nov 2015</i>
Care bundles; resuscitation of patients with severe sepsis <i>Nursing Standard</i> DOI: 10.7748/ns.2008.11.23.11.41.c6725	<i>Nov 2008</i>

Authored Chapters

Chapter 19 Emergencies <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 16 Special circumstances <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 15 Writing statements and giving evidence <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 11 Use of force <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 8 Minor illness <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 3 Fitness assessments <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 1 Introduction to police custody <i>Police Custody Healthcare for Nurses and Paramedics, Wiley Blackwell</i> Edited by: Matthew Peel, Jennie Smith, Vanessa Webb and Margaret Bannerman	<i>Jan 2025</i>
Chapter 6 Professional conduct – Nurses <i>Forensic and Legal Medicine; Clinical and Pathological Aspects, CRC Press</i> Edited by: Jason Payne-James and Roger Byard	<i>Dec 2023</i>

Authored and Edited Books

Police Custody Healthcare for Nurses and Paramedics *Wiley Blackwell* Jan 2025
ISBN: 978-1394204892

Presentations

Acute behavioural disturbance in police custody Mar 2025
Webinar - UK Association of Forensic Nurses and Paramedics

Alcohol withdrawal syndrome Jan 2019
Webinar – UK Association of Forensic Nurses and Paramedics

Assessing fitness to detain in police custody Jul 2017
Webinar – UK Association of Forensic Nurses and Paramedics

National Guidelines

Healthcare assessment in police custody after conducted energy device (CED) discharge; Full guideline Aug 2022
Conducted Energy Device Joint Working Group

Professional Contributions

The Queen's Nursing Institute *Criminal Justice Nursing Standards* 2023
Reference Group

Conducted Energy Device Joint Working Group *Member and author of full guideline* 2020 – Present

UK Association of Forensic Nurses and Paramedics *Steering Group Member* 2014 – Present

Training Delivered (topics)

Police custody induction training

- Assessing fitness to detain and interview
- Managing long-term conditions
- Emergency drugs, airway and emergency equipment familiarisation
- Police restraint and use of force
- Medication and PGDs
- Substance Use and misuse
- Body mapping (documentation of injuries)
- Road Traffic Medicine
- Forensic sampling

Police custody prescribing training

- Introduction to prescribing in custody
- Prescribing dihydrocodeine
- Prescribing diazepam
- Diabetes, insulin and essential medications
- Alcohol withdrawal

- Opioid withdrawal
- Benzodiazepine withdrawal
- Dual (alcohol and opioid) withdrawal
- Managing bite injuries
- Lower respiratory tract infections
- Urinary tract infections

Police custody ongoing training

- Section 4 - Road Traffic Act 1988
- Road traffic medicine
- Acute behavioural disturbances
- Emergency drugs
- Fitness to release
- Statements and court
- Taser update
- Diabetes in custody
- Dual withdrawal (opioid and alcohol)

Professional Memberships

- Academy of Forensic Nurses
- Faculty of Forensic & Legal Medicine
- Queen's Nursing Institute
- Restraint Reduction Network
- Royal College of Nursing
- UK Association of Forensic Nurses and Paramedics

Continuing Professional Development

Forensic Nursing Adult Series: Forensic Injury Identification and Documentation <i>Peidmont Ahec</i>	<i>Feb 2025</i>
Managing dependence to street benzodiazepines <i>Addictions Professionals</i>	<i>Dec 2024</i>
Drug and alcohol management in custody webinar <i>Faculty of Forensic & Legal Medicine</i>	<i>Nov 2024</i>
Legal and forensic conundrums in complex high profile homicide <i>Royal Society of Medicine</i>	<i>Jan 2024</i>
The Human Rights requirements of healthcare professionals working in police custody and the National Preventative Mechanism <i>Scottish Health in Custody Network</i>	<i>Nov 2023</i>

The Istanbul Protocol and what it means for people in police custody <i>Scottish Health in Custody Network</i>	<i>Nov 2023</i>
Seeing the unseen <i>UK Association of Forensic Nurses and Paramedics</i>	<i>Sep 2023</i>
Back to the future: The basics in clinical forensic and legal medicine which all clinicians should know <i>Royal Society of Medicine</i>	<i>Nov 2022</i>
Scratching the surface <i>UK Association of Forensic Nurses and Paramedics</i>	<i>Sep 2022</i>
The Coroner Role & Preparing for a Coroner's inquest <i>HC-UK</i>	<i>Sep 2022</i>
An introduction to aspects of forensic medicine: Death, forensic odontology, forensic psychiatry and sexual assault <i>Royal Society of Medicine</i>	<i>Nov 2021</i>
Minor illness update <i>Belmatt Health Training</i>	<i>Sep 2021</i>
Fitness to be interviewed by the police <i>Faculty of Forensic & Legal Medicine</i>	<i>Jul 2021</i>
An introduction to the Forensic Capability Network <i>Faculty of Forensic & Legal Medicine</i>	<i>May 2021</i>
Understanding health care issues and presentation delay: Findings from research with people who inject drugs in London <i>Addiction Professionals</i>	<i>May 2021</i>
Neurology – Upper and lower limbs <i>Presented by Dr Chris Jefferies (CPDme)</i>	<i>Mar 2021</i>
Practical ethics <i>Faculty of Forensic & Legal Medicine</i>	<i>Oct 2019</i>
Novel psychoactive substances <i>Faculty of Forensic & Legal Medicine</i>	<i>Oct 2020</i>
A conversation on recently updated FFLM documents <i>Faculty of Forensic & Legal Medicine</i>	<i>Jul 2020</i>
Road traffic medicine – roles of HCP and police <i>Faculty of Forensic & Legal Medicine</i>	<i>Jun 2020</i>
Road traffic medicine – alcohol and drug issues <i>Faculty of Forensic & Legal Medicine</i>	<i>Jun 2020</i>
Diabetes crisis – what needs immediate referral and what can be actioned in practice? <i>Diabetes on the net</i>	<i>Feb 2020</i>
Investigating a complex murder: Combining forensic and legal medical experts <i>The Royal Society of Medicine</i>	<i>Oct 2019</i>
Opiate substitution therapy dose optimisation <i>SMMGP</i>	<i>Oct 2019</i>
Medical cannabis in the UK: An introduction <i>SMMGP</i>	<i>Sep 2019</i>
From party scene to crime scene <i>UK Association of Forensic Nurses and Paramedics</i>	<i>Sep 2019</i>

Mental health in police custody <i>Faculty of Forensic & Legal Medicine</i>	<i>Aug 2019</i>
An introduction to the assessment of minor head injuries <i>Practitioner Development UK Ltd</i>	<i>Aug 2019</i>
Acute behavioural disturbance <i>Faculty of Forensic & Legal Medicine</i>	<i>Jun 2019</i>
Restraint injuries <i>Faculty of Forensic & Legal Medicine</i>	<i>Jun 2019</i>
Injury assessment, clarification and documentation <i>Faculty of Forensic & Legal Medicine</i>	<i>Jun 2019</i>
Fitness to detain: health issues in police custody <i>Faculty of Forensic & Legal Medicine</i>	<i>Jun 2019</i>
Fitness to interview: mental health and physical health issues <i>Faculty of Forensic & Legal Medicine</i>	<i>May 2019</i>
Management of head injuries in custody <i>Faculty of Forensic & Legal Medicine</i>	<i>Apr 2019</i>