

# BENJAMIN VIARIS DE LESEGNO, MD, MSc

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**MD, Obstetrician and Gynecologist, specialized in Maternal and Fetal Medicine  
with Master of Science in Genetics**

## TITLES

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- MD, Obstetrician and Gynecologist, specialized in Maternal and Fetal Medicine
- MSc, Master of Science in Genetics

## QUALIFICATIONS & DIPLOMAS

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| • The Cardiff University Bond Solon (CUBS) Expert Witness Civil Certificate                   | 2024 |
| • GMC registration with full licence to practice and entry on the specialist register         | 2015 |
| • MSc, European master of Genetics (University Paris V Rene Descartes)                        | 2012 |
| • MD, postgraduate research thesis, with high honors from the jury                            | 2012 |
| • CCT   | 2012 |
| • Diploma of specialist qualification, French Equivalent to MRCOG as recognized by the GMC    | 2011 |
| • BSc, Bachelors degree in Immunology and Physiopathology (University Paris V Rene Descartes) | 2002 |
| • A levels, in Mathematics, with honors   | 1999 |

## MEMBERSHIPS

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- GMC reference number: 7509026
- Conseil national de l'Ordre des Médecins (French National Order of Physician Board)

## PROFESSIONAL EXPERIENCE

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### **Substantive consultant in Women's health**

February 2025 - now

Women's Health department

The Hillingdon Hospitals NHS Foundation Trust, Hillingdon hospital

Supervisor: Ms Sarah Jane Lam

### **Consultant in Gynaecology and Obstetrics**

January 2024 - December 2024

Women's Health department

Chelsea and Westminster Hospital NHS Foundation Trust, West MiddleSex Hospital

Supervisor: Ms Sharmistha Guha

### **Consultant in Gynaecology and Obstetrics**

March 2020 – January 2024

St George's hospital NHS trust and Chelsea Westminster hospital NHS Foundation Trust as staffbank, as well as some agencies (Holt Doctor, Promedical, IDmedical)

<b>Chief Clinical Strategy Officer of Certificate</b>	October 2022 – May 2023
<b>Chief Medical Officer, registered manager and nominated individual of Leva clinic</b>	August 2019 – October 2022
<b>Consultant in Obstetrics</b> Women's Health department St George's university hospitals NHS Foundation Trust, St George's Hospital Supervisor: Mrs Jessica Moore	January 2019 – February 2020
<b>Consultant in Obstetrics and Maternal Medicine</b> Women's Health department Imperial Healthcare NHS Trust, Queen Charlotte and Chelsea Hospital Supervisor: Mrs Mandish Dhangal	August 2018 – December 2019
<b>Consultant in Obstetrics and Fetal Medicine</b> Women's Health department Chelsea and Westminster Hospital NHS Foundation trust, Chelsea and Westminster Hospital Supervisor: Mr Keith Duncan	June 2018 – July 2018
<b>Agency locum Consultant in the Gynaecology and Obstetrics department</b> Different Gynaecology and Obstetrics departments (Bedford hospital, Whittington hospital, etc) Agencies: Holt Doctor, Promedical, IDmedical	March 2018 – June 2018
<b>Consultant in the Obstetrics department</b> Women's Health department Guy's and St Thomas' NHS Foundation trust, St Thomas' Hospital Supervisor: Mrs Daghni Rajasingam	March 2017 – Feb 2017
<b>Consultant in the Gynaecology and Obstetrics department</b> Women's Health department Chelsea and Westminster Hospital NHS Foundation trust, West Middlesex University Hospital Supervisor: Mrs Elizabeth Owen	November 2016 – February 2017
<b>Senior clinical fellow in the Fetal Medicine unit</b> Women's Health department Chelsea and Westminster Hospital NHS Foundation trust Chelsea and Westminster Hospital Supervisor: Mr Keith Duncan	July 2016 – November 2016
<b>Honorary Doctor</b> Women's Health department Chelsea and Westminster Hospital NHS Foundation trust Supervisor: Mr Keith Duncan	April 2016 – July 2016
<b>Agency locum consultant in different hospitals in France</b> working with Adecco Medical and Prodie Santé (French locum agencies)	November 2015- March 2016
<b>Lead obstetrician for the Calais mission of Gynecology without Borders</b> Migrants Camps in the North of France Supervisor: Mr Matis (President of Gynecology without Borders)	December 2015

**Consultant in Obstetrics and Fetal Medicine**

November 2013- November 2015

**Junior lecturer at Université Paris Sud**

Service de Gynécologie Obstétrique et Médecine de la Reproduction

Hôpital Antoine Béchère (maternity with a level 3 neonatal intensive care unit and a fetal medicine referral center)

Université Paris Sud

Supervisor: Pr Alexandra Benachi

**Consultant in Obstetrics and Fetal Medicine**

May 2013 – October 2013

Service de Gynécologie Obstétrique et Médecine de la Reproduction

Centre Hospitalier Intercommunal de Poissy Saint-Germain-en-Laye

(maternity with a level 3 neonatal intensive care unit and a fetal medicine referral center)

Supervisors: Pr Patrick Rozenberg (Obstetrics and Maternal Medicine) and Dr Philippe Bouhanna (Fetal Medicine)

**Senior clinical fellow (post CCT fellowship) in the obstetric department**

November 2012 – April 2013

Service de Gynécologie Obstétrique

Centre Hospitalier André Grégoire de Montreuil (maternity with a level 3 neonatal intensive care unit)

Supervisor: Mrs Nadia Berkane

**Junior doctor in Obstetrics and Gynaecology and subspecialty training in Maternal and Fetal Medicine**

November 2006 – October 2011

Centre Hospitalier Universitaire de Caen (Normandy, France)

Supervisor: Pr Michel Dreyfus

**Expert consultant at GYNERISQ**, accreditation authority for French gynaecologists and obstetricians, approved body of the Haute Autorité de Santé

2007-2015

**Medical student**

September 1999– October 2006

Faculté de Médecine, University Paris V Rene Descartes (Paris, France)

Dean: Pr Patrick Berche

No gaps in employment

**RESEARCH EXPERIENCE**

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- Master of Genetics, laboratory experience  
Study of the genetic and epigenetic mechanisms of congenital diaphragmatic hernia, in INSERM unit 781 (Hôpital Necker-Enfants Malades, service de Génétique Médicale of Professeur Munnich) november 2011-october 2012
- Local coordinator for several multicentered studies at Hôpital Antoine Béchère (introducing the local team to the project, interacting with the central team, keeping the delegation log up to date, recruiting and consenting patients)
  - JUMODA (NCT01987063)
  - PessarOne (NCT02328989)
- Consultant for several multicentered studies at Hôpital Antoine Béchère (recruiting and consenting patients)
  - FEPED (NCT01648842)
  - INDAO (NCT01731431)
  - DEPOSA (NCT02424474)
  - RalFE (NCT02099474)

- Consultant for a multicentered study at Chelsea and Westminster hospital  
- PARROT (ISRCTN16842031)
- Consultant for several multicentered studies at St Thomas' hospital  
- PARROT (ISRCTN16842031)  
- PITCHES (ISRCTN91918806)  
- PHOENIX (ISRCTN01879376)
- Consultant for a multicentered study at Queen Charlotte hospital  
- Big Baby (ISRCTN18229892)

## SCIENTIFIC PUBLICATIONS & NATIONAL GUIDELINES

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- Advances in the management of cardiovascular disease during pregnancy. Viaris de Lesegno B, Nelson-Piercy C. *Future Cardiol.* 2018 Jul;14(4):269-272.
- Suspected fetal anomalies. Viaris de Lesegno B, Duncan K. *Obstetrics, Gynaecology and Reproductive Medicine* 2017;27(7):191-5
- Prognosis of Isolated First-Trimester Fetal Megacystis with Spontaneous Resolution. Girard N, Viaris de Lesegno B, Bussière P, Egoroff C, Cordier AG, Benachi A. *Fetal Diagn Ther.* 2017 Apr 12
- Prenatal diagnosis of clubfoot: Chromosomal abnormalities associated with fetal defects and outcome in a tertiary center. Viaris de le Segno B, Gruchy N, Bronfen C, Dolley P, Leporrier N, Creveuil C, Benoist G. *J Clin Ultrasound.* 2016 Feb;44(2):100-5
- [Medicine 2.0]. Viaris de Lesegno B, Benachi A. *J Gynecol Obstet Biol Reprod (Paris).* 2016 Sep;45(7):659-60
- [Gynécologie Sans Frontières association with migrant women in the North of France]. Viaris de Lesegno B, Duthe A, Chaudet G, Gayet FX, Matis R, Rosenthal C. *J Gynecol Obstet Biol Reprod (Paris).* 2016 Feb;45(2):207-8
- Stomach position versus liver-to-thoracic volume ratio in left-sided congenital diaphragmatic hernia. Cordier AG, Cannie MM, Guilbaud L, De Laveaucoupet J, Martinovic J, Nowakowska D, Milejska-Lewandowska M, Rodó C, Viaris de Lesegno B, Votino C, Senat MV, Jani JC, Benachi A. *J Matern Fetal Neonatal Med.* 2015 Jan;28(2):190-5
- Continuous medical evaluation of the prevention of fetomaternal rhesus-D allo-immunization (Evaluation des pratiques professionnelles sur la prévention de l'allo-immunisation Rhésus D) Viaris de Lesegno B, Beucher G, Lamendour N, D'Alché-Gautier MJ, Dreyfus M, Benoist G. *J Gynecol Obstet Biol Reprod (Paris).* 2013 Jan 11.
- Introduction to morbidity mortality review in obstetrics (Introduction aux revues de morbidité et de mortalité en Obstétrique) Viaris de Lesegno B, de Vienne CM. *Gynecol Obstet Fertil.* 2011 Oct;39(10):597.
- ENTOG 2009 exchange program and annual meeting (Programme d'échange et congrès annuel de l'ENTOG 2009) Mouremble O, Viaris de Lesegno B, Nizard J. *J Gynecol Obstet Biol Reprod (Paris).* 2010 Feb;39(1):83-6.
- What are we going to do with our trainees? (Qu'allons nous faire de nos internes ?) Nizard J, Viaris de Lesegno B, Mouremble O. *J Gynecol Obstet Biol Reprod (Paris).* 2009 Sep;38(5):448-9.
- Maternal outcome of gestational diabetes mellitus (Complications maternelles du diabète gestationnel) Beucher G, Viaris de Lesegno B, Dreyfus M. *J Gynecol Obstet Biol Reprod (Paris).* 2010 Dec;39:S171-S188.

## TEACHING BOOKS CHAPTERS

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- Infection par le virus Herpes Simplex (HSV), G. Benoist, B. Viaris de Lesegno, M. Herlicoviez  
Book : *Le Diagnostic Anténatal*, Collection : *Pour le Praticien*, Publisher : *Masson*

- Sémiologie obstétricale, B Viaris de Lesegno, M. Dreyfus  
Book : Polycopié de Sémiologie de DCEM 1, Publisher : CHU de Caen

## CONTINUING PROFESSIONAL DEVELOPMENT

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See 2024 appraisal report

## AUDIT AND QUALITY IMPROVEMENT PROJECT

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- Audit lead for the Obstetrics department 2024
- Chief Medical Officer, registered manager and nominated individual of Leva clinic in charge of all clinical audits and QIP (1 audit per month and 1 QIP per quarter) 2019-2022
- Improvement of the bariatric clinic's processes at St Georges hospital St George's hospital, UK 2019
- Audit of the wound infection rate in elective caesarean sections St George's hospital, UK 2019
- Implementation of negative pressure dressing in elective caesarean sections St George's hospital, UK 2019
- WHO GLOSS reporter Queen Charlotte and Chelsea Hospital, UK 2018
- QCCH UKOSS reporter Queen Charlotte and Chelsea Hospital, UK 2018
- Creation of an enhanced recovery pathway in postnatal ward St Thomas' Hospital, London, UK 2018
- Improvement of the governance of the point of care first trimester screening St Thomas' Hospital, London, UK 2017
- Multiple pregnancy care and delivery audit Chelsea and Westminster Hospital, London, UK 2016
- Quality improvement project on the prevention of fetomaternal rhesus-D allo-immunization (audit, new guideline, second audit, second guideline) University hospital, Caen, France 2012-2014
- Secretary for the continuous medical evaluation commission in the service of Obstetrics Gynaecology and Reproductive Medicine in the university hospital of Caen, Normandy, France. 2007-2010

## TEACHING AND TRAINING EXPERIENCE

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- "IUGR, ultrasound assessment and Dopplers" to midwives at West Middlesex University Hospital, January 2017
- Contraception to medical students at Chelsea and Westminster Hospital, October 2016
- Fetal medicine and Obstetric classes to registrars and medical students at Hôpital Antoine Bécère, between November 2013 and November 2015
- "Acute abdominal pain during pregnancy", "Professional risk and pregnancy", Gynaecology and Obstetrics module, University of Paris Sud medical school, 10<sup>th</sup> and 13<sup>th</sup> April 2015

- “Fever during pregnancy”, Gynaecology and Obstetrics module, University of Paris Sud medical school, 15<sup>th</sup> November 2013
- Complete course of Gynaecology, Diagnostic Radiography Training Institution of Caen, Normandy, France, March 2010.
- Complete course of Gynaecology and Obstetrics, Nursing school of Falaise, Normandy, France, March 2009.
- Complete course of Gynaecology and Obstetrics, Nursing school of Alençon, Normandy, France, December 2008.
- Class on male and female infertility, Nursing school of Caen, Normandy, France, May 2008.
- Class on pelvic anatomy, Diagnostic Radiography Training Institution of Caen, Normandy, France, April 2008.

## **HUMANITARIAN MISSIONS**

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- Obstetrics and Gynaecology consultant in migrant/refugee camps in the north of France. December 2015  
Mission endorsed by Gynécologie sans Frontière (France)
- Obstetrics and Gynaecology consultant in Zaatari, a syrian refugee camp in Jordan. October-November 2012  
Mission endorsed by Gynécologie sans Frontière (France)
- Medical student in the Ramana Maharishi Rangammal Hospital June-August 2008  
in Tiruvanaamalai, Tamil Nadu, India. Mission endorsed by  
the Sylvia Wright Trust (UK)