

**Dr Abhay Rathore,**

**MBBS, MRCPsych**

Consultant in Child & Adolescent Psychiatry  
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GMC: 5192817 | RCPsych: 14870

## **Professional Statement**

Work as a Consultant in Child and Adolescent Psychiatry at The Beacon, Child and Adolescent Inpatient Unit in Leicester. Expertise includes the assessment and management of:

- Depression, Anxiety, Obsessive Compulsive Disorder (OCD);
- Attachment Disorder, Emotional & Behavioural Difficulties;
- Neurodevelopmental Disorders like Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD);
- Eating Disorders, Psychosis, Schizophrenia

With nearly 25 years of experience, have worked in both public and private sectors, including the Independent Sector in Eating Disorders. Specialist in the inpatient care of the most complex patients who cannot be managed in the community. Good understanding of the different psychotherapeutic techniques like Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, and Family Therapy. Comfortable using the second- and third-line medication for complex patients. Regularly contribute to the out of hours on call Rota.

Section 12 approved, under the Mental Health Act, 1983. I have been writing Tribunal reports for over 20 years and give evidence regarding the appropriateness of detention and treatment.

Deeply committed to training and regularly teach psychiatrists in training.

## **Medicolegal Expertise**

I am an experienced Expert Witness and regularly provide reports for Family, Civil, and Criminal proceedings. Hold the Cardiff University Bond Solon Certificate for Expert Witness in both Family and Criminal Law and adhere to the highest standards in court report writing.

- Can assess clients anywhere in the UK
- Accepts both Legal Aid Authority-funded and private cases
- Available for court appearances and video-link evidence
- ICO registered & fully compliant with GDPR regulations

## **Employment History**

### Consultant in Child & Adolescent Psychiatry (Feb 2010 – Present)

The Beacon, CAMHS Inpatient Unit, Leicestershire Partnership NHS Trust: Lead a multidisciplinary team managing complex psychiatric disorders needing inpatient care. Experienced in psychotropic medication management and psychological therapies (CBT, DBT, Family Therapy)  
Regularly update the Rapid Tranquilization Protocol for CAMHS inpatient services

### Consultant in Child & Adolescent Psychiatry (Oct 2006 – Feb 2010)

Outpatient team, covering a big catchment area

### Divisional Clinical Director (July 2011 – March 2014)

Families, Young People & Children's Division, Leicestershire Partnership NHS Trust  
Clinical lead for a division covering CAMHS, Pediatrics, and some departments of Adult mental health services (e.g. Eating Disorder, Substance Misuse), comprising of about 1100 staff

### Clinical Director – CAMHS (June 2008 – June 2011)

Leicestershire Partnership NHS Trust

Clinical lead for whole service of about 160 staff

Implemented service line reporting and budget efficiency strategies

Established the ADHD treatment monitoring clinics

## **Education & Qualifications**

MBBS – April 1995, Barkatullah University, Bhopal, India

MRCPPsych – December 2002, Royal College of Psychiatrists, London

Certificate of Completion of Training (CCT) in Child & Adolescent Psychiatry March 2006, PMETB, London

## **Professional Development & Training**

Compliant with Mandatory Training requirement of the Trust and complete the required Continuous Professional Development requirements of the Royal College of Psychiatrists. Participate in the peer group meetings and annual Appraisal process.

Attend courses and conferences for regular Psychopharmacology update, Dialectical Behaviour Therapy (DBT) – DBT Essentials, RAID Training, Cognitive Behavioural Therapy (CBT) Training and Mindfulness Training. Have attended additional training for assessment of neurodevelopmental Disorders like 3Di Training – ASD assessment tool, DISCO (Diagnostic Interview for Children with Social and Communication Disorders); ADOS (Autism Diagnostic Observation Schedule)

## **Medicolegal Training**

Cardiff University Bond Solon Expert Witness Certificate (Criminal) 2025

Cardiff University Bond Solon Expert Witness Certificate (Family) 2023

Expert Witness Report Writing Skills – Bond Solon

Family Law and Procedure – Bond Solon

Criminal Law and Procedure – Bond Solon

Courtroom Skills – England & Wales – Bond Solon

Discussion Between Experts – Bond Solon

## **Memberships & Registrations**

General Medical Council (GMC)

Royal College of Psychiatrists (RCPsych)

Section 12 Approved Clinician

Registered on Expert Witness Directories