

DR MOHAN MARIAPPAN

Clinical Director and Consultant in Rehab Medicine (NHS)

Pin Number: 6064926



Professional Qualifications and Memberships

- MBA (Health Care & Management, UK), 2022
- ICAPMR (American Academy), 2018
- Rehab Medicine CCT, 2017
- MRCS, 2008
- MS, 1998
- MBBS, 1995

Profile

Dr Mariappan is a highly accomplished Consultant in Rehabilitation Medicine with over a decade of progressive clinical, academic, and leadership experience, specialising in the management of complex neurological, amputee, and musculoskeletal rehabilitation. Currently serving as the Clinical Director for Rehabilitation Medicine at The Royal Wolverhampton NHS Trust and as a Specialty Advisor for the Care Quality Commission (CQC), Dr Mariappan plays a pivotal role in shaping clinical standards and service delivery across the UK.

He holds a Certificate of Completion of Training (CCT) in Rehabilitation Medicine (2017), and advanced international certification through ICAPMR (American Academy, 2018). Complementing his clinical expertise, he earned an MBA in Health Care & Management (UK, 2022) with a thesis focused on reducing health inequalities through smoking cessation interventions.

Dr. Mariappan is a widely recognised authority in:

- **Neurological Rehabilitation**, including stroke, traumatic brain injury (TBI), spinal cord injury, and progressive neurodegenerative conditions
- **Amputee Rehabilitation**, including prosthetic and non-prosthetic pathways

Specialisms:

Traumatic Brain Injury
Spinal Cord Injury
Complex Neurological
Disability
Functional Neurological
Disorder
Musculoskeletal Injury
Complex Polytrauma
Amputation
Pain Management
Spasticity Interventions
(ultrasound)

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- **Spasticity Management**, including advanced use of botulinum toxin with ultrasound guidance and intrathecal baclofen
 - **Musculoskeletal Rehabilitation** using integrated biopsychosocial approaches
 - **Health Systems Leadership**, quality improvement, and education in rehabilitation care

He has served as Principal Investigator in numerous national and international clinical trials, including PhEAST, STIM-MS, and EASE, and has contributed to over a dozen peer-reviewed publications and book chapters on stroke, spasticity, amputee rehabilitation, and service evaluation.

An active member of several professional bodies including the Royal College of Surgeons of Edinburgh, British Society of Physical Rehabilitation Medicine, UK Acquired Brain Injury Forum, and the World Federation of Neurorehabilitation, he has also represented the UK in international academic forums and clinical leadership programs.

In his medico-legal capacity, Dr Mariappan acts as an Expert Witness for both Claimant and Defendant cases (60:40 split), with formal training through the NRC Expert Witness Course (2024) and completion of the Bond Solon Certificate (2025).

His leadership roles include:

- **Consultant Committee Secretary**
- **QI & Educational Lead**, Rehabilitation Directorate
- **Midlands Clinical Senate Member**
- **Smoking Cessation Lead**, Wolverhampton NHS
- **Community Transfusion Committee Member**, West Park Hospital

Dr. Mariappan combines deep clinical insight with system-level thinking, passionately advocating for evidence-based rehabilitation care that is inclusive, innovative, and outcome-driven.

Professional Experience (including dates)

2019 – Present	Care Quality Commission (CQC) Specialty Advisor for Adult & Social Care and Long-term neurological conditions
2021 – Present	Clinical Director for Rehabilitation Medicine The Royal Wolverhampton NHS Trust
2022 – Present	Smoking Cessation Lead The Royal Wolverhampton NHS Trust
2023 – Present	Midlands Clinical Senate Member
2023 – Present	Consultant Committee Secretary
2020 – Present	QI & Educational Lead, Rehab Directorate
2020 – Present	Community Hospital Transfusion Committee Member, West Park Hospital
Apr 2024	NHS Clinical Leaders Network ‘Advanced Clinical & Care Leadership’ Program
2021 and 2018	NHS Leadership Academy Award in Health Care Leadership Foundations – Edward Jenner Program (2021) & Staffordshire Stepping up Program (2018)
2018 – 2022	British Society of Physical Rehabilitation Medicine Musculo-Skeletal Committee Member
2015 – 2017	National Trauma Rehabilitation Trainee Representative, British Society of Rehab Medicine
2017 – Present	Consultant in Neurological & Amputee Rehabilitation Medicine Haywood & West Park Hospital
2013 – 2017	Specialist Registrar in Rehabilitation Medicine West Midlands