


Professor Sarah A. Curran

BSc(Hons) PhD CSci FRCPodM FFPM RCPS(Glas) SFHEA

Curriculum Vitae

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Linked  [Sarah Curran](#)

 @ProfSarahCurran

Experience

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| 2018-present | Professor of Podiatric Medicine and Rehabilitation | <i>Cardiff Metropolitan University</i> |
| | Professor in the area of Healthcare, School of Sport and Health Sciences. This role involves contributing with lectures, and tutorials to the undergraduate programmes. I also work within the musculoskeletal teaching clinics. Strategic direction and mentorship for learning, teaching, innovation and research – with the development of a Clinical Excellence Education Hub for the Allied Health Programmes. | |
| 2016-present | Honorary Professor in Podiatric Medicine | <i>National University of Ireland, Galway</i> |
| | Honorary Professor in Podiatric Medicine at the Discipline of Podiatric Medicine, School of Health Sciences, College of Medicine, Nursing and Health Sciences. Contribute with keynote lectures of sports medicine, injury and rehabilitation and support research agenda to the undergraduates and post-graduates. | |
| 2014-2017 | Principal Lecturer and Clinical Manager | <i>Cardiff Metropolitan University</i> |
| | Principal Lecturer in Podiatry and Clinical Manager in the Wales Centre for Podiatric Studies, Department of Healthcare and Food, Cardiff School of Sport and Health Sciences. This role also involved <i>discipline lead for podiatry</i> . | |
| 2014-2018 | Reader in Podiatry | <i>Cardiff Metropolitan University</i> |
| | Reader in the Wales Centre for Podiatric Studies, Department of Healthcare and Food, Cardiff School of Sport and Health Sciences. This role involved Strategic Lead in Podiatry. | |
| 2010-present | Clinical Academic | <i>Cardiff and Vale University Health Board</i> |
| | Honorary contract with Cardiff and Vale University Health Board which links with the clinical partnership with Cardiff Metropolitan University. | |
| 2008-2015 | Consulting Podiatrist | <i>Cardiff Metropolitan University</i> |
| | Musculoskeletal podiatrist offering private consultations and management to a wide range of patients, from sports injuries, occupational related disorders and injuries. | |
| 2008-2014 | Senior Lecturer in Podiatry | <i>Cardiff Metropolitan University</i> |
| | Reader in the Wales Centre for Podiatric Studies, Department of Healthcare and Food, Cardiff School of Health Sciences. | |
| 2000-2002 | Musculoskeletal Podiatrist | <i>Complete Health Clinic, Clevedon</i> |
| | Podiatrist based within a multi-disciplinary clinic (osteopathy, physiotherapy, podiatry). | |
| 2002-2008 | Lecturer in Podiatry | <i>Cardiff Metropolitan University</i> |
| | Lecturer in the Wales Centre for Podiatric Studies, Department of Healthcare and Food, Cardiff School of Sport and Health Sciences. | |

- 2001-2002 **Research Assistant** *University of Bristol*
 Research Assistant in the Department of Orthopaedic Surgery co-ordinating a national randomised controlled trial on knee arthroplasty (tibial components) for Stryker® and collation of data from international hip and knee arthroplasty survivorship studies.
- 2000-2002 **Podiatrist** *Walnut Grove Clinic, Portishead, Bristol*
 Podiatrist based within a multi-disciplinary clinic (osteopathy, physiotherapy, podiatry).

Education

- 2008 **PhD Clinical Biomechanics**
 Cardiff School of Health Sciences, University of Wales Institute, Cardiff (University of Wales).
Thesis: An investigation of the clinical relationship between foot posture and patellofemoral alignment.
- 2005 **Certificate in Podiatric (Medical) Acupuncture**
 Society of Chiropractors and Podiatrists, London.
- 2004 **Postgraduate Certificate in Research Methods**
 Cardiff School of Health and Social Sciences, University of Wales Institute, Cardiff.
- 2000 **BSc(Hons) Podiatry**
 Cardiff School of Health and Social Sciences, University of Wales Institute, Cardiff (University of Wales).

Professional Recognition

- 2017-present **Senior Fellow, Higher Education Academy**
 Awarded Senior Fellowship of the Higher Education Academy (PR125874).
- 2014-present **Chartered Scientist**
 Registered with the Science Council through the College of Podiatry, Society of Chiropractors and Podiatrists, London (POD/133/15576).
- 2012-present **Fellow, Royal College of Physicians and Surgeons of Glasgow**
 Awarded a Founding Fellowship of the Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons of Glasgow, a prestigious interdisciplinary and international college (89016).
- 2010-present **Fellow, Royal College of Podiatry**
 Awarded a Fellowship of the Faculty of Podiatric Medicine of the Society of Chiropractors and Podiatrists, London.
- 2008-2017 **Fellow, Higher Education Academy**
 Awarded Fellowship of the Higher Education Academy (35018).
- 2000-present **Registered Podiatrist, Health and Care Professions Council**
 Registered with the Health and Care Professions Council (CH:14676) (regulatory body for podiatry).

2000-present **Member, Royal College of Podiatry**
Registered member of Royal College of Podiatry (professional body for podiatry) (15576).

Awards, Fellowships and Recognition

- 2020 **Educator of the Year (UK and Ireland)**
Awarded Educator of the Year (4 nations) by Tomorrow's Pods, nominated by students and shortlisted by a panel of members from industry, academia, clinical and student body.
- 2019 **Nominated for Educator of the Year (UK and Ireland)**
Nominated by students for Educator of the Year (4 nations) by Tomorrow's Pods.
- 2017 **Orthopaedic Research Scholarship**
Awarded a research scholarship from Cardiff Spire's Orthopaedic Consultant Fund to develop and disseminate orthopaedic research.
- 2017 **Principal College Educator, Academy of Clinical Educators, Royal College of Physicians and Surgeons of Glasgow**
Recognised as a Principal College Educator with the Academy of Clinical Educators based on academic experience, profile and contributions to the Education and Executive Boards of the Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons of Glasgow.
- 2016 **National Teaching Fellow, Higher Education Academy**
Awarded a National Teaching Fellowship from the Higher Education Academy in recognition for excellence in practice and outstanding achievement in learning and teaching in higher education. Up to 55 awards of £5,000 are made across the UK for the recognition of excellence and this was a first for the discipline of podiatry.
- 2016 **21st Century Star, 21stcentury.co.uk**
Named as a 21st Century Star by a new UK-centric Science and Technology website promoting leading exponents of UK innovation and 'thought leadership'.
- 2013 **Commendation, College of Podiatry, Annual National Conference, AAC Liverpool**
Commended for innovation and creativity based on applied learning from a paper presenting Computed Tomography and three-dimensional printing of foot bones to create a foot jigsaw (learning and teaching).
- 2010/2012/
2013/2014
2015/2023 **Nomination, Student-Led Fellowship, Cardiff Metropolitan University**
Nominated for a Student-Led Fellowship Award.
- 2011 **Best Poster, College of Podiatry, Annual National Conference, Harrogate International Centre**
Awarded best poster at the annual conference for work on footwear and the effects on physiological efficiency.
- 2007 **Runner-up, Research Annual Poster Day, University of Wales Institute, Cardiff**
Awarded second place for best poster presentation on a study relating to normative clinical patellofemoral alignment and foot posture profiles.
- 2003 **Research Fellowship, Health Professions Wales**
Awarded a research fellowship with the Health Professions Wales, a programme which supported personal and professional research development.

- 2002 **Staff Award, University of Wales Institute, Cardiff**
Awarded a staff award that was established to support academic staff undertaking doctoral research.
- 2000 **Bessie Louise John Memorial Award, University of Wales Institute, Cardiff**
Awarded for the best final year dissertation for the BSc(Hons) Podiatry programme.
- 2000 **District Branch Award, University of Wales Institute, Cardiff**
Awarded for the highest clinical marks achieved during the final professional clinical examinations for the BSc(Hons) Podiatry programme.

Learning and Teaching

BSc(Hons) Podiatry

- *Level 4:* Lower biomechanics, gait and posture, Interprofessional Learning – Dementia
- *Level 5:* Pathomechanics, neurology, rheumatology, research design.
- *Level 6:* Orthopaedics, rehabilitation, sports medicine. Dissertation supervisor for a selection of students.
- Personal tutor to a group of students at all levels of the programme.

BSc(Hons) Biomedical Sciences (Health, Exercise and Nutrition)

- *Level 6:* Sports Medicine.

MSc Advanced Practice (Complex Lower Limb)

- Teach on Leadership and Management in Healthcare (ADP7107), Applied Research Methods and Design (SHS7104), Decision Making in Practice (ADP7105), Sports Biomechanics and Injury Management (ADP7123) and Science in Footwear (ADP7124).
- *Module leader:* Sports Biomechanics and Injury Management (ADP7123) and Science in Footwear (ADP7124MCH7006 (Work Based Learning 2: Musculoskeletal Therapeutics), MCH7013 (Science in Footwear).
- *Personal tutor and dissertation supervisor.*

Masters in Research (Health)

- Career Skills in Research module – how to publish.
- *Personal tutor and dissertation supervisor.*

MSc Sport and Exercise Science

- Biomechanics of the Injury Process

Post Graduate Certification in Higher Education (with FHEA status)

- How to publish action research (lecture)
- Teaching advisor

Academic Leadership and Membership (Selection)

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| 2024-present | Programme Director: Masters in Research Programme and pastoral leadership to the Masters by Research programme for Sport and Health Sciences, co-ordinating pathways in Stroke, Biomedical Sciences, Psychology, Health, Strength and Conditioning and Critical Social Sciences in Sport and Education. | <i>Cardiff Metropolitan University</i> |
| 2024-present | Pathway Lead Masters in Research (Stroke) Provide academic and pastoral leadership to the Stroke pathway of the School of Sport and Health Sciences Masters in Research programme. | <i>Cardiff Metropolitan University</i> |
| 2022-2024 | Programme Director: BSc(Hons) Podiatry Programme and pastoral leadership to the BSc(Hons) Podiatry programme. | <i>Cardiff Metropolitan University</i> |
| 2021-2023 | Pedagogic Research Group Member of the School of Sport and Health Sciences research group which focuses on learning and teaching, and related aspects of pedagogy to create an evidence based. This also includes the formation of a <i>Pedagogic Research Journal</i> (Editor) for Health programmes. | <i>Cardiff Metropolitan University</i> |
| 2021-2021 | School Research Committee Member of the School of Sport and Health Sciences ethics committee. | <i>Cardiff Metropolitan University</i> |
| 2021-present | Chair for Doctoral Vivas Chair for PhD's and Professional Doctorates within the university. | <i>Cardiff Metropolitan University</i> |
| 2021-2022 | Employability Lead for Health Provide leadership to AHP programmes within the School of Sport and Health Sciences Masters in Research programme. | <i>Cardiff Metropolitan University</i> |
| 2020-2022 | Pathway Lead Masters in Research (Health) Provide academic and pastoral leadership to the Health pathway of the School of Sport and Health Sciences Masters in Research programme. | <i>Cardiff Metropolitan University</i> |
| 2019-2021 | Academic Board Elected professoriate representative for Academic Board. | <i>Cardiff Metropolitan University</i> |
| 2017-present | Pathway Lead MSc Advance Practice Provide academic and pastoral leadership to the musculoskeletal studies pathway. | <i>Cardiff Metropolitan University</i> |
| 2016-present | Member, Annual Programme Report Panel (Undergraduate) Academic Quality Standards Unit, Cardiff Metropolitan University. | |
| 2014-2017 | Chair, Clinical Working Group – Healthcare Provide leadership focussing on health and safety to healthcare sections with have clinical and laboratory facilities within the School of Sport and Health Sciences. | <i>Cardiff Metropolitan University</i> |
| 2014-2016 | Programme Director: BSc(Hons) Podiatry Programme and pastoral leadership to the BSc(Hons) Podiatry programme. | <i>Cardiff Metropolitan University</i> |
| 2014-2018 | Discipline Lead: Podiatry Provide academic, clinical and strategic leadership to the Wales Centre for Podiatric Studies. | <i>Cardiff Metropolitan University</i> |

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| 2014-2018 | Chair, Clinical Education Group Chair for the Clinical Education Group, which provides to shape and inform the partnership between Cardiff Metropolitan University and Cardiff and Vale University Health Board for podiatry clinical education and patient service. | <i>Cardiff Metropolitan University</i> |
| 2008-2017 | School Research and Enterprise Committee Member of the School of Sport and Health Sciences ethics committee. | <i>Cardiff Metropolitan University</i> |
| 2010-2014 | Member, Clinical Implementation Education Group Member of the Clinical Implementation Education Group, which was set up to initiate the partnership between Cardiff Metropolitan University and Cardiff and Vale University Health Board for podiatry clinical education and patient service. | <i>Cardiff Metropolitan University</i> |
| 2008-2017 | School Research and Ethics Committee Member of the School of Sport and Health Sciences ethics committee. | <i>Cardiff Metropolitan University</i> |
| 2003-2014 | Ethics Panel, Healthcare and Food Department Representative for podiatry for undergraduate and postgraduate ethics applications within the School of Health Sciences. | <i>Cardiff Metropolitan University</i> |

External Examining (Selection)

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| 2019-present | University of Malta External for the BSc(Hons) Podiatry programme. | <i>Faculty of Health Sciences</i> |
| 2019-2023 | Salford University External for the BSc(Hons) Podiatry programme including apprentice route. | <i>School of Health Sciences</i> |
| 2017-2020 | Royal College of Physicians and Surgeons of Glasgow Examiner for the Faculty of Podiatric Medicine for Part 1 (written) and 2 (practical) membership examinations. | <i>Faculty of Podiatric Medicine</i> |
| 2016-2020 | University of Teeside/Open University External for the BSc(Hons) Podiatry programme and Clinical Educators programme (New College Durham). | <i>Durham School of Podiatric Medicine</i> |
| 2015-2019 | Glasgow Caledonian University External for the BSc(Hons) Podiatry programme. | <i>School of Health Sciences</i> |
| 2011-2016 | National University of Ireland, Galway External for the BSc(Hons) Podiatry programme. | <i>School of Health Sciences</i> |
| 2009-2014 | Staffordshire University Examiner for the MSc Clinical Biomechanics and Clinical Podiatric Biomechanics programmes, which involved a number of students undertaken separate standalone modules and continuous professional development. | <i>Faculty of Health Sciences</i> |

Committees, Boards and Working Groups

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| 2025-present | Member, Awards Committee, Royal College of Podiatry Member of National Awards Committee to represent Research, Development and Innovation, for the Royal College of Podiatry. |
| 2023-present | Member, Academic Quality Accreditation Committee, Royal College of Podiatry Member of the Academic Quality Accreditation Committee reviewing BSc(Hons) Podiatry programmes/curriculum design including pre-registration and apprenticeship routes and post graduate courses. |
| 2021-2024 | Member, Technology Group, Royal College of Podiatry Member of Technology Group representing education and research to discuss impact of technology on the profession and workforce involving the Topol review (2019) and Saks report (2021) to determine themes and recommendations for the profession, the College Council and Clinical Senate. |
| 2025-present | Chair, Judging Panel, Annual National Conference, Royal College of Podiatry Lead judge for submitted abstracts for oral and poster presentations, and Jewel in the Crown Award for the National Annual Conference, Royal College of Podiatry. |
| 2018-present | Member, Clinical Senate, Royal College of Podiatry Member of Clinical Senate to represent Research, Development and Innovation, and business related to the Chartered Scientist for the College of Podiatry. |
| 2020-present | Chair, Sub-Committee Chartered Scientist, Royal College of Podiatry Chair of the Chartered Scientist committee leading on review processes, membership and working with the Science Council. |
| 2018-present | Chair, Research, Development and Innovation Committee, Royal College of Podiatry Elected as Chair by the committee to lead the research innovation as well as the Chartered Scientist section for the College of Podiatry. |
| 2018-present | Member, Professoriate, Royal College of Podiatry Member of the Royal College's professoriate which offers strategic insight in terms of leadership and contributions to the profession. |
| 2016-2018 | Member, Research, Development and Innovation Committee Elected by the committee to the research innovation for the Royal College of Podiatry. |
| 2018 (Feb) | Sessional Chair, Going with the Flow – Improving Vascular Foot Outcomes, Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons in Glasgow This one day conference is focussed on theoretical and practical skills and knowledge of vascular assessment from a contemporary perspective. |
| 2017 (Nov) | Sessional Chair, Making the Most of Medicines Conference, Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons in Glasgow This one day conference focussed on building confidence and knowledge in prescribing and prescription only medicines. |
| 2017-present | Member, European Network of Podiatry in Higher Education This network provides an organisational framework to unite podiatry educational institutions in Europe to create transparency and the recognition of competence, knowledge and skills sets within the discipline of podiatry. |

- 2017-present **Member, Expert Steering Group Committee, College of Podiatry**
Invited to be part of a steering group to contribute to a report based on the value and breadth of podiatry in the UK.
- 2017-2020 **Director of Education**
Faculty of Podiatric Medicine (elected 2016), Royal College of Physicians and Surgeons of Glasgow (Member 2014-2017).
- 2017-2018 **Vice-Chair, Steering Group Committee – Research and Development Strategic Development**
Development of the new strategic plan for research and development. College of Podiatry, Society of Chiropractors and Podiatrists.
- 2017-2019 **Member, National Podiatry Network (Wales)**
Invited as a member of a newly developed network consisting of heads of service of Wales (Podiatry), consultant diabetologists, vascular and orthopaedic surgeons, and wound specialists.
- 2017-2018 **Chair, Career Pathway in Podiatric Medicine Seminar**
Organised and chaired the career pathway in podiatric medicine for the Royal College of Physicians and Surgeons of Glasgow for our final year students at Cardiff Metropolitan University.
- 2016-present **Member, Council for Allied Health Professionals Committee**
Profession of podiatry representative for the joint research committee meetings.
- 2016-2018 **Vice Chair, Research and Development Committee**
College of Podiatry, Society of Chiropractors and Podiatrists (member 2014-2016).
- 2016-present **Member, Chartered Clinical Scientist Committee**
College of Podiatry, Society of Chiropractors and Podiatrists and the Science Council.
- 2016 **UK Academic, Beta Program**
Invited for consultation on a new e-learning platform (U-2-me.com).
- 2016 **Chair, All Wales Partnership – Learning and Teaching Consensus**
All University Health Boards, Wales, Cardiff Metropolitan University and the College of Podiatry, Society of Chiropractors and Podiatrists.
- 2015-present **Member, Sub-Fellowship Panel**
Member of the Sub-Fellowship Panel for applications for Membership and Fellowship to the Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons of Glasgow.
- 2015-present **Member, Scientific Committee, College of Podiatry – Annual National Conference**
Member of the scientific committee to review oral and poster submissions and *‘Jewel in the Crown’*.
- 2014-present **Member: Wales Forum**
All Wales Partners and College of Podiatry. Provide academic and under/postgraduate educational input from a Wales and wider UK perspective.
- 2014-present **Member: National Orthotic Podiatry Standing Advisory Group (NHS Wales)**
Provide academic and under/postgraduate educational input and advise Podiatry managers across Wales.

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| 2014 & 2016 | Conference Chair, Wales Podiatric Medicine Chair for the first and second national conference in Swansea (2014) and Cardiff (2016). |
| 2014 – 2016 | Member, National Programme Directors/Lead Forum Represented Cardiff Metropolitan University BSc(Hons) Podiatry programme for all UK and Irish Schools. |
| 2013-2015 | Member, Core Curriculum Working Group – College of Podiatry Re-development of curriculum guidelines for undergraduate podiatry degrees. College of Podiatry, Society of Chiropodists and Podiatrists. |
| 2012-2017 | Chair, South East Wales Branch, Society of Chiropodists and Podiatrists Chair to branch of South East Wales leading a range of educational and professional events for podiatrists and students across South Wales. |
| 2010-2014 | Sessional Chair, Annual Conference – College of Podiatry Chair for sessions for conferences held in 2010, 2012, 2013 and 2014. |
| 2012-present | Regional Advisor: Wales Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons of Glasgow. |
| 2012-2014 | Advisory Panel Member, McMurray University, USA International panel advisor (podiatric medicine link/input), Faculty of Kinesiology and Health Fitness. |
| 2009 | Member, Scientific and Programme Committee, 7th Staffordshire Clinical Biomechanics Conference Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons of Glasgow. |

Journals and Reviewing Roles

Editorships

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| 2023-present | Editor-in-Chief (UK) | <i>Journal of Foot and Ankle Research</i> |
| 2023-2024 | Guest Editor (Thematic Series) | <i>Journal of Foot and Ankle Research</i> |
| 2021 – 2023 | Associate Editor | <i>Journal of Foot and Ankle Research</i> |
| 2014-2020 | Associate Editor | <i>The Foot and Ankle Online Journal</i> |
| 2010-2015 | Editor-in-Chief | <i>Prosthetics and Orthotics International</i> |
| 2008-2014 | Chief Editor | <i>The Foot and Ankle Online Journal</i> |
| 2008-present | Contributing Editor | <i>Journal of the American Podiatric Medical Association</i> |

Editorial Boards[†] and Invited Manuscript Reviewer*

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| 2024-present | International Wound Journal[†] |
| 2018-present | Canadian Journal of Prosthetics and Orthotics[†] |
| 2018-present | Journal of Prosthetics and Orthotics* |
| 2018-present | Journal of Applied Biomechanics* |
| 2018-present | Clinical Biomechanics* |
| 2017-present | Disability and Rehabilitation Assistive Technology* |
| 2017-present | Journal of Foot and Ankle Research[†] |
| 2017-present | International Journal of Practice-based Learning in Health and Social Care* |
| 2017-present | Student Engagement and Experience Journal* |
| 2016-present | The Foot* |

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| 2015-2017 | International Advisory Board-Systematic Review; ISPO-Belgium[†]* |
| 2015-present | European Journal of Physiotherapy* |
| 2016-present | Journal of Science and Medicine Sport* |
| 2015-present | Healthcare* |
| 2014-present | Sports* |
| 2013-present | Journal Applied Bionics Biomechanics* |
| 2013-present | Journal Intellectual Disability Research* |
| 2012-present | Journal Rehabilitation Research Development* |
| 2012-present | The Bone Joint Journal (British)* |
| 2011-present | International Journal Human Factors Ergonomics* |
| 2011-present | Lower Extremity Review (Contributor) |
| 2011-present | Podiatry Now* |
| 2010-present | Prosthetics and Orthotics International* |
| 2010-present | British Journal Sports Medicine* |
| 2010-present | Gait and Posture* |
| 2009-present | Journal of Foot Ankle Research* |
| 2008-present | Journal of Orthopaedic Sports Physical Therapy* |
| 2007-present | The Knee* |
| 2007-present | Internet Journal Biological Anthropology[†] |
| 2005-present | Journal of the American Podiatric Medical Association* |

Research and Enterprise

My research interests are interdisciplinary focussed, extending beyond that of my own discipline and cover biomechanics and rehabilitation with particular reference to the lower limb and footwear. My underlying philosophy is to understand the aetiology, mechanics and outcomes of rehabilitation and management that is applied. In recent years, the impact of educational research on the student experience has become ever more important and a number of learning and teaching projects have explored innovative approaches that share a symbiosis with my research work. I have led, contributed to and continue to contribute to projects that involve product development, innovation of footwear, insoles and three-dimensional printed foot bones used to create a foot jigsaw and to enhance student learning. In addition, current interests and work is based on heritage biomechanics and footwear characteristics linking history with modern day foot health, occupation and fashion.

Industry Collaboration, Research and Education Policy (Selection)

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| 2024-present | Harlaxton College, University of Oxford Clinical tool development using single lens photogrammetry for foot morphology assessment (design of foot shape recording omitting the need for a cast for Ankle Foot Orthoses in cerebral palsy /post stroke patients). |
| 2017-2018 | Value of Podiatry, UK Invited to work with BP Consulting and the College of Podiatry/Society of Chiropodists and Podiatrists, London as part of a Steering Committee to produce a campaign report based on impact case studies that highlight the breadth and value of podiatry across three key areas; vascular disease, falls prevention and rheumatology. The aim of this report is high-level influencing to promote the profession to politicians and commissioners and will be launched at the House of Commons in December 2017. |

- 2016 **Unique Skills of Workforce Event, National Assembly for Wales**
Invited to represent Wales's podiatry education to meet the workforce skills gaps to provide a unified voice to advise the Welsh government on issues relating to the future of podiatry healthcare and education in Wales.
- 2011-present **Product, Design and Research, Cardiff Metropolitan University**
Developed a 3D printed jigsaw foot and now creating training models for trauma and orthopaedics and the wider field that includes podiatry and other allied health professions.
- 2010-2011 **Vibram Fivefingers®: Primal Lifestyle Ltd**
Worked with Primal Lifestyle to undertake a national survey on the characteristic wearing patterns of Vibram Fivefingers®.

Projects

- 2019-2025 **URGO Foundation Award – Medical Moulage and Student Experience**
This project is currently on hold due to COVID-19. The project explores the use of moulage and olfactory experiences to create diabetic ulceration on the foot. Students will be required to follow tasks in a patient scenario and their stress levels will be recorded via validated questionnaires, eye tracking, respiration and pulse rate.
- 2019-2022 **Bournemouth University**
Collaborating with Dr. Michele Board on a project that aims to explore student perceptions and understanding of dementia enrolled on health related programmes using a virtual reality app '*A Walk through Dementia*'. The **objectives** of the project were to assess the effect of the app on student perception and understanding amongst undergraduate students registered on health related programmes at Cardiff Metropolitan University.
- 2017-2019 **Swansea University* and Mary Rose Trust, Portsmouth**
Future planning to collaborate with Mr Nick Owen (College of Engineering, Swansea University)* and the Mary Rose Trust (Ms. Alexzandra Hildred, Maritime Archaeology) on a number of projects. One project is already underway with the Mary Rose Trust which involves analysing footwear patterns and occupational heritage characteristics from the crew of the Mary Rose which sank in 1545.
- 2015-present **Cardiff and Vale University Health Board and Spire Hospital, Cardiff**
Collaborating with Anthony Perera, a Consultant Orthopaedic Foot and Ankle surgeon on outcome measures, ankle instability (limb dominance) plantar pressure measurement, limb preference and minimal invasive surgery.

Publications (Selection)

Books

- [1]. Albert SF; **Curran SA.** (Editors) (2013) Lower Extremity Biomechanics: Theory and Practice. BiPedMed: Omnipress Press, Denver, Colorado, USA.
- [2]. **Curran SA.** (Editor) (2014) Posture: Types, Health and Exercise. Nova Science Publishers, New York, USA.

Book Chapters

- [3]. **Curran SA.** (Pending) The Knee In *Biomechanics of the Lower Limb: DPM Revision Book* (Editors Rahman H, Albert SF), 1st Edition, Springer Nature, New York.
- [4]. **Curran SA.** (Pending) Functional Dysfunction of the Knee In *Biomechanics of the Lower Limb: DPM Revision Book* (Editors Rahman H, Albert SF), 1st Edition, Springer Nature, New York.
- [5]. **Curran SA.** (2017) Foot orthoses and patellofemoral joint pain. *Patellofemoral Pain: An Evidence-Based Clinical Guide* (Editors Selfe J, Janssen J, Callaghan M). Nova Science Publishers Inc, New York, USA.
- [6]. **Curran SA.** (2020) Podiatric Management of the Older Adult (Chapter 11). *Neale's Common Foot Disorders* (Editors Rome K, Burrows G), 9th Edition, Elsevier Publishers, London.
- [7]. **Curran SA.** (2017) Foot orthoses and patellofemoral joint pain. *Patellofemoral Pain: An Evidence-Based Clinical Guide* (Editors Selfe J, Janssen J, Callaghan M). Nova Science Publishers Inc, New York, USA.
- [8]. **Curran SA; Albert SF.** (2013) Evolution of bipedalism, the gait cycle and instrumented analysis. In *Lower Extremity Biomechanics: Theory and Practice* (Editors Albert SF, **Curran SA**). BiPedMed: Omnipress Press, Denver, Colorado, USA.
- [9]. Albert SF; **Curran SA.** (2013) Theoretical overview. In *Lower Extremity Biomechanics: Theory and Practice* (Editors Albert SF, **Curran SA**). BiPedMed: Omnipress Press, Denver, Colorado, USA.
- [10]. **Curran SA.** (2013) Sagittal plane facilitation of motion theory and associated pathologies. In *Lower Extremity Biomechanics: Theory and Practice* (Editors Albert SF, **Curran SA**). BiPedMed: Press, Denver, Colorado, USA.

Editorials (Selection)

- [11]. **Curran SA.** (2015) Prevention and management of foot complications in patients with diabetes: An interdisciplinary care perspective. *Prosthetics and Orthotics International* **39**(5):1.
- [12]. **Curran SA.** (2012) Paralympics 2012-Creating a Foundation: Determining Success. *Prosthetics and Orthotics International* **36**(3):255-59.
- [13]. **Curran SA** (2011) Creos o Cymru! (Welcome from Wales). *Prosthetics and Orthotics International*.
- [14]. **Curran SA.** (2010) Lessons from the first decade: 21st century. *Foot and Ankle Online Journal* **3**(1)1-3.
- [15]. **Curran SA.** (2009) A new year for a developing journal. *Foot and Ankle Online Journal* **2**(1):1-4.

Articles (Selection)

- [16]. **Curran SA** (2021) Pandemic marathon forces change. (Invited) *Lower Extremity Review*. July.

- [17]. **Curran SA** (2021) Perspectives of 360: Of Gait analyses and Elephants - Footwear (Invited) *Lower Extremity Review*. April.
- [18]. Willis BF, **Curran SA** (2019) Brief, aerobic-surge exercises for effective weight loss: a randomized, controlled trial. *Medical Clinical Research*, 4 (11) 1 – 5.
- [19]. Contributor/Steering Group Committee (2018). Commissioning REPORT College of Podiatry: The value and breadth of podiatry in meeting healthcare demand. The Society of Chiropractors and Podiatrists, London, Warwick Printing Co Ltd, Warwickshire.
- [20]. Williams AE, Morrison S, Paton J, Boden C, Patnick M, **Curran SA**, Bowen CJ (2018). A strategic plan to develop research capacity, capability and impact of podiatry and foot and ankle research. London.
- [21]. Willis BF, Shanmugam R, **Curran SA** (2018) Food allergen eliminations for obesity reduction: A comparison study with therapeutic exercise. *Food Science and Nutrition Research* 1(1): 6.
- [22]. Gwynne CR, **Curran SA** (2018) Two-dimensional frontal plane projection angle can identify subgroups of patellofemoral pain patients who demonstrate dynamic knee valgus. *Clinical Biomechanics* 58: 44-48.
- [23]. Bonifácio D, Richards J, Selfe J, **Curran S**, Trede R (2018) Influence and benefits of foot orthoses on kinematics, kinetics and muscle activation during step descent. *Gait and Posture* 65: 106-111.
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Clinical and Science Media Communication (Selection)

- **Curran SA**. (2023) Interview with Richard Ceroc – Feet and lower limb. *Radio Bat*.
- **Curran SA**. (2018) Footwear and lacing patterns for stability in sport. *Men's Health Magazine*. (Interview).
- **Curran SA**. (2018) Footwear and lacing patterns for stability in sport. *Men's Health Magazine*. (Interview).
- **Curran SA**. (2017) A strong base: the importance of foot health (part of a series on foot care produced in partnership with RB). *The Pharmaceutical Journal* (Royal Pharmaceutical Society publication). [\[Link\]](#)
- **Curran SA**. (2017) Children's shoe sizes and fit (Expert Interview: 8th August 2017). Good Morning Wales. BBC Radio Wales.
- **Curran SA**. (2016) 3D Printing-teaching anatomy. 21st Century.co.uk. [\[Link\]](#)
- **Curran SA**. (2016) Clinical gait analysis: The naked eye is...21st Century.co.uk. [\[Link\]](#)
- **Curran SA** (2016) Are your summer feet ready? Pivotal Motion Podiatry, Brisbane, Australia [\[Website\]](#)
- **Curran SA**. (2016) High heels and the workplace (Expert Interview: 11th May 2016) BBC Radio Hereford and Worcester.
- **Curran SA**. (2015) Foot health and function. Trust Me, I'm a Doctor (Expert Advice) BBC Two, TV.
- **Curran SA**. (2015) Are you beach feet ready? The Conversation. [\[Link\]](#)
- **Curran SA**. (2014) Gait function and quality of life: FES system equivalent to AFO. O&P News. [\[Website\]](#)
- **Curran SA**. (2014) Are our feet are getting bigger? (Expert Interview: 3rd June 2014). Good Evening Wales. BBC Radio Wales.
- **Curran SA**. (2013) Sit-to-stand assessment/transibial amputation. O & P Business. [\[Website\]](#)
- **Curran SA**. (2013) Adaptive path to active. Lower Extremity Review. [\[Website\]](#)
- **Curran SA**. (2013) Strictly Come Dancing...*Dear Julien*. Foot Health Special. Western Daily Mail Newspaper.
- **Curran SA**. (2013) Foot problems: Q & A session. BBC Radio Wales.
- **Curran SA** (2013) Foot Health (16th March 2013). Western Daily Mail Newspaper.
- **Curran SA**. (2012) Be inspired: Aussie Paralympians. News Blog-ISPO. [\[Website\]](#)
- **Curran SA**. (2010) Fitflop toning footwear. X-Ray programme, BBC Wales, TV.

- **Curran SA; Mathieson I.** (2010) *Biomechanical assessment-Instructional DVD*. Common Foot Disorders-Elsevier, Edinburgh.
- **Curran SA.** (2008) Gait function: angle and base of gait. Interview for USA Activity News.

Invited Talks / Keynotes / Instructional Courses (Selection)

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| Mar 2024 | Prof Rhur, West University, Germany Invited as a speaker to present my journey to a personal chair. |
| Nov 2021 | Virtual Reality and the Impact of a Dementia App on Student Learning Invited speaker presenting the use of technology and virtual reality goggles and a Dementia app on student experience. Annual Conference, Royal College of Podiatry, AAC Liverpool. |
| Oct 2021 | Anatomy of the High Heel Invited as a main stage speaker presenting at the Foot and Ankle Show, Exhibition Centre, Liverpool |
| May 2021 | Lisfranc Injury – The Missed Injury Invited to speak (online) at the Ontario annual conference for podiatry, Canada. |
| June 2018 | Chronic Ankle Instability and Patellofemoral Joint Pain Invited as a keynote speaker to the Biomechanics Summer School (Langer Biomechanics) at the Victoria and Albert Marriott Hotel, Manchester. |
| Nov 2018 | Influence of pre-fabricated medially wedged foot orthoses on kinematics, kinetics and muscle activation in healthy individuals Oral presentation Annual Conference, College of Podiatry Bournemouth International Centre. |
| June 2018 | Chronic Ankle Instability and Patellofemoral Joint Pain Invited as a keynote speaker to the Biomechanics Summer School (Langer Biomechanics) at the Victoria and Albert Marriott Hotel, Manchester. |
| March 2018 | Innovative Teaching Methods Invited lecture on innovative teaching methods at the European Network of Podiatry Higher Education, University of Salford. |
| October 2017 | Flexible Flat Foot and Foot Orthoses Invited to present at the International Surgery and Ortho Conference, Toronto, Ontario, Canada (Allied Academies). |
| July 2017 | Learning and Teaching Annual Conference Pecha kucha presentation on my experiences of experiential learning, innovation and creativity. Cardiff Metropolitan University. |
| June 2013 | Blades of Glory: Secrets of Success Judy Hawkins Memorial Seminar, Heath Hospital, Cardiff University. |
| May 2012 | Writing for Publication Instructional course lecture. World Congress, Leipzig, Germany. |
| Sept 2012 | London 2012 Paralympics: The Science behind the Success" South East Wales Branch – Society of Chiropodists and Podiatrists. |

- Nov 2011 **How to Write a Paper**
National University of Ireland, Galway.
- Sept 2011 **Neuromuscular and Vascular Theoretical and Practical Update.**
Gloucester Society of Chiropodists and Podiatrists Branch.
- July 2011 **Toning Footwear: Here Comes the Science Bit**
South East Wales Branch – Society of Chiropodists and Podiatrists.
- July 2011 **Foot Orthoses and Patellofemoral Joint Pain: The Evidence**
Welsh Institute of Chiropractic, University of South Wales.
- Oct 2011 **Patellofemoral Joint Pain and Foot Orthoses**
Bournemouth International Centre, Annual Conference, College of Podiatry, Society of Chiropodists and Podiatrists.
- Nov 2010 **Elegancy versus Efficiency: High Heeled Footwear and Pre-fabricated Foot Orthoses**
Canadian Federation of Podiatric Medicine annual conference, Ottawa, Canada.
- Nov 2010 **Role of Modern Medical Acupuncture in Podiatry and Sport**
Canadian Federation of Podiatric Medicine annual conference, Ottawa, Canada.
- Nov 2010 **Sagittal Plane Facilitation Theory: An Alternative Podiatric Biomechanical Paradigm?**
Canadian Federation of Podiatric Medicine annual conference, Ottawa, Canada.
- Sept 2012 **Secrets of Success: 2012 London Paralympic Games**
South East Wales Branch SOCAP Meeting, Cardiff Metropolitan University.
- Nov 2011 **Characteristic Wear Trends of Vibram Fivefingers®: A UK Based Study**
Annual Conference, Society of Chiropodists and Podiatrists, Harrogate International Centre.
- Nov 2011 **Walking Efficiency of UGG Style Boots**
Annual Conference, Society of Chiropodists and Podiatrists, Harrogate International Centre.
- Nov 2011 **Chronic Ankle Contracture Reduced: A Case Series**
Annual Conference, Society of Chiropodists and Podiatrists, Harrogate International Centre.
- Oct 2010 **Vibram® Fivefingers and Barefoot Walking: A Comparative Investigation of Gait Efficiency**
Annual Conference, Society of Chiropodists and Podiatrists, Bournemouth International Centre.
- Oct 2010 **Intra and Inter-rater Reliability of First Metatarsophalangeal Joint Dorsiflexion: Goniometry versus Visual Estimation.**
Annual Conference, Society of Chiropodists and Podiatrists, Bournemouth International Centre.
- Nov 2009 **High Heeled Footwear and the Influence of Prefabricated Orthotic Inserts on Gait Efficiency.**
Annual Conference, Society of Chiropodists and Podiatrists, Harrogate International Centre.
- Nov 2009 **Influence of Body Mass Index on Foot Posture and Position.**
Annual Conference, Society of Chiropodists and Podiatrists, Harrogate International Centre.

- Nov 2009 **Use of Total Contact Casts in the Treatment of Neuropathic Ulceration in Patients with Diabetes Mellitus: A Systematic Review**
Annual Conference, Society of Chiropodists and Podiatrists, Harrogate International Centre.
- Oct 2009 **Reducing Fall Frequency in Parkinson's Disease: A Case Report for Footwear Modifications**
AGILE Conference, Parkinson's, Glasgow.
- Apr/May 2009 **A Cross-sectional Survey to Formulate Clinical Patellofemoral Joint Alignment and Foot Posture Categories: Part A**
1st international patellofemoral joint research retreat patellofemoral pain syndrome: Local, distal and proximal factors, Admiral Fell Inn, Baltimore, USA.
- Apr/May 2009 **Comparisons between Asymptomatic Participants Defined by a Criterion Categorisation System and Patients with Patellofemoral Joint Pain using Plantar Pressure Measurement: Part B**
1st international patellofemoral joint research retreat patellofemoral pain syndrome: Local, distal and proximal factors, Admiral Fell Inn, Baltimore, USA.
- Oct 2008 **Reliability and Sensitivity of Selected Patellofemoral Joint Alignment Measures to Changes in Foot Posture and Position.**
Annual Conference, Society of Chiropodists and Podiatrists, Bournemouth International Centre.
- Oct 2008 **Influence of Turnout on Foot Posture and its Relationship to Musculoskeletal Injury in Professional Contemporary Dancers**
Annual Conference, Society of Chiropodists and Podiatrists, Bournemouth International Centre.
- Apr 2007 **Clinical Alignment of the Patella and Tibial Tubercle: A Reliability Study**
5th Staffordshire Conference 'Cyclic crick damage' University of Staffordshire.
- Nov 2006 **An Investigation into the Reliability of Quintic Biomechanics Software when used to Measure Transverse Plane Tibial Rotation through the use of a Tibial Pointer**
Annual Conference, Society of Chiropodists and Podiatrists, Brighton International Centre.
- Feb 2005 **A Method of Measuring the Alignment of the Patella**
Research Fellowship Seminar, Health Professions Wales, City Hall, Cathays, Cardiff.