

## Curriculum Vitae

### **Personal Details**

Name: Dr George Fieldman

Post-nominals: BSc, PhD, CPsychol, CSci, AFBPsS, FRSA  
 Accreditations: BABCP, UKCP, HCPC

Home Address: Barnes, London, UK

Landline Phone: 020 8748 1923  
 Mobile Phone: 07976 137070

E-mail: [gf.cbt@me.com](mailto:gf.cbt@me.com)

Websites: [www.fieldman.co.uk](http://www.fieldman.co.uk)  
[www.clearthinking.clinic](http://www.clearthinking.clinic)

Nationality: British

### **Independent Consultant Chartered Psychologist**

2000 - Cognitive Behavioural Psychotherapy  
 To Date London based practices, specialising in anxiety disorders, depression, interpersonal and relationship issues, bipolar disorder, low self-esteem, Asperger's syndrome and occupational stress.

2008 - Executive Mentoring  
 To Date The Clear Thinking Company - specialising in both strategic business perspectives, plus personal perspectives, including moderating stress, developing deep self-confidence, enhancing creativity, leadership development, interpersonal skills training and team building.

2008 - Medicolegal  
 To Date Expert witness psychologist for examination and diagnosis, preparation of court reports for a wide range of cases, including employment and occupation, post-traumatic stress and general health.

2019 - King Edward VII's Hospital, London  
 To Date Consultants' Practising Privileges

## **Academic Education**

- 1967-76: Mill Hill County High School  
6 'O' Levels, 3 'A' Levels
- 1977-80: King's College London  
Degree: B.Sc. Physiology, second class honours  
Course content 40% psychology
- 1981-85: King's College London, Department of Physiology  
Doctoral Research Student on a programme commissioned by the British Home Office, to study the ergonomic effects of recruit training in the London Fire Service, incorporating aspects of occupational psychology  
Ph.D. awarded 1986, Supervisor: Professor Rainer Goldsmith
- 1988: London School of Hygiene and Tropical Medicine  
Intensive course in Epidemiology  
Directed by Professor Geoffrey Rose
- 1998-2000: University College London  
Department of Psychiatry & Behavioural Sciences  
Training Programme in Cognitive Behavioural Psychotherapy  
Course Tutors: Dr Edward Chesser & Dr Michael Bruch  
BABCP & UKCP Qualified Cognitive Behavioural Psychotherapist

## **Psychotherapy Education and Experience**

- 1988-89: University College London  
Freud memorial lectures in psychoanalysis
- 1989-90: The British Psychoanalytical Society  
Introductory lectures and seminars parts 1 & 2
- 1989-92: University College Hospital Psychotherapy Service  
Honorary Psychotherapist  
Supervisors: Dr Luis de la Sierra & Dr Richard Hallam
- 1992-93: Institute of Family Therapy, London & Birkbeck College  
Introductory course in family and couples therapy
- 1992-93: Springfield Hospital, Prudence Skynner Family Therapy Clinic  
Trainee Family Therapist with Barbara Warner
- 1993: British Society of Experimental and Clinical Hypnosis  
Basic and Intermediate Training Workshops at UCL
- 1993-95: Association of Cognitive Analytic Therapists - Basic Training
- 1997-99: St Bartholomew's Hospital, Department of Psychological Medicine  
Honorary Psychotherapist. Supervisor: Dr Stirling Moorey

- 1997: British Association for Behavioural and Cognitive Psychotherapies  
Masterclass with Professor Aaron T. Beck.
- 1998-99: University College London  
Department of Psychiatry and Behavioural Sciences  
Training Programme in Cognitive Behavioural Psychotherapy
- 1998: Hounslow & Spelthorne Community & Mental Health NHS Trust  
Training Workshop with Dr Mary Anne Layden
- 2002: British Association for Behavioural and Cognitive Psychotherapies and,  
United Kingdom Council for Psychotherapy  
Accredited Cognitive Behavioural Psychotherapist
- 2005-06: International Eating Disorders Centre  
Visiting Consultant Psychotherapist
- 2009-10: Cygnet Hospital Ealing  
Visiting Case Consultant
- 2012: BPS Chartered Psychologist  
Senior Practitioner Specialising in Psychotherapy
- 2000 - Cognitive Behavioural Psychotherapist in Private Practice,  
based in Mayfair, Barnes and King Edward VII's Hospital, London

### **Research Experience**

- 1980-81: King's College London, Department of Physiology  
Postgraduate Research Assistant, investigating the role of the pineal gland in  
seasonal breeding in the hamster, using electrophysiological techniques
- 1981-85: King's College London, Doctoral Research Programme  
(As under 'Academic Education')
- 1984: University of Oxford, Department of Psychiatry  
Research Assistant to Dr Derek Johnston on a study commissioned by the  
Health and Safety Executive, investigating heart rate variability in driving test  
examiners
- 1985-86: University College London, Department of Physiology  
Postdoctoral Research Assistant to Jodrell Professor of Physiology Tim  
Biscoe, investigating cerebellar lesions in Lurcher - normal chimeric mice,  
using quantitative histological methods
- 1986-88: University of Oxford, Department of Zoology  
Postdoctoral Research Scientist with Dr David McFarland, on a University  
funded project, investigating the evolutionary biological basis of real-time  
human decision-making

- 1988-89: Royal Postgraduate Medical School, University of London  
Senior Research Officer with Professor Brice Pitt and Dr Douglas Newberry, investigating the epidemiology of Alzheimer's disease
- 1991-94: St George's, University of London, Department of Psychology.  
Research Fellow with Professor Andrew Steptoe on a British Heart Foundation project investigating the psychophysiological responses to self-paced and externally-paced work
- 1994-08: Buckinghamshire New University  
Researching health psychology and evolutionary psychology
- 2014-17: Regent's University London  
Doctoral Research Supervisor

### **Supervision of Completed Doctoral Research Programmes**

- 2002: Nadia Wager, PhD, Brunel University  
Thesis title: 'Perceived Supervisor Interactional Style and Job Stress: Implications for psychological and cardiovascular health'
- 2005: Rebecca Nash, PhD, Brunel University  
Thesis title: 'An Evolutionary Psychological Analysis and Evaluation of Human Mate Choice'
- 2008: Howard Taylor, PhD, Brunel University  
Thesis title: 'The effects of interpersonal communication style on task performance and well being'
- 2009: Julia Robertson, PhD, Brunel University  
Thesis title: 'Intra-sex Difference In Human Sexual Strategy: An evolutionary perspective'
- 2009: Helen Marsden, PhD, Brunel University  
Thesis title: 'An epidemiological study to assist in the identification of occult workplace hypertension'
- 2011: Graham Frize, DPsych, City University  
Thesis title: 'Understanding the Impact of Facial Lipoatrophy: Insights from Evolutionary Psychology'

### **Research Funding**

- 2001: Electricité de France R&D, €5,500 travelling bursary to initiate a collaborative research programme. EDF purchased a £14,000 Portapres blood pressure monitor for us to prosecute our collaborative research
- 2002: L'Oréal Recherche - Research grant awarded for one-year project studying facial features that maximise attractiveness - sum awarded £20,000

- 2002: BBC television - study expenses grant received to conduct a study on kin altruism, £1,200
- 2002: Buckinghamshire New University - Jointly initiated and secured the appointment of the first Honorary Professor, Scott Glickman, resulting in a lump sum of £56,000 + £20,000 per annum for research
- 2004: L'Oréal Recherche - Research grant awarded for a project to study the influence of cosmetics on social performance, anxiety, mood and psychophysiological stress in women; sum awarded £33,000

### **Teaching Experience**

- 1981: University of London, Teaching Methods Unit  
Short course on university teaching and postgraduate study
- Visiting Tutor and/or Demonstrator in physiology at each of the following:
- 1980-85: King's College London  
(1982: M.Sc. Ergonomics and Human Physiology courses)
- 1982-84: King's College School of Medicine and Dentistry
- 1983-84: Charing Cross and Westminster Medical School
- 1983-84: Royal Free Hospital School of Medicine
- 1983-86: University College London
- 1988: Somerville College, Oxford
- 1990-91: University College London, Department of Psychology  
Seminar leader to undergraduate psychology students
- 1991-94: Birkbeck College, University of London, School of Continuing Education  
Lecturer in Psychology for Diploma courses on the 'Foundations of Modern Psychology' and the 'Biological Basis of Behaviour'
- 1991-94: St George's University of London, Department of Psychology  
Tutor in both psychotherapy and communication skills
- 1994-08: Buckinghamshire New University  
Senior Lecturer and Principal Lecturer in Psychology, teaching:  
abnormal psychology, counselling psychology & biological psychology

### **Examining and Refereeing Experience**

- 1984: King's College School of Medicine and Dentistry  
Viva voce examiner in physiology to second year medical students
- 1986: Independent referee for the journal: 'Ergonomics'
- 2004: Buckinghamshire New University  
M.Phil. Examiner for thesis entitled: 'Motivational Interviewing in Primary Care: Exploring studies in smoking cessation and diabetes management' by Syeda Shamsi

- 2004: Buckinghamshire New University  
Ph.D. Examiner for thesis entitled: 'Understanding factors that contribute to non-disabled children's perceptions of disabilities', by Christina Malone
- 2004: Buckinghamshire New University  
Ph.D. Examiner for thesis entitled: 'Evolution, artefacts, meaning and design: the extent to which evolutionary theory can explain how and why humans attribute significance and meaning to the material world and the consequences of this for understanding design' by Raymond Batchelor
- 2005: Buckinghamshire New University  
Ph.D. Examiner for thesis entitled: 'Dysfunctional breathing in asthma: Its detection, relationship with well-being, and comparison with matched control subjects' by Mary-Jane Upton
- 2007: Journal: Experimental Psychology - independent reviewer
- 2010: Journal: Drug and Therapeutics Bulletin - independent reviewer

### **Society Memberships & Awards**

British Psychological Society - Chartered Psychologist  
BPS - Registered Senior Practitioner Psychologist  
Specialising in Psychotherapy  
BPS - Chartered Coaching Psychologist  
BPS - Chartered Scientist - conferred on behalf of the Science Council  
BPS - Media Representative  
BPS - Registered Expert Witness

British Association for Behavioural & Cognitive Psychotherapies - Accredited

United Kingdom Council for Psychotherapy - Accredited

Health and Care Professions Council - Registered

Fellow of the Royal Society of Arts Manufactures & Commerce

Royal Society of Medicine

The Association for Business Psychology

### **Extra Vocational Activities**

- 1986-87: Balliol College Oxford  
Postdoctoral Research Associate
- 1986-87: University of Oxford, Department of Zoology  
Secretary and Treasurer of the Animal Behaviour Research Unit

- 1994: Association of University Teachers  
Media Communications Workshop
- 1995-97: Buckinghamshire New University - Human Sciences Postgraduate Tutor
- 1997-99: Buckinghamshire New University - Human Sciences Sophomores' Tutor
- 2000: Buckinghamshire New University - Psychology Research Facilitator
- 2001: Human Behaviour & Evolution Society, University College London  
Altruism symposium, acting chair
- 2001-2: Buckinghamshire New University - Human Sciences Examinations Officer
- 2002: BBC Talent - Science on Screen  
Top 20 Finalist, of 1500 Entrants
- 2003-04: Buckinghamshire New University - Joint Field Chair in Psychology
- 2007-08: Buckinghamshire New University  
Deputy Chair, Human Sciences Ethics Committee
- 2013: University of Bedfordshire  
Periodic review event - Psychology

### **Discussion Interests**

The universal application of scientific principles, especially with reference to: evolution, physiology, psychology, psychotherapy, education, management, politics and sociology

### **Leisure Interests**

Conversation; current affairs; eating out; entrepreneurship; family; friends; films; Kew Gardens; music; walking

## Publications

- 1981: **Fieldman G.**  
 'Psychological slip'  
 Nature, Vol. 294, No. 5841, P.510
- 1985: Ellam L., **Fieldman G.**, Garlic J., Goldsmith R. & Pateman C.  
 'Fitness of Firemen, Chelsea College, University of London'  
 Home Office Report on the Physical Fitness of Britain's Fire Brigades
- 1986: **Fieldman G.**  
 'A study of physical fitness in active service personnel from recruitment through training and first year in service'  
 Ph.D. Thesis, King's College London
- 1986: Caddy K., **Fieldman G.** & Herrup K.  
 'Quantitative analysis of Purkinje cell dendrites in both normal and Lurcher - chimeric mice' Society for Neuroscience Abstracts, Vol. 16
- 1992: **Fieldman G.**  
 'Depression may be good for you'  
 The Psychologist, Vol. 5, No.11, November
- 1993: Steptoe A., **Fieldman G.** & Evans O.  
 'Control over work pace, Job strain and cardiovascular responses in middle-aged men' Journal of Hypertension, 1993, 11: 751-759
- 1993: Steptoe A., **Fieldman G.** & Evans O.  
 'An experimental study of the effects of control over work pace on cardiovascular responsivity' Journal of Psychophysiology, 7, 4, 290-300
- 1993: **Fieldman G.**  
 'Strong argument for relaxed management style'  
 The Financial Times, 2nd November
- 1993: Ellam L., **Fieldman G.**, Garlick J., Goldsmith R. Pateman C.  
 'Initial training as a stimulus for optimal physical fitness in firemen'  
 Ergonomics, 37, 5, 933-941
- 1993: Ellam L., **Fieldman G.**, Fordham M., Goldsmith R. & Barham P.  
 'The perception of physical fitness as a guide to its evaluation in firemen'  
 Ergonomics, 37, 5, 943-952
- 1994: Tsuda A., Iso H. & **Fieldman G.**  
 'The Psychopharmacology of Stress: The Biological Bases of Personal Control'  
 Japanese Journal of Geriatric Psychiatry, 5, 11, 1311-1319
- 1995: Steptoe A., **Fieldman G.** & Evans O.  
 'Job strain, control over work pace and cardiovascular stress responsivity  
 Biobehavioural Self-Regulation: Eastern & Western Perspectives'  
 Edited by T. Kikuchi, H. Sakuma I., Saito & K. Tsuboi, Springer: Tokyo, 1995



- 1996: Steptoe A., **Fieldman G.** & Evans O.  
Cardiovascular risk and responsivity to mental stress: the influence of age, gender and risk factors' *Journal of Cardiovascular Risk*, 3: 83-93
- 1996: Tsuda A., Steptoe A., West R., **Fieldman G.** & Kirschbaum C.  
'Cigarette smoking and psychophysiological responsiveness: effects of recent smoking and temporary abstinence' *Psychopharmacology*, 126: 226-233
- 1997: Steptoe A., Evans O. & **Fieldman G.**  
'Perceptions of control over work: psychophysiological responses to self-paced and externally paced tasks in an adult population sample'  
*International Journal of Psychophysiology*, 25, 211-220
- 2000: **Fieldman G.**  
'Influence of our genes continues'  
*The Financial Times*, 30th September
- 2001: Wager N., **Fieldman G.** & Hussey T.  
'The impact of perceptions of supervisor style upon employees' blood pressure'  
*Consciousness and Experiential Psychology*, No.6, pp. 5-11
- 2003: Wager N., **Fieldman G.** & Hussey T.  
'The Effect on Ambulatory Blood Pressure of Working Under Favourably and Unfavourably Perceived Supervisors'  
*Occupational and Environmental Medicine*; Vol.60: 468-474
- 2003: Mulhern R, **Fieldman G.**, Hussey T., Lévêque J.-L. & Pineau P.  
'Do cosmetics enhance female Caucasian facial attractiveness?'  
*International Journal of Cosmetic Science*, 25, 199-205
- 2005: Taylor H., **Fieldman G.** & Lahlou S.  
'The impact of a threatening e-mail reprimand on the recipient's blood pressure'  
*Journal of Managerial Psychology*, Vol. 20, 1, 43-50
- 2005: Nash R., **Fieldman G.** & Hussey T.  
'The influence of sexual orientation on participants' judgments of facial attractiveness in older women' *Sexualities, Evolution and Gender*, 7 (2): 152-153
- 2006: Nash R., **Fieldman G.**, Hussey T., Lévêque J.L., & Pineau P.  
'Cosmetics: They influence more than Caucasian female facial attractiveness'  
*Journal of Applied Social Psychology*, 36, 2, pp. 493-504
- 2007: Madsen E., Tunney R., **Fieldman G.**, Plotkin H., Dunbar R.I.M., Richardson J-M, & McFarland D.J.  
'Kinship and Altruism, A cross-cultural experimental study'  
*British Journal of Psychology*, 98, 339-359
- 2007: Robertson J., **Fieldman G.** & Hussey T.  
'"Who wears cosmetics?" Individual differences and their relationship with cosmetic usage' *Individual Differences Research* 6 (1): 38-56

- 2008: Taylor, H., **Fieldman, G.**, & Altman, Y.  
 'E-mail at work: a cause for concern? The implications of the communication technologies for health, well being and productivity at work' *Journal of Organisational Transformation and Social Change*, Vol. 5, No 2, pp 159-173

### Conference Presentations

- 1981: Demaine C., Stoughton R. & **Fieldman G.**  
 'The influence of darkness on the electrical activity of hypothalamic neurons which respond to pineal indoles' Poster presented at a meeting of the Brain Research Association, University of Birmingham
- 1993: Steptoe A., **Fieldman G.** & Evans O.  
 'Control over work pace, job strain and cardiovascular responses in middle-aged men' 3rd International Conference on Preventive Cardiology, Oslo, Norway, & associated abstract book
- 1993: **Fieldman G.**  
 'On depression...'  
 Refereed poster presented at the L.S.E. conference:  
 Evolution and the Human Sciences
- 1994: Steptoe A., Roy M., **Fieldman G.** & Evans O.  
 'Use of the Finapres in the investigation of individual differences in cardiovascular responses to mental stress' Third International Congress of Behavioral Medicine, Amsterdam, The Netherlands, July 1994
- 1994: Steptoe A., **Fieldman G.** & Evans O.  
 'Job strain, control over work pace and cardiovascular stress responsivity'  
 Biobehavioural Self-Regulation in the East and the West, Proceedings of the 3rd International Conference on Biobehavioural Self-Regulation and Health. Editor: Takenori Kikuchi
- 1999: **Fieldman G.**  
 'The Evolution of the Temporal Focus of Consciousness'  
 3rd BPS Consciousness and Experiential Psychology Conference:  
 Consciousness and Well-Being, Wadham College, University of Oxford
- 1999: Martin-Aratjo Rueda M. & **Fieldman G.**  
 'Treatment of complex personality disorder involving schema driven self inflicted harm' Proceedings of the 29th Annual Congress of the European Association for Behavioural and Cognitive Therapies, Dresden
- 1999: Wager N, **Fieldman G.** & Hussey T. (1999) 'The Validation of a Supervisor Interactional Styles Questionnaire' *The British Psychological Society's London Conference*, Poster presentation
- 2000: **Fieldman G.**  
 'Treatment of a case of chronic psychosomatic migraine combined with social anxiety', Proceedings of the 30th Annual Congress of the European Association for Behavioural and Cognitive Therapies, Granada

- 2001: Wager N., **Fieldman G.** & Hussey T.  
 'Impact of divergent supervisor interactional styles on employees' blood pressure'  
*British Psychological Society Annual Centenary Conference*, Glasgow.  
 Poster presentation
- 2001: Wager N., **Fieldman G.** & Hussey T.  
 'Investigation of the impact of perceived supervisor interactional styles upon  
 employees' blood pressure' *Health Psychology 2001: Changing Behaviour:*  
 Health and Healthcare, St. Andrews, Scotland, Poster Presentation.
- 2001: Wager N., **Fieldman G.** & Hussey T.  
 'Impact of Divergent Perceptions of Supervisors' Interactional Styles upon  
 Employees' Blood Pressure.' Paper Presented at *Consciousness and Experiential  
 Psychology 5<sup>th</sup> Annual Conference*, Durham
- 2001: **Fieldman G.**, Plotkin H, Dunbar R.I.M , Richards J-M, McFarland D.J.  
 'Blood is thicker than water: Humans follow Hamilton's rule'  
 Paper presented at the Human Behaviour & Evolution Society conference at UCL
- 2001: Mulhern B, **Fieldman G.** & Hussey T.  
 'Female beauty: An example of human sexual selection by male choice'  
 Paper presented at the Human Behaviour & Evolution Society conference, at UCL
- 2004: Taylor H., **Fieldman G.**, Styles E. & Lahlou S.  
 'Supervisor e-mail style and recipients' blood pressure'  
 BPS, Division of Occupational Psychology, Annual Conference
- 2004: Wager N, **Fieldman G.** & Hussey T.  
 'Depression and Anxiety in Healthcare Assistants: The Role of Supervisor  
 Favouritism' *British Psychological Society, Division of Health Psychology Annual  
 Conference*, Edinburgh, Poster Presentation
- 2005: Wager N., **Fieldman G.** & Hussey T.  
 'Social Status and Coping with Injustice in the Workplace' Paper presented at the  
 XII European Congress of Work and Organisational Psychology: *Convivencia in  
 Organisations and Society*, Istanbul
- 2005: Wager N., **Fieldman G.**, Robertson J. & Marsden H.  
 'The Relationship between Perceived Supervisor Interactional Style, Job  
 Satisfaction, Depression and Anxiety' 2<sup>nd</sup> International Conference on  
 Psychosocial Factors at Work: East Meets West – Job Stress Prevention in a  
 Global Perspective. Okayama, Japan
- 2005: Wager N., **Fieldman G.**, Marsden H. & Robertson J.  
 'Gender differences in the Relationship between Supervisor Interactional Style,  
 Depression and Anxiety', 26<sup>th</sup> International Conference of the Stress and Anxiety  
 Research Society, Halle, Germany
- 2007: Robertson J., **Fieldman G.** & Hussey T.  
 "Who wears Cosmetics?" Individual Differences and their Relationship with  
 Cosmetic Usage' Human Behaviour & Evolution Society Conference,  
 30<sup>th</sup> May – 3<sup>rd</sup> June, Williamsburg, Virginia

- 2008: Marsden H., Wager N. & **Fieldman G.**  
 'Inequity of treatment in the workplace: implications for cardiovascular and psychological well being' BPS Health Psychology Annual Conference, University of Bath

### **Academic Reports for External Bodies**

- 2004: **Fieldman G.** & Wager N.  
 Contributor to 'Stress in a Nutshell', Herts & Beds Environmental Health Group, Occupational Health & Safety Specialist Group

### **Media Articles Quoting My Work**

- 2001: 'Men choose beauty before age' - New Scientist 27 June 2001  
<http://www.newscientist.com/article/dn940-men-choose-beauty-before-age.html>
- 2001: 'The lure of the older woman' - BBC News:  
[http://news.bbc.co.uk/1/hi/english/health/newsid\\_1410000/1410495.stm](http://news.bbc.co.uk/1/hi/english/health/newsid_1410000/1410495.stm)
- 2001: 'Hey, good lookin' - New Scientist, 30th June, No. 2297, p 20  
<http://www.newscientist.com/article/mg17022972.900-hey-good-lookin.html>
- 2001: 'Family comes first' - New Scientist, 30th June, No. 2297, p 21  
<http://www.newscientist.com/article/mg17022973.100-family-comes-first.html>
- 2001: 'Scientists discover secret of Mrs Robinson's success'  
 Daily Telegraph, p 13, Thursday, 28th June, 2001
- 2001: 'Flirting and the over-50s'  
 The Sunday Telegraph, p 17, 1st July 2001
- 2002: 'Work stress' - New Scientist, 5th January, No. 2324, p 11  
<http://www.newscientist.com/article/mg17323241.600-work-stress.html>
- 2002: 'Beware of the boss' - Daily Mail, p 23, Thursday, 3rd January
- 2002: Human Instinct - BBC 1  
<http://www.bbc.co.uk/science/humanbody/tv/humaninstinct/programme4.shtml>
- 2002: The Mating game - BBC Science & Nature  
<http://www.bbc.co.uk/science/humanbody/mind/articles/emotions/lonelyhearts.shtml>
- 2003: 'Unfair bosses make blood pressure soar' - New Scientist, 24 June 2003  
<http://www.newscientist.com/article/dn3863-unfair-bosses-make-blood-pressure-soar.html>
- 2004: "'Aggressive' e-mail health threat" - BBC News  
<http://news.bbc.co.uk/1/hi/health/3376969.stm>

- 2004: 'Brand new coach work' - Jobwatch  
Times Higher Educational Supplement, P. 23, 20th August
- 2005: 'The Office Psychologist - Killer Bosses'  
The Times, Graduate / Management, 24/11/05
- 2007: 'Pain all relative, scientists say' - BBC News  
<http://news.bbc.co.uk/1/hi/health/6591829.stm>
- 2009: 'Image seminars for women' - Financial Times  
<http://www.ft.com/cms/s/2/d13d239c-f3db-11dd-9c4b-0000779fd2ac.html>

### **Invited Speaking and Commentary**

- 1993 On depression - BBC Radio Jersey
- 1994: Road Rage - BBC World Service
- 1995: On depression - BBC Radio Scotland
- 1998: On work stress - Kurume University, Japan
- 1998: On work stress - Institute of Nuclear Safety System Incorporated, Japan
- 1999: Discussant on case formulation - 29th Annual Congress of the EABCT, Dresden
- 1999: On depression - BBC Radio 2
- 2001: On attractive older women:  
BBC Radio 4 'Today'; BBC World Service - 'Science in Action';  
BBC Radio 5 Live;  
BBC London-Live; BBC Radio Oxford; LBC;  
Cape Talk Radio - South Africa
- 2002: On blood pressure and the boss:  
BBC London; BBC London-Live; BBC Three Counties Radio;  
British Forces Broadcasting Service
- 2002: On altruism & Hamilton's inclusive fitness - 'The Secrets of the Clouds'  
Science documentary series entitled 'The Edge'
- 2002: On attractive older women - Management Forum Ltd.  
'Skin Ageing Photo-Ageing and Anti-Ageing Products'
- 2003: On genetic sexual attraction - Channel 4 Television - 'Richard & Judy'
- 2003: On blood pressure and the boss - BBC Radio 4 'Today'
- 2003: Review of a new book on evolutionary biology - BBC Radio 4 'Today'
- 2003: On blood pressure and the boss - BBC World Service 'The World Today'

- 2003: On blood pressure and the boss - BBC Radio Scotland
- 2004: 'Nasty e-mail from boss a health risk' - CTV Canada
- 2004: Downsizing raised risk of death in workers - New Scientist  
<http://www.newscientist.com/article/dn4706-downsizing-raises-risk-of-death-in-workers.html>
- 2004: 'Age and Attraction - Science in Love' - Dana Centre, London
- 2004: Hearts & Minds - Psychology at Work and the Moderation of Stress, Hoare's Bank
- 2004: Occupational Stress & reduced socialising at work - Sky News
- 2004: 'Right Said Freud' Visiting Psychologist - BBC pilot for prospective TV series
- 2004: Stressful deadlines boost heart attack risk - New Scientist  
<http://www.newscientist.com/article/dn6786-stressful-deadlines-boost-heart-attack-risk.html>
- 2004: Dealing with stress at Christmas - BBC London
- 2005: Sea view helps cut stress levels - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/4695711.stm>
- 2005: Altruism in the wake of the Asian Tsunami - BBC Breakfast
- 2005: Why good dancers are attractive - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/4550000.stm>
- 2005: Stressful deadlines and health - BBC World Service, Russian Features
- 2006: Sex cues ruin men's decisiveness - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/4921690.stm>
- 2006: Fertility sparks male rivalry - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/4941950.stm>
- 2006: On the psychology of altruism, - BBC Radio Wales, Good Morning Wales  
 3 separate contributions, once with Lord Roberts of Llandudno
- 2006: Big Brother eyes 'boost honesty' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/5120662.stm>
- 2006: Is it just me, or is everything s\*\*t? - Production for Channel 4
- 2006: Security 'bad news for sex drive' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/4790313.stm>
- 2006: Soundbites - New Scientist  
<http://www.newscientist.com/article/mg19125654.000-soundbites.html>

- 2007: Altruistic brain region found - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/6278907.stm>
- 2007: How irises 'reveal personalities' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/6375381.stm>
- 2007: The Power of Suggestion - BBC Radio Swindon
- 2007: Attraction 'determined by walk' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/6444851.stm>
- 2007: On the Psychology of apology - Good Morning Wales - BBC Radio Wales  
with the Chief Political Correspondent of the Daily Telegraph, Toby Helm
- 2007: On the psychology of attractiveness - BBC Radio Nottingham
- 2007: Partner choice 'shaped by father' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/6745121.stm>
- 2007: Carbon Dating - The London Times  
[http://women.timesonline.co.uk/tol/life\\_and\\_style/women/relationships/article2167884.ece](http://women.timesonline.co.uk/tol/life_and_style/women/relationships/article2167884.ece)
- 2007: Macho men 'not seen as good bet' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/6934664.stm>
- 2007: 'Generosity "may be in the genes"' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/7133079.stm>
- 2008: On New Year resolutions - BBC Radio Scotland
- 2008: Longer legs 'really are a draw' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/7192597.stm>
- 2008: Charity 'makes you feel better' - BBC News Online  
<http://news.bbc.co.uk/1/hi/health/7305395.stm>
- 2008: Google News - Comment by Dr George Fieldman  
Doing good makes you feel good - but how can we understand and maximise the  
benefits for all? - Mar 28
- 2008: On the psychology of apology - Good Morning Wales - BBC Radio Wales
- 2008: On why we stick our tongues out - Questions Questions - BBC Radio 4
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