

DR. MASUMA RAHIM BSc (Hons) MSc PsychD PGCert PGDip CPsychol AFBPsS

Chartered Clinical Psychologist in Neuropsychology

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Professional Interests

I am a clinical psychologist, neuropsychologist, systemic practitioner, and expert witness specialising in brain injury and mental capacity. My clinical interests lie in the fields of neuropsychology and complex needs. My research interests are in the areas of trauma and the long-term outcomes of neurological conditions. I completed my doctoral research in 2014 and have published several papers arising from it, including a new measure of shame-proneness in young people.

Education

2022-2023	Richman EMDR Training	Parts 1-3
2018-2021	University of Glasgow	PGDip in Clinical Neuropsychology
2015-2016	Association for Family Therapy	PGCert Systemic Psychotherapy
2011-2014	University of Surrey	PsychD Clinical Psychology
2010-2011	Institute of Psychiatry	MSc Clinical Forensic Psychology
2003-2006	Royal Holloway, University of London	BSc (Hons) Psychology

Publications

- Rahim, M. (2025). Do shame and self-compassion predict variance in substance use in young people? *Journal of Child and Adolescent Substance Use*.
- Janally, S., Rahim, M., Rao, A. S., & Johore, S. (2024). Leadership mentoring for ethnic minorities: The development of the RISE mentoring programme. In *The mentoring handbook: Approaches in health and social care*. Pavilion, London, UK.
- Haye, L., Sundin, E., & Rahim, M. (2023). Leading with humility. In *Systemic approaches to brain injury treatment: Navigating contemporary practice*. Routledge, London, UK.
- Rahim, M., & Cooke, A. (2019). Should clinical psychologists be political? In *Professional issues in clinical psychology*, Routledge, London, UK.
- Rahim, M. (2017). Social justice and equality: Preparing the next generations of psychologists to act. *Clinical Psychology Forum*, 299.
- Simonds, L.M., John, M., Fife-Schaw, C., Chester, S., Taylor, H., Ling, H., Rahim, M., Winstanley, H., & Winton, H. (2016). Development and validation of the Adolescent Shame-Proneness Scale. *Psychological Assessment*.
- Rahim, M., & Patton, R. (2015). The association between shame and substance misuse in young people: A systematic review. *PeerJ*, 3:e737. Available: <https://peerj.com/articles/737.pdf>
- O'Sullivan, M.F., Rahim, M., & Hall, C. (2015). The prevalence and management of poor sleep quality in a secondary care mental health population. *Journal of Clinical Sleep Medicine*, 11(2), 11-116.
- Rahim, M. (2014). Developmental trauma disorder: An attachment-based perspective. *Clinical Child Psychology and Psychiatry*, 19(4), 548-560.
- Rahim, M., Cullen, A.E., Clarke, A.Y., Dean, K., & Fahy, T. (in preparation). Cognitive skills training for male mentally disordered offenders: The effect of co-morbid antisocial personality disorder.

Conference Presentations

- Rahim, M., Cullen, A.E., Clarke, A.Y., Dean, K., Fahy, T. (2013, September). *Cognitive skills training for male mentally disordered offenders: The effect of co-morbid antisocial personality disorder*. Paper presented at the International Congress on the Disorders of Personality, Copenhagen, Denmark.
- Rahim, M., John, M., & Simonds, L.M. (2014, December). *Do shame and self-compassion predict variance in substance use in young people?* Paper to be presented at the British Psychological Society Division of Clinical Psychology Annual Conference, Glasgow, UK.

Awards

- 2011 FaNS Prize for a Forensic Mental Health Dissertation (Institute of Psychiatry)

Teaching & Examining

- 2023- External examiner; Department of Psychology at the University of Karachi
- 2023- Visiting lecturer; University of Hertfordshire
- 2014- Visiting lecturer; Universities of Oxford, Bangor, Nottingham Trent, Hertfordshire, Leeds, Lancaster, and Bath
- 2014-2020 Visiting lecturer; University of Surrey

Editing & Reviewing

- 2014 – present Member of the editorial board of *PeerJ*
- 2018 – present Reviewer for the *Journal of Traumatic Stress*

Current Employment

Job Title: Principal Clinical Psychologist
Employer: Barts Health NHS Trust
Address: Mile End Hospital
Starting Date: June 2021
Providing neuropsychological assessment and intervention for a range of neurological conditions, including acquired brain injury, as part of the Tower Hamlets Community Neuro Team. Offering consultation to colleagues and the wider MDT in cases of complex risk and mental capacity. Liaising with statutory and third-sector services to facilitate neurorehabilitation. Leading on mental capacity assessments and training the MDT in best practice.

Previous Employment

Job Title: Highly Specialist Clinical Psychologist
Employer: Homerton University Hospital NHS Trust
Address: Regional Neurorehabilitation Unit
Starting Date: April 2017 End Date: May 2021
Providing neuropsychological assessment and intervention for a range of difficulties following brain injury. Supervising Assistant and Trainee Psychologists and providing consultation to colleagues within the MDT. Leading on challenging behaviour and risk assessment. Providing training on the Mental Capacity Act and taking up membership of the Trust MCA/DoLS Working Party

Job Title: Highly Specialist Clinical Psychologist
Employer: London & North-West Healthcare NHS Trust
Address: Brent Early Supported Discharge Stroke Service
Starting Date: January 2017 End Date: August 2017
Conducting neuropsychological assessments following stroke. Providing post-diagnostic counselling, psychological assessment and intervention for a range of difficulties, using a combination of CBT, systemic and third-wave approaches. Assessing for Mental Capacity and being involved in Best Interests decision-making. Providing consultation to colleagues within the MDT and contributing towards service development

Job Title: Highly Specialist Clinical Psychologist
Employer: West London Mental Health NHS Trust
Address: Mott House/Glyn Ward
Starting Date: January 2017 End Date: March 2017
Providing psychological assessment and intervention for a range of difficulties, including psychosis. Conducting neuropsychological assessments in cases of suspected brain injury or cognitive impairment. Providing consultation to colleagues within the MDT. Contributing towards service development

Job Title: Specialist Clinical Psychologist
Employer: South-West London & St George's Mental Health NHS Trust
Address: Wandsworth Older Adults CMHT
Starting Date: January 2015 End Date: December 2016
Carrying out neuropsychological assessments, consultation and therapy to older adults, their families and carers, with additional sessions in a Memory Assessment Service and a Family & Couple Therapy Clinic.

Expert Witness instructions

I am typically instructed by the claimant. I am presently a Special (Medical) Visitor to the Court of Protection and the Office of the Public Guardian, assessing mental capacity on the instruction of the Court. I am also frequently called upon to provide evidence to the Parole Board in respect of offenders whose neurological impairments will impact on risk management in the community.

National Roles

I am Director of Professional Ethics and Standards for the Association of Clinical Psychologists (UK), the professional body for clinical psychology. I am also on the Committee for Training in Clinical Psychology, the national clinical psychology accrediting body.