

## FATIMAH PARKAR

Physiotherapist

Pin Number: HCPC – PH89908



### Professional Qualifications and Memberships

- Masters in Physiotherapy
- Bachelors in Physiotherapy
- Cardiff University Bond Solon (CUBS) Expert Witness Certificates (in progress)
- Member of Expert Witness Institute

### Specialisms:

Adults  
Paediatrics  
Vestibular Rehabilitation

### Profile

A highly experienced physiotherapist and expert witness, Fatimah specialises in medico-legal reporting, musculoskeletal rehabilitation and case management. With an in-depth understanding of the litigation process in England, she provides expert reports on complex medico-legal cases, ensuring clinical reasoning is supported by the latest evidence.

As a Case Manager, Fatimah coordinates holistic care plans, facilitates safe hospital discharges, manages support teams, and oversees rehabilitation pathways for individuals with complex needs. Her role involves liaising with legal teams, insurers, and multidisciplinary professionals to ensure tailored, client-focused outcomes.

With extensive experience in first-contact physiotherapy, she has worked across primary care, private practice, and hospital settings, specialising in MSK rehabilitation, vestibular therapy, and complex case management. Fatimah has led physiotherapy teams, developed innovative treatment programs, and contributed to research in digital health solutions.

### Location:

South East

### Professional Experience (including dates)

July 2024 – Present      **Expert Witness**  
Harrison and Associates

Dec 2022 – Present	<b>Case Manager/Project Manager</b> Proclaim Care
Dec 2022 – Present	<b>First Contact Physiotherapist (FCP)</b> Barking and Havering
Oct 2021 – April 2022	<b>Senior MSK Physiotherapist</b> Newbury Primary Healthcare Practice (Part-time)
Sept 2017 – July 2021	<b>Senior MSK Physiotherapist Adult and Paediatrics</b> Perfect Balance Clinic
Feb 2020 – July 2021	<b>Senior MSK Physiotherapist Adult and Paediatrics</b> Babylon Healthcare
July 2019 – Feb 2020	<b>Senior MSK Physiotherapist</b> London Doctors Clinic
Nov 2018 – July 2019	<b>Senior MSK Physiotherapist</b> Connect Health
Sept 2018 – Nov 2018	<b>Senior MSK Physiotherapist</b> Nuffield Triage (home based)
March 2018 – June 2018	<b>Senior MSK Physiotherapist Adults Outpatients</b> Watford Hospital Locum
Dec 2016 – April 2016	<b>Specialist MSK Physiotherapist</b> Spire (Bushey)
Jan 2016 – Dec 2016	<b>Specialist MSK Physiotherapist</b> Spire (Alexandria)
Aug 2015 – Feb 2015	<b>Paediatric Physiotherapist</b> Kiki's Clinic (Paediatrics)
June 2014– July 2015	<b>Band 6 Senior Paediatric Physiotherapist</b> London Northwest Healthcare
Dec 2013 – June 2014	<b>Band 7 Senior Paediatric Physiotherapist</b> Whittington Trust
June 2013 – Nov 2013	<b>Senior Paediatric Physiotherapist</b> NELFT (Kenwood Gardens)
March 2013 – June 2013	<b>Senior Paediatric Physiotherapist</b> Harrold Hill Health Centre
Jan 2013 – Feb 2013	<b>Senior Paediatric Physiotherapist</b> Wembley Health Care Centre
June 2012 – June 2013	<b>Specialist Physiotherapist (part-time)</b> Holly House Private Hospital
June 2010 – Present	<b>Senior Paediatric Physiotherapist, Neurology Neurodiversity and MSK</b> Satellite Clinic at American School of London
June 2010 – Present	<b>Senior Paediatric Physiotherapist, Neurology Neurodiversity and MSK</b>

	Maximum Potential Private Clinic-Harley Street
Jan 2010 – March 2010	<b>Band 7 Paediatric Physiotherapist</b> Kings College Hospital
Aug 2009 – Nov 2009	<b>Senior MSK Physiotherapist</b> London Clinic (Harley Street)
Jan 2009 – April 2009	<b>Senior Physiotherapist</b> Mid Essex Hospital, Chelmsford