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Date of Birth: 09.07.69
Nationality: British
Marital Status: Married

Education and Training

Qualifications and Place of Study:	Date
Registered General Nurse. Darlington Memorial Hospital.	1990
City and Guilds Further and Adult Education Teaching Certificate. Newcastle College.	1991
Post Graduate Diploma in Health and Social Research. University of Northumbria at Newcastle.	1993
BSc (Hons) Occupational Therapy. University of Northumbria at Newcastle.	1996
MSc Health Sciences (Rehabilitation). University of Teeside.	2002
Sensory Integration: Theory and Intervention. Lancaster, UK	2007
Sensory Integration: Clinical Reasoning and Analysis. Dublin	2008
Leadership Development Programme. Institute of Leadership and Management	2009
Sensory Integration: Advanced Treatment. Berkhamstead, UK	2010
Sensory Integration: From Assessment to Practice. Tring, UK	2013
Civil Law and Procedure One and Two. Bond Solon.	October 2018
Excellence in Report Writing – Written Evidence. Bond Solon.	January 2019
Courtroom Skills and Witness Familiarisation. Bond Solon.	January 2019
Cross Examination. Bond Solon.	June 2019
Training Courses and Provider	Date
Splinting. Smith and Nephew.	March 2000
Handwriting Without Tears. Jan Olsen.	June 2001
Occupational Therapy for Children with Developmental Co-ordination Disorder. Sydney Chu.	October 2001
Aids and Communication in Education. ACE Centre.	June 2002
Helping Children with Physical Disabilities Access the PE Curriculum. Percy Hedley Foundation.	May 2003
Health Care Records on Trial. Bond Solon.	January 2005
Principles of Seating and Mobility. Sunrise Medical.	February 2005
Seating and Mobility for the Paediatric Population. Sunrise Medical.	February 2005
Vestibular Activation. Tree Tops Occupational Therapy Ltd.	June 2005
Splinting. Smith and Nephew.	September 2005
Perceived Efficacy and Goal Setting System. NAPOT.	April 2006
Occupational Therapy and Arthritis. NAPOT.	January 2007

<p>Lycra Garments – Clinical Reasoning and Measurement. Jobskin. 4 days</p> <p>Conflict Resolution. North Tees and Hartlepool NHS Trust.</p> <p>Postural Care and Management. Symmetrikit.</p> <p>Special Educational Needs Statements and Tribunals. COT Specialist Section – CYPF</p> <p>Hand function. COT Specialist Section – CYPF</p> <p>Therapeutic Listening Programme. COT Specialist Section – CYPF</p> <p>Dyslexia. Educational Psychology – Stockton Borough Council</p> <p>Neglect/Child Protection – North Tees and Hartlepool NHS Trust</p> <p>Basic Life Support – North Tees and Hartlepool NHS Trust</p> <p>Clinical Effectiveness and Audit – North Tees and Hartlepool NHS Trust</p> <p>Recruitment and Selection – North Tees and Hartlepool NHS Trust</p> <p>Conflict Resolution – North Tees and Hartlepool NHS Trust</p> <p>Autism – Teesside University</p> <p>Attention Deficit Hyperactivity Disorder – Ash Trees School</p> <p>Hypermobility and Joint Problems in Children – Newcastle Hospitals</p> <p>Wheelchair Prescription – North Tees and Hartlepool NHS Trust</p> <p>Assessment of Joints – Newcastle Hospitals</p> <p>Child Protection – North Tees and Hartlepool NHS Trust</p> <p>The Listening Programme. Advanced Brain Technologies.</p> <p>Remaining Occupation Focused with Children with ASD and Behavioural Feeding Difficulties with Children With ASD Sensory Defensiveness. A Comprehensive Treatment Approach. Developed by Wilbarger and Wilbarger.</p> <p>Social Communication, Emotional Regulation and Transactional Supports (SCERTS)</p> <p>Pathological Demand Avoidance.</p> <p>Makaton. Levels 1, 2 and 3.</p> <p>Sensory Integration, Attachment and Trauma – SI Network</p> <p>Developmental Trauma for Professionals – Beacon House</p>	<p>January 2007 – January 2008</p> <p>May 2007</p> <p>December 2007</p> <p>December 2007</p> <p>March 2008</p> <p>December 2008</p> <p>June 2009</p> <p>January 2009</p> <p>March 2011</p> <p>September 2009</p> <p>October 2010</p> <p>March 2011</p> <p>May 2011</p> <p>May 2011</p> <p>December 2011</p> <p>January 2012</p> <p>January 2012</p> <p>February 2012</p> <p>August 2014</p> <p>July 2016</p> <p>December 2017</p> <p>January 2018</p> <p>May 2018</p> <p>July/August 2020</p> <p>March 2021</p> <p>August 2024</p>
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Professional Memberships	Membership Number /Expiry
Health and Care Professions Council	OT25719 – 31 October 2025
Royal College of Occupational Therapists	BT0210571 – renewed annually.
Sensory Integration Network	Renewed annually
Royal College of Occupational Therapists Specialist Section – Children, Young People and Families	Renewed annually
Royal College of Occupational Therapists Specialist Section – Independent Practice	Renewed annually

Employment History

From February 2011 to present	Owner of Smart Occupational Therapy Ltd Occupational Therapist and Advanced Practitioner in Sensory Integration
<p><u>Services include:</u></p> <p>Occupational therapy assessments of children and young people. Clients include children and young people with sensory processing difficulties, complex needs, autism, coordination difficulties, learning difficulties, developmental delay, developmental coordination disorder, attention deficit hyperactivity disorder, problems with handwriting, challenging behaviour, trauma, and social, emotional, and mental health issues. Intervention – sensory integration therapy, motor skills programmes, advice for schools and families/carers, classroom design and strategies, specialist equipment, rehabilitation, occupational therapy programmes to develop skills, and advice to schools, parents, and professionals. Professional reports. Training for schools, charities, education authorities and NHS trusts. Expert witness reports (SEN tribunals). Contracts with local schools. Private individual assessments.</p>	
From September 2009 to September 2013	North Tees and Hartlepool NHS Trust Clinical Specialist Paediatric Occupational Therapist (pay band 7)
<p><u>Key Responsibilities</u></p> <p>Occupational therapy for children with sensory processing difficulties and coordination problems. Children included those with complex needs, learning difficulties, developmental coordination disorder, autism, attention deficit hyperactivity disorder, sensory-based motor disorder, and sensory modulation difficulties. Assessment and sensory integration therapy. Lead for the Paediatric Occupational Therapy team. Supervise occupational therapists, therapy assistants and students. Responsible to Head of Service. Training for occupational therapy staff, school staff, charities, multidisciplinary team. Develop evidence base for sensory integration. Involvement in social communication clinic.</p> <p><u>Projects</u></p> <p>Coordinated 'sensory smart classroom' project with educational psychologist. This evaluated a change of curriculum delivery in mainstream and specialist units. Devised local authority special educational needs guidance for children with sensory processing problems. Developed local authority guidance for developmental coordination disorder/dyspraxia.</p>	

From April 2000 to September 2009	North Tees and Hartlepool NHS Trust Senior Paediatric Occupational Therapist (pay band 6)
Occupational therapy for children with complex physical difficulties and coordination difficulties Assessment of motor function and activities of daily living. Intervention - individual and group. Included rehabilitation, provision of equipment, minor adaptations, postural management, seating and hand rehabilitation.	
March 1999 – April 2000	County Durham and Darlington NHS Trust Senior Occupational Therapist (Community Team for Learning Disabilities)
March 1998 – March 1999	South Tees and Community Mental Health NHS Trust Senior Occupational Therapist (Community Mental Health)
July 1997 – March 1998	Durham Priority Services NHS Trust Senior Occupational Therapist (Mental Health Day Unit)
June 1996 – July 1997	North Tees NHS Trust Occupational Therapist (Rotation) Basic Grade. Rotations included acute mental health, psychiatry of old age, medical rehabilitation and surgery/orthopaedics.
July 1990 - September 1993	Newcastle Health Authority Registered General Nurse
June 1987 - July 1990	Darlington Memorial Hospital Student Nurse
August 1985 – June 1987	LS Starrett Co Ltd, Jedburgh Bonus Clerk

Referees

Provided on request